



DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 BBQ Chicken Potato Salad Veggie Tray Fresh Fruit WW Roll Rice Krispies Treats	4 Chicken Caesar Salad Tortellini Soup Apples & Grapes Dessert	5 Philly Steak Sandwich Jo Jo's Chopped Salad Fresh Fruit Dessert	6
9	10 Pulled Pork Sandwich Potato Salad Coleslaw Watermelon Dessert	11 Roast Beef Mashed Potatoes & Gravy Normandy Veggies WW Roll Strawberry Shortcake	12 Taco Salad Spanish Rice Mexi Slaw Tropical Fruit Tortilla Chips Dessert	13
16	17 Salisbury Steak Mashed Potatoes & Gravy Green Beans Fruit Cocktail WW Roll Cereal Bars	18 Scrambled Eggs Bacon Hash Brown Potatoes Fruit or V-8 Juice Fresh Fruit Waffles	19 Sweet & Sour Chicken Steamed Rice Asian Style Veggies Asian Style Salad Pineapple Egg Roll Dessert	20
23	24 Clam Chowder Tuna Sandwich Garden Salad Pineapple Dessert	25 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	26 Pork Chops Scalloped Potatoes Spiced Salad Fresh Fruit WW Roll Cereal Bars	27
30	<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</div>			

Visit our website at www.octn.org . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

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ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Tuna Casserole Peas & Carrots Garden Salad Tropical Fruit Dessert	3	4 Baked Ham Mashed Potatoes & Gravy Mixed Greens Salad Peaches Bread Pudding	5 Hot Dog Coleslaw Three Bean Salad Fruit Salad Dessert	6
9 Mac & Cheese with Ham Glazed Carrots Tossed Green Salad Mixed Berries Dessert	10	11 BBQ Chicken Potato Salad Veggie Tray Fresh Fruit WW Roll Rice Krispies Treats	12 Salisbury Steak Mashed Potatoes & Gravy Green Beans Fruit Cocktail WW Roll Dessert	13
16 Cheeseburger Deluxe Sweet Potato Waffle Fries Apple Slices Dessert	17	18 Chicken Caesar Salad Tortellini Soup Apples & Grapes Dessert	19 Roast Beef Mashed Potatoes & Gravy Normandy Veggies WW Roll Strawberry Shortcake	20
23 Chef's Salad Fresh Fruit WW Roll Dessert	24	25 Meatballs Mashed Potatoes & Gravy Greek Salad Banana WW Roll Apple Oatmeal Bars	26 Baked Fish Fillet Pesto Pasta Chalet Vegetables Blend Spiced Salad Chilled Pears Dessert	27
30 Philly Steak Sandwich Jo Jo's Chopped Salad Apricots Dessert		<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</div>		

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WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS

509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 Stuffed Pepper Casserole Chopped Salad Chilled Pears WW Roll Dessert	4 Baked Ham Potatoes Au Gratin Mixed Greens Salad Pineapple & Cherries WW Roll Bread Pudding	5 BBQ Chicken Potato Salad Veggie Tray Fresh Fruit WW Roll Rice Krispies Bars	6 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries Dessert
9	10 Pulled Pork Sandwich Potato Salad Coleslaw Watermelon Dessert	11 Hot Dog Pea Salad Three Bean Salad Fruit Salad Dessert	12 Chicken Caesar Salad Tortellini Soup Apples & Grapes Dessert	13 Roast Beef Mashed Potatoes / Gravy Normandy Veggies WW Roll Strawberry Shortcake
16	17 French Dip Pea Salad Garden Salad Watermelon Dessert	18 Pork Chops Scalloped Potatoes Spiced Salad Fresh Fruit Tray WW Roll Cereal Bar	19 Taco Salad Spanish Rice Coleslaw Tropical Fruit Tortilla Chips Dessert	20 Hamburger Steak with Grilled Onions Mashed Potatoes Chopped Salad Bananas & Strawberries Garlic Bread Oatmeal Cookies
23	24 Meatballs Mashed Potatoes Greek Salad Banana WW Roll Apple Oatmeal Bars	25 Biscuits & Gravy Scrambled Eggs Potatoes O'Brien Tropical Fruit Juice Pastry	26 Clam Chowder Tuna Sandwich Garden Salad Pineapple Dessert	27 Chef's Salad Fresh Fruit WW Roll Dessert
30		<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>		

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