

BREWSTER - BRIDGEPORT—PATEROS

HOME DELIVERED CLIENTS: 509-826-7979 TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested donation for	or seniors over age 60 is \$5.00			
FEE for persons under	r age 60 is \$12.00			
3	4 Ham Au Gratin Potatoes Green Beans Pineapple WW Roll Oatmeal Cookies	5 Beef & Broccoli Stir Fry Rice Asian Coleslaw Tropical Fruit Egg Roll Dessert	6	7 Fish Sandwich (Lettuce & Tomato) Potato Wedges Coleslaw Chilled Pears Dessert
10	11 CLOSED FOR VETERAN'S DAY HOLIDAY	12 Scrambled Eggs w/ Ham & Cheese Hash Browns V-8 or Fruit Juice Banana Waffle Muffin	13	14 Veggie Lasagna Caesar Salad Apricots Garlic Bread Dessert
17	18 Swedish Meatballs w/ Egg Noodles Glazed Carrots Caesar Salad Cherries & Pineapple Dessert	19 Cheese Stuffed Shells w/ Marinara Sauce Normandy Veggies Spinach Salad Waldorf Salad Breadstick Dessert	20	21 Meatloaf Mashed Potatoes & Gravy Trio Veg w/ Corn Spiced Salad Chilled Pears WW Roll Dessert
24	25 French Dip Sandwich Jo Jo's Tossed Salad Banana Dessert	26 Roast Turkey Mashed Potatoes & Gravy Green Beans Broccoli Salad Cranberry Sauce WW Roll Pumpkin Pie	CLOSED FOR THANKSGIVING HOLIDAY	CLOSED FOR FAMILY DAY

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OKANOGAN / OMAK

HOME DELIVERED CLIENTS: 509-826-7979 TO CHANGE OR CANCEL MEALS

OKANOGAN	OMAK	OKANOGAN	OKANOGAN 9am	ОМАК
Suggested donation for so	eniors over age 60 is \$5.00 e 60 is \$12.00			
3 Meatloaf Mashed Potatoes / Gravy Trio Veggies Spiced Salad Chilled Pears WW Roll Dessert	4 Veggie Lasagna Caesar Salad Apricots Dessert	5 Deluxe Ham Sandwich Potato Soup Pea Salad Fresh Fruit Tray Dessert	6 Breakfast Sandwich Sausage, Egg Cheese Potatoes O'Brien Juice Mixed Berry Tart	7 Sloppy Joe Sandwich Jo Jo's Coleslaw Tropical Fruit Dessert
10 Pot Roast Potatoes & Carrots Chuck Wagon Corn Mixed Greens Salad Waldorf Salad WW Roll Dessert	11 CLOSED FOR VETERAN'S DAY HOLIDAY	12 Shrimp Fettuccine Buttered Peas Caesar Salad Chilled Peaches Dessert	13 Biscuits & Gravy Scrambled Eggs Country Potatoes Juice Blueberry Parfait	14 Baked Fish Fillet Wild Rice Caribbean Veggies Spinach Salad WW Roll Berry & Pudding Parfait
17 Shepherd's Pie Caesar Salad Pears WW roll Dessert	18 Parmesan Chicken Pasta Marinara California Vegetables Green Salad Fruit Cocktail Dessert	19 Fish Sandwich Deluxe Potato Wedges Coleslaw Chilled Pears Dessert	20 Hamburger Steal Scrambled Eggs Hash Browns Juice Fruit Waffle Raspberry Muffin	21 Pepper Steak Rice Tossed Salad Mandarin Oranges Egg Roll Dessert
24 Cheese Stuffed Shells Venetian Veggies Spinach Salad Waldorf Salad Dessert	25 Roast Turkey Mashed Potatoes / Gravy Green Beans Broccoli Salad Cranberry Sauce Pumpkin Pie	26 French Dip Sandwich Jo Jo's Tossed Salad Banana Dessert	CLOSED FOR THANKSGIVING HOLIDAY	CLOSED FOR FAMILY DAY OCTN MISSION NUTRITION

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OROVILLE

HOME DELIVERED CLIENTS: 509-826-7979 TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	CLOSED	THURSDAY	FRIDAY
Suggested donation for se	eniors over age 60 is \$5.00 e 60 is \$12.00			
3 Shrimp Fettuccine Buttered Peas Caesar Salad Chilled Peaches Dessert	4 Stuffed Pepper Soup Cottage Cheese or String Cheese Tossed Salad Pears Cornbread Dessert	5	6 Swedish Meatballs w/ Egg Noodles Glazed Carrots Caesar Salad Cherries & Pineapple Dessert	7 Baked Fish Fillet Wild Rice Caribbean Veggies Spinach Salad WW Roll Pudding/Berry Parfait
10 Parmesan Chicken Pasta Marinara California Blend Vegetables Green Salad Fruit Cocktail Dessert	CLOSED FOR VETERAN'S DAY HOLIDAY	12	13 Sloppy Joe Sandwich Jo Jo's Coleslaw Banana Dessert	14 Pot Roast & Gravy Roasted Potatoes & Carrots Chuck Wagon Corn Mixed Greens Salad Waldorf Salad WW Roll Dessert
17 Biscuits & Gravy Scrambled Eggs Oven Browned Potatoes V-8 or Fruit Juice Orange Quarters Dessert	18 Spaghetti w/ Meat Sauce Caesar Salad Apricots Garlic Bread Dessert	19	20 Bacon & Egg Salad Sandwich Tomato Basil Soup Spinach Salad Apple Wedges Dessert	21 Fish Sandwich (Lettuce & Tomato) Potato Wedges Coleslaw Chilled Pears Dessert
24 BBQ Chicken Mac & Cheese Green Beans Tossed Salad Mixed Fresh Fruit Dessert	25 Hot Turkey Sandwich Mashed Potatoes & Gravy Green Beans Green Salad Cranberry Salad Pumpkin Pie	26	CLOSED FOR THANKSGIVING HOLIDAY	CLOSED FOR FAMILY DAY

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TONASKET

HOME DELIVERED CLIENTS: 509-826-7979 TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY—CLOSED
Suggested donation for so	eniors over age 60 is \$5.00 e 60 is \$12.00			
3 Swedish Meatballs Egg Noodles Glazed Carrots Caesar Salad Cherries & Pineapple Dessert	4 Chicken & Wild Rice Soup Tossed Salad Cucumber Slices Tropical Fruit Mozzarella Breadstick Dessert	5 Veggie Lasagna Caesar Salad Apricots Garlic Bread Dessert	6 Fish Sandwich Potato Wedges Coleslaw Chilled Pears Dessert	7
10 Oven Fried Chicken Mashed Potatoes / Gravy Green Beans Grapes WW Roll Dessert	11 CLOSED FOR VETERAN'S DAY HOLIDAY	12 Pepper Steak Rice Tossed Salad Mandarin Oranges Egg Roll Dessert	13 Chicken Cordon Bleu Rosemary Potatoes Broccoli Salad Tropical Fruit WW Roll Dessert	14
17 Biscuits & Gravy Scrambled Eggs Oven Brown Potatoes V-8 or Fruit Juice Orange Quarters Dessert	18 Deluxe Turkey Sandwich Vegetable Soup Tossed Salad Mixed Berries Dessert	19 Beef Tacos Southwest Salad Cinnamon Pears Dessert	20 Cheese Stuffed Shells with Marinara Sauce Venetian Veggies Spinach Salad Waldorf Salad Dessert	21
24 Parmesan Chicken Pasta Marinara California Veggies Caesar Salad Fruit Cocktail Dessert	25 Country Fried Steak Mashed Potatoes / Gravy Buttered Corn Garden Salad Chilled Peaches Dessert	26 Roast Turkey & Gravy Mashed Potatoes Stuffing Tossed Salad Waldorf Salad Pumpkin Pie	27 CLOSED FOR THANKSGIVING DAY HOLIDAY	CLOSED FOR FAMILY DAY HOLIDAY

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TWISP

HOME DELIVERED CLIENTS: 509-826-7979 TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested donation for se	niors over age 60 is \$5.00 60 is \$12.00			
3 Shepard's Pie Caesar Salad Cinnamon Pears WW Roll Dessert	4	5	6 Chili Stuffed Baked Potato Mixed Greens Salad Chilled Pears Tortilla Chips Dessert	7 Baked Fish Fillet Wild Rice Caribbean Veggies Spinach Salad WW Roll Dessert
10 Hamburger Steak Mashed Potatoes & Gravy Buttered Corn Garden Salad Apple Crisp	11 CLOSED FOR VETERAN'S DAY HOLIDAY	12	13 Oven Fried Chicken Mashed Potatoes & Gravy Green Beans Grapes WW Roll Dessert	14 Split Pea & Ham Soup Turkey Sandwich Lettuce & Tomato Orange Quarters Dessert
17 Chicken Cordon Bleu Rosemary Potatoes Broccoli Salad Tropical Fruit WW Roll Dessert	18	19	20 Tuna Rice Bake California Blend Veggies Greek Salad Peaches Garlic Bread Dessert	21 Sloppy joe Sandwich Jo Jo's Coleslaw Fruit Salad Dessert
24 Roast Turkey Mashed Potatoes & Gravy Green Beans Broccoli Salad Cranberry Sauce WW Roll Pumpkin Pie	25	26	27 CLOSED FOR THANKSGIVING DAY HOLIDAY	CLOSED FOR FAMILY DAY HOLIDAY

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