



DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00			1 Pork Roast Stuffing & Gravy Roasted Fall Veggies Spinach Salad Applesauce Dessert	2
5	6 Yankee Pot Roast Roast Potatoes & Carrots Green Beans Mixed Fruit WW Roll Cereal Bar	7 Chicken Fried Steak Mashed Potatoes / Gravy Trio Veggies Lettuce & Tomato Salad Cherry Crisp	8 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert	9
12	13 Teriyaki Beef over Rice Garlic Green Beans Green Salad Pineapple Dessert	14 Beef Stew Tossed Salad Orange Quarters Biscuit Dessert	15 Pork Chops Scalloped Potatoes Green Salad Applesauce WW Roll Dessert	16
19	20 Meatloaf Mashed Potatoes / Gravy Green Beans WW Roll Pear Crisp	21 Beef Stroganoff Steamed Carrots Tossed Green Salad Mixed Berries Dessert	22 Hearty Veggie Beef Soup Tossed Salad Apple Wedges WW Roll Oatmeal Cookie	23
26	27 Sweet & Sour Pork served over Noodles Stir Fry Vegetables Asian Style Slaw Pineapple Dessert	28 Lemon Baked Fish Garlic Pasta Glazed Carrots Spring Salad Peaches Dessert	29 Garden Chili Tossed Salad Mozzarella Breadsticks Sliced Pears Dessert	30

Visit our website at www.octn.org . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

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ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00			1 Cabbage Patch Stew Spiced Salad Apple Slices Cornbread Dessert	2
5 Chicken Fettuccine Zucchini Tomato Bake Caesar Salad Apple Slices Dessert	6	7 Yankee Pot Roast Potatoes & Carrots Green Beans Mixed Fruit WW Roll Cereal Bar	8 Lemon Baked Fish Fillet Garlic Pasta Glazed Carrots Spring Salad Peaches Dessert	9
12 Chili with Cheese Baked Potato Tossed Salad Mixed Melons Cornbread	13	14 Sweet & Sour Pork served Over Noodles Stir Fry Vegetables Asian Style Slaw Pineapple Dessert	15 BBQ Chicken Macaroni Salad Mixed Greens Salad Mixed Berries Ice Cream	16
19 Hearty Veggie Beef Soup Cottage Cheese Tossed Green Salad Apple Wedges WW Roll Oatmeal Cookie	20	21 Wild Rice & Ham Casserole Green Beans Spinach Salad Orange Quarters WW Roll Dessert	22 Meatloaf Mashed Potatoes & Gravy Tossed Salad WW Roll Pear Crisp	23
26 Deluxe Turkey Sandwich Split Pea Soup Cucumber Salad Fruited Jell-O	27	28 Honey Mustard Chicken Wild Rice Key West Veggies Mixed Greens Salad Tropical Fruit WW Roll	29 Beef Stew Tossed Salad Orange Quarters Biscuit Cookie	30

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