



DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				1
<div style="border: 2px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p> </div>				
4	5 Pork Roast Scalloped Potatoes Tomato Lettuce Salad Applesauce WW Roll Rice Krispies Treats	6 BBQ Chicken Cucumber Salad Spring Salad Strawberry Shortcake	7 Salmon with Dill Sauce Rice Pilaf Venetian Veggie Blend Spinach Salad Fruit Salad Dessert	8
11	12 Swiss Steak with Tomato Sauce on Shell Pasta Green Beans Banana Dessert	13 Biscuits & Gravy Scrambled Eggs Potatoes O'Brien Chilled Pears	14 Sloppy Joe Sandwich Jo Jo's Peaches Dessert	15
18	19 Spaghetti & Meat Sauce Caesar Salad Garlic Bread	20 Italian Beef & Rice Tossed Salad Fruit Salad Dessert	21 Chicken Stir Fry Steamed Rice Asian Slaw Mandarin Oranges Egg Roll Dessert	22
25	26 Hamburger Steak with Grilled Onions Mashed Potatoes Caesar Salad Chilled Pears	27 Beef Taco Salad Tortilla Chips Fresh Salsa Tropical Fruit Dessert	28 Meat Loaf Mashed Potatoes / Gravy Broccoli Normandy WW Roll Fruited Jell-O	29

Visit our website at www.octn.org . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

Call 509-826-7979 for information on Meals on Wheels



Established 1975



ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
<div style="border: 2px solid black; padding: 5px; margin-bottom: 10px;"> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>				
4 Taco Soup Tortilla Chips Watermelon	5	6 BBQ Chicken Cucumber Salad Spring Salad Strawberry Shortcake	7 Swiss Steak & Tomato Sauce Shell Pasta Green Beans Banana Dessert	8
11 Sloppy Joe Sandwich Jo Jo's Peaches Dessert	12	13 Hawaiian Chicken Wild Rice Blend Asian Vegetables Coleslaw Tropical Fruit Dessert	14 Brats & Sauerkraut Roasted Potato Wedges Pea Salad Apple Slices Dessert	15
18 Country Fried Steak Mashed Potatoes Green Beans WW Roll Berry Parfait	19	20 Turkey & Cheese Sandwich Three Bean Salad Grapes Dessert	21 Shepherd's Pie Garden Salad Fresh Fruit WW Roll Cereal Bar	22
25 CLOSED FOR MEMORIAL DAY HOLIDAY	26	27 Chicken Burger Deluxe Jo Jo's Watermelon	28 Veggie Lasagna Caesar Salad Apricots Garlic Bread Dessert	29

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