



BREWSTER - BRIDGEPORT—PATEROS

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 French Dip Pea Salad Garden Salad Watermelon Dessert	3 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries	4	5 Hot Dog Potato Salad Fruit Salad
8	9 Chicken Strips Jo Jo's Broccoli Salad Strawberry Shortcake	10 Hamburger Steak with Grilled Onions Mashed Potatoes / Gravy Chopped Salad Garlic Bread Oatmeal Cookie	11	12 Biscuits & Gravy Scrambled Eggs Juice Tropical Fruit
15	16 Tuna Casserole Peas & Carrots Garden Salad Tropical Fruit Dessert	17 Salisbury Steak Mashed Potatoes Green Beans Fruit Cocktail WW Roll Oatmeal Cookie	18	19 Chicken Enchiladas Mexican Rice Normandy Vegetables Cuke & Tomato Salad Cinnamon Pears
22	23 Pulled Pork Sandwich Potato Salad Coleslaw Watermelon Dessert	24 Chef's Salad Fresh Fruit WW Roll	25	26 Sweet & Sour Chicken Steamed Rice Oriental Vegetables Pineapple Egg Roll
29	30 Cheeseburger Deluxe Tater Tots Apple Celery Salad	<div style="border: 2px solid black; padding: 5px; margin: 10px auto; width: fit-content;"> <p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p> </div>		

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CASHMERE/LEAVENWORTH

PLEASE CALL 509-888-4440 TO RESERVE MEALS

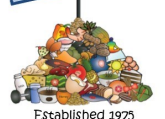
509-470-0522 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Meatloaf Mashed Potatoes & Gravy Green Beans Strawberries & Bananas Garlic Bread Oatmeal Cookies	2	3 Chicken Parmesan Pasta Marinara Peas & Carrots Cuke & Tomato Salad Apricots Dessert	4	5
8 Mac & Cheese with Bacon Peas & Carrots Tossed Green Salad Mixed Berries	9	10 Chicken Enchiladas Cilantro/Lime Rice Sautee'd Veggies Mexi Slaw Cinnamon Pears	11	12
15 Country Fried Steak Mashed Potatoes & Gravy Green Beans Apple Slices WW Roll	16	17 BBQ Chicken Macaroni Salad Peas & Carrots Veggie Tray Fresh Fruit WW Roll Dessert	18	19
22 Hungarian Goulash Green Beans Caesar Salad Pears Garlic Bread Dessert	23	24 Salisbury Steak Mashed Potatoes/Gravy Green Beans Fruit Cocktail WW roll Oatmeal Cookie	25	26
29 Baked Ham Au Gratin Potatoes Mixed Greens Salad Pineapple & Cherries WW Roll Dessert	30	<div style="border: 2px solid black; padding: 10px; margin: 10px auto; width: fit-content;"> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>		

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CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

CLOSED

1 Meatloaf Mashed Potatoes & Gravy Green Beans Strawberries & Bananas Garlic Bread Oatmeal Cookies	2 Hot Dog Potato Salad Three Bean Salad Fruit Salad Dessert	3 Chicken Parmesan Pasta Marinara Peas & Carrots Cuke & Tomato Salad Apricots Dessert	4 Ham Sandwich Deluxe Loaded Potato Soup Spiced Salad Grapes Dessert	5
8 Mac & Cheese with Bacon Peas & Carrots Tossed Green Salad Mixed Berries	9 Chef's Salad Fresh Fruit WW Roll Dessert	10 Chicken Enchiladas Cilantro/Lime Rice Sautee'd Veggies Mexi Slaw Cinnamon Pears	11 Roast Beef Mashed Potatoes / Gravy Normandy Veggies WW Roll Berry Shortcake	12
15 Country Fried Steak Mashed Potatoes & Gravy Green Beans Apple Slices WW Roll	16 French Dip Pea Salad Garden Salad Watermelon Dessert	17 BBQ Chicken Macaroni Salad Peas & Carrots Veggie Tray Fresh Fruit WW Roll Dessert	18 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	19
22 Hungarian Goulash Green Beans Caesar Salad Pears Garlic Bread Dessert	23 Chicken Strips Jo Jo's Broccoli Salad Strawberry Shortcake	24 Salisbury Steak Mashed Potatoes/Gravy Green Beans Fruit Cocktail WW roll Oatmeal Cookie	25 Sweet & Sour Chicken Steamed Rice Asian Style Veggies Pineapple Egg Roll Dessert	26
29 Baked Ham Au Gratin Potatoes Mixed Greens Salad Pineapple & Cherries WW Roll Dessert	30 Cheeseburger Deluxe Sweet Potato Waffle Fries Apple Celery Salad Dessert			

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COULEE CITY

PLEASE CALL OR TEXT 509-632-8701 TO RESERVE MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Stuffed Pepper Casserole Chopped Salad Chilled Peaches WW Roll Dessert	3 Chef's Salad Fresh Fruit WW Roll	4 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries Pound Cake	5 Chicken Enchiladas Spanish Rice Broccoli Normandy Cuke & Tomato Salad Cinnamon Pears
8	9 Pulled Pork Sandwich Potato Salad Coleslaw Watermelon Dessert	10 Pork Chops Scalloped Potatoes Spiced Salad Fresh Fruit Tray WW Roll Cereal Bar	11 Scrambled Eggs Bacon Hash Brown Potatoes V-8 or Fruit Juice Fruit English Muffin	12 Hot Dog Veggie Pasta Salad Fruit Salad
15	16 Taco Salad Tropical Fruit Tortilla Chips	17 Chicken Fettuccine Venetian Veggie Blend Caesar Salad Peaches	18 French Dip Sandwich Pea Salad Garden Salad Watermelon Dessert	19 Baked Fish w/Lemon Pepper 1/2 Baked Potato Chalet Veggie Blend Chilled Peaches Garlic Bread
22	23 Philly Steak Sandwich Cuke & Tomato Salad Fresh Fruit	24 Country Fried Steak Mashed Potatoes / Gravy Green Beans WW Roll	25 Meatballs Mashed Potatoes/Gravy Carrot Raisin Salad Banana WW Bread or Roll Apple Oat Bars	26 Chicken Strips Jo Jo's Broccoli Salad Strawberry Shortcake
29	30 Tuna Casserole Peas & Carrots Garden Salad Tropical Fruit Dessert			

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DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1	2 Country Fried Steak Mashed Potatoes Green Beans Apple Slices WW Roll	3 Chicken Enchiladas Spanish Rice Broccoli Normandy Cuke & Tomato Salad Cinnamon Pears	4 Pulled Pork Sandwich Potato Salad Coleslaw Watermelon Dessert	5
8	9 Roast Beef Mashed Potatoes Green Beans WW Roll Berry Shortcake	10 Lemon Pepper Fish Pesto Pasta Chalet Veggies Spiced Salad Chilled Peaches Dessert	11 Clam Chowder Turkey Sandwich Garden Salad Pineapple	12
15	16 Teriyaki Beef on Rice Stir Fry Veggies Spinach Salad Mandarin Oranges Egg Roll Dessert	17 Philly Steak Sandwich Potato Salad Cuke & Tomato Salad Fresh Fruit Dessert	18 Chicken Strips Jo Jo's Broccoli Salad Strawberry Shortcake	19
22	23 Pork Chops Scalloped Potatoes Spiced Salad Fresh Fruit Tray WW Roll Cereal Bars	24 Meatballs Mashed Potatoes / Gravy Steamed Carrots Banana WW Roll Oatmeal Cookie	25 Taco Salad Fresh Salsa Tortilla Chips Tropical Fruit	26
29	30 Salisbury Steak Mashed Potatoes / Gravy Green Beans WW Roll Oatmeal Cookie	<div style="border: 2px solid black; padding: 10px; width: fit-content; margin: 0 auto;"> <p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p> </div>		



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ENTIAT

PLEASE CALL 509-888-4440 TO RESERVE MEALS
509-470-0522 FOR HOME DELIVERED MEALS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Meatloaf Mashed Potatoes & Gravy Green Beans Strawberries & Bananas Garlic Bread Oatmeal Cookies	2	3	4 Ham Sandwich Deluxe Loaded Potato Soup Spiced Salad Grapes Dessert	5
8 Mac & Cheese with Bacon Peas & Carrots Tossed Green Salad Mixed Berries	9	10	11 Roast Beef Mashed Potatoes / Gravy Normandy Veggies WW Roll Berry Shortcake	12
15 Country Fried Steak Mashed Potatoes & Gravy Green Beans Apple Slices WW Roll	16	17	18 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	19
22 Hungarian Goulash Green Beans Caesar Salad Pears Garlic Bread Dessert	23	24	25 Sweet & Sour Chicken Steamed Rice Asian Style Veggies Pineapple Egg Roll Dessert	26
29 Baked Ham Au Gratin Potatoes Mixed Greens Salad Pineapple & Cherries WW Roll Dessert	30	<div style="border: 2px solid black; padding: 5px; width: fit-content; margin: auto;"> <p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p> </div>		

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GRAND COULEE

PLEASE CALL 509-633-2321 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY 8-10am

TUESDAY-5pm

WEDNESDAY-5pm

THURSDAY-5pm

FRIDAY 8-10am

1 Scrambled Eggs Bacon Hash Browns Juice Fruit Toast	2 Deluxe Cheeseburger French Fries Apple Slices & Dip	3 Swedish Meatballs Mashed Potatoes Salad Bar Fruit Bar WW Roll	4 Country Fried Steak Mashed Potatoes/Gravy Corn & Carrots WW Roll	5 Cheese Omelette Sausage Links Juice Fruit Toast
8 Breakfast Sandwich Hash Browns Fruit	9 Pulled Pork Sandwich Waffle Fries Coleslaw Dessert	10 Fish & Chips Coleslaw Fruit Tray Dessert	11 Meatloaf Mashed Potatoes/Gravy Mixed Vegetables WW Bread Cereal Bar	12 Biscuits & Gravy Scrambled Eggs Juice Tropical Fruit
15 Scrambled Mess with Gravy Juice Fruit Toast	16 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread	17 Pork Roast Mashed Potatoes/Gravy Green Beans w/Onion Peaches WW Bread	18 Supreme Style Pizza Garden Salad Dessert	19 Scrambled Eggs Ham Hash Browns Juice Fruit Toast
22 Scrambled Eggs Sausage Patty Potato Cakes Juice Fruit	23 BLT Wrap Potato Salad Melons Dessert	24 Sweet & Sour Pork Steamed Rice Stir Fry Veggies Egg Roll	25 Stuffed Peppers Salad Bar Fruit Bar WW Roll Dessert	26 Bacon & Eggs French Toast Juice Fruit
29 Scrambled Mess with Sausage Gravy & Potatoes Juice Fruit Toast	30 Baked Ham Au Gratin Potatoes Cauliflower & Broccoli Applesauce WW Roll Cereal Bar			

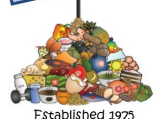
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ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1 Cobb Salad Pickled Beets Grapes Garlic Bread	2	3 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries	4 Roast Beef Mashed Potatoes / Gravy Normandy Veggies WW Roll Strawberry Shortcake	5
8 Tuna Casserole Peas & Carrots Garden Salad Tropical Fruit Dessert	9	10 Salisbury Steak Mashed Potatoes / Gravy Green Beans WW Roll Oatmeal Cookie	11 Sweet & Sour Chicken Steamed Rice Oriental Veggies Pineapple Egg Roll Dessert	12
15 Cher's Salad Fresh Fruit WW Roll Dessert	16	17 Spaghetti & Meat Sauce Caesar Salad Pears Garlic Bread Dessert	18 Baked Lemon Pepper Fish Pesto Pasta Chalet Veggie Blend Spinach Salad Chilled Peaches Dessert	19
22 Philly Steak Sandwich Fresh Fruit Dessert	23	24 Pork Chops Scalloped Potatoes Spiced Salad Fresh Fruit Tray WW Roll Cereal Bar	25 Chicken Strips Broccoli Salad Strawberry Shortcake	26
29 Taco Salad Fresh Salsa Cinnamon Pears	30	<div style="border: 2px solid black; padding: 10px; width: fit-content; margin: 0 auto;"> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>		

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OKANOGAN / OMAK

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TO CHANGE OR CANCEL MEALS

OKANOGAN	OMAK	OKANOGAN	OKANOGAN 9am	OMAK
1 Hamburger Steak with Grilled Onions Mashed Potatoes/Gravy Chopped Salad Bananas Garlic Bread Oatmeal Cookies	2 Crunchy Chicken Salad on a Bed of Greens Pasta Salad Pickled Beets Strawberries Angel Food Cake	3 Mac & Cheese w/Ham Peas & Carrots Tossed Green Salad Peaches Dessert	4 Biscuits & Gravy Scrambled Eggs Juice Tropical Fruit	5 Salisbury Steak Mashed Potatoes/Gravy Green Beans WW Roll Cereal Bar
8 Chef's Salad Fresh Fruit WW Roll	9 Philly Steak Sandwich Cuke & Tomato Salad Fresh Fruit	10 Sweet & Sour Chicken Steamed Rice Oriental Veggies Pineapple Egg Roll	11 Hamburger Steak Hash Browns Juice Apple Slices	12 Clam Chowder Tuna Sandwich Garden Salad Pineapple Dessert
15 French Dip Pea Salad Garden Salad Watermelon Dessert	16 Chicken Cordon Bleu Rice Pilaf Peas & Carrots Tossed Green Salad Chilled Pears Dessert	17 Hot Dog Potato Salad Fruit Salad	18 Breakfast Sandwich Egg, Ham & Cheese Country Potatoes Juice Mixed Berries	19 Roast Beef Mashed Potatoes/Gravy Normandy Veggies WW Roll Berry Shortcake
22 Lemon Pepper Fish Pesto Pasta Chalet Veggies Spiced Salad Chilled Peaches	23 Taco Salad Tortilla Chips Tropical Fruit	24 BBQ Chicken Macaroni Salad Peas & Carrots Veggie Tray Fresh Fruit WW Roll Dessert	25 Cheesy Scrambled Eggs Bacon Hash Browns Juice Fruit Waffle	26 Cheeseburger Deluxe Sweet Potato Waffle Fries Apple Celery Salad
29 Pulled Pork Sandwich Potato Salad Coleslaw Watermelon Dessert	30 Chicken Strips Broccoli Salad Strawberry Shortcake	<div style="border: 2px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p> </div>		

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OROVILLE

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	CLOSED	THURSDAY	FRIDAY
1 Tuna Noodle Casserole Peas & Carrots Garden Salad Tropical Fruit Dessert	2 BBQ Chicken Macaroni Salad Green Beans Coleslaw Fresh Fruit WW Roll Dessert	3	4 Country Fried Steak Mashed Potatoes / Gravy Apple Slices WW Roll	5 Stuffed Pepper Casserole Chopped Salad Chilled Peaches WW Roll Dessert
8 Crunchy Chicken Salad on a Bed of Greens Pasta Salad Pickled Beets Strawberries on Angel Food Cake	9 Mac & Cheese with Bacon Peas & Carrots Tossed Green Salad Mixed Berries Dessert	10	11 Pulled Pork Sandwich Potato Salad Coleslaw Watermelon Dessert	12 Lemon Pepper Fish Pesto Pasta Chalet Veggie Blend Spiced Salad Chilled Peaches Dessert
15 Hot Dog Potato Salad Fruit Salad	16 Roast Beef Mashed Potatoes / Gravy Normandy Vegetables WW Roll Strawberry Shortcake	17	18 Teriyaki Beef on Rice Oriental Veggies Spinach Salad Mandarin Oranges Egg Roll Dessert	19 Taco Salad with Beef Tropical Fruit Tortilla Chips
22 Chef's Salad Fresh Fruit WW Roll	23 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread	24	25 Pork Chops Scalloped Potatoes Spiced Salad Fresh Fruit Tray WW Roll Cereal Bar	26 Clam Chowder Tuna Sandwich Garden Salad Pineapple
29 Chicken Cordon Bleu Rice Pilaf Peas & Carrots Tossed Green Salad Chilled Pears Dessert	30 Biscuits & Gravy Scrambled Eggs Juice Tropical Fruit Pastry	<div style="border: 2px solid black; padding: 5px; margin-bottom: 10px;"> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div> <p>No Home Delivered Meals on Monday</p>		

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TONASKET

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY—CLOSED
1 Chicken Parmesan Pasta Marinara Green Beans Cuke & Tomato Salad Apricots Dessert	2	3 Ham Sandwich Deluxe Loaded Baked Potato Soup Grapes	4 Chef's Salad Fresh Fruit WW Roll	5
8 Sweet & Sour Chicken Steamed Rice Oriental Veggies Pineapple Egg Roll	9	10 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	11 Biscuits & Gravy Scrambled Egg Juice Tropical Fruit	12
15 Chicken Strips Jo Jo's Broccoli Salad Strawberry Shortcake	16	17 Tuna Noodle Casserole Peas & Carrots Garden Salad Tropical Fruit Dessert	18 Hungarian Goulash Green Beans Caesar Salad Pears Garlic Bread Dessert	19
22 Chicken Enchiladas Spanish Rice Broccoli Normandy Cuke & Tomato Salad Cinnamon Pears	23	24 Clam Chowder Tuna Salad Sandwich Garden Salad Pineapple	25 Pork Chops Scalloped Potatoes Spiced Salad Fresh Fruit Tray WW Roll Cereal Bar	26
29 Chicken Caesar Salad Tortellini Soup Apples & Grapes Dessert	30	<div style="border: 2px solid black; padding: 10px; width: fit-content; margin: 0 auto;"> <p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p> </div>		

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TWISP

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries Dessert	2	3	4 Hot Dog Potato Salad Fruit Salad Dessert	5 Lemon Pepper Fish Pesto Pasta Chalet Veggie Blend Spiced Salad Chilled Peaches
8 Chicken Cordon Bleu Rice Pilaf Peas & Carrots Tossed Green Salad Chilled Pears Dessert	9	10	11 Roast Beef Mashed Potatoes Normandy Veggies WW Roll Berry Shortcake	12 SALAD BAR Crunchy Chicken Salad on a Bed of Greens Pasta Salad Pickled Beets Fruited Jell-O
15 Hamburger Steak with Grilled Onions Mashed Potatoes Chopped Salad Grapes Garlic Bread Dessert	16	17	18 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread	19 Clam Chowder Tuna Sandwich Garden Salad Pineapple
22 Pulled Pork Sandwich Potato Salad Coleslaw Watermelon Dessert	23	24	25 Chicken Caesar Salad Minestrone Soup Apples & Grapes Dessert	26 Cheeseburger Deluxe Sweet Potato Waffle Fries Apple Celery Salad Dessert
29 BBQ Chicken Macaroni Salad Peas & Carrots Veggie Tray Fresh Fruit WW Roll Cookies	30			

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