



BREWSTER - BRIDGEPORT—PATEROS

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>				
				1 Chicken Enchiladas Casserole Seasoned Rice Mixed Vegetables Green Salad w/ Tomatoes Peaches Dessert
4	5 Chicken Caesar Salad Melon Slices Cheesy Garlic Toast Dessert	6 Biscuits & Gravy Scrambled Eggs Hash Brown Potatoes V-8 Juice Fresh Fruit Muffin	7	8 Beef & Broccoli Steamed Rice Asian Coleslaw Tropical Fruit Egg Roll Dessert
11	12 BBQ Chicken Jo Jo's Mixed Greens Salad Macaroni Salad Berry Shortcake	13 Pork Roast Stuffing & Gravy Normandy Veggies Spinach Salad Applesauce Dessert	14	15 Chicken Deluxe Burger Garlic Fries Greek Romaine Salad Mixed Melons Dessert
18	19 Bacon & Egg Salad Sandwich Pea Salad Mixed Berries Dessert	20 Cheese Stuffed Shells Normandy Veggies Tossed Salad Peaches Garlic Bread Dessert	21	22 Pot Roast Carrots & Potatoes Garden Salad Watermelon WW Roll Oatmeal Cookies
25	26 Pulled Pork Sandwich Potato Salad Three Bean Salad Apple Slices Dessert	27 Chicken Strips Jo Jo's Spinach Salad Mandarin Oranges Garlic Bread Dessert	28	29 Tuna Noodle Casserole Peas & Carrots Garden Salad Mixed Fruit Dessert

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Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

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CASHMERE/LEAVENWORTH

PLEASE CALL 509-888-4440 TO RESERVE MEALS

509-470-0522 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Fish & Chips Coleslaw Apricots Garlic Bread Dessert
4 Meatloaf Mashed Potatoes & Gravy Green Beans WW Roll Dessert	5	6 Spaghetti w/ Meat Sauce Caesar Salad Peaches Garlic Bread Dessert	7	8 Cabbage Patch Stew Potato Salad Waldorf Salad Mozzarella Breadsticks Dessert
11 Chicken Cordon Bleu Garlic Pasta Peas Garden Salad Peaches Dessert	12	13 Pork Rib Sandwich Sweet Potato Waffle Fries Coleslaw Cornbread Dessert	14	15 Baked Fish Fillet Rice Pilaf Peas Coleslaw Mixed Melons WW Roll Dessert
18 Cheese Stuffed Shells w/ Marinara Sauce Venetian Veggies Tossed Salad Apricots Dessert	19	20 Beef Stroganoff Carrots Garden Salad Fruit Salad Dessert	21	22 White Bean Chicken Chili Tortilla Chips Tossed Salad Melon Slices Dessert
25 Sweet & Sour Chicken Steamed Rice Oriental Vegetables Cucumber Salad Tropical Fruit Salad Egg Roll Dessert	26 Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00	27 Ham Scalloped Potatoes Garden Salad Waldorf Salad WW Roll Cereal Bar	28	29 Chicken Strips Jo Jo's Spinach Salad Mandarin Oranges Garlic Bread Dessert

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Established 1975



CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</div>				1 Fish & Chips Coleslaw Apricots Garlic Bread Dessert
4 Meatloaf Mashed Potatoes & Gravy Green Beans WW Roll Dessert	5 Chicken Caesar Salad Melon Slices Cheesy Garlic Toast Dessert	6 Spaghetti w/ Meat Sauce Caesar Salad Peaches Garlic Bread Dessert	7 Salisbury Steak w/ Mushroom Gravy Mashed Potatoes Asparagus Pears WW Bread Dessert	8 Cabbage Patch Stew Potato Salad Waldorf Salad Mozzarella Breadsticks Dessert
11 Chicken Cordon Bleu Garlic Pasta Peas Garden Salad Peaches Dessert	12 Taco Salad Tortilla Chips Mixed Fruit Dessert	13 Pork Rib Sandwich Sweet Potato Waffle Fries Coleslaw Cornbread Dessert	14 Chicken Enchiladas Casserole Seasoned Rice Mixed Vegetables Green Salad w/ Tomatoes Peaches Dessert	15 Baked Fish Fillet Rice Pilaf Peas Coleslaw Mixed Melons WW Roll Dessert
18 Cheese Stuffed Shells w/ Marinara Sauce Venetian Veggies Tossed Salad Apricots Dessert	19 Ham & Cheese Sandwich Corn Chowder Coleslaw Fruit Cocktail Dessert	20 Beef Stroganoff Carrots Garden Salad Fruit Salad Dessert	21 Deluxe Cheeseburger Three Bean Salad Coleslaw Peaches Dessert	22 White Bean Chicken Chili Tortilla Chips Tossed Salad Melon Slices Dessert
25 Sweet & Sour Chicken Steamed Rice Oriental Vegetables Cucumber Salad Tropical Fruit Salad Egg Roll Dessert	26 Biscuits & Gravy Scrambled Eggs Hash Brown Potatoes Fresh Fruit V8 Juice Dessert	27 Ham Scalloped Potatoes Garden Salad Waldorf Salad WW Roll Cereal Bar	28 Pot Roast Roasted Carrots & Potatoes Garden Salad Watermelon WW Roll Oatmeal Cookies	29 Chicken Strips Jo Jo's Spinach Salad Mandarin Oranges Garlic Bread Dessert

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COULEE CITY

PLEASE CALL OR TEXT 509-632-8701 TO RESERVE MEALS
24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>				<p>1</p> <p>Biscuits & Gravy Scrambled Eggs Hash Brown Potatoes V-8 Juice Fresh Fruit Dessert</p>
<p>4</p>	<p>5</p> <p>Pulled Pork Sandwich Coleslaw Three Bean Salad Apple Slices Dessert</p>	<p>6</p> <p>Baked Fish Fillet Rice Pilaf Broccoli Normandy Tossed Salad Mixed Melons WW Roll Dessert</p>	<p>7</p> <p>Salisbury Steak w/ Mushroom Gravy Mashed Potatoes Asparagus Pears Oatmeal Cookies</p>	<p>8</p> <p>Cabbage Patch Stew Potato Salad Waldorf Salad Mozzarella Breadsticks Dessert</p>
<p>11</p>	<p>12</p> <p>Meatloaf Mashed Potatoes & Gravy Green Beans Mixed Berries WW Roll Cereal Bar</p>	<p>13</p> <p>Stuffed Pepper Casserole Garden Salad Peaches WW Bread Dessert</p>	<p>14</p> <p>BBQ Chicken Jo Jo's Mixed Greens Salad Macaroni Salad Berry Shortcake</p>	<p>15</p> <p>Bacon & Egg Salad Sandwich Pea Salad Watermelon Dessert</p>
<p>18</p>	<p>19</p> <p>Sweet & Sour Pork Steamed Rice Oriental Vegetables Cucumber Salad Pineapple Egg Roll Dessert</p>	<p>20</p> <p>Tuna Noodle Casserole Peas & Carrots Garden Salad Orange Quarters Dessert</p>	<p>21</p> <p>Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert</p>	<p>22</p> <p>Deluxe Cheeseburger Three bean Salad Coleslaw Apple Slices Dessert</p>
<p>25</p>	<p>26</p> <p>Beef & Broccoli Steamed Rice Spiced Salad Tropical Fruit Egg Roll Dessert</p>	<p>27</p> <p>Ham & Cheese Sandwich w/ Lettuce & Tomato Corn Chowder Coleslaw Fruit Cocktail Dessert</p>	<p>28</p> <p>Chicken Strips Jo Jo's Spinach Salad Mandarin Oranges Garlic Bread Dessert</p>	<p>29</p> <p>Taco Salad Spanish Rice Watermelon Tortilla Chips Dessert</p>

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DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div> Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00 </div>				1
4	5 BBQ Chicken Jo Jo's Macaroni Salad Mixed Greens Salad Berry Shortcake	6 Taco Salad Spanish Rice Mixed Fruit Tortilla Chips Dessert	7 Pulled Pork Sandwich Potato Salad Three Bean Salad Apple Slices Dessert	8
11	12 BBQ Riblets Sweet Potato Waffle Fries Coleslaw Cornbread Strawberry Shortcake	13 Baked Chicken Mashed Potatoes & Gravy Caesar Salad WW Roll Peach Crisp	14 Fish & Chips Coleslaw Apricots Garlic Bread Dessert	15
18	19 Salisbury Steak w/ Mushroom Gravy Mashed Potatoes Asparagus Pears WW Bread Oatmeal Cookies	20 Beef Stroganoff Carrots Garden Salad Fruit Salad Dessert	21 Chicken Strips Jo Jo's Spinach Salad Mandarin Oranges Garlic Bread Dessert	22
25	26 Pork Roast Stuffing w/ Gravy Venetian Veggies Spinach Salad Applesauce Dessert	27 Teriyaki Chicken w/ Rice Asian Style Slaw Mandarin Oranges Egg Roll Dessert	28 Meatloaf Mashed Potatoes and Gravy Green Beans WW Roll Mixed Berries on Angel Food Cake	29

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ENTIAT

PLEASE CALL 509-888-4440 TO RESERVE MEALS
509-470-0522 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</div>				1
4 Meatloaf Mashed Potatoes & Gravy Green Beans WW Roll Dessert	5	6	7 Salisbury Steak w/ Mushroom Gravy Mashed Potatoes Asparagus Pears WW Bread Dessert	8
11 Chicken Cordon Bleu Garlic Pasta Peas Garden Salad Peaches Dessert	12	13	14 Chicken Enchiladas Casserole Seasoned Rice Mixed Vegetables Green Salad w/ Tomatoes Peaches Dessert	15
18 Cheese Stuffed Shells w/ Marinara Sauce Venetian Veggies Tossed Salad Apricots Dessert	19	20	21 Deluxe Cheeseburger Three Bean Salad Coleslaw Peaches Dessert	22
25 Sweet & Sour Chicken Steamed Rice Oriental Vegetables Cucumber Salad Tropical Fruit Salad Egg Roll Dessert	26	27	28 Pot Roast Roasted Carrots & Potatoes Garden Salad Watermelon WW Roll Oatmeal Cookies	29

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GRAND COULEE

PLEASE CALL 509-633-2321 BY NOON TO RESERVE MEALS

509-826-7979 FOR HOME DELIVERED MEALS

MONDAY 8-10am

TUESDAY 5pm

WEDNESDAY 5pm

THURSDAY 5pm

FRIDAY 8-10am

<div> Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$10.00 </div>				
4 Scrambled Eggs Sausage Patty Hash Browns Juice Fruit Bowl Pancakes	5 Meatballs Mashed Potatoes & Gravy Lettuce & Tomato Salad Peaches WW Roll Rice Krispies Treats	6 Chicken Caesar Salad Melon Slices Cheesy Garlic Toast Dessert	7 Ham Scalloped Potatoes Garden Salad Waldorf Salad WW Roll Graham Cracker Kool-wich	1 Ham Scrambler w/ Cheese Hash Browns Juice Fruit Bowl Toast
11 Breakfast Sandwich Eggs, German Sausage, & Cheese Hash Browns Juice Fruit Bowl	12 Chicken Strips Jo Jo's Spinach Salad Mandarin Oranges Garlic Bread Dessert	13 Taco Salad Spanish Rice Mixed Fruit Tortilla Chips Dessert	14 Sweet & Sour Pork Steamed Rice Oriental Vegetables Cucumber Salad Tropical Fruit Salad Egg Roll Dessert	8 Biscuits & Gravy Scrambled Eggs Fried Potatoes Juice Fruit Bowl
18 Meat & Cheese Omelet's Hash Browns Juice Fruit Bowl Toast	19 Chicken Cordon Bleu Rice Pilaf Peas Garden Salad Peaches WW Roll Birthday Cake 	20 BBQ Country Ribs Sweet Potato Waffle Fries Coleslaw Cornbread Strawberry Shortcake	21 Tuna Noodle Casserole Peas & Carrots Garden Salad Orange Quarters Dessert	15 Bacon & Eggs Eggs your way Country Potatoes Juice Fruit Bowl Toast
25 Biscuits & Gravy Scrambled Eggs Hash Browns Juice Fruit Bowl	26 Baked Chicken Mashed Potatoes & Gravy Caesar Salad WW Roll Peach Crisp	27 Baked Fish Fillet Rice Pilaf Peas Coleslaw Mixed Melons WW Roll Dessert	28 Pulled Pork Sandwich Potato Salad Three Bean Salad Apple Slices Dessert	22 Ham & Eggs Country Potatoes Juice Fruit Bowl French Toast

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ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</div>				1
4 Chicken Caesar Salad Melon Slices Cheesy Garlic Toast Dessert	5	6 Meatballs Mashed Potatoes & Gravy Lettuce & Tomato Salad Peaches WW Roll Rice Krispies Treats	7 Fish & Chips Coleslaw Apricots Garlic Bread Dessert	8
11 Baked Chicken Mashed Potatoes & Gravy Caesar Salad WW Roll Peach Crisp	12	13 BBQ Riblets Sweet Potato Waffle Fries Coleslaw Cornbread Strawberry Shortcake	14 Tuna Noodle Casserole Peas & Carrots Garden Salad Orange Quarters Dessert	15
18 Deluxe Chicken Burger Garlic Fries Greek Romaine Salad Mixed Melons Dessert	19	20 Ham Scalloped Potatoes Garden Salad Waldorf Salad WW Roll Cereal Bar	21 Beef Taco's Pico de Gallo Watermelon Dessert	22
25 Ham & Cheese Veggie Chowder Coleslaw Fruit Cocktail Dessert	26	27 Meatloaf Mashed Potatoes & Gravy Green Beans WW Roll Angel Food Cake w/ Mixed Berries on Top	28 Chicken Enchilada Casserole Seasoned Rice Mixed Vegetables Green Salad with Tomatoes Peaches Dessert	29

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OKANOGAN / OMAK

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

OKANOGAN	OMAK	OKANOGAN	OKANOGAN 9am	OMAK
<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>				<p>1</p> <p>Chicken Strips Jo Jo's Spinach Salad Mandarin Oranges Garlic Bread Dessert</p>
<p>4</p> <p>Meatballs Mashed Potatoes & Gravy Lettuce & Tomato Salad Peaches WW Roll Rice Krispies Treats</p>	<p>5</p> <p>Chicken Caesar Salad Melon Slices Cheesy Garlic Toast Dessert</p>	<p>6</p> <p>BBQ Ribs Sweet Potato Waffle Fries Coleslaw Cornbread Strawberry Shortcake</p>	<p>7 <i>No Home Delivery</i></p> <p>Veggie Egg Bake Pork Chops Fried Potatoes Juice Blueberry Parfait Banana Muffin</p>	<p>8</p> <p>Tuna Noodle Casserole Peas & Carrots Garden Salad Orange Quarters Dessert</p>
<p>11</p> <p>Deluxe Cheeseburger Three Bean Salad Coleslaw Peaches Dessert</p>	<p>12</p> <p>Teriyaki Chicken w/ Rice Asian Style Slaw Mandarin Oranges Egg Roll Dessert</p>	<p>13</p> <p>Beef Stroganoff Carrots Garden Salad Fruit Salad Dessert</p>	<p>14 <i>No Home Delivery</i></p> <p>Biscuits & Gravy Scrambled Eggs Diced Potatoes V-8 Juice Fruit Cocktail Salad Strawberry Tart</p>	<p>15</p> <p>Fish & Chips Coleslaw Apricots Garlic Bread Dessert</p>
<p>18</p> <p>Salisbury Steak w/ Mushroom Gravy Mashed Potatoes Asparagus Pears WW Bread Oatmeal Cookies</p>	<p>19</p> <p>Stuffed Pepper Casserole Garden Salad Peaches WW Roll Dessert</p>	<p>20</p> <p>Pulled Pork Sandwich Potato Salad Three Bean Salad Apple Slices Dessert</p>	<p>21 <i>No Home Delivery</i></p> <p>Cheesy Eggs Bacon Potatoes O'Brien Juice Peaches Apple Spice Cake</p>	<p>22</p> <p>Baked Fish Fillet Rice Pilaf Peas Coleslaw Mixed Melons WW Roll Dessert</p>
<p>25</p> <p>Baked Chicken Mashed Potatoes & Gravy Caesar Salad WW Roll Peach Crisp</p>	<p>26</p> <p>White Bean Chicken Chili Tossed Salad Melon Slices Tortilla Chips Dessert</p>	<p>27</p> <p>Bacon & Egg Salad Sandwich Pea Salad Apple Slices Dessert</p>	<p>28 <i>No Home Delivery</i></p> <p>Eggs Saratoga Chicken Fried Steak Hash Brown Potatoes Juice Banana Biscuit Peanut Butter Cookie</p>	<p>29</p> <p>Meatloaf Mashed Potatoes & Gravy Green Beans WW Roll Mixed Berries on Angel Food Cake</p>

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OROVILLE

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TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	CLOSED	THURSDAY	FRIDAY
<div> Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00 </div>				1 Chicken Caesar Salad Melon Slices Cheesy Garlic Toast Dessert
4 BBQ Chicken Jo Jo's Macaroni Salad Mixed Greens Salad Berry Shortcake	5 Meatballs Mashed Potatoes & Gravy Lettuce & Tomato Salad Peaches WW Roll Rice Krispies Treats	6	7 Chicken Taco Salad Spanish Rice Mixed Fruit Tortilla Chips Dessert	8 Fish & Chips Coleslaw Apricots Garlic Bread Dessert
11 Lemony Cheese Tortellini & Bacon Salad Mixed Berries Dessert	12 Pulled Pork Sandwich Potato Salad Three Bean Salad Apple Slices Dessert	13	14 Beef Stroganoff Carrots Garden Salad Fruit Salad Dessert	15 Baked Salmon Fillet Rice Pilaf Peas Coleslaw Mixed Melons WW Roll Dessert
18 Stuffed Pepper Casserole Garden Salad Peaches WW Roll Dessert	19 BBQ Riblets Sweet Potato Waffle Fries Coleslaw Cornbread Strawberry Shortcake	20	21 Deluxe Chicken Burger Garlic Fries Greek Romaine Salad Mixed Melons Dessert	22 Tuna Noodle Casserole Peas & Carrots Garden Salad Orange Quarters Dessert
25 Chicken Strips Jo Jo's Coleslaw Mandarin Oranges WW Roll Dessert	26 Spaghetti & Meat Sauce Caesar Salad Chilled Pears Garlic Bread Dessert	27	28 Pork Roast Stuffing & Gravy Venetian Veggies Spinach Salad Applesauce Dessert	29 White Bean Chicken Chili Tossed Salad Melon Slices Tortilla Chips Dessert

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TONASKET

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY—CLOSED
<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>				1
<p>4</p> <p>Sweet & Sour Chicken Steamed Rice Oriental Vegetables Cucumber Salad Tropical Fruit Egg Roll Dessert</p>	<p>5</p> <p>Pork Roast Stuffing & Gravy Venetian Veggies Spinach Salad Applesauce Dessert</p>	<p>6</p> <p>Beef Stroganoff Buttered Carrots Garden Salad Fruit Salad Dessert</p>	<p>7</p> <p>Taco Salad Tortilla Chips Spanish Rice Mixed Fruit Dessert</p>	8
<p>11</p> <p>Biscuits & Gravy Scrambled Eggs Hash Brown potatoes Fresh Fruit V-8 Juice Muffin</p>	<p>12</p> <p>BBQ Chicken Jo Jo's Macaroni Salad Mixed Greens Salad Berry Shortcake</p>	<p>13</p> <p>Tuna Noodle Casserole Peas & Carrots Garden Salad Orange Quarters Dessert</p>	<p>14</p> <p>Chicken Strips Sweet Potato Fries Spinach Salad Mandarin Oranges Garlic Bread Dessert</p>	15
<p>18</p> <p>Teriyaki Beef Steamed Rice Asian Style Slaw Mandarin Oranges Egg Roll Dessert</p>	<p>19</p> <p>Cabbage Patch Stew Potato Salad Waldorf Salad Mozzarella Breadsticks Dessert</p>	<p>20</p> <p>Pulled Pork Sandwich Pea Salad Three Bean Salad Apple Slices Dessert</p>	<p>21</p> <p>White Bean Chili Tortilla Chips Tossed Salad Melon Slices Dessert</p>	22
<p>25</p> <p>Chicken Caesar Salad Melon Slices Cheesy Garlic Toast Dessert</p>	<p>26</p> <p>Meatloaf Mashed Potatoes / Gravy Green Beans WW Roll Berries on Angel Food Cake</p>	<p>27</p> <p>Deluxe Ham & Cheese Sandwich Corn Chowder Cucumber Salad Fruit Cocktail Dessert</p>	<p>28</p> <p>Fish & Chips Coleslaw Apricots Garlic Bread Dessert</p>	29

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TWISP

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>				<p>1</p> <p>Pulled Pork Sandwich Potato Salad Three Bean Salad Apple Slices Dessert</p>
<p>4</p> <p>Stuffed Pepper Casserole Garden Salad Peaches WW Roll Dessert</p>	<p>5</p>	<p>6</p>	<p>7</p> <p>BBQ Chicken Jo Jo's Mixed Greens Salad Macaroni Salad Berry Shortcake</p>	<p>8</p> <p>Fish & Chips Coleslaw Apricots Garlic Bread Dessert</p>
<p>11</p> <p>Sweet & Sour Pork Steamed Rice Oriental Vegetables Cucumber Salad Tropical Fruit Salad Egg Roll Dessert</p>	<p>12</p>	<p>13</p>	<p>14</p> <p>Salisbury Steak w/ Mushroom Gravy Mashed Potatoes Asparagus Pears WW Bread Oatmeal Cookies</p>	<p>15</p> <p>Chicken Caesar Salad Melon Slices Cheesy Garlic Toast Dessert</p>
<p>18</p> <p>Pot Roast Roasted Carrots & Potatoes Garden Salad Watermelon WW Roll Oatmeal Cookies</p>	<p>19</p>	<p>20</p>	<p>21</p> <p>Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert</p>	<p>22</p> <p>Baked Chicken Mashed Potatoes & Gravy Tossed Salad WW Roll Peach Crisp</p>
<p>25</p> <p>Meatloaf Mashed Potatoes & Gravy Green Beans WW Roll Angel Food Cake w/ Mixed Berries on top</p>	<p>26</p>	<p>27</p>	<p>28</p> <p>Deluxe Chicken Burger Garlic Fries Greek Romaine Salad Watermelon Dessert</p>	<p>29</p> <p>Baked Fish Fillet Rice Pilaf Peas Coleslaw Tropical Fruit WW Roll Dessert</p>

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WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</div>				1 Biscuits & Gravy Scrambled Eggs Hash Brown Potatoes V-8 Juice Fresh Fruit Dessert
4	5 Pulled Pork Sandwich Coleslaw Three Bean Salad Apple Slices Dessert	6 Baked Fish Fillet Rice Pilaf Broccoli Normandy Tossed Salad Mixed Melons WW Roll Dessert	7 Salisbury Steak w/ Mush- room Gravy Mashed Potatoes Asparagus Pears Oatmeal Cookies	8 Cabbage Patch Stew Potato Salad Waldorf Salad Mozzarella Breadsticks Dessert
11	12 Meatloaf Mashed Potatoes & Gravy Green Beans Mixed Berries WW Roll Cereal Bar	13 Stuffed Pepper Casserole Garden Salad Peaches WW Bread Dessert	14 BBQ Chicken Jo Jo's Mixed Greens Salad Macaroni Salad Berry Shortcake	15 Bacon & Egg Salad Sandwich Pea Salad Watermelon Dessert
18	19 Sweet & Sour Pork Steamed Rice Oriental Vegetables Cucumber Salad Pineapple Egg Roll Dessert	20 Tuna Noodle Casserole Peas & Carrots Garden Salad Orange Quarters Dessert	21 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert	22 Deluxe Cheeseburger Three bean Salad Coleslaw Apple Slices Dessert
25	26 Beef & Broccoli Steamed Rice Spiced Salad Tropical Fruit Egg Roll Dessert	27 Ham & Cheese Sandwich w/ Lettuce & Tomato Corn Chowder Coleslaw Fruit Cocktail Dessert	28 Chicken Strips Jo Jo's Spinach Salad Mandarin Oranges Garlic Bread Dessert	29 Taco Salad Spanish Rice Watermelon Tortilla Chips Dessert

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