






BREWSTER - BRIDGEPORT—PATEROS

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 	2 Chili Dog Green Beans Coleslaw Pineapple & Cherries Dessert
5	6 Ham Sandwich Deluxe Minestrone Soup Potato Salad Pears Dessert	7 Salisbury Steak & Gravy Mashed Potatoes Steamed Broccoli Mixed Greens Salad WW Roll Peach Cobbler	8	9 Chicken Cordon Bleu Rice Pilaf Steamed Carrots Tossed Salad Strawberries & Bananas WW Roll Dessert
12	13 Cheeseburger Deluxe Tater Tots Coleslaw Orange Quarters Dessert	14 Chicken Fettuccine Alfredo Zucchini Tomato Bake Caesar Salad Mixed Berries Pound Cake	15	16 Pork Chops Stiffing & Gravy Roasted Brussels Sprouts Carrot Raisin Salad Applesauce Dessert
19 	20 Cabbage Patch Stew Tossed Salad Chilled Pears Whole Grain Crackers WW Roll Dessert	21 Chicken & Wild Rice Bake Asparagus Coleslaw Tropical Fruit WW Roll Dessert	22	23 Beef Tacos Mexican Rice Fresh Salsa Cinnamon Pears Dessert
26	27 BBQ Country Ribs Mac & Cheese Green Beans Carrot Raisin Salad Apple Slices Dessert	28 Chicken Burger Deluxe Jo Jo's Coleslaw Mandarin Oranges Dessert	29	30 Pizza Casserole Tossed Salad Waldorf Salad Dessert

Visit our website at www.octn.org . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

Call 509-826-7979 for information on Meals on Wheels



Suggested donation for seniors over age 60 is \$5.00

FEE for persons under age 60 is \$12.00



CASHMERE / LEAVENWORTH

PLEASE CALL 509-888-4440 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p> </div>			<p>1</p>  <p>QuotesId.com</p>	<p>2</p>
<p>5 Meatloaf Mashed Potatoes / Gravy Buttered Corn Green Salad Peaches WW Roll Dessert</p>	<p>6</p>	<p>7 Chicken & Wild Rice Bake Asparagus Coleslaw Tropical Fruit Dessert</p>	<p>8</p>	<p>9</p>
<p>12 Kielbasa with Peppers and Onions Roasted Potatoes Cucumber Salad Waldorf Salad Biscuit Cereal Bar</p>	<p>13</p>	<p>14 Pizza Casserole Caesar Salad Chilled Pears Dessert</p>	<p>15</p>	<p>166</p>
<p>19</p>  <p>shutterstock · 356091257</p>	<p>20</p>	<p>21 Chicken Cordon Bleu Rice Pilaf Steamed Carrots Broccoli Salad Tropical Fruit WW Roll Dessert</p>	<p>22</p>	<p>23</p>
<p>26 Chicken Fettuccine Alfredo Zucchini Tomato Bake Caesar Salad Mixed Berries Pound Cake</p>	<p>27</p>	<p>28 Cabbage Patch Stew Tossed Salad Chilled Pears Whole Grain Crackers Dessert</p>	<p>29</p>	<p>30</p>

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Call 509-470-0522 for information on Meals on Wheels





CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</div>			1 	2
5 Meatloaf Mashed Potatoes / Gravy Buttered Corn Green Salad Peaches WW Roll Dessert	6 Philly Steak Sandwich Potato Salad Cucumber Slices Orange Quarters Dessert	7 Chicken & Wild Rice Bake Asparagus Coleslaw Tropical Fruit Dessert	8 Lasagna with Meat Sauce Tossed Salad Fruit Cocktail Dessert	9
12 Kielbasa with Peppers and Onions Roasted Potatoes Cucumber Salad Waldorf Salad Biscuit Cereal Bar	13 Oven Fried Chicken Twice Bake Style Potatoes Buttered Corn Tossed Salad Sliced Peaches WW Roll Dessert	14 Pizza Casserole Caesar Salad Chilled Pears Dessert	15 Corn Chowder BLT Sandwich Pea Salad Orange Quarters Dessert	16
19  shutterstock · 356091257	20 Chili Dog Potato Salad Cucumber Slices Apple Slices Dessert	21 Chicken Cordon Bleu Rice Pilaf Steamed Carrots Broccoli Salad Tropical Fruit WW Roll Dessert	22 Pot Roast Potatoes & Carrots Tossed Green Salad Peaches WW Roll Oatmeal Cookies	23
26 Chicken Fettuccine Alfredo Zucchini Tomato Bake Caesar Salad Mixed Berries Pound Cake	27 SALAD BAR Chef's Salad Tomatoes Fresh Fruit Cornbread Dessert	28 Cabbage Patch Stew Tossed Salad Chilled Pears Whole Grain Crackers Dessert	29 Baked Ham Potatoes Au Gratin Trio Veggies Apple Wedges WW Roll Dessert	30

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Call 509-470-0522 for information on Meals on Wheels





COULEE CITY

PLEASE CALL OR TEXT 509-632-8701 TO RESERVE MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$10.00</div>				2 Baked Fish Fillet Pesto Pasta Key West Veggies Coleslaw Orange Quarters Dessert
5	6 Kielbasa w/Peppers & Onions Roasted Potatoes Cucumber Salad Waldorf Salad Biscuit Cereal Bars	7 Corn Chowder BLT Sandwich Spinach Salad Orange Quarters Dessert	8 Chili Stuffed Potato Tossed Green Salad Apricots Cornbread Dessert	9 Baked Ham Potatoes Au Gratin Trio Veggies Apple Wedges WW Roll Dessert
12	13 Cheeseburger Deluxe Sweet Potato Waffle Fries Coleslaw Chilled Pears Dessert	14 Biscuits & Gravy Scrambled Eggs Hash Brown Potatoes Stewed Tomatoes Fresh Fruit Muffin	15 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert	16 French Dip Sandwich Jo Jo's Pickled Beets Waldorf Salad Dessert
19 shutterstock - 356091257	20 Shrimp Fettuccine Alfredo Zucchini Tomato Bake Caesar Salad Berries over Pound Cake	21 Philly Steak Sandwich Potato Salad Cucumber Slices Orange Quarters Dessert	22 Chicken Noodle Casserole Peas & Carrots Spinach Salad Fruit Salad Dessert	23 Beef Tacos Spanish Rice Fresh Salsa Cinnamon Pears Dessert
26	27 Ham Sandwich Deluxe Minestrone Soup Pea Salad Pears Dessert	28 Pot Roast Potatoes & Carrots Tossed Green Salad Peaches WW Roll Oatmeal Cookies	29 Chili Dog Green Beans Cucumber Salad Pineapple & Cherries Dessert	30 Pizza Casserole Caesar Salad Waldorf Salad Dessert

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Call 509-826-7979 for information on Meals on Wheels





DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</div>			1 	2
5	6 Corn Chowder BLT Sandwich Spinach Salad Pineapple Dessert	7 Kielbasa with Peppers and Onions Roasted Peppers Cucumber Salad Waldorf Salad Biscuit Cereal Bar	8 Oven Fried Chicken Twice Bake Style Potato Buttered Corn Tossed Salad Orange Quarters WW Roll Dessert	9
12	13 Salisbury Steak Mashed Potatoes / Gravy Green Beans Mixed Greens Salad WW Roll Peach Cobbler	14 Pork Chops Stuffing & Gravy Roasted Brussels Sprouts Carrot Raisin Salad Applesauce Dessert	15 Pot Roast Roasted Potatoes & Carrots Tossed Green Salad Peaches WW Roll Oatmeal Cookies	166
19  shutterstock - 356091257	20 BBQ Country Ribs Mac & Cheese Green Beans Pea Salad Apple Slices Dessert	21 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert	22 Country Fried Steak Mashed Potatoes & Gravy Trio Vegetables Orange Quarters Biscuit Dessert	23
26	27	28	29	30

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ENTIAAT

PLEASE CALL 509-888-4440 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</div>			1 	2
5 Meatloaf Mashed Potatoes / Gravy Buttered Corn Green Salad Peaches WW Roll Dessert	6	7	8 Lasagna with Meat Sauce Tossed Salad Fruit Cocktail Dessert	9
12 Kielbasa with Peppers and Onions Roasted Potatoes Cucumber Salad Waldorf Salad Biscuit Cereal Bar	13	14	15 Corn Chowder BLT Sandwich Pea Salad Orange Quarters Dessert	166
19  shutterstock · 356091257	20	21	22 Pot Roast Potatoes & Carrots Tossed Green Salad Peaches WW Roll Oatmeal Cookies	23
26 Chicken Fettuccine Alfredo Zucchini Tomato Bake Caesar Salad Mixed Berries Pound Cake	27	28	29 Baked Ham Potatoes Au Gratin Trio Veggies Apple Wedges WW Roll Dessert	30  Established 1975

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GRAND COULEE

PLEASE CALL 509-633-2321 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY 8-10am

TUESDAY 5pm

WEDNESDAY 5pm

THURSDAY 5pm

FRIDAY 8-10am

<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$10.00</div>			1 	2 Scrambled Eggs Bacon Hash Browns Juice Fruit Toast
5 Scrambled Eggs Sausage Links Hash Browns French Toast Juice Fruit	6 Pulled Pork Sandwich Salad Bar Fruit Bar Dessert	7 Country Fried Steak Mashed Potatoes/Gravy Carrots & Corn Applesauce Biscuit Dessert	8 Fish & Chips Coleslaw Banana Dessert	9 Biscuits & Gravy Scrambled Eggs Stewed Tomatoes Fresh Fruit Muffin
12 Scrambled Eggs Sausage Links Hash Browns Pancakes Juice Fruit	13 Taco Salad Corn Salad Fresh Salsa Tortilla Chips Mixed Fruit Dessert	14 Hawaiian Chicken Sandwich French Fries Green Salad Pineapple Dessert	15 Korean BBQ Pork Noodles Stir Fry Veggies Carrot Raisin Salad Mandarin Oranges Dessert	16 Country Scramble with Eggs, Meat, Cheese and Potatoes Juice Fruit Biscuit
19 shutterstock - 356091257	20 Turkey Noodle Soup Tossed Green Salad Apples Biscuit Dessert	21 Supreme Style Pizza Tossed Salad Tropical Fruit Dessert	22 Meatloaf Mashed Potatoes/Gravy Green Beans w/Bacon Pears WW Bread or Roll Dessert	23 Breakfast Sandwich Hash Browns Juice Fruit
26 Scrambled Eggs German Sausage Hash Browns Juice Fruit Toast	27 Shepherd's Pie Salad Bar Fruit Bar WW Roll Dessert	28 Chicken Strips French Fries Green Salad WW Bread or Roll Baked Apples	29 Pot Roast with Roasted Potatoes and Carrots Tossed Salad Peaches WW Roll Oatmeal Cookies	30 Biscuits & Gravy Scrambled Eggs Hash Browns Juice Fruit

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2026
January

ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Suggested donation for seniors over age 60 is \$5.00
FEE for persons under age 60 is \$12.00

1



2

5
Meatloaf
Mashed Potatoes & Gravy
Buttered Corn
Green Salad
Apricots
WW Roll
Dessert

6

7
Chicken & Wild Rice Bake
Beets
Coleslaw
Tropical Fruit
WW Roll
Dessert

8
Kielbasa w/ Peppers & Onions
Roasted Potatoes
Cucumber Salad
Apple Slices
Biscuit
Cereal Bars

9

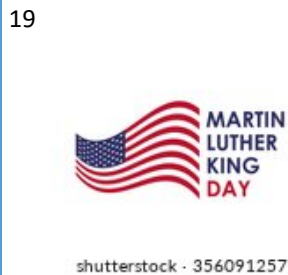
12
Corn Chowder
BLT Sandwich
Spinach Salad
Banana
Dessert

13

14
Oven Fried Chicken
Twice Bake Potato Casserole
Buttered Corn
Spiced Salad
Orange Quarters
WW Roll
Dessert

15
Biscuits & Gravy
Scrambled Eggs
Hash Brown Potatoes
Stewed Tomatoes
Fresh Fruit
Muffin

16



20

21
Lasagna w/Meat Sauce
Caesar Salad
Chilled Pears
Dessert

22
Cheeseburger Deluxe
Sweet Potato Waffle Fries
Coleslaw
Peaches
Dessert

23

26
Fish Sandwich
Jo Jo's
Veggie Tray
Fresh Fruit
Dessert

27

28
Tuna Noodle Casserole
Peas & Carrots
Tossed Salad
Apricots
Dessert

29
Country Fried Steak
Mashed Potatoes & Gravy
Garlic Green Beans
Fruit Juice
Biscuit
Dessert

30

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OKANOGAN / OMAK

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS



OKANOGAN

OMAK

OKANOGAN

OKANOGAN 9am

OMAK

<div style="border: 1px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>			<p>1</p> 	<p>2</p> <p>Cheeseburger Deluxe Sweet Potato Waffle Fries Coleslaw Orange Quarters Dessert</p>
<p>5</p> <p>BBQ Country Ribs Mac & Cheese Green Beans Carrot Raisin Salad Apple Slices Dessert</p>	<p>6</p> <p>Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert</p>	<p>7</p> <p>Oven Fried Chicken Twice Bake Style Potatoes Buttered Corn Spiced Salad Orange Quarters WW Roll Dessert</p>	<p>8</p> <p>Biscuits & Gravy Scrambled Eggs Hash Brown Potatoes Juice Mandarin Oranges Muffin</p>	<p>9</p> <p>Kielbasa with Peppers and Onions Roasted Potatoes Tossed Salad Waldorf Salad Biscuit Cereal Bars</p>
<p>12</p> <p>Cabbage Patch Stew Tossed Salad Chilled Pears WW Roll Dessert</p>	<p>13</p> <p>Tuna Noodle Casserole Peas & Carrots Spinach Salad Fruit Salad Dessert</p>	<p>14</p> <p>Chili Dog Green Beans Cucumber Salad Pineapple & Cherries Dessert</p>	<p>15</p> <p>Cheesy Scrambled Eggs Bacon Potatoes O'Brien Juice Banana French Toast</p>	<p>16</p> <p>Country Fried Steak Mashed Potatoes / Gravy Buttered Corn Broccoli Salad Orange Quarters Biscuit Dessert</p>
<p>19</p>  <p>shutterstock - 356091257</p>	<p>20</p> <p>Chicken & Wild Rice Bake Asparagus Spring Salad Tropical Fruit WW Roll Dessert</p>	<p>21</p> <p>Pot Roast Potatoes & Carrots Tossed Green Salad Peaches WW Roll Oatmeal Cookies</p>	<p>22</p> <p>Three Cheese Frittatas Sausage Link Country Potatoes Juice Pineapple Banana Muffin</p>	<p>23</p> <p>Fish Sandwich Jo Jo's Coleslaw Banana Dessert</p>
<p>26</p> <p>Salisbury Steak Mashed Potatoes Steamed Carrots Mixed Greens Salad WW Roll Peach Cobbler</p>	<p>27</p> <p>Chicken Fettuccine Alfredo Zucchini / Tomato Bake Caesar Salad Strawberries Pound Cake</p>	<p>28</p> <p>Pork Chops Stuffing & Gravy Roasted Brussels Sprouts Carrot Raisin Salad Applesauce Dessert</p>	<p>29</p> <p>Chicken Fried Steak Eggs Saratoga Hash Brown Potatoes Juice Berries & Yogurt Waffle</p>	<p>30</p> <p>Crispy Fish Fillet Rosemary Potatoes Pea Salad Mandarin Oranges WW Bread Dessert</p>

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Established 1975



OROVILLE

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	CLOSED	THURSDAY	FRIDAY
<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>			<p>1</p> 	<p>2</p> <p>Baked Fish Fillet Wild Rice Key West Veggies Coleslaw Orange Quarters WW Roll Dessert</p>
<p>5</p> <p>Chili Dog Green Beans Cucumber Salad Pineapple & Cherries Dessert</p>	<p>6</p> <p>Pot Roast Roasted Potatoes & Carrots Tossed Green Salad Peaches WW Roll Oatmeal Cookies</p>	<p>7</p>	<p>8</p> <p>BBQ Country Ribs Mac & Cheese Broccoli Normandy Carrot Raisin Salad Apple Slices Dessert</p>	<p>9</p> <p>Clam Chowder Tuna Salad Sandwich Tossed Salad Tropical Fruit Dessert</p>
<p>12</p> <p>Cabbage Patch Stew Tossed Salad Chilled Pears Whole Wheat Crackers Dessert</p>	<p>13</p> <p>Country Fried Steak Mashed Potatoes / Gravy Buttered Corn Mixed Greens Salad Orange Quarters Biscuit Dessert</p>	<p>14</p>	<p>15</p> <p>Biscuits & Gravy Scrambled Eggs Hash Brown Potatoes Stewed Tomatoes Fresh Fruit Muffin</p>	<p>16</p> <p>Tuna Noodle Casserole Peas & Carrots Spinach Salad Fruit Salad Dessert</p>
<p>19</p>  <p>shutterstock - 356091257</p>	<p>20</p> <p>Cheeseburger Deluxe Sweet Potato Waffle Fries Coleslaw Apple Slices Dessert</p>	<p>21</p>	<p>22</p> <p>Swedish Meatballs Egg Noodles Steamed Carrots Caesar Salad Fruit Cocktail Dessert</p>	<p>23</p> <p>Crispy Fish Fillet Rosemary Potatoes Pea Salad Mandarin Oranges WW Roll Dessert</p>
<p>26</p> <p>Lemon Baked Fish Fillet Rice Pilaf Broccoli Normandy Coleslaw Fruit Salad Dessert</p>	<p>27</p> <p>Chicken Fettuccine Alfredo Zucchini Tomato Bake Caesar Salad Mixed Berries Pound Cake</p>	<p>28</p>	<p>29</p> <p>Pork Chops Stuffing & Gravy Roasted Brussels Sprouts Carrot Raisin Salad Applesauce Dessert</p>	<p>30</p> <p>Lasagna with Meat Sauce Tossed Salad Fruit Cocktail Dessert</p>

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TONASKET

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY

TUESDAY—CLOSED

WEDNESDAY

THURSDAY

FRIDAY—CLOSED

Suggested donation for seniors over age 60 is \$5.00
FEE for persons under age 60 is \$12.00

1



2

5
Chili Stuffed Baked Potato
Tossed Green Salad
Apricots
Cornbread
Dessert

6

7
Creamed Chipped Beef
on Toast
Roasted Brussels Sprouts
Green Salad
Applesauce
Dessert

8
Chicken Burger Deluxe
Jo Jo's
Coleslaw
Mandarin Oranges
Dessert

9

12
Fish Sandwich
Jo Jo's
Coleslaw
Banana
Dessert

13

14
Meatloaf & Gravy
Mashed Potatoes
Buttered Corn
Tossed Salad
Peaches
WW Roll
Dessert

15
Corn Chowder
BLT Sandwich
Spinach Salad
Orange Quarters
Dessert

16

19



shutterstock - 356091257

20

21
Chicken Tacos
Spanish Rice
Fresh Salsa
Cinnamon Pears
Dessert

22
Spaghetti & Meat Sauce
Caesar Salad
Peaches
Garlic Bread
Dessert

23

26
Chili Dog
Green Beans
Cucumber Salad
Pineapple & Cherries
Dessert

27

28
Philly Steak Sandwich
Potato Salad
Cucumber Slices
Orange Quarters
Dessert

29
Hamburger Gravy
Mashed Potatoes
Green Beans
Mixed Greens Salad
WW Roll
Peach Cobbler

30

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TWISP

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Suggested donation for seniors over age 60 is \$5.00
FEE for persons under age 60 is \$12.00

1



2

Baked Fish
Wild Rice
Key West Veggies
Coleslaw
Orange Quarters
WW Roll
Dessert

5

Chicken Fettuccine Alfredo
Zucchini / Tomato Bake
Caesar Salad
Mixed Berries
Pound Cake

6

7

8

Cheeseburger Deluxe
Sweet Potato Waffle Fries
Coleslaw
Orange Quarters
Dessert

9

Cabbage Patch Stew
Tossed Salad
Chilled Pears
Whole Grain Crackers
Dessert

12

Pot Roast Roasted with
Potatoes And Carrots
Tossed Green Salad
Peaches
WW Roll
Oatmeal Cookies

13

14

15

Spaghetti & Meat Sauce
Caesar Salad
Chilled Pears
Garlic Bread
Dessert

16

Oven Fried Chicken
Twice Bake Style Potatoes
Buttered Corn
Spiced Salad
Apple Slices
WW Roll
Dessert

19



shutterstock : 356091257

20

21

22

Baked Ham
Potatoes Au Gratin
Trio Vegetables
Apple Wedges
WW Roll
Dessert

23

Clam Chowder
Tuna Salad Sandwich
Tossed Green Salad
Tropical Fruit
Dessert

26

Meatloaf
Mashed Potatoes / Gravy
Buttered Corn
Green Salad
Peaches
WW Roll
Dessert

27

28

29

Lasagna w/Meat Sauce
Caesar Salad
Fruit Cocktail
Dessert

30

Chicken Cordon Bleu
Rice Pilaf
Steamed Carrots
Broccoli Salad
Orange Quarters
WW Roll
Dessert

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WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p>			<p>1</p>  <p>Quoted.com</p>	<p>2</p> <p>Ham & Potato Soup Pea Salad Chilled Pears Whole Grain Crackers Dessert</p>
<p>5</p>	<p>6</p> <p>Meatloaf Mashed Potatoes / Gravy Buttered Corn Green Salad Peaches WW Roll Dessert</p>	<p>7</p> <p>Kielbasa with Peppers and Onions Roasted Potatoes Cucumber Salad Waldorf Salad Biscuit Cereal Bars</p>	<p>8</p> <p>Clam Chowder Tuna Salad Sandwich Coleslaw Tropical Fruit Dessert</p>	<p>9</p> <p>Chicken Noodle Soup Cottage Cheese V-8 or Fruit Juice Peaches WW Breadsticks Dessert</p>
<p>12</p>	<p>13</p> <p>Cheeseburger Deluxe Sweet Potato Waffle Fries Coleslaw Orange Quarters Dessert</p>	<p>14</p> <p>Pork Chops Stuffing & Gravy Roasted Brussels Sprouts Carrot Raisin Salad Applesauce Dessert</p>	<p>15</p> <p>Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert</p>	<p>16</p> <p>Chili—with cheese, onions and Sour Cream Tossed Salad Mandarin Oranges Cornbread Dessert</p>
<p>19</p>  <p>shutterstock · 356091257</p>	<p>20</p> <p>Country Fried Steak Mashed Potatoes / Gravy Garlic Green Beans Tropical Fruit Biscuit Dessert</p>	<p>21</p> <p>French Dip Sandwich Jo Jo's Pickled Beets Waldorf Salad Dessert</p>	<p>22</p> <p>Chili Stuffed Baked Potato Tossed Green Salad Apricots Cornbread Dessert</p>	<p>23</p> <p>Chicken Corn Chowder Cottage Cheese V-8 or Fruit Juice Pineapple Chunks Biscuits Dessert</p>
<p>26</p>	<p>27</p> <p>Baked Fish Fillet Wild Rice Key West Veggies Coleslaw Orange Quarters WW Roll Dessert</p>	<p>28</p> <p>Salisbury Steak & Gravy Mashed Potatoes Steamed Carrots Mixed Greens Salad WW Roll Peach Cobbler</p>	<p>29</p> <p>Baked Ham Potatoes Au Gratin Trio Veggies Apple Wedges WW Roll Dessert</p>	<p>30</p> <p>Beef Stew V-8 or Fruit Juice Cosmic Crisp Apples WW Breadsticks Dessert</p>

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