



2026

COULEE CITY

PLEASE CALL OR TEXT 509-632-8701 TO RESERVE MEALS

24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$10.00			1 Chicken Fettuccine Zucchini/Tomato Bake Caesar Salad Apple Slices Dessert	2 Vegetarian Chili w/Cheese Tossed Salad Fruit Salad Cornbread Dessert
5	6 Cheese Ravioli with Meat Sauce Italian Vegetables Spiced Pears Bread Stick Dessert	7 California Chicken Casserole Spring Salad Orange Quarters Dessert	8 Beef Stew Tossed Salad Biscuit Banana Pudding	9 Ham & Cheese Sandwich Corn Chowder Cucumber Salad Chilled Apricots Cookie
12	13 Hearty Beef Veggie Soup Tossed Green Salad Apple Wedges WW Roll Oatmeal Cookie	14 Yankee Pot Roast Potatoes & Carrots Green Beans Mixed Fruit WW Roll Cereal Bar	15 Chicken Fried Steak Mashed Potatoes Lettuce & Tomato Salad Trio Veggies Cherry Crisp	16 Stuffed Pepper Casserole Mixed Greens Salad Pears Bread Stick Dessert
19	20 Meatloaf Mashed Potatoes & Gravy Green Beans WW Roll Pear Crisp	21 Tater Tot Casserole Greek Salad Chilled Peaches WW Roll Dessert	22 Hawaiian Chicken Steamed Rice Oriental Veggies Asian Coleslaw Tropical Fruit Dessert	23 Cheese Omelet Potatoes O'Brien Juice Banana Waffle
26	27 Beef Stroganoff Steamed Carrots Tossed Green Sala Mixed Berries Cookie	28 Broccoli Chicken Bake Garden Salad Waldorf Salad WW Roll Dessert	29 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert	30 Sweet & Sour Meatballs Rice Pilaf Oriental Veggies Asian Coleslaw Tropical Fruit Dessert

Visit our website at www.octn.org . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

Call 509-826-7979 for information on Meals on Wheels





GRAND COULEE

PLEASE CALL 509-633-2321 BY NOON TO RESERVE MEALS

509-826-7979 FOR HOME DELIVERED MEALS

MONDAY 8-10am

TUESDAY 5pm

WEDNESDAY 5pm

THURSDAY 5pm

FRIDAY 8-10am

Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$10.00			1 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert	2 Cheese Omelet Potatoes O' Brien V-8 or Fruit Juice Banana Waffle
5 Scrambled Eggs with Ham & Cheese Hash Brown Potatoes Juice Fresh Fruit Toast	6 Broccoli Chicken Bake Garden Salad Waldorf Salad WW Roll Dessert	7 Beef Stew Tossed Salad Orange Quarters Biscuit	8 Chicken Fettuccine Zucchini Tomato Bake Caesar Salad Apple Slices Dessert	9 Biscuits & Gravy Scrambled Eggs Hash Browns Juice Fruit
12 Scrambled Eggs Ham Slice Hash Browns Juice Fruit Toast	13 Pork Chops Scalloped Potatoes Green Salad Applesauce WW Roll Dessert	14 Sweet & Sour Pork Over noodles Stir Fry Veggies Asian Style Slaw Pineapple Dessert	15 Fish & Chips Coleslaw Grapes Rice Krispies Treats	16 Bacon & Eggs Potato Cakes Juice Fruit Toast
19 French Toast Sausage Links Country Potatoes Juice Fruit	20 Hot Turkey Sandwich Mashed Potatoes / Gravy Broccoli Normandy Chilled Peaches Pumpkin Pie	21 Cheeseburger Deluxe Jo Jo's Coleslaw Sliced Pears Oatmeal Cookie	22 Hawaiian Chicken Rice Oriental Veggies Asian Coleslaw Tropical Fruit Dessert	23 Denver Omelet Hash Browns Juice Fruit Toast
26 Scrambled Mess -Bacon, Eggs, Cheese Potatoes O'Brien Juice Fruit Biscuit	27 Chicken Fried Steak Mashed Potatoes Trio Vegetables Lettuce & Tomato Salad Cherry Crisp	28 Pulled Pork Sandwich Potato Salad Coleslaw Banana Dessert	29 Lemon Baked Fish Garlic Pasta Glazed Carrots Spring Salad Peaches Dessert	30 Scrambled Eggs German Sausage Country Potatoes Juice Fruit Toast

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