

DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS

509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Harvest Stew Coleslaw Peaches Cornbread	2 Lasagna with Meat Sauce Key West Veggies Caesar Salad Cinnamon Pears	3 Pork Chops Mashed Potatoes Roasted Carrots Garden Salad Applesauce WW Roll	4
7	8 Salisbury Steak Mashed Potatoes / Gravy Trio Vegetables WW Roll Berry Cobbler	9 Clam Chowder Turkey Sandwich Deluxe Cucumber Salad Apple Slices	10 Beef Stroganoff Green Beans Mixed Greens Salad Chilled Peaches	11
14	15 Hearty Turkey Noodle Soup Tossed Salad Fresh Fruit Tray Garlic Bread	16 Meatloaf Mashed Potatoes / Gravy Trio Veggies Applesauce WW Roll	17 Country Fried Steak Mashed Potatoes / Gravy Buttered Corn Tossed Salad WW Roll Fruited Jell-O	18
21	22 Roast Turkey Stuffing & Gravy Green Bean Casserole Cranberry Salad Waldorf Salad Pumpkin Pie	23 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread	24 CLOSED FOR CHRISTMAS EVE HOLIDAY	25 CLOSED FOR CHRISTMAS DAY HOLIDAY
28	29 Ham Sandwich Vegetable Medley Soup Coleslaw Waldorf Salad	30 Chicken Fettuccine Alfredo Italian Veggies Caesar Salad Mandarin Oranges	31 Roast Beef Baked Potato Green Bean Casserole 7 Layer Salad Fruit Ambrosia Dinner Roll Special Dessert	

Suggested donation for seniors over age 60 is $5.00

FEE for persons under age 60 is $12.00

***Visit our website* at www.octn.org .** Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

Call 509-826-7979 for information on Meals on Wheels





ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS

509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested donation for seniors over age 60 is $5.00 FEE for persons under age 60 is $12.00	1	2 Pork Chops Mashed Potatoes Roasted Carrots Garden Salad Applesauce WW Roll	3 Chicken Enchiladas Baja Vegetable Blend Mandarin Oranges Dessert	4
7 Clam Chowder Turkey Sandwich Deluxe Cucumber Salad Apple Slices	8	9 Roast Beef Baked Potato Green Bean Casserole 7 Layer Salad Fruit Ambrosia Special Dessert	10 Hearty Turkey Noodle Soup Tossed Salad Fresh Fruit Tray Mozzarella Bread Stick	11
14 Chicken Taco Soup Tossed Green Salad Peaches Tortilla Chips	15	16 Chicken Burger Deluxe Potato Salad Chilled Peaches Dessert	17 BBQ Meatballs Mac & Cheese Italian Vegetables Caesar Salad Fruit Cocktail	18
21 Stuffed Cabbage Rolls 7 Layer Salad Pear Crisp	22	23 Baked Ham Scalloped Potatoes Chopped Salad Pineapple & Cherries WW Roll Dessert	24 CLOSED FOR CHRISTMAS EVE HOLIDAY	25 CLOSED FOR CHRISTMAS DAY HOLIDAY
28 Half Chef's Salad Potato Soup Cinnamon Applesauce WW Roll Cereal Bar	29	30 Chicken & Rice Bake California Veggies Greek Salad Applesauce Garlic Bread	31 Pork Lo Mein Asian Style Slaw Mandarin Oranges Egg Roll	

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