

BREWSTER - BRIDGEPORT—PATEROS

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Suggested donation for seniors over age 60 is $5.00 FEE for persons under age 60 is $12.00			1	2 Bacon, Mushroom,& Swiss Cheese Quiche Steamed Broccoli Tossed Salad Apricots
5	6 Cabbage Patch Stew Spiced Salad Apple Slices Cornbread Dessert	7 Chicken Fried Steak Mashed Potatoes/Gravy Trio Veggies Lettice & Tomato Salad Cherry Crisp	8	9 Hawaiian Chicken Rice Oriental Vegetables Asian Coleslaw Tropical Fruit Dessert
12	13 Fish & Chips Coleslaw Grapes Rice Krispies Treats	14 Pork Chops Scalloped Potatoes Green Salad Applesauce WW Roll Dessert	15	16 Tater Tot Casserole Greek Salad Chilled Peaches WW Roll Dessert
19	20 Pulled Pork Sandwich Potato Salad Coleslaw Banana Dessert	21 Teriyaki Beef Rice Garlic Green Beans Green Salad Pineapple	22	23 Cheese Ravioli Italian Vegetables Spiced Pears Breadstick Dessert
26	27 Hearty Veggie Beef Soup Cottage Cheese Tossed Green Salad Apple Wedges WW Roll Oatmeal Cookie	28 Cheeseburger Deluxe Jo Jo's Coleslaw Sliced Pears Dessert	29	30 Beef Stroganoff Steamed Carrots Tossed Salad Mixed Berries Dessert

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OKANOGAN / OMAK

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TO CHANGE OR CANCEL MEALS

OKANOGAN	OMAK	OKANOGAN	OKANOGAN 9am	OMAK
Suggested donation for seniors over age 60 is $5.00 FEE for persons under age 60 is $12.00			1 Biscuits & Gravy Scrambled Eggs Country Potatoes Fruit	2 Wild Rice & Ham Casserole Green Beans Spinach Salad Orange Quarters WW Roll Dessert
5 Tater Tot Casserole Greek Salad Chilled Peaches Dessert	6 Chicken Fettuccine Alfredo Zucchini Tomato Bake Caesar Salad Tropical Fruit	7 Teriyaki Beef Steamed Rice Garlic Green Beans Green Salad Pineapple	8 Breakfast Sandwich: Ham, Egg & Cheese Hash Browns Juice Fruit	9 Pork Roast Stuffing & Gravy Roasted Fall Veggies Spinach Salad Applesauce Dessert
12 Beef Stew Tossed Salad Orange Quarters Biscuit	13 Honey Mustard Chicken Wild Rice Key West Veggies Mixed Greens Salad Tropical Fruit Dessert	14 Meatloaf Mashed Potatoes & Gravy Green Beans WW Roll Pear Crisp	15 Cheesy Scrambled Eggs Bacon Hash Browns Juice Fruit Biscuit	16 Fish & Chips Coleslaw Grapes Rice Krispies Treats
19 Pork Chops Scalloped Potatoes Green Salad Applesauce WW Roll Dessert	20 Cheese Ravioli with Meat Sauce Italian Vegetables Spiced Pears Bread Stick Dessert	21 Chicken Fried Steak Masked Potatoes/Gravy Trio Veggies Lettuce & Tomato Salad Cherry Crisp	22 Country Fried Steak Eggs Saratoga Country Potatoes Juice Fruit	23 Stuffed Pepper Casserole Mixed Greens Salad Pears Bread Stick Dessert
26 Beef Stroganoff Steamed Carrots Tossed Green Salad Mixed Berries Dessert	27 Tuna Noodle Casserole Peas & Carrots Tossed Salad Tropical Fruit Dessert	28 Ham & Cheese Sandwich w/Lettuce & Tomato Corn Chowder Pea Salad Chilled Apricots Dessert	29 Scrambled Eggs Sausage Links Country Potatoes Juice Fruit Waffle	30 Lemon Baked Fish Garlic Pasta Glazed Carrots Spring Salad Peaches Dessert

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OROVILLE

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TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	CLOSED	THURSDAY	FRIDAY
Suggested donation for seniors over age 60 is $5.00 FEE for persons under age 60 is $12.00			1 Chicken Fried Steak Mashed Potatoes / Gravy Trio Veggie Cherry Crisp	2 Garden Chili Tossed Salad Peaches Mozzarella Breadstick Dessert
5 California Chicken Casserole Spring Salad Tropical Fruit Dessert	6 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert	7	8 Lemon Baked Fish Garlic Pasta Glazed Carrots Spring Salad Apple Wedges Dessert	9 Yankee Pot Roast Potatoes & Carrots Green Beans Applesauce WW Roll Cereal Bar
12 Cheeseburger Deluxe Jo Jo's Coleslaw Sliced Pears Oatmeal Cookie	13 Pork Roast Stuffing & Gravy Roasted Fall Veggies Spinach Salad Applesauce Dessert	14	15 Fish & Chips Coleslaw Grapes Rice Krispies Treats	16 Hearty Veggie Beef Soup Cottage Cheese Tossed Green Salad Apple Wedges Oatmeal Cookie
19 Tuna Salad Sandwich Clam Chowder Fruit Tray Dessert	20 Teriyaki Beef on Rice Garlic Green Beans Green Salad Pineapple Dessert	21	22 Crunchy Chicken Salad Sandwich Cucumber Salad Grapes Dessert	23 Tuna Noodle Casserole Peas & Carrots Tossed Salad Oregon Berries Ice Cream
26 Chicken Fettuccine Alfredo Zucchini Tomato Bake Caesar Salad Apple Slices Dessert	27 Sloppy Joe's Potato Salad Coleslaw Banana Dessert	28	29 Beef Stew Tossed Salad Orange Quarters Biscuit	30 Cheese Ravioli with Meat Sauce Italian Vegetables Spiced pears Dessert

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TONASKET

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TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY—CLOSED
Suggested donation for seniors over age 60 is $5.00 FEE for persons under age 60 is $12.00			1 Cheesy Scrambled Eggs Sausage Patty Potatoes O'Brien Stewed Tomatoes Fresh Fruit Biscuit	2
5 Cabbage Patch Stew Spiced Salad Apple Slices Cornbread	6	7 Ham & Cheese Sandwich Tomato Basil Soup Cucumber Salad Peaches	8 Stuffed Pepper Casserole Mixed Greens Salad Pears Bread Stick Dessert	9
12 California Chicken Casserole Spring Salad Orange Quarters Dessert	13	14 Hearty Veggie Beef Soup Cottage Cheese Tossed Green Salad Apple Wedges Oatmeal Cookie	15 Chicken Fettuccine Alfredo Zucchini / Tomato Bake Caesar Salad Tropical Fruit	16
19 Chicken Fried Steak Mashed Potatoes / Gravy Trio Veggies WW Roll Cherry Crisp	20	21 Pork Roast Stuffing & Gravy Roasted Fall Veggies Applesauce Dessert	22 Garden Chili Tossed Salad Peaches Mozzarella Breadstick Cookie	23
26 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert	27	28 Honey Mustard Chicken Wild Rice Key West Veggies Mixed Greens Salad Tropical Fruit	29 Tuna Salad Sandwich Clam Chowder Fruit Tray Dessert	30

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TWISP

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5 Broccoli Chicken Bake Garden Salad Waldorf Salad WW Roll Dessert	6	7	8 Ham & Cheese Sandwich Corn Chowder Pea Salad Chilled Apricots Dessert	9 Chicken Fried Steak Masked Potatoes / Gravy Trio Veggies Lettuce & Tomato Salad Fruited Jell-O
12 Tater Tot Casserole Greek Salad Chilled Peaches WW Roll Dessert	13	14	15 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert	16 Lemon Baked Fish Garlic Pasta Glazed Carrots Spring Salad Peaches Dessert
19 Meatloaf Mashed Potatoes / Gravy Green Beans WW Roll Pear Crisp	20	21	22 Garden Chili Tossed Salad Peaches Mozzarella Breadstick Dessert	23 Honey Mustard Chicken Wild Rice Key West Veggies Tropical Fruit WW Roll Dessert
26 Yankee Pot Roast Potatoes & Carrots Green Beans Mixed Fruit WW Roll Cereal Bar	27	28	29 Stuffed Pepper Casserole Mixed Greens Salad Pears Bread Stick Dessert	30 Fish & Chips Coleslaw Grapes Rice Krispies Treats

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