

### DAVENPORT

# PLEASE CALL 509-725-7055 TO RESERVE MEALS 509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Chicken Enchiladas Baja Vegetable Blend Fresh Salsa Mandarin Oranges Dessert	3 Harvest Stew Coleslaw Peaches Cornbread Dessert	4 Pork Chops Mashed Potatoes & Gravy Roasted Carrots Garden Salad Applesauce WW Roll Dessert	5
8	9 Clam Chowder Deluxe Turkey Sandwich Cucumber Salad Apple Slices Dessert	10 Salisbury Steak Mashed Potatoes & Gravy Trio Vegetables Carrot/Raisin Salad WW Roll Berry Cobbler	11 Pork Roast Stuffing & Gravy Steamed Carrots Garden Salad Waldorf Salad Dessert	12
15	16 Country Fried Steak Mashed Potatoes & Gravy Green Beans Broccoli Salad WW Roll Dessert	17 Hearty Turkey Noodle Soup Tossed Salad Fresh Fruit Tray Mozzarella Bread Stick Dessert	18 Swiss Steak Mashed Potatoes & Gravy California Blend Veggies Chopped Salad Fruit Salad Biscuit Dessert	19
22	23 Roast Beef Baked Potato & Fixings Green Bean Casserole 7 Layer Salad Fruit Ambrosia WW Roll Special Dessert	CLOSED FOR CHRISTMAS EVE	CLOSED FOR CHRISTMAS DAY	26
29	30 Ham or Turkey Sandwich Vegetable Medley Soup Coleslaw Waldorf Salad Dessert	31 Chicken Florentine Served over Pasta Tossed Green Salad Cherries & Pineapple Dessert	Suggested donation for sent FEE for persons under age 6	

Visit our website at www.octn.org . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840





Call 509-826-7979 for information on Meals on Wheels



### **ODESSA**

# PLEASE CALL 509-982-2654 TO RESERVE MEALS 509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Stuffed Cabbage Rolls Tossed Salad Sliced Pears Oatmeal Cookie	2	3 Chicken Enchiladas Mixed vegetables Fresh Salsa Mandarin Oranges Dessert	4 Macaroni & Cheese w/ Bacon Peas & Carrots Tossed Green Salad Mixed Berries Dessert	5
8 Harvest Stew Coleslaw Peaches Cornbread Dessert	9	10 Pork Chops Mashed Potatoes & Gravy Roasted Carrots Garden Salad Applesauce WW Roll Dessert	11 Clam Chowder Turkey Sandwich Lettuce & Tomato Cucumber Salad Fruit Juice Dessert	12
15 Chicken Taco Soup Tossed Green Salad Peaches Tortilla Chips Dessert	16	17 Pork Roast Stuffing & Gravy Steamed Carrots Garden Salad Waldorf Salad Dessert	18 Baked Fish w/ Lemon Pepper Roasted Red Potatoes & Carrots Coleslaw Chilled Peaches Garlic Bread Dessert	19
22 Baked Ham Scalloped Potatoes Green Bean Casserole Cranberry Salad WW Roll Pie	23	CLOSED FOR CHRISTMAS EVE	CLOSED FOR CHRISTMAS DAY	26
29 Half Chef's Salad Potato Soup Cinnamon Applesauce WW Roll Dessert	30	31 French Dip Sandwich Jo Jo's Garden Salad Peaches Dessert	Suggested donation for is \$5.00 FEE for persons under a	_

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### **WILBUR**

# PLEASE CALL 509-647-5503 TO RESERVE MEALS 509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Chicken Enchiladas Baja Vegetable Blend Fresh Salsa Mandarin Oranges Dessert	3 Salisbury Steak Mashed Potatoes / Gravy Trio Vegetables Carrot Raisin Salad WW Roll Berry Cobbler	4 Stuffed Cabbage Rolls 7 Layer Salad Chilled Pears Oatmeal Cookie	5 Chicken Fettuccine Alfredo Italian Vegetables Caesar Salad Mandarin Oranges Dessert
8	9 BBQ Meatballs Mac & Cheese Italian Vegetables Caesar Salad Fruit Cocktail Dessert	10 Baked Chicken Wild Rice Glazed Carrots Broccoli Salad Tropical Fruit WW Roll Dessert	11 Deluxe Bacon Cheeseburger Sweet Potato Waffle Fries Three Bean Salad Sliced Pears Monster Cookies	12 Swiss Steak Mashed Potatoes / Gravy California Blend Veggies Chopped Salad Banana Biscuit Dessert
15	16 Hearty Turkey Noodle Soup Tossed Salad Fresh Fruit Tray Mozzarella Breadstick Dessert	17 Meatloaf Mashed Potatoes / Gravy Trio Veggies Garden Salad Peaches WW Roll Dessert	18 Orange Glazed Chicken Steamed Rice Stir Fry Veggies Asian Style Slaw Chilled Pineapple Egg Roll Dessert	19 Tuna Casserole Peas & Carrots Garden Salad Tropical Fruit Dessert
22	23 Baked Ham Scalloped Potatoes Chipped Salad Pineapple & Cherries WW Roll Rice Krispies Treats	CLOSED FOR CHRISTMAS EVE	CLOSED FOR CHRISTMAS DAY	26 Ham Sandwich Deluxe Vegetable Medley Soup Coleslaw Waldorf Salad Dessert
29	30 Chicken Burger Deluxe Potato Salad Chilled Peaches Dessert	31 Garden Chili Cottage Cheese Cucumber Salad Applesauce Cornbread Dessert+	Suggested donation for se	eniors over age 60 is \$5.00 e 60 is \$12.00

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