



# COULEE CITY

PLEASE CALL OR TEXT 509-632-8701 TO RESERVE MEALS  
24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$10.00</div>			1 Salmon with Dill Sauce Rice Pilaf Venetian Veggie Blend Spinach Salad Fruit Salad Dessert	2 Swiss Steak/ Tomato Sauce Shell Pasta Green Beans Tossed Salad Banana French Bread Dessert
5	6 Chicken Cordon Bleu Casserole Garlic Green Beans Tossed Salad Fresh Fruit Dessert	7 Cabbage Patch Stew Macaroni Salad Cucumber Salad Tropical Fruit Focaccia Bread Dessert	8 Bacon, Broccoli & Swiss Cheese Quiche Garden Salad Fresh Fruit Tray Blueberry Muffin	9 Sloppy Joe Sandwich Jo Jo's Coleslaw Peaches Dessert
12	13 Tuna Salad on a Croissant Veggie Tray Grapes Dessert	14 Hamburger Steak with Grilled Onions Mashed Potatoes/Gravy Green Beans Caesar Salad WW Roll Dessert	15 Orange Glazed Chicken Steamed Rice Asian Vegetables Coleslaw Chilled Pineapple Egg Roll Dessert	16 Bratwurst & Sauerkraut Roasted Potato Wedges Pea Salad Waldorf Salad Dessert
19	20 Chili with Cheese Cucumber Slices Green Salad Cornbread Strawberry Shortcake	21 Country Fried Steak Mashed Potatoes Green Beans WW Roll Apple Crisp	22 Chicken Stir Fry Steamed Rice Asian Slaw Mandarin Oranges Egg Roll Dessert	23 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert
26 CLOSED 	27 Meatloaf Mashed Potatoes & Gravy Broccoli Normandy Garden Salad WW Roll Fruited Jell-O	28 Bacon & Egg Salad Sand- wich on a Croissant Pickled Beets Spinach Salad Orange Quarters Dessert	29 Chicken Burger Deluxe with Bacon & Swiss Jo Jo's Coleslaw Watermelon Dessert	30 Kielbasa with Peppers and Onions Roasted Potatoes Cucumber Salad Apple Slices Cornbread Cereal Bar

Visit our website at [www.octn.org](http://www.octn.org) . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

Call 509-826-7979 for information on Meals on Wheels






# GRAND COULEE

PLEASE CALL 509-633-2321 TO RESERVE MEALS

509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div> Suggested donation for seniors over age 60 is \$5.00  FEE for persons under age 60 is \$10.00 </div>			1 Ham & Bean Stew Salad Bar Fruit Bar Biscuits Cook's Choice	2 Scrambled Eggs Bacon Hash Browns Juice Fruit Bowl Toast
5 Scrambled Eggs Sausage Links Strawberry Waffles Juice Fruit Bowl	6 Teriyaki Beef on Rice Spinach Salad Mandarin Oranges Egg Roll Dessert	7 Bacon Cheeseburger Potato Salad French Fries Fruited Jell-O Cook's Choice	8 Country Fried Steak Mashed Potatoes/Gravy Carrots & Corn Sliced Fruit w/Dip WW Roll Pudding Parfait	9 Biscuits & Gravy Eggs Your Way O'Brien Potatoes Juice Fruit Bowl
12 Scrambled Eggs Ham Slice French Toast Juice Fruit Bowl	13 Taco Salad Bar Chips & Salsa Fruit Bar Cook's Choice	14 Oven Fried Chicken Baked Potato Carrots & Corn Cinnamon Pears WW Roll Dessert	15 Spaghetti & Meat Sauce Salad Bar Fruit Bar Garlic Bread Cook's Choice	16 German Sausage Scrambled Eggs Hash Browns Juice Fruit Bowl Toast
19 Omelet with Meat Hash Browns Juice Fruit Bowl Toast	20 Shepherd's Pie Salad Bar Fruit Bar WW Roll Cereal Bar	21 Lemon Baked Fish Rice Pilaf Corn & Carrots Salad Bar Mixed Fruit Dessert	22 Pork Roast Mashed Potatoes/Gravy Mixed Veggies Fruit Cup WW Roll Coolwich	23 Country Scrambler Hash Browns Fruit Bowl Juice Toast
26 CLOSED 	27 Salisbury Steak Mashed Potatoes / Gravy Green Beans Sliced Fruit w/Dip WW Roll Dessert	28 Chicken Fettuccine Alfredo Venetian Blend Veggies Caesar Salad Fruit Bar Dessert	29 Country Ribs Potato Salad Green Salad Fruit Salad WW Bread Cook's Choice	30 Scrambled Eggs Sausage Links Pancakes Fruit Bowl Juice

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