



COULEE CITY

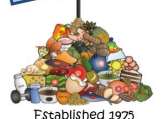
PLEASE CALL OR TEXT 509-632-8701 TO RESERVE MEALS
24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$10.00</p> </div>				<p>1 Meatloaf Mashed Potatoes / Gravy Green Beans WW Roll Fruited Jell-O</p>
4	<p>5 BBQ Chicken Cucumber Slices Spring Salad Strawberry Shortcake</p>	<p>6 Chicken Taco Soup Tortilla Chips Mexican Coleslaw Watermelon</p>	<p>7 Stuffed Shells with Marinara Sauce Spinach Salad Orange Quarters Dessert</p>	<p>8 Sloppy Joe Sandwich Jo Jo's Peaches Dessert</p>
11	<p>12 German Sausage on Bun Sauerkraut Waffle Fries Apple Slices</p>	<p>13 Veggie Lasagna Caesar Salad Apricots Garlic Bread</p>	<p>14 Hawaiian Chicken Wild Rice Asian Vegetables Coleslaw Tropical Fruit Dessert</p>	<p>15 Pizza Supreme Garden Salad Dessert</p>
18	<p>19 Swiss Steak Shell Pasta Green Beans Banana</p>	<p>20 Italian Beef & Rice Caesar Salad Fruit Salad Dessert</p>	<p>21 Pepper Steak over Rice Asian Slaw Dessert</p>	<p>22 Bacon & Egg Salad Sandwich Pea Salad Orange Quarters Dessert</p>
25	<p>26 Shepherd's Pie Garden Salad Fresh Fruit WW Roll Cereal Bar</p>	<p>27 Orange Glazed Chicken Rice Asian Vegetables Broccoli Salad Chilled Pineapple Egg Roll</p>	<p>28 Chicken Cordon Bleu Casserole over Noodles Garlic Green Beans Fresh Fruit Dessert</p>	<p>29 Salmon With Dill Sauce Wild Rice Venetian Veggie Blend Spinach Salad Fruit Salad Dessert</p>

Visit our website at www.octn.org . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

Call 509-826-7979 for information on Meals on Wheels



Established 1975



GRAND COULEE

PLEASE CALL 509-633-2321 TO RESERVE MEALS

509-826-7979 FOR HOME DELIVERED MEALS

MONDAY 8-10am

TUESDAY-5pm

WEDNESDAY-5pm

THURSDAY-5pm

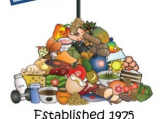
FRIDAY 8-10am

<p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$10.00</p>				<p>1 Scrambled Eggs Bacon Hash Browns Fruit Pastry</p>
<p>4 Scrambled Eggs Sausage Links V-8 or Fruit Juice Fruit French Toast</p>	<p>5 Meatloaf Mashed Potatoes / Gravy Broccoli Normandy WW Roll Fruited Jell-O</p>	<p>6 Hawaiian Chicken Wild Rice Asian Vegetables Coleslaw Tropical Fruit Dessert</p>	<p>7 Cheese Burger Deluxe with Bacon Jo Jo's Watermelon</p>	<p>8 Biscuits & Gravy Scrambled Eggs Fruit</p>
<p>11 Scrambled Eggs Ham Hash Browns Juice Fruit Toast</p>	<p>12 Country Fried Steak Mashed Potatoes / Gravy Green Beans WW Roll Apple Crisp</p>	<p>13 Taco Salad Tortilla Chips Fresh Salsa Tropical Fruit Dessert</p>	<p>14 Oven Fried Chicken Baked Potato Spring Salad WW Roll Strawberry Shortcake</p>	<p>15 Breakfast Sandwich Hash Browns Juice Fruit</p>
<p>18 Cheese Omelette Sausage Links Hash Browns Juice Fruit Toast</p>	<p>19 Chicken Fettuccine Alfredo Mixed Veggies Salad Bar Fruit Bar Garlic Bread</p>	<p>20 Pork Chops Mashed Potatoes/Gravy Broccoli & Cauliflower Peaches WW Roll Oatmeal Cookie</p>	<p>21 Hamburger Steak with Grilled Onions Mashed Potatoes/Gravy Peas & Carrots Applesauce WW Roll Dessert</p>	<p>22 Ham Scrambler with Cheese Hash Browns Juice Fruit Toast</p>
<p>25 CLOSED FOR MEMORIAL DAY HOLIDAY</p>	<p>26 Mac & Cheese with Bacon Green Beans Tossed Salad Mixed Berries Dessert</p>	<p>27 Teriyaki Chicken on Rice Oriental Veggies Asian Style Slaw Pineapple Egg Roll</p>	<p>28 Chef's Salad Fresh Fruit WW Roll</p>	<p>29 Scrambled Eggs Sausage Links Juice Fruit Pancakes</p>

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