



BREWSTER - BRIDGEPORT—PATEROS

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 Hungarian Goulash on Noodles Green Beans Caesar Salad Peaches Garlic Bread Dessert	4 Chef's Salad Fresh Fruit WW Roll Dessert	5	6 Chicken Enchiladas Spanish Rice Normandy Veggies Cuke & Tomato Salad Tropical Fruit Dessert
9	10 Stuffed Cabbage Rolls Chopped Salad Fruit Cocktail WW Roll Dessert	11 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries Angel Food Cake	12	13 Chicken Strips Jo Jo's Broccoli Salad Watermelon WW Roll Fruit Ambrosia
16	17 Teriyaki Beef on Rice Stir Fry Veggies Spinach Salad Mandarin Oranges Egg Roll Dessert	18 Crunchy Chicken Salad on a Bed of Greens Pasta Salad Pickled Beets Cherry Crisp	19	20 Hot Dog Coleslaw Three Bean Salad Fruit Salad Dessert
23	24 French Dip Pea Salad Garden Salad Watermelon Dessert	25 Chicken Cordon Bleu Rice Pilaf Peas & Carrots Tossed Green Salad Pineapple & Cherries Dessert	26	27 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert
30	<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>			

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Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

Call 509-826-7979 for information on Meals on Wheels





CASHMERE/LEAVENWORTH

PLEASE CALL 509-888-4440 TO RESERVE MEALS

509-470-0522 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Meatballs Mashed Potatoes / Gravy Greek Salad Banana WW Roll Apple Oatmeal Bars	3	4 Pulled Pork Sandwich Potato Salad Coleslaw Watermelon Dessert	5	6 Roast Beef Mashed Potatoes & Gravy Normandy Vegetables WW Roll Berry Shortcake
9 Chicken Enchiladas Spanish Rice Baja Veggie Blend Cuke / Tomato Salad Pears Dessert	10	11 Stuffed Pepper Casserole Tossed Salad Chilled Pears Dessert	12	13 Lemon Pepper Fish Fettuccine Chalet Veggies Spiced Salad Chilled Peaches Dessert
16 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries Dessert	17	18 Salisbury Steak Mashed Potatoes/Gravy Green Beans Fruit Cocktail WW Roll Cereal Bar	19	20 Rueben Sandwich Potato Salad Cucumber Slices Pears Dessert
23 Hungarian Goulash Green Beans Caesar Salad Pears Dessert	24	25 Cheeseburger Deluxe Sweet Potato Fries Apple Celery Salad Dessert	26	27 Hamburger Steak with Grilled Onions Mashed Potatoes / Gravy 49'er Chopped Salad Bananas & Strawberries Garlic Bread Oatmeal Cookies
30 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	<div> Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00 </div>			

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CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS

509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Meatballs Mashed Potatoes / Gravy Greek Salad Banana WW Roll Apple Oatmeal Bars	3 Chef's Salad Fresh Fruit WW Roll Dessert	4 Pulled Pork Sandwich Potato Salad Coleslaw Watermelon Dessert	5 Chicken Parmesan Pasta & Sauce Green Beans Cuke / Tomato Salad Apricots Dessert	6 Roast Beef Mashed Potatoes & Gravy Normandy Vegetables WW Roll Berry Shortcake
9 Chicken Enchiladas Spanish Rice Baja Veggie Blend Cuke / Tomato Salad Pears Dessert	10 Philly Steak Sandwich Jo Jo's Chopped Salad Fresh Fruit Dessert	11 Stuffed Pepper Casserole Tossed Salad Chilled Pears Dessert	12 Chicken Strips Jo Jo's Broccoli Salad Strawberry Shortcake	13 Lemon Pepper Fish Fettuccine Chalet Veggies Spiced Salad Chilled Peaches Dessert
16 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries Dessert	17 Hot Dog Coleslaw Three Bean Salad Fruit Salad Dessert	18 Salisbury Steak Mashed Potatoes/Gravy Green Beans Fruit Cocktail WW Roll Cereal Bar	19 Biscuits & Gravy Scrambled Eggs Potatoes O'Brien Juice Tropical Fruit Pastry	20 Rueben Sandwich Potato Salad Cucumber Slices Pears Dessert
23 Hungarian Goulash Green Beans Caesar Salad Pears Dessert	24 Sweet & Sour Chicken Steamed Rice Asian Style Veggies Asian Salad Pineapple Egg Roll Dessert	25 Cheeseburger Deluxe Sweet Potato Fries Apple Celery Salad Dessert	26 Baked Ham Au Gratin Potatoes Mixed Greens Salad Applesauce WW Roll Bread Pudding	27 Hamburger Steak with Grilled Onions Mashed Potatoes / Gravy 49'er Chopped Salad Bananas & Strawberries Garlic Bread Oatmeal Cookies
30 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert		<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>		

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COULEE CITY

PLEASE CALL OR TEXT 509-632-8701 TO RESERVE MEALS

24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 Stuffed Pepper Casserole Chopped Salad Chilled Pears WW Roll Dessert	4 Baked Ham Potatoes Au Gratin Mixed Greens Salad Pineapple & Cherries WW Roll Bread Pudding	5 BBQ Chicken Potato Salad Veggie Tray Fresh Fruit WW Roll Rice Krispies Bars	6 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries Dessert
9	10 Pulled Pork Sandwich Potato Salad Coleslaw Watermelon Dessert	11 Hot Dog Pea Salad Three Bean Salad Fruit Salad Dessert	12 Chicken Caesar Salad Tortellini Soup Apples & Grapes Dessert	13 Roast Beef Mashed Potatoes / Gravy Normandy Veggies WW Roll Strawberry Shortcake
16	17 French Dip Pea Salad Garden Salad Watermelon Dessert	18 Pork Chops Scalloped Potatoes Spiced Salad Fresh Fruit Tray WW Roll Cereal Bar	19 Taco Salad Spanish Rice Coleslaw Tropical Fruit Tortilla Chips Dessert	20 Hamburger Steak with Grilled Onions Mashed Potatoes Chopped Salad Bananas & Strawberries Garlic Bread Oatmeal Cookies
23	24 Meatballs Mashed Potatoes Greek Salad Banana WW Roll Apple Oatmeal Bars	25 Biscuits & Gravy Scrambled Eggs Potatoes O'Brien Tropical Fruit Juice Pastry	26 Clam Chowder Tuna Sandwich Garden Salad Pineapple Dessert	27 Chef's Salad Fresh Fruit WW Roll Dessert
30		<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$10.00</div>		

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DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 BBQ Chicken Potato Salad Veggie Tray Fresh Fruit WW Roll Rice Krispies Treats	4 Chicken Caesar Salad Tortellini Soup Apples & Grapes Dessert	5 Philly Steak Sandwich Jo Jo's Chopped Salad Fresh Fruit Dessert	6
9	10 Pulled Pork Sandwich Potato Salad Coleslaw Watermelon Dessert	11 Roast Beef Mashed Potatoes & Gravy Normandy Veggies WW Roll Strawberry Shortcake	12 Taco Salad Spanish Rice Mexi Slaw Tropical Fruit Tortilla Chips Dessert	13
16	17 Salisbury Steak Mashed Potatoes & Gravy Green Beans Fruit Cocktail WW Roll Cereal Bars	18 Scrambled Eggs Bacon Hash Brown Potatoes Fruit or V-8 Juice Fresh Fruit Waffles	19 Sweet & Sour Chicken Steamed Rice Asian Style Veggies Asian Style Salad Pineapple Egg Roll Dessert	20
23	24 Clam Chowder Tuna Sandwich Garden Salad Pineapple Dessert	25 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	26 Pork Chops Scalloped Potatoes Spiced Salad Fresh Fruit WW Roll Cereal Bars	27
30	<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</div>			

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ENTIAT

PLEASE CALL 509-888-4440 TO RESERVE MEALS
509-470-0522 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Meatballs Mashed Potatoes / Gravy Greek Salad Banana WW Roll Apple Oatmeal Bars	3	4	5 Chicken Parmesan Pasta & Sauce Green Beans Cuke / Tomato Salad Apricots Dessert	6
9 Chicken Enchiladas Spanish Rice Baja Veggie Blend Cuke / Tomato Salad Pears Dessert	10	11	12 Chicken Strips Jo Jo's Broccoli Salad Strawberry Shortcake	13
16 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries Dessert	17	18	19 Biscuits & Gravy Scrambled Eggs Potatoes O'Brien Juice Tropical Fruit Pastry	20
23 Hungarian Goulash Green Beans Caesar Salad Pears Dessert	24	25	26 Baked Ham Au Gratin Potatoes Mixed Greens Salad Applesauce WW Roll Bread Pudding	27
30 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</div>			

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GRAND COULEE

PLEASE CALL 509-633-2321 TO RESERVE MEALS

509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Ham Scrambler Country Potatoes Juice Fruit Bowl Toast	3 Beef Stroganoff Green Beans Salad Bar Fruit Bar Dessert	4 Country Fried Steak Mashed Potatoes/Gravy California Veggies Applesauce WW Roll Cook's Choice	5 Sweet & Sour Pork Steamed Rice Asian Vegetables Coleslaw Pineapple Egg Roll Dessert	6 Bacon & Eggs Hash Browns Juice Fruit Bowl Toast
9 Sausage Patty Scrambled Eggs Blueberry Pancakes Fruit Bowl Juice	10 Hawaiian Chicken Burger Potato Salad Sweet Slaw Pears Dessert	11 Stuffed Lasagna Salad Bar Fruit Bar Breadstick Dessert	12 All American Hot Dog Coleslaw Three Bean Salad Watermelon Dessert	13 Biscuits & Sausage Gravy Eggs Your Way Hash Browns Fruit Bowl Juice
16 Breakfast Sandwich Hash Browns Fruit Bowl Juice	17 Fish & Chips Coleslaw Applesauce Garlic Bread Dessert	18 Taco's Hard or Soft Salad Bar Fruit Bar Cook's Choice	19 Chicken & Dumplings Peas & Carrots Tossed Green Salad Mixed Fruit WW Roll Dessert	20 Country Scramble Hash Browns Fruit Bowl Juice Toast
23 German Sausage Scrambled Eggs Waffles Fruit Bowl Juice	24 Hamburger Steak Mashed Potatoes/Gravy Corn & Carrots Berry Sauce Garlic Bread Cook's Choice	25 Dr. Pepper Chicken Au Gratin Potatoes Mixed Greens Salad Fruit Bar WW Roll Cook's Choice	26 Chicken, Bacon Caesar Wrap Veggie Pasta Salad Sliced Fruit Dessert	27 Meat & Cheese Omelet Hash Browns Fruit Bowl Juice Toast
30 Scrambled Eggs Ham Slices Hash Browns Juice Fruit Bowl Toast		<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$10.00</div>		

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ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Tuna Casserole Peas & Carrots Garden Salad Tropical Fruit Dessert	3	4 Baked Ham Mashed Potatoes & Gravy Mixed Greens Salad Peaches Bread Pudding	5 Hot Dog Coleslaw Three Bean Salad Fruit Salad Dessert	6
9 Mac & Cheese with Ham Glazed Carrots Tossed Green Salad Mixed Berries Dessert	10	11 BBQ Chicken Potato Salad Veggie Tray Fresh Fruit WW Roll Rice Krispies Treats	12 Salisbury Steak Mashed Potatoes & Gravy Green Beans Fruit Cocktail WW Roll Dessert	13
16 Cheeseburger Deluxe Sweet Potato Waffle Fries Apple Slices Dessert	17	18 Chicken Caesar Salad Tortellini Soup Apples & Grapes Dessert	19 Roast Beef Mashed Potatoes & Gravy Normandy Veggies WW Roll Strawberry Shortcake	20
23 Chef's Salad Fresh Fruit WW Roll Dessert	24	25 Meatballs Mashed Potatoes & Gravy Greek Salad Banana WW Roll Apple Oatmeal Bars	26 Baked Fish Fillet Pesto Pasta Chalet Vegetables Blend Spiced Salad Chilled Pears Dessert	27
30 Philly Steak Sandwich Jo Jo's Chopped Salad Apricots Dessert		<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</div>		

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OKANOGAN / OMAK

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

OKANOGAN	OMAK	OKANOGAN	OKANOGAN 9am	OMAK
2 French Dip Sandwich Pea Salad Garden Salad Watermelon Dessert	3 Chef's Salad Fresh Fruit WW Roll Dessert	4 BBQ Chicken Potato Salad Veggie Tray Fresh Fruit WW Roll Rice Krispies Treats	5 <i>No Home Delivery</i> Breakfast Burrito Cas- serole Juice Diced Peaches	6 Clam Chowder Tuna Sandwich Garden Salad Pineapple Dessert
9 Hamburger Steak with Grilled onions Mashed Potatoes Chopped Salad Bananas & Strawberries Garlic Bread Oatmeal Cookie	10 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries Dessert	11 Sweet & Sour Chicken Steamed Rice Asian Style Veggies Asian Salad Pineapple Egg Roll Dessert	12 <i>No Home Delivery</i> Biscuits & Gravy Scrambled Eggs Hash Browns Juice Orange Wedges Strawberry Tart	13 Roast Beef Mashed Potatoes/ Gravy Green Beans WW Roll Berry Shortcake
16 Meatballs Mashed Potatoes/Gravy Greek Salad Banana WW Roll Apple Oatmeal Bars	17 Pulled Pork Sandwich Potato Salad Coleslaw Watermelon Dessert	18 Chicken Cordon Bleu Rice pilaf Peas & Carrots Tossed Green Salad Chilled Pears Dessert	19 <i>No Home Delivery</i> French Toast Casse- role with Apples and Blueberry Syrup Hash Browns Juice Banana	20 Lemon Pepper Baked Fish Pesto Pasta Chalet Veggie Blend Spiced Salad Chilled Peaches Dessert
23 Country Fried Steak Mashed Potatoes / Gra- vy Green Beans Waldorf Salad WW Roll Dessert	24 Hot Dog Coleslaw Three Bean Salad Fruit Salad Dessert	25 Chicken Strips Jo Jo's Broccoli Salad Strawberry Shortcake	26 <i>No Home Delivery</i> Cheesy Scrambled Eggs Bacon Potatoes O'Brien Juice Grapes Banana Muffin	27 Tuna Casserole Peas & Carrots Garden Salad Tropical Fruit Dessert
30 Taco Salad Spanish Rice Coleslaw Tropical Fruit Tortilla Chips Dessert		<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>		

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OROVILLE

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	CLOSED	THURSDAY	FRIDAY
2 Tuna Casserole Peas & Carrots Garden Salad Tropical Fruit Dessert	3 Stuffed Pepper Casserole Chopped Salad Chilled Pears WW Roll Dessert	4	5 BBQ Chicken Potato Salad Veggie Tray Fresh Fruit WW Roll Rice Krispies Treats	6 Roast Beef Mashed Potatoes Normandy Veggies WW Roll Cherry Crisp
9 Mac & Cheese with Bacon Peas & Carrots Tossed Green Salad Mixed Berries Dessert	10 Hot Dog Coleslaw Three Bean Salad Frit Salad Dessert	11	12 Country Fried Steak Mashed Potatoes/Gravy Green Beans Waldorf Salad WW Roll Dessert	13 Baked Salmon Pesto Pasta Key West Veggies Spiced Salad Chilled Peaches Dessert
16 Sweet & Sour Chicken Steamed Rice Asian Style Veggies Asian Salad Pineapple Egg Roll Dessert	17 Cheeseburger Deluxe Sweet Potato Waffle Fries Apple Celery Salad Dessert	18	19 Pulled Pork Sandwich Potato Salad Coleslaw Watermelon Dessert	20 Clam Chowder Tuna Sandwich Garden Salad Pineapple Dessert
23 BBQ Meatballs Mac & Cheese Green Beans Greek Salad Banana Apple Oat Bars	24 Pork Chops Scalloped Potatoes Spiced Salad Fresh Fruit Tray WW Roll Cereal Bars	25	26 Chicken Strips Jo Jo's Broccoli Salad Strawberry Shortcake	27 Ham Sandwich Deluxe Loaded Potato Soup Waldorf Salad Grapes Dessert
30 Philly Steak Sandwich Jo Jo's Chopped Salad Fresh Fruit Dessert	<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>			

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TONASKET

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY—CLOSED

<p>2</p> <p>Chicken Enchiladas Spanish Rice Baja Veggie Blend Cuke & Tomato Salad Pears Dessert</p>	<p>3</p> <p>Lemon Pepper Fish Pesto Pasta Chalet Veggie Blend Spring Salad Chilled Peaches Dessert</p>	<p>4</p> <p>Chef's Salad Fresh Fruit WW Roll Dessert</p>	<p>5</p> <p>French Dip Pea Salad Garden Salad Watermelon Dessert</p>	<p>6</p>
<p>9</p> <p>Chicken Parmesan Pasta Marinara Green Beans Spiced Salad Apricots Dessert</p>	<p>10</p> <p>Scrambled Eggs Bacon Hash Brown Potatoes Fruit or V-8 Juice Fresh Fruit Waffles</p>	<p>11</p> <p>Philly Steak Sandwich Jo Jo's Chopped Salad Fresh Fruit Dessert</p>	<p>12</p> <p>Hot Dog Coleslaw Three Bean Salad Fruit Salad Dessert</p>	<p>13</p>
<p>16</p> <p>Clam Chowder Tuna Sandwich Garden Salad Pineapple Dessert</p>	<p>17</p> <p>Hungarian Goulash Green Beans Caesar Salad Pears Garlic Bread Dessert</p>	<p>18</p> <p>Crunchy Chicken Salad Pasta Salad Pickled Beets Strawberries and Angel Food Cake</p>	<p>19</p> <p>Pulled Pork Sandwich Potato Salad Coleslaw Watermelon Dessert</p>	<p>20</p>
<p>23</p> <p>Taco Salad Spanish Rice Coleslaw Tropical Fruit Tortilla Chips Dessert</p>	<p>24</p> <p>Meatballs Mashed Potatoes & Gravy Greek Salad Banana WW Roll Apple Oatmeal Bars</p>	<p>25</p> <p>Rueben Sandwich Potato Salad Cucumber Slices Pears Dessert</p>	<p>26</p> <p>Chicken Strops Jo Jo's Broccoli Salad Strawberry Shortcake</p>	<p>27</p>
<p>30</p> <p>Teriyaki Beef on Rice Stir Fry Veggies Spinach Salad Mandarin Oranges Egg Roll Dessert</p>				

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TWISP

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries Dessert	3	4	5 Cheeseburger Deluxe Sweet Potato Fries Apple Celery Salad Dessert	6 Lemon Pepper Fish Pesto Pasta Chalet Veggie Blend Spiced Salad Chilled Peaches Dessert
9 Stuffed Pepper Casserole Chopped Salad Chilled Pears WW Roll Dessert	10	11	12 Chicken Cordon Bleu Rice Pilaf Peas & Carrots Tossed Green Salad Chilled Pears WW Roll Dessert	13 Hamburger Steak with Grilled Onions Mashed Potatoes / Gravy Chopped Salad Bananas & Strawberries Garlic Bread Oatmeal Cookies
16 BBQ Chicken Potato Salad Veggie Tray Fresh Fruit WW Roll Rice Krispies Treats	17	18	19 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	20 Clam Chowder Tuna Sandwich Garden Salad Pineapple Dessert
23 Roast Beef Mashed Potatoes & Gravy Normandy Veggies WW Roll Berry Shortcake	24	25	26 Chicken Caesar Salad Tortellini Soup Apples & Grapes Dessert	27 Pulled Pork Sandwich Potato Salad Coleslaw Watermelon Dessert
30 Hot Dog Coleslaw Three Bean Salad Fruit Salad Dessert	<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</div>			

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WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS

509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 Stuffed Pepper Casserole Chopped Salad Chilled Pears WW Roll Dessert	4 Baked Ham Potatoes Au Gratin Mixed Greens Salad Pineapple & Cherries WW Roll Bread Pudding	5 BBQ Chicken Potato Salad Veggie Tray Fresh Fruit WW Roll Rice Krispies Bars	6 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries Dessert
9	10 Pulled Pork Sandwich Potato Salad Coleslaw Watermelon Dessert	11 Hot Dog Pea Salad Three Bean Salad Fruit Salad Dessert	12 Chicken Caesar Salad Tortellini Soup Apples & Grapes Dessert	13 Roast Beef Mashed Potatoes / Gravy Normandy Veggies WW Roll Strawberry Shortcake
16	17 French Dip Pea Salad Garden Salad Watermelon Dessert	18 Pork Chops Scalloped Potatoes Spiced Salad Fresh Fruit Tray WW Roll Cereal Bar	19 Taco Salad Spanish Rice Coleslaw Tropical Fruit Tortilla Chips Dessert	20 Hamburger Steak with Grilled Onions Mashed Potatoes Chopped Salad Bananas & Strawberries Garlic Bread Oatmeal Cookies
23	24 Meatballs Mashed Potatoes Greek Salad Banana WW Roll Apple Oatmeal Bars	25 Biscuits & Gravy Scrambled Eggs Potatoes O'Brien Tropical Fruit Juice Pastry	26 Clam Chowder Tuna Sandwich Garden Salad Pineapple Dessert	27 Chef's Salad Fresh Fruit WW Roll Dessert
30		<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>		

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