



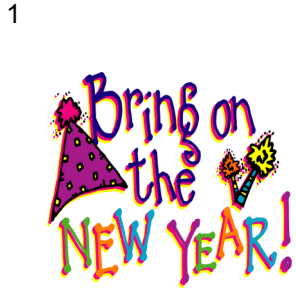
Chelan Senior Meals

January 2019



Monday	Tuesday	Wednesday	Thursday	Friday-Manson
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It is very costly to the senior meal program when you do not cancel your reservations. If you know you can't make it—Please call and cancel! Chelan 888-4440 Manson 687-3377



2
Au Gratin Potatoes and Ham Casserole
Mixed Vegetables
Spinach Salad
Cherries & Pineapple
WW Bread or Roll
Dessert

3
Tuna Noodle Casserole
Peas & Carrots
Tossed Salad
Peaches
Garlic Bread
Dessert

4
Oven Fried Chicken
Jo Jo's
Buttered Corn
Spiced Salad
Orange Quarters
WW Roll
Dessert

7
French Dip
Pickled Beets
Pea Salad
Waldorf Salad
Dessert



8
Country Fried Steak
Potatoes & Gravy
Buttered Corn
Lettuce & Tomato Salad
Apricots
Biscuit
Dessert

9
Sweet & Sour Chicken
Rice
Stir Fry Vegetables
Cabbage & Apple Slaw
Tropical Fruit
WW Bread or Roll
Dessert

10
Chili with Cheese
1/2 Baked Potato
Green Beans
Tossed Green Salad
Chilled Pears
Cornbread
Dessert

11
Polish Sausage
Sauerkraut
Pea Salad
Peaches
Dessert

14
Meatloaf
Potatoes & Gravy
Buttered Peas
Green Salad
Peaches
WW Bread or Roll
Dessert

15
Cabbage Patch Stew
Whole Grain Crackers
Mediterranean Salad
Waldorf Salad
WW Roll
Dessert

16
Hamburger Stroganoff
Trio Vegetables
Spinach Salad
Pears
French Bread
Dessert



17
Pork Roast
Stuffing & Gravy
Broccoli
Garden Salad
Tropical Fruit
WW Bread or Roll
Dessert

18
Chicken Fettuccine
Carrot Coins
Crunchy Pea Salad
Garlic Bread
Berry Cobbler



22
Salisbury Steak
Potatoes & Gravy
Buttered Peas
Spinach Salad
Roll
Apple Crisp

23
Pot Roast
Roasted Potatoes
Green Beans
Tossed Green Salad
Sliced Apples
WW Bread or Roll
Dessert

24
Chicken Cordon Bleu
Wild Rice
Cooked Carrots
Garden Sla
Mandarin Oranges
Bread Pudding

25
French Dip
Pickled Beets
Pea Salad
Waldorf Salad
Dessert

28
Lasagna
Green Beans
Caesar Salad
Pears
Bread Sticks
Dessert

29
Ham
Scalloped Potatoes
Roasted Brussels Sprouts
Garden Salad
Cherries & Pineapple
WW Bread or Roll
Dessert

30
Cheeseburger Deluxe
Coleslaw
Fruit Tray
Dessert

31
Spaghetti & Meat Sauce
Tossed Green Salad
Peaches
Garlic Bread
Dessert






Seniors Age 60 & over—suggested donation \$4.00
Under age 60—\$8.50 FEE
Please call 509-888-4440 for more information about the Home Delivered Meal program.

24 HOURS IN ADVANCE TO RESERVE OR CANCEL



Entiat Senior Meals January 2019



Monday	Tuesday	Wednesday	Thursday	Friday
	1 	2	3 Tuna Noodle Casserole Peas & Carrots Tossed Salad Peaches Garlic Bread Dessert	4
7 French Dip Pickled Beets Pea Salad Waldorf Salad Dessert	8	9	10 Chili with Cheese 1/2 Baked Potato Green Beans Tossed Green Salad Chilled Pears Cornbread Dessert	11 
14 Meatloaf Potatoes & Gravy Buttered Peas Green Salad Peaches WW Bread or Roll Dessert	15 	16	17 Pork Roast Stuffing & Gravy Broccoli Garden Salad Tropical Fruit WW Bread or Roll Dessert	18
21 	22	23	24 Chicken Cordon Bleu Wild Rice Cooked Carrots Garden Sla Mandarin Oranges Bread Pudding	25
28 Lasagna Green Beans Caesar Salad Pears Bread Sticks Dessert	29	30 	31 Spaghetti & Meat Sauce Tossed Green Salad Peaches Garlic Bread Dessert	

24 HOURS IN ADVANCE TO RESERVE OR CANCEL

**Seniors Age 60 & over—suggested donation
\$4.00**

Under age 60—\$8.50 FEE

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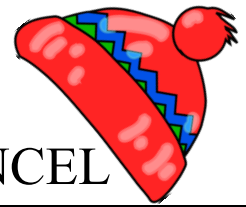
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For Chelan 888-4440 between 8am & 2 pm
For Entiat 509-421-1593

Manson Senior Meals

January 2019

24 HOURS IN ADVANCE TO RESERVE OR CANCEL



Monday	Tuesday	Wednesday	Thursday	Friday-MANSON
	1 	2 Au Gratin Potatoes and Ham Casserole Mixed Vegetables Spinach Salad Cherries & Pineapple WW Bread or Roll Dessert	3 Tuna Noodle Casserole Peas & Carrots Tossed Salad Peaches Garlic Bread Dessert	4 Oven Fried Chicken Jo Jo's Buttered Corn Spiced Salad Orange Quarters WW Roll Dessert
7 French Dip Pickled Beets Pea Salad Waldorf Salad Dessert	8 Country Fried Steak Potatoes & Gravy Buttered Corn Lettuce & Tomato Salad Apricots Biscuit Dessert	9 Sweet & Sour Chicken Rice Stir Fry Vegetables Cabbage & Apple Slaw Tropical Fruit WW Bread or Roll Dessert	10 Chili with Cheese 1/2 Baked Potato Green Beans Tossed Green Salad Chilled Pears Cornbread Dessert	11 Polish Sausage Sauerkraut Pea Salad Peaches Dessert
14 Meatloaf Potatoes & Gravy Buttered Peas Green Salad Peaches WW Bread or Roll Dessert	15 Cabbage Patch Stew Whole Grain Crackers Mediterranean Salad Waldorf Salad WW Roll Dessert	16 Hamburger Stroganoff Trio Vegetables Spinach Salad Pears French Bread Dessert	17 Pork Roast Stuffing & Gravy Broccoli Garden Salad Tropical Fruit WW Bread or Roll Dessert	18 Chicken Fettuccine Carrot Coins Crunchy Pea Salad Garlic Bread Berry Cobbler
21 	22 Salisbury Steak Potatoes & Gravy Buttered Peas Spinach Salad Roll Apple Crisp	23 Pot Roast Roasted Potatoes Green Beans Tossed Green Salad Sliced Apples WW Bread or Roll Dessert	24 Chicken Cordon Bleu Wild Rice Cooked Carrots Garden Sla Mandarin Oranges Bread Pudding	25 French Dip Pickled Beets Pea Salad Waldorf Salad Dessert
28 Lasagna Green Beans Caesar Salad Pears Bread Sticks Dessert	29 Ham Scalloped Potatoes Roasted Brussels Sprouts Garden Salad Cherries & Pineapple WW Bread or Roll Dessert	30 Cheeseburger Deluxe Coleslaw Fruit Tray Dessert	31 Spaghetti & Meat Sauce Tossed Green Salad Peaches Garlic Bread Dessert	

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 For Chelan 888-4440 between 8am & 2 pm For Manson 687-3377

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Under age 60—\$8.50 FEE

Please call 509-888-4440 for more information about the Home Delivered Meal program.








Leavenworth Senior Meals

January 2019



24 HOURS IN ADVANCE TO RESERVE OR CANCEL

Monday	Tuesday	Wednesday	Thursday	Friday
	1 	2 Cheeseburger Deluxe Coleslaw Fruit Tray Dessert	3 Stuffed Peppers Roasted Red Potatoes Glazed Carrots Apricots Dessert	4 Chicken Fettuccine Carrot coins Crunchy Pea Salad Garlic Bread Berry Cobbler
7 Chicken Strips Jo Jo's Peas & Carrots Green Salad Orange Quarters WW Bread Dessert	8 Pot Roast Roasted Potatoes Green Beans Tossed Veggie Salad Sliced Apples WW Bread or Roll Dessert	9 Italian Meatballs in Marinara Sauce Pasta Italian Vegetables Caesar Salad Fruit cocktail Garlic Bread Dessert	10 Tuna Noodle Casserole Peas & Carrots Spinach Salad Peaches WW Bread Dessert	11 Oven Fried Chicken Scalloped Potatoes Buttered Corn Spiced Salad Pineapple WW Roll Dessert
14 Sweet & Sour Chicken Rice Stir Fry Veggies Cabbage Apple Slaw Tropical Fruit WW Bread or Roll Dessert	15 Baked Fish Wild Rice Green Bean Casserole Coleslaw Citrus Salad WW Bread or Roll Dessert	16 BBQ Country Ribs Sweet Potato Fries Pasta Salad Carrot Raisin Salad Pineapple Tidbits Cornbread Dessert	17 Cabbage Patch Stew Whole Grain Crackers Mediterranean Salad Waldorf Salad WW Roll Dessert	18 Hamburger Stroganoff Trio Vegetables Garden Salad Peaches French Bread Dessert 
21 	22 Ham & Cheese Sand. Tomato Basil Soup Coleslaw Waldorf Salad Dessert	23 Meatloaf Potatoes & Gravy Buttered Peas Green Salad Peaches WW Bread or Roll Dessert	24 Chuck Wagon Steak Sandwich Pea Salad Orange Quarters Ice Cream	25 Spaghetti with Meat Sauce Caesar Salad Fruit Cocktail Garlic Bread Dessert 
28 Clam Chowder 1/2 Tuna Sandwich Kale Slaw Tropical Fruit Dessert	29 French Dip Pickled Beets Pea Salad Waldorf Salad Dessert 	30 Chicken Cordon Bleu Wild Rice Cooked Carrots Garden Salad Mandarin Oranges Bread Pudding	31 Lasagna Green Beans Caesar Salad Pears Garlic Bread Dessert	It is very costly to the senior meal program when you do not cancel your reservations. If you know you can't make it 509-548-6666

Seniors Age 60 & over—suggested donation \$4.00
Under age 60—\$8.50 FEE

Please call 509-548-6666 for more information about the Home Delivered Meal program.

