



# DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS  
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</div>			1 	2
5	6 Corn Chowder BLT Sandwich Spinach Salad Pineapple Dessert	7 Kielbasa with Peppers and Onions Roasted Peppers Cucumber Salad Waldorf Salad Biscuit Cereal Bar	8 Oven Fried Chicken Twice Bake Style Potato Buttered Corn Tossed Salad Orange Quarters WW Roll Dessert	9
12	13 Salisbury Steak Mashed Potatoes / Gravy Green Beans Mixed Greens Salad WW Roll Peach Cobbler	14 Pork Chops Stuffing & Gravy Roasted Brussels Sprouts Carrot Raisin Salad Applesauce Dessert	15 Pot Roast Roasted Potatoes & Carrots Tossed Green Salad Peaches WW Roll Oatmeal Cookies	166
19  shutterstock - 356091257	20 BBQ Country Ribs Mac & Cheese Green Beans Pea Salad Apple Slices Dessert	21 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert	22 Country Fried Steak Mashed Potatoes & Gravy Trio Vegetables Orange Quarters Biscuit Dessert	23
26	27	28	29	30

Visit our website at [www.octn.org](http://www.octn.org) . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

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# 2026 January

## ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS  
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Suggested donation for seniors over age 60 is \$5.00  
FEE for persons under age 60 is \$12.00

1



2

5  
Meatloaf  
Mashed Potatoes & Gravy  
Buttered Corn  
Green Salad  
Apricots  
WW Roll  
Dessert

6

7  
Chicken & Wild Rice Bake  
Beets  
Coleslaw  
Tropical Fruit  
WW Roll  
Dessert

8  
Kielbasa w/ Peppers & Onions  
Roasted Potatoes  
Cucumber Salad  
Apple Slices  
Biscuit  
Cereal Bars

9


12  
Corn Chowder  
BLT Sandwich  
Spinach Salad  
Banana  
Dessert

13

14  
Oven Fried Chicken  
Twice Bake Potato Casserole  
Buttered Corn  
Spiced Salad  
Orange Quarters  
WW Roll  
Dessert

15  
Biscuits & Gravy  
Scrambled Eggs  
Hash Brown Potatoes  
Stewed Tomatoes  
Fresh Fruit  
Muffin

16

19  
  
shutterstock · 356091257

20

21  
Lasagna w/Meat Sauce  
Caesar Salad  
Chilled Pears  
Dessert

22  
Cheeseburger Deluxe  
Sweet Potato Waffle Fries  
Coleslaw  
Peaches  
Dessert

23

26  
Fish Sandwich  
Jo Jo's  
Veggie Tray  
Fresh Fruit  
Dessert

27

28  
Tuna Noodle Casserole  
Peas & Carrots  
Tossed Salad  
Apricots  
Dessert

29  
Country Fried Steak  
Mashed Potatoes & Gravy  
Garlic Green Beans  
Fruit Juice  
Biscuit  
Dessert

30

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OCTN MISSION  
NUTRITION!





# WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS  
509-826-7979 FOR HOME DELIVERED MEALS



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p>			<p>1</p> 	<p>2</p> <p>Ham &amp; Potato Soup Pea Salad Chilled Pears Whole Grain Crackers Dessert</p>
<p>5</p>	<p>6</p> <p>Meatloaf Mashed Potatoes / Gravy Buttered Corn Green Salad Peaches WW Roll Dessert</p>	<p>7</p> <p>Kielbasa with Peppers and Onions Roasted Potatoes Cucumber Salad Waldorf Salad Biscuit Cereal Bars</p>	<p>8</p> <p>Clam Chowder Tuna Salad Sandwich Coleslaw Tropical Fruit Dessert</p>	<p>9</p> <p>Chicken Noodle Soup Cottage Cheese V-8 or Fruit Juice Peaches WW Breadsticks Dessert</p>
<p>12</p>	<p>13</p> <p>Cheeseburger Deluxe Sweet Potato Waffle Fries Coleslaw Orange Quarters Dessert</p>	<p>14</p> <p>Pork Chops Stuffing &amp; Gravy Roasted Brussels Sprouts Carrot Raisin Salad Applesauce Dessert</p>	<p>15</p> <p>Spaghetti &amp; Meat Sauce Caesar Salad Peaches Garlic Bread Dessert</p>	<p>16</p> <p>Chili—with cheese, onions and Sour Cream Tossed Salad Mandarin Oranges Cornbread Dessert</p>
<p>19</p>  <p>shutterstock · 356091257</p>	<p>20</p> <p>Country Fried Steak Mashed Potatoes / Gravy Garlic Green Beans Tropical Fruit Biscuit Dessert</p>	<p>21</p> <p>French Dip Sandwich Jo Jo's Pickled Beets Waldorf Salad Dessert</p>	<p>22</p> <p>Chili Stuffed Baked Potato Tossed Green Salad Apricots Cornbread Dessert</p>	<p>23</p> <p>Chicken Corn Chowder Cottage Cheese V-8 or Fruit Juice Pineapple Chunks Biscuits Dessert</p>
<p>26</p>	<p>27</p> <p>Baked Fish Fillet Wild Rice Key West Veggies Coleslaw Orange Quarters WW Roll Dessert</p>	<p>28</p> <p>Salisbury Steak &amp; Gravy Mashed Potatoes Steamed Carrots Mixed Greens Salad WW Roll Peach Cobbler</p>	<p>29</p> <p>Baked Ham Potatoes Au Gratin Trio Veggies Apple Wedges WW Roll Dessert</p>	<p>30</p> <p>Beef Stew V-8 or Fruit Juice Cosmic Crisp Apples WW Breadsticks Dessert</p>

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