

DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS 509-826-7979 FOR HOME DELIVERED MEALS

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--------------------------|--|---|---|-------------------------------|
| | | | | |
| Suggested donation for s | eniors over age 60 is \$5.00 | | | |
| FEE for persons under ag | e 60 is \$12.00 | | | |
| | | | | |
| 3 | 4 Pot Roast Roasted Potatoes & Carrots Chuck Wagon Corn Mixed Greens Salad Waldorf Salad WW Roll Dessert | 5 BBQ Chicken Mac & Cheese Green Beans Tossed Salad Mixed Fresh Fruit Dessert | 6 Swiss Steak w/ Tomato Sauce Garlic & Red Pepper Penne Pasta California Blend Veggies Caesar Salad Fresh Fruit Dessert | 7 |
| 10 | CLOSED FOR VETERAN'S DAY HOLIDAY | Sloppy Joe Sandwich Jo Jo's Coleslaw Fruit Salad Dessert | 13 Meatloaf Mashed Potatoes & Gravy Trio Veg w/ Corn Spiced Salad Chilled Pears WW Roll Dessert | 14 |
| 17 | 18 Deluxe Ham Sandwich Potato Soup Pea Salad Fresh Fruit Tray Dessert | 19 Swedish Meatballs Egg Noodles Glazed Carrots Caesar Salad Cherries & Pineapple Dessert | 20 Roast Turkey & Gravy Mashed Potatoes Stuffing Green Bean Casserole Green Salad Cranberry Salad Pumpkin Pie | 21 |
| 24 | 25 Oven Fried Chicken Mashed Potatoes & Gravy Green Beans Grapes Dessert | 26 Pepper Steak Rice Tossed Vegetable Salad Mandarin Oranges Egg Roll Dessert | 27 CLOSED FOR THANKSGIVING DAY HOLIDAY | CLOSED FOR FAMILY DAY HOLIDAY |

Visit our website at www.octn.org . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840





Call 509-826-7979 for information on Meals on Wheels



ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS 509-826-7979 FOR HOME DELIVERED MEALS

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|----------------------------------|
| Suggested donation for sen \$5.00 FEE for persons under age 6 | | | | |
| 3 BBQ Chicken Mac & Cheese Green Beans Tossed Salad Mixed Fresh Fruit Dessert | 4 | 5 Swiss Steak w/ Tomato Sauce Garlic & Red Pepper Penne Pasta California Blend Veggies Mandarin Oranges Dessert | 6 Ham & Potato Casserole Green Beans WW Roll Apple Crisp | 7 |
| 10 Stuffed Pepper Soup Cheese Platter Tossed Salad Pears Corn Bread Dessert | 11 CLOSED FOR VETERAN'S DAY HOLIDAY | 12 Chicken Cordon Bleu Rosemary Potatoes Broccoli Salad Tropical Fruit WW Roll Dessert | 13 Split Pea & Ham Soup Deluxe Turkey Sandwich Fruit Juice Dessert | 14 |
| 17 Meatloaf Mashed Potatoes & Gravy Beets Spiced Salad Chilled Pears WW Roll Dessert | 18 | 19 Tuna & Rice Bake California blend Veggies Greek Salad Peaches Garlic Bread Dessert | 20 Fish Sandwich w/ Lettuce & Tomato Potato Wedges Coleslaw Fruit Juice Dessert | 21 |
| 24 Breakfast Sandwich Bacon, Egg, & Cheese Home Fries Fruit or V-8 Juice Fresh Fruit Tray Dessert | 25 | 26 Roast Turkey & Gravy Mashed Potatoes Stuffing Green Bean Casserole Green Salad Fruit Salad Pumpkin Pie | 27 CLOSED FOR THANKSGIVING DAY HOLIDAY | 28 CLOSED FOR FAMILY DAY HOLIDAY |

Visit our website at www.octn.org . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840





Call 509-826-7979 for information on Meals on Wheels



WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS 509-826-7979 FOR HOME DELIVERED MEALS

| TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--|
| for seniors over age 60 is \$5.00 | | | |
| er age 60 is \$12.00 | | | |
| | | | |
| 4 BBQ Chicken Mac & Cheese Green Beans Tossed Salad Fresh Fruit Dessert | 5 Hamburger Steak Mashed Potatoes / Gravy Buttered Corn Garden Salad Apple Crisp | 6 Split Pea & Ham Soup Deluxe Turkey Sandwich Orange Quarters Dessert | 7 Sloppy Joe Sandwich Jo Jo's Coleslaw Fruit Salad Dessert |
| 11 CLOSED FOR VETERAN'S DAY HOLIDAY | 12 Salisbury Steak with Mush- room Gravy Mashed Potatoes Green Beans WW Roll Berry Crisp | 13 Breakfast Sandwich with Bacon, Egg & Cheese Country Potatoes Fruit or V-8 Juice Fresh Fruit Pastry | 14 Tuna & Rice Bake California Blend Veggies Greek Salad Peaches Garlic Bread Dessert |
| 18 Chili Stuffed Baked Potato Mixed Greens Salad Chilled Pears Cornbread Dessert | 19 Country Fried Steak Mashed Potatoes /Gravy Buttered Corn Garden Salad Chilled Peaches WW Roll Dessert | 20 Bacon & Egg Salad Sandwich on Croissant Tomato Basil Soup Spinach Salad Apple Wedges Dessert | 21 Roast Turkey Mashed Potatoes / Gravy Broccoli Salad Cranberry Sauce Dinner Roll Pumpkin Pie |
| 25 French Dip Sandwich Jo Jo's Tossed Salad Banana Dessert | 26 Biscuits & Gravy Scrambled Eggs Oven Browned Potatoes V-8 or Fruit Juice Orange Quarters Sherbet | 27 CLOSED FOR THANKSGIVING DAY HOLIDAY | 28 CLOSED FOR FAMILY DAY HOLIDAY |
| | for seniors over age 60 is \$5.00 er age 60 is \$12.00 4 BBQ Chicken Mac & Cheese Green Beans Tossed Salad Fresh Fruit Dessert 11 CLOSED FOR VETERAN'S DAY HOLIDAY 18 Chili Stuffed Baked Potato Mixed Greens Salad Chilled Pears Cornbread Dessert 25 French Dip Sandwich Jo Jo's Tossed Salad Banana | for seniors over age 60 is \$5.00 er age 60 is \$12.00 4 BBQ Chicken Mac & Cheese Green Beans Tossed Salad Fresh Fruit Dessert 11 CLOSED FOR VETERAN'S DAY HOLIDAY HOLIDAY HOLIDAY 12 Salisbury Steak with Mushroom Gravy Mashed Potatoes Green Beans WW Roll Berry Crisp 18 Chili Stuffed Baked Potato Mixed Greens Salad Chilled Pears Cornbread Dessert 19 Country Fried Steak Mashed Potatoes /Gravy Buttered Corn Garden Salad Chilled Pears Cornbread Dessert 25 French Dip Sandwich Jo Jo's Tossed Salad Banana Dessert 26 French Dip Sandwich Jo Jo's Tossed Salad Banana Dessert 7 Biscuits & Gravy Scrambled Eggs Oven Browned Potatoes V-8 or Fruit Juice Orange Quarters | for seniors over age 60 is \$5.00 at age 60 is \$12.00 4 BBQ Chicken Mac & Cheese Green Beans Tossed Salad Fresh Fruit Dessert 11 CLOSED FOR VETRAN'S DAY HOLIDAY Mashed Potatoes Green Beans Green Beans Holiday Mashed Potatoes Green Beans Holiday Hol |

For information about Home Delivered Meals call 509-826-7979.

You can visit our website at www.octn.org and follow us on Facebook!

Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

