



BREWSTER - BRIDGEPORT—PATEROS

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00		1 Lasagna with Meat Sauce Caesar Salad Apple Slices Dessert	2	3 CLOSED FOR 4TH OF JULY HOLIDAY
6	7 Fish & Chips Coleslaw Peaches Granola Bar	8 Tater Tot Casserole Garden Salad Apple Slices WW Roll Oatmeal Cookie	9	10 Baked Ham Scalloped Potatoes Greek Salad Pineapple Dessert
13	14 Chicken Fettuccine Alfredo Steamed Carrots Fresh Fruit	15 Teriyaki Beef over Rice Oriental Vegetables Garden Salad Tropical Fruit Sherbet	16	17 Ham & Cheese Sandwich with Lettuce & Tomato Three Bean Salad V-8 Juice Fresh Fruit Tray Dessert
20	21 Sweet & Sour Meatballs Steamed Rice Oriental Vegetables Cucumber Salad Tropical Fruit Dessert	22 Scrambled Eggs Bacon Oven Brown Potatoes Fresh Fruit Blueberry Muffin	23	24 Chef's Salad Mixed Melons WW Roll Rice Krispies Treats
27	28 Grilled Chicken, Bacon and Swiss Cheese Sandwich Broccoli Salad Watermelon Jell-O	29 Cheese Ravioli & Marinara Venetian Veggies Caesar Salad Berry Shortcake	30	31 Country Fried Steak Mashed Potatoes/Gravy Trio Veggies Peaches Dessert

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Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

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OKANOGAN / OMAK

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

OKANOGAN

OMAK

OKANOGAN

OKANOGAN 9am

OMAK

Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00		1 Turkey Sandwich Deluxe with Lettuce & Tomato Three Bean Salad Cherry Pie	2 Biscuits & Gravy Scrambled Eggs Oven Brown Potatoes Banana	3 CLOSED FOR 4TH OF JULY HOLIDAY
6 Chili with Cheese & Onions Tossed Salad Mixed Melons Cornbread Dessert	7 Baked Ham Scalloped Potatoes Greek Salad Pineapple WW Roll Dessert	8 Chicken Stir Fry Steamed Rice Asian Slaw Mandarin Oranges Egg Roll	9 Breakfast Casserole with Eggs, Sausage, Spinach, Mushrooms & Cheese Hash Browns Peaches	10 Baked Fish Fillet Herbed Fettuccine Peas Cabbage Apple Slaw Mixed Berries
13 Ham & Cheese Sandwich with Lettuce & Tomato Three Bean Salad V-8 Juice Fresh Fruit Tray	14 Cheese Ravioli with Meat Sauce Venetian Veggies Caesar Salad Mixed Berry Shortcake	15 Chicken Parmesan Rice Pilaf Italian Vegetables Garden Salad Fresh Fruit	16 Breakfast Sandwich Ham, Egg & Cheese Hash Browns Pears	17 Sweet & Sour Meatballs Steamed Rice Oriental Veggies Cucumber Salad Tropical Fruit Oatmeal Cookie
20 Tater Tot Casserole Garden Salad Apple Slices Oatmeal Cookie	21 Chicken Fried Steak Mashed Potatoes Trio Veggies Peaches Dessert	22 Clam Chowder BLT Sandwich Watermelon Dessert	23 Scrambled Eggs Bacon Potatoes O'Brien Blueberries & Yogurt	24 Hot Dog Potato Salad Pea Salad Strawberry Shortcake
27 Grilled Chicken Sandwich with Bacon & Swiss Broccoli Salad Watermelon Dessert	28 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert	29 Fish & Chips Coleslaw Orange Quarters Granola Bar	30 Country Fried Steak Scrambled Egg Country Potatoes Apple Slices	31 Pork Roast Stuffing & Gravy Green Beans Tossed Salad Apple Crisp

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OROVILLE

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TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	CLOSED	THURSDAY	FRIDAY
Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00		1	2 Deluxe Cheeseburger with Lettuce & Tomato Potato Salad Watermelon	3 CLOSED FOR 4TH OF JULY HOLIDAY
6 No home delivery Tater Tot Casserole Garden Salad Peaches WW Roll Oatmeal Cookie	7 Biscuits & Gravy Scrambled Eggs Oven Brown Potatoes Stewed Tomatoes Orange Quarters	8	9 Chili with Cheese & Onions Tossed Salad Mixed Melons Cornbread Dessert	10 Chicken Enchilada Casserole Coleslaw Cuke & Watermelon Salad Mandarin Oranges Dessert
13 No home delivery Hot Dog Potato Salad Pea Salad Strawberry Shortcake	14 Country Fried Steak Mashed Potatoes Trio Vegetables Peaches Dessert	15	16 Kielbasa with Peppers and Onions Potato Wedges Spinach Salad Cornbread	17 Clam Chowder BLT Sandwich Tossed Salad Watermelon Dessert
20 No home delivery Turkey Sandwich Deluxe Three Bean Salad Cherry Pie	21 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert	22	23 Beef Stew Garden Salad Peaches Biscuit	24 Baked Fish Fillet Herbed Fettuccine Peas Cabbage/Apple Slaw Mixed Berries
27 No home delivery Taco Salad Cinnamon Pears Dessert	28 Hamburger Steak with Onions & Mushrooms Mashed Potatoes Tossed Salad WW Roll Apple Crisp	29	30 Pork Roast Stuffing & Gravy Green Beans Tossed Salad Apple Crisp	31 Fish & Chips Coleslaw Peaches Granola Bar

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TONASKET

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TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY—CLOSED	WEDNESDAY	THURSDAY	FRIDAY—CLOSED
Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00		1 Country Fried Steak Mashed Potatoes Trio Vegetables Peaches Dessert	2 Spaghetti & Meat Sauce Caesar Salad Pears Garlic Bread Dessert	3 CLOSED FOR 4TH OF JULY HOLIDAY
6 Hot Dog Potato Salad Pea Salad Strawberry Shortcake	7	8 Deluxe Turkey Sandwich with Lettuce & Tomato Three Bean Salad Cherry Pie	9 Biscuits & Gravy Scrambled Eggs Oven Brown Potatoes Stewed Tomatoes Orange Quarters	10
13 Veggie Lasagna Green Salad Apple Slices Dessert	14	15 Chicken Enchilada Casserole Cuke & Watermelon Salad Mexi Slaw Mandarin Oranges Dessert	16 Fish & Chips Coleslaw Peaches Granola Bar	17
20 Supreme Style Pizza Pears Dessert	21	22 Chili with Cheese Tossed Salad Mixed Melons Cornbread Dessert	23 Deluxe Cheeseburger with Lettuce & Onion Potato Salad Watermelon	24
27 Chicken, Bacon Swiss Cheese Sandwich Broccoli Salad Watermelon Dessert	28	29 Tater Tot Casserole Garden Salad Peaches WW Roll Oatmeal Cookies	30 Baked Fish Fillet Herbed Fettuccine Peas Cabbage/Apple Slaw Mixed Berries	31

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TWISP

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Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00		1	2 Lasagna with Meat Sauce Caesar Salad Apple Slices Ice Cream	3 CLOSED FOR 4TH OF JULY HOLIDAY
6 Tater Tot Casserole Garden Salad Peaches WW Roll Oatmeal Cookies	7	8	9 Chicken Enchilada Casserole Coleslaw Cuke & Watermelon Salad Mandarin Oranges Sherbet	10 Baked Fish Fillet Herbed Fettuccine Peas Cabbage/Apple Slaw Mixed Berries Dessert
13 Hamburger Steak with Onions & Mushrooms Mashed Potatoes Tossed Green Salad WW Roll Apple Crisp	14	15	16 Chicken Fettuccine Alfredo Steamed Carrots Fresh Fruit	17 Baked Ham Scalloped Potatoes Greek Salad Pineapple WW Roll Dessert
20 Chef's Salad Mixed Melons WW Roll Rice Krispies Treats	21	22	23 Deluxe Cheeseburger Potato Salad Watermelon	24 Fish & Chips Coleslaw Peaches Granola Bar
27 Pork Roast Stuffing & Gravy Green Beans Tossed Green Salad Apple Crisp	28	29	30 Beef Stew Garden Salad Peaches Biscuit	31 Turkey Sandwich Deluxe Three Bean Salad Cherry Pie

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