

DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS

509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 Pot Roast Roast Potatoes & Carrots Mixed Greens Salad Apple Slices WW Roll Dessert	4 BBQ Chicken Mac & Cheese Green Beans Tossed Salad Fresh Fruit Dessert	5 Swiss Steak Garlic & Red Pepper Penne' California Vegetables Caesar Salad Fresh Fruit Dessert	6
9	10 Stuffed Pepper Soup Cottage Cheese Tossed Salad Peaches Corn Bread	11 CLOSED FOR VETERAN'S DAY HOLIDAY	12 Meatloaf Mashed Potatoes Trio Vegetables Chilled Pears WW Roll Dessert	13
16	17 Salisbury Steak with Mushroom Gravy Mashed Potatoes Green Beans WW Roll Berry Crisp	18 Sloppy Joe Sandwich Jo Jo's Coleslaw Fruit Salad Dessert	19 Roast Turkey Mashed Potatoes Stuffing Green Bean Casserole Cranberry Salad Pumpkin Pie	20
23	24 Split Pea & Ham Soup Turkey Sandwich Deluxe Orange Quarters Dessert	25 Country Fried Steak Mashed Potatoes & Gravy Buttered Corn Garden Salad Chilled Peaches Dessert	26 CLOSED FOR THANKSGIVING HOLIDAY	27 CLOSED FOR FAMILY DAY
30				

Suggested donation for seniors over age 60 is $5.00

FEE for persons under age 60 is $12.00

***Visit our website* at www.octn.org .** Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

Call 509-826-7979 for information on Meals on Wheels





ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS

509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Swiss Steak & Tomato Sauce Garlic & Red Pepper Penne' Caesar Salad Fresh Fruit Dessert	3	4 Chicken Cordon Bleu Rosemary Potatoes Broccoli Salad Tropical Fruit WW Roll Dessert	5 Breakfast Sandwich: Egg, Bacon & Cheese Country Potatoes Fruit or V-8 Juice Fruit Tray English Muffin	6
9 Stuffed Pepper Soup Cottage Cheese Tossed Salad Pears Corn Bread Dessert	10	11 CLOSED FOR VETERAN'S DAY HOLIDAY	12 Ham Au Gratin Potatoes Green Beans Pineapple WW Roll Oatmeal Cookies	13
16 Sloppy Joe Sandwich Jo Jo's Coleslaw Fruit Salad Dessert	17	18 Tuna & Rice Bake California Vegetables Greek Salad Peaches Garlic Bread Dessert	19 Country Fried Steak Mashed Potatoes / Gravy Buttered Corn Garden Salad Chilled Peaches WW Roll	20
23 French Dip Sandwich Jo Jo's Tossed Salad Banana Dessert	24	25 Roast Turkey Mashed Potatoes Green Beans Cranberry Salad Stuffing Pumpkin Pie	26 CLOSED FOR THANKSGIVING HOLIDAY	27 CLOSED FOR FAMILY DAY
30 Beef Tacos Southwest Salad Waldorf Salad Dessert				

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