



DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS

509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Salmon with Dill Sauce Rosemary Potatoes Peas & Carrots Tropical Fruit Lemon Bar	2 Sweet & Sour Meatballs Wild Rice Oriental Veggies Pineapple Fortune Cookies	3 Fall Vegetable Medley Soup Sliced Tomatoes Assorted Melons Mozzarella Breadstick Dessert	4
7 CLOSED FOR LABOR DAY HOLIDAY	8 Hawaiian Chicken Steamed Rice Venetian Vegetables Mandarin Oranges Dessert	9 Beef Stew Spinach Salad Mixed Fruit Biscuit Dessert	10 Fish Sandwich Deluxe Three Bean Salad Fruit Tray Dessert	11
14	15 Tortellini Soup Cucumber Salad Orange Quarters Focaccia Bread Dessert	16 Wieners & Sauerkraut Roasted Red Potatoes Spring Salad Apple Celery Salad	17 Roast Beef Mashed Potatoes / Gravy Buttered Corn Spring Salad Apple Crisp	18
21	22 Corn Chowder 1/2 Ham Sandwich V-8 Juice Apple Slices Dessert	23 Sweet & Sour Pork Steamed Rice Oriental Vegetables Asian Style Slaw Tropical Fruit Egg Roll Dessert	24 Hamburger Steak with Grilled Onions Mashed Potatoes / Gravy Trio Vegetables Mixed Greens Salad Mandarin Oranges WW Roll	25
28	29 Clam Chowder BLT Sandwich V-8 Juice Grapes Dessert	30 Fish & Chips Coleslaw Berries over Ice Cream	Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00 OCTN MISSION NO ACTION!	

Visit our website at www.octn.org . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

Call 509-826-7979 for information on Meals on Wheels





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PLEASE CALL 509-982-2654 TO RESERVE MEALS

509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2 Sweet & Sour Meatballs Wild Rice Oriental Veggies Pineapple Fortune Cookies	3 Fish Sandwich with Lettuce and Tomato Three Bean Salad Fruit Tray Ice Cream	4
7 CLOSED FOR LABOR DAY HOLIDAY	8	9 Chili Green Salad Pears Cornbread	10 Supreme Style Pizza Tossed Salad Apple Wedges	11
14 Ruben Sandwich Cuke & Tomato Salad Peaches Dessert	15	16 Mac & Cheese with Bacon Peas & Carrots Tropical Fruit Dessert	17 Chef's Salad Fresh Fruit WW Roll Cereal Bar	18
21 Chicken Fried Steak Mashed Potatoes Tossed Salad Peaches WW Roll	22	23 Beef Stew Spinach Salad Mixed Fruit Biscuit Dessert	24 Salmon with Dill Sauce Rosemary Potatoes Peas & Carrots Tropical Fruit Dessert	25
28 Fall Vegetable Medley Soup Sliced Tomatoes Assorted Melons Mozzarella Breadstick Dessert	29	30 Hamburger Steak with Grilled Onions Mashed Potatoes Buttered Corn Mixed Greens Salad Mandarin Oranges WW Roll	Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00	

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