














Senior Meals

Brewster-Bridgeport-Pateros

December 2018



Monday	Tuesday	Wednesday	Thursday	Friday
3 	4 French Dip Vegetable Tray Garden Salad Peaches Dessert	5 Macaroni & Cheese with Ham or Bacon Peas Tossed Green Salad Mixed Berries Muffin Dessert	6 Hearty Turkey Noodle Soup Tossed Veggie Salad Fresh Fruit Tray WW Roll Dessert	7 
10 	11 Baked Ham Scalloped Potatoes Glazed Carrots Chopped Kale Salad Pineapple & Cherries Bread Pudding	12 Lasagna Mixed Vegetables Caesar Salad Peas Bread Sticks Dessert	13 Baked Fish with Lemon Pepper Seasoning Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert	14 
17 	18 Tuna Casserole Peas & Carrots Spinach Salad Tropical Fruit WW Bread or Roll Dessert	19 Chef Salad Potato Soup Apple Slices WW Roll Dessert	20 Meatloaf & Gravy Mashed Potatoes Green Beans Garden Salad WW Bread or Roll Fruited Jell-O	21 
24 	25 	26 Chicken Fettuccine Italian Vegetables Caesar Salad Mandarin Oranges Bread Sticks Carrot Cake	27 Harvest Stew Coleslaw Peaches WW Bread Dessert	28 
31 	<div>  <div> <p>Seniors Age 60 & over—suggested donation \$4.00</p> <p>Under age 60—\$8.50 FEE</p> <p>Please call the Site Director for more information about the Home Delivered Meal program at 689-2815</p> </div> </div>			



Chelan Senior Meals

December 2018



Monday	Tuesday	Wednesday	Thursday	Friday-Manson
<p>3</p> <p>Hearty Turkey and Noodle Soup Cottage Cheese Tossed Veggie Salad Fresh Fruit Tray WW Roll Dessert</p>	<p>4</p> <p>Beef & Cheese Enchiladas Spanish Rice Baja Vegetable Blend Mexican Coleslaw Mandarin Oranges Dessert</p>	<p>5</p> <p>Stuffed Cabbage Rolls Trio Vegetables Three Bean Salad WW Roll Apricot Crisp</p> 	<p>6</p> <p>French Dip Vegetable Tray Garden Salad Peaches Dessert</p>	<p>7</p> <p>Chicken Cacciatore Wild Rice Blend Italian Vegetables Grapes WW Roll Dessert</p>
<p>10</p> <p>Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert</p>	<p>11</p> <p>Meatloaf & Gravy Mashed Potatoes Green Beans Garden Salad WW Bread or Roll Fruited Jell-O</p>	<p>12</p> <p>Chef Salad Potato Soup Cinnamon Apples WW Roll Dessert</p>	<p>13</p> <p>Macaroni & Cheese with Ham or Bacon Peas Tossed Green Salad Mixed Berries Muffin Dessert</p> 	<p>14</p> <p>Beef Taco Pie Spanish Rice Mexi Corn Garden Salad Spiced Apples Dessert</p>
<p>17</p> <p>Chicken Fettuccine Italian Vegetables Caesar Salad Mandarin Oranges Bread Sticks Dessert</p>	<p>18</p> <p>Harvest Stew Coleslaw Peaches WW Roll Dessert</p> 	<p>19</p> <p>Baked Ham Scalloped Potatoes Glazed Carrots Chopped Kale Salad Pineapple & Cherries Bread & Raisin Pudding</p>	<p>20</p> <p>Chicken Pot Pie Garden Salad Mixed Berries Carrot Cake</p>	<p>21</p> <p>Orange Glazed Chicken Garden Rice Stir Fry Veggies Asian Style Slaw Chilled Pineapple WW Bread or Roll Dessert</p>
<p>24 CLOSED</p> 	<p>25 CLOSED</p>	<p>26</p> <p>Lasagna Mixed Vegetables Caesar Salad Ears Garlic Bread Dessert</p>	<p>27</p> <p>Chicken Burger Deluxe Sweet Potato Fries Orange Quarters Brownies</p> 	<p>28</p> <p>French Dip Vegetable Tray Garden Salad Peaches Dessert</p>
<p>31</p> <p>Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert</p>				

**Seniors Age 60 & over—
suggested donation \$4.00**

Under age 60—\$8.50 FEE

Please call 509-470-0522 for more information about the Home Delivered Meal program.







It is very costly to the senior meal program when you do not cancel your reservations. If you know you can't make it—Please call and cancel!
Chelan 888-4440
Msndon 687-3636

24 HOURS IN ADVANCE TO RESERVE OR CANCEL



Davenport Senior Meals December 2018



Monday	Tuesday	Wednesday	Thursday	Friday
3 	4 Chef Salad Potato Soup Cinnamon Apples WW Roll Dessert	5	6 Pork Chops Mashed Potatoes & Gravy Roasted Carrots Garden Salad Applesauce Biscuit with Chives Dessert	7 Tuna Casserole Peas & Carrots Garden Salad Tropical Fruit WW Bread or Roll Dessert
10	11 Macaroni & Cheese with Ham Peas Caesar Salad Mixed Berries Muffin Dessert	12 	13 Chicken Pot Pie Garden Salad Waldorf Salad WW Roll Carrot Cake	14 Clam Chowder Cottage Cheese Green Salad V-8 Juice Tropical Fruit Blend Garlic Bread Dessert
17 	18 Country Fried Steak Potatoes & Gravy Green Beans Tossed Veggie Salad Fruit cocktail WW Bread or roll Dessert	19	20 Spaghetti with Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	21 Baked Ham Scalloped Potatoes Glazed Carrots Chopped Kale Salad Pineapple & Cherries Bread & Raisin Pudding
24 CLOSED 	25 CLOSED	26	27 Sloppy Joe Sandwich Coleslaw Apricots Dessert 	28 Hearty Turkey and Noodle Soup Tossed Veggie Salad Fresh Fruit Tray WW Roll Dessert
31 				

**Seniors Age 60 & over—suggested donation
\$4.00**

Under age 60—\$8.50 FEE

Please call the Nutrition Director for more information about
the Home Delivered Meal program toll-free 844-826-7979



Entiat Senior Meals December 2018



Monday	Tuesday	Wednesday	Thursday	Friday
3 Hearty Turkey and Noodle Soup Tossed Veggie Salad Fresh Fruit Tray WW Roll Dessert	4	5	6 French Dip Vegetable Tray Garden Salad Peaches Dessert	7 
10 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert	11 	12	13 Macaroni & Cheese with Ham or Bacon Peas Tossed Green Salad Mixed Berries Muffin Dessert	14
17 Chicken Fettuccine Italian Vegetables Caesar Salad Mandarin Oranges Bread Sticks Dessert	18	19	20 Chicken Pot Pie Garden Salad Mixed Berries Carrot Cake	21 
24 CLOSED 	25 CLOSED	26 	27 Chicken Burger Deluxe Sweet Potato Fries Orange Quarters Brownies	28
31 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert				

24 HOURS IN ADVANCE TO RESERVE OR CANCEL

It is very costly to the senior meal program when you do not cancel your reservations. If you know you can't make it—Please call and cancel!
For Chelan 888-4440 between 8am & 2 pm
For Entiat 888-0952

**Seniors Age 60 & over—suggested donation
\$4.00**

Under age 60—\$8.50 FEE






Please call 509-470-0522 for more information about the Home Delivered Meal program.



Harrington Senior Meals

December 2018



Monday	Tuesday	Wednesday	Thursday	Friday
3 Pork Chops Potatoes & Gravy Roasted Carrots Garden Salad Applesauce Biscuit with Chives Dessert	4 Clam Chowder Cottage Cheese Green Salad V-8 Juice Tropical Fruit Salad WW Bread Dessert	5 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	6	7 
10 Chicken Pot Pie Garden Salad Mixed Berries WW Roll Carrot Cake	11 1/2 Ham & Cheese Sandwich Cottage Cheese Corn Chowder Fresh Fruit Tray Dessert 	12 Meatloaf Potatoes & Gravy Green Beans Garden Salad WW Bread or Roll Fruited Jell-O	13	14
17 Orange Glazed Chicken Garden Rice Stir Fry Veggies Asian Style Slaw Chilled Pineapple WW Bread or Roll Dessert	18 Country Fried Steak Potatoes & Gravy Green Beans Tossed Veggie Salad Fruit Cocktail WW Bread or Roll Dessert	19 BBQ Meatballs Rice Pilaf Italian Vegetables Caesar Salad Mandarin Oranges WW Roll Dessert	20	21
24 	25	26 Baked Ham Scalloped Potatoes Glazed Carrots Chopped Kale Salad Pineapple & Cherries Bread & Raisin Pudding	27 	28
31 Chicken Fettuccine Italian Vegetables Caesar Salad Mandarin Oranges Bread Sticks Carrot Cake				

Seniors Age 60 & over—suggested donation \$4.00

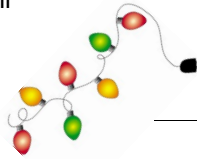



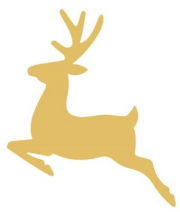
Under age 60—\$8.50 FEE

Please call the Nutrition Director for more information about the Home Delivered Meal program toll-free 844-826-7979



Leavenworth Senior Meals December 2018






Monday	Tuesday	Wednesday	Thursday	Friday
3 Chicken Cordon Bleu Parsley Potatoes Green Beans Spinach Salad Orange Quarters WW Bread or Roll Lemon Bars	4 Macaroni & Cheese with Bacon or Ham Peas Tossed Green Salad Mixed Berries Muffin Dessert	5 Stuffed Cabbage Rolls Trio Vegetables 3 Bean Salad WW Bread or Roll Apricot Crisp	6 Baked Ham Scalloped Potatoes Glazed Carrots Chopped Kale Salad Pineapple & Cherries Bread Pudding	7 BBQ Meatballs Rice Pilaf Italian Vegetables Caesar Salad Fruit Cocktail WW Bread or Roll Dessert
10 Tuna Casserole Peas & Carrots Garden Salad Tropical Fruit WW Bread or Roll Lemon Bars	11 Roast Beef Baked Potato Green Bean Casserole 7 Layer Salad Fruit Ambrosia WW Roll Special Dessert	12 Pork Chow Mein Stir Fry Vegetables Asian Slaw Mandarin Oranges WW Roll Dessert 	13 Spaghetti & Meat Sauce Caesar Salad Sliced Pears Garlic Bread Dessert	14 Harvest Stew Coleslaw Peaches WW Bread Dessert 
17 1/2 Ham & Cheese Sandwich Cottage Cheese Corn Chowder Fresh Fruit Tray Dessert 	18 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches French Bread Dessert	19 Lasagna Mixed Vegetables Caesar Salad Pears Garlic Bread Dessert	20 Chicken Cacciatore Wild Rice Blend Italian Vegetables Grapes WW Roll Dessert	21 Country Fried Steak Mashed Potatoes Green Beans Tossed Veggie Salad Fruit Cocktail WW Bread or Roll Dessert
24 CLOSED 	25 CLOSED	26 Clam Chowder Cottage Cheese Green Salad V-8 Juice Tropical Fruit Blend Dessert	27 Salisbury Steak Potatoes & Gravy Trio Vegetables Carrot Raisin Salad WW Bread or Roll Fruit Cobbler	28 Ham & Cheese Quiche Steamed Broccoli Garden Salad Orange Quarters Blueberry Muffin
31 Hearty Turkey and Noodle Soup Tossed Veggie Salad Fresh Fruit Tray WW Roll Dessert		<div> <p>Seniors Age 60 & over—suggested donation \$4.00</p> <p>Under age 60—\$8.50 FEE</p> <p>Please call 509-470-0522 for more information about the Home Delivered Meal program.</p> </div>		<div> <p>It is very costly to the senior meal program when you do not cancel your reservations. If you know you can't make it</p> <p>509-548-6666</p> </div>

24 HOURS IN ADVANCE TO RESERVE OR CANCEL



Manson Senior Meals December 2018



Monday	Tuesday	Wednesday	Thursday	Friday-MANSON
3 Hearty Turkey and Noodle Soup Cottage Cheese Tossed Veggie Salad Fresh Fruit Tray WW Roll Dessert	4 Beef & Cheese Enchiladas Spanish Rice Baja Vegetable Blend Mexican Coleslaw Mandarin Oranges Dessert	5 Stuffed Cabbage Rolls Trio Vegetables Three Bean Salad WW Roll Apricot Crisp	6 French Dip Vegetable Tray Garden Salad Peaches Dessert	7 Chicken Cacciatore Wild Rice Blend Italian Vegetables Grapes WW Roll Dessert
10 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert	11 Meatloaf & Gravy Mashed Potatoes Green Beans Garden Salad WW Bread or Roll Fruited Jell-O	12 Chef Salad Potato Soup Cinnamon Apples WW Roll Dessert 	13 Macaroni & Cheese with Ham or Bacon Peas Tossed Green Salad Mixed Berries Muffin Dessert	14 Beef Taco Pie Spanish Rice Mexi Corn Garden Salad Spiced Apples Dessert
17 Chicken Fettuccine Italian Vegetables Caesar Salad Mandarin Oranges Bread Sticks Dessert	18 Harvest Stew Coleslaw Peaches WW Roll Dessert	19 Baked Ham Scalloped Potatoes Glazed Carrots Chopped Kale Salad Pineapple & Cherries Bread & Raisin Pudding	20 Chicken Pot Pie Garden Salad Mixed Berries Carrot Cake	21 Orange Glazed Chicken Garden Rice Stir Fry Veggies Asian Style Slaw Chilled Pineapple WW Bread or Roll Dessert
24 CLOSED 	25 CLOSED	26 Lasagna Mixed Vegetables Caesar Salad Ears Garlic Bread Dessert 	27 Chicken Burger Deluxe Sweet Potato Fries Orange Quarters Brownies	28 French Dip Vegetable Tray Garden Salad Peaches Dessert 
31 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	<div><div>Seniors Age 60 & over—suggested donation \$4.00 Under age 60—\$8.50 FEE</div><div>Please call 509-470-0522 for more information about the Home Delivered Meal program.</div></div>			

24 HOURS IN ADVANCE TO RESERVE OR CANCEL

It is very costly to the senior meal program when you do not cancel your reservations.
If you know you can't make it—Please call and cancel!
For Chelan 888-4440 between 8am & 2 pm For Manson 687-3377



Odessa Senior Meals December 2018




Monday	Tuesday	Wednesday	Thursday	Friday
3 Macaroni & Cheese with Bacon Peas Tossed Green Salad Raspberries Muffin Dessert	4	5 Harvest Stew Coleslaw Peaches WW Bread Dessert 	6 Pork Chops Mashed Potatoes Roasted Carrots Garden Salad Applesauce Biscuit with Chives Dessert	7
10 Chicken Pot Pie Garden Salad Mixed Berries WW Roll Carrot Cake	11	12 Roast Beef Baked Potato Green Bean Casserole 7 Layer Salad Fruit Ambrosia WW Bread or Roll Special Dessert	13 Clam Chowder Cottage Cheese Green Salad V-8 Juice Tropical Fruit Blend Garlic Bread Dessert	14 
17 Ham & Au Gratin Potato Casserole Peas & Carrots Garden Salad Fruit Cocktail WW Roll Dessert	18 	19 Chicken Cacciatore Wild Rice Blend Italian Vegetables Grapes WW Roll Dessert	20 Roast Turkey Stuffing & Gravy Green Bean Casserole Perfection Salad Waldorf Salad WW roll Pumpkin Pie	21
24 CLOSED 	25 CLOSED	26 Hearty Turkey Noodle Soup Cottage Cheese Tossed Vegetable Salad Fresh Fruit Tray WW Roll Dessert	27 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	28 
31 Tuna Noodle Casserole Peas & Carrots Garden Salad Tropical Fruit WW Bread or Roll Dessert				<div> <p>Seniors Age 60 & over—suggested donation \$4.00</p> <p>Under age 60—\$8.50 FEE</p> <p>Please call the Nutrition Director for more information about the Home Delivered Meal program toll-free 844-826-7979</p> </div>










Omak-Okanogan Senior Meals December 2018



Okanogan		Omak		Okanogan		Omak			
Monday		Tuesday		Wednesday		Thursday		Friday	
3 French Dip Vegetable Tray Garden Salad Peaches Dessert 		4 Chicken Cordon Bleu Parsley Potatoes Peas & Carrots Spinach Salad Cherries & Pineapple WW Bread or Roll Lemon Bars		5 Lasagna Mixed Vegetables Caesar Salad Pears Garlic Bread Dessert		6		7 Beef & Cheese Enchiladas Spanish Rice Baja Vegetable Blend Mexican Style Coleslaw Mandarin Oranges Dessert	
10 Harvest Stew Coleslaw Waldorf Salad Biscuit Dessert		11 Macaroni & Cheese With Ham Peas Tossed Green Salad Mixed Berries Muffin Dessert		12 Meatloaf & Gravy Mashed Potatoes Green Beans Garden Salad WW Bread or Roll Fruited Jell-O		13 		14 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Citrus Salad French Roll Dessert	
17 Chicken Pot Pie Garden Salad Mixed Berries WW Roll Carrot Cake 		18 Spaghetti with Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert		19 Baked Ham Scalloped Potatoes Glazed Carrots Chopped Kale Salad Pineapples & Cherries Bread & Raisin Pudding		20		21 Roast Turkey Stuffing & Gravy Perfection Jell-O Salad Waldorf Salad WW Roll Pumpkin Pie	
24 		25		26 Hearty Turkey & Noodle Soup Cottage Cheese Tossed Veggie Salad Fresh Fruit Tray WW Bread or Roll Dessert		27 		28 Pork Chops Potatoes & Gravy Roasted Carrots Garden Salad Applesauce Biscuit with Chives Dessert	
31 Chicken Fettuccine Italian Vegetables Caesar Salad Mandarin Oranges Bread Sticks Carrot Cake		<div>Seniors Age 60 & over suggested donation \$4.00 Under age 60—\$8.50 FEE For Home Delivered Meals please call 509-826-7979</div>				 <i>volunteers give the gift of joy...</i>			



Monday	Tuesday	Wednesday	Thursday	Friday
3	4 Meatloaf with Gravy Mashed Potatoes Green Beans Spinach Salad WW Bread or Roll Fruited Jell-O	5 	6 Ham & Cheese Quiche Steamed Broccoli Garden Salad Orange Quarters Blueberry Muffin	7 Clam Chowder Cottage Cheese Green Salad V-8 Juice Tropical Fruit Blend Garlic Bread Dessert
10 	11 Pork Chops Mashed Potatoes Roasted Carrots Garden Salad Applesauce Biscuit with Chives Dessert	12	13 French Dip Vegetable Tray Pea Salad Waldorf Salad Dessert	14 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert
17 	18 Country Fried Steak Potatoes & Gravy Green Beans Tossed Veggie Salad Fruit Cocktail WW Bread or Roll Dessert	19	20 Sloppy Joe Sandwich Coleslaw Apricots Dessert 	21 Roast Beef Twice Baked Style Potatoes Peas Spinach Salad Fruit Ambrosia WW Bread or Roll Special Dessert
24 	25	26 	27 Garden Chili Cottage Cheese Cucumber Salad Tortilla Chips Cheesy Biscuit Apple Crisp	28 Chicken Cordon Bleu Parsley Potatoes Peas & Carrots Spinach Salad Cherries & Pineapple WW Roll Lemon Bars
31	 <p><i>volunteers give the gift of joy...</i></p> <div style="border: 2px solid black; padding: 10px; margin-top: 10px;"> <p>Seniors Age 60 & over—suggested donation \$4.00</p> <p>Under age 60—\$8.50 FEE</p> <p>Please call the Site Director for more information about the Home Delivered Meal program at 476-2412</p> </div>			



Tonasket Senior Meals December 2018







Monday	Tuesday	Wednesday	Thursday	Friday
3 Beef & Cheese Enchiladas Spanish Rice Baja Vegetable Blend Mexican Coleslaw Mandarin Oranges Dessert	4 	5 Stuffed Cabbage Rolls Trio Vegetables Three Bean Salad WW Bread or Roll Apricot Crisp	6 Lasagna Caesar Salad Pears Garlic Bread Dessert	7  <small>shutterstock 162931931</small>
10 Baked Chicken Mashed Potatoes Roasted Carrots Garden Salad Waldorf Salad Biscuit with Chives Dessert	11 	12 Macaroni & Cheese With Bacon Peas Tossed Green Salad Mixed Berries Muffin Dessert	13 Pork Roast Rice & Gravy Brussels Sprouts Caesar Salad Applesauce WW Roll Pumpkin Pie	14
17 Breakfast Casserole Hash Browns Steamed Broccoli Tossed Green Salad Orange Quarters Blueberry Muffin	18	19 Chicken Pot Pie Garden Salad Mixed Berries WW Roll Carrot Cake	20 Pork Chow Mein Stir Fry Vegetables Asian Slaw Mandarin Oranges WW Roll Dessert	21 
24 CLOSED 	25 	26 Roast Beef Mashed Potatoes & Gravy Green Bean Casserole Broccoli Salad Fruit Ambrosia WW Bread or Roll Special Dessert	27 Chef Salad Potato Soup Cinnamon Apples WW Roll Dessert	28
31 Chicken Fettuccine Italian Vegetables Caesar Salad Mandarin Oranges Bread Sticks Dessert			<div style="border: 2px solid black; padding: 10px;"> <p>Seniors Age 60 & over—suggested donation \$4.00</p> <p>Under age 60—\$8.50 FEE</p> <p>Please call the Site Director for more information about the Home Delivered Meal program at 486-2483</p> </div>	



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Twisp Senior Meals December 2018











Monday	Tuesday	Wednesday	Thursday	Friday
3 Lasagna Green Beans Caesar Salad Pears Garlic Bread Dessert	4 	5	6 Chicken Pot Pie Garden Salad Mixed Berries WW Roll Dessert	7 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches WW Bread or Roll Dessert
10 Chicken Cordon Bleu Parsley Potatoes Peas & Carrots Kale Salad Cherries & Pineapple WW Bread or Roll Dessert	11	12 	13 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	14 Country Fried Steak Mashed Potatoes Green Beans Tossed Veggie Salad Citrus Salad WW Bread or Roll Dessert
17 Sloppy Joe Sandwich Coleslaw Apricots Dessert	18	19	20 Chicken Fettuccine Italian Vegetables Caesar Salad Mandarin Oranges Bread Sticks Dessert	21 Prime Rib Garlic Mashed Potatoes Asparagus Pickled Beets Fruit Salad WW Roll Special Dessert
24 	25	26 	27 Chicken Burger Deluxe Sweet Potato Fries Chilled Peaches Dessert	28 Meatloaf with Gravy Mashed Potatoes Green Beans Garden Salad WW Bread or Roll Dessert
31 Beef & Cheese Enchiladas Spanish Rice Baja Vegetable Blend Mexican Coleslaw Mandarin Oranges Dessert			<div> <p>Seniors Age 60 & over—suggested donation \$4.00</p> <p>Under age 60—\$8.50 FEE</p> <p>Please call the Site Director for more information about the Home Delivered Meal program at 997-7722</p> </div>	



Wilbur Senior Meals

December 2018



Monday	Tuesday	Wednesday	Thursday	Friday
3 	4 Pork Chops & Gravy Mashed Potatoes Roasted Carrots Garden Salad Applesauce Biscuit with Chives Dessert	5 Clam Chowder Cottage Cheese Green Salad V-8 Juice Tropical Fruit Blend WW Bread Dessert	6 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	7 
10 	11 BBQ Meatballs Rice Pilaf Italian Vegetables Caesar Salad Fruit Cocktail WW Bread or Roll Dessert	12 French Dip Vegetable Tray Garden Salad Peaches Dessert	13 Macaroni & Cheese with Ham or Bacon Peas Tossed Green Salad Mixed Berries Muffin Angel Food Cake	14 
17 	18 Orange Glazed Chicken Garden Rice Stir Fry Veggies Spinach Salad Apple Slices WW Bread or Roll Dessert	19 Harvest Stew Coleslaw Peaches WW Bread Dessert	20 Baked Ham Scalloped Potatoes Glazed Carrots Chopped Kale Salad Pineapple & Cherries Bread & Raisin Pudding	21 
24 CLOSED 	25 CLOSED	26 Salisbury Steak Potatoes & Gravy Trio Vegetables Carrot/Raisin Salad WW Bread or Roll Fruit Cobbler	27 Pork Chow Mein Chow Mein Noodles Stir Fry Vegetables Asian Slaw Mandarin Oranges WW Roll Dessert	28
31 CLOSED				<div> <p>Seniors Age 60 & over—suggested donation \$4.00</p> <p>Under age 60—\$8.50 FEE</p> <p>Please call the Nutrition Director for more information about the Home Delivered Meal program toll-free 844-826-7979</p> </div>