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# BREWSTER - BRIDGEPORT—PATEROS

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED  	2 Fiesta Chicken Salad Watermelon Tortilla Chips Dessert	3 Deluxe Fish Sandwich Three Bean Salad Coleslaw Fruit Tray Dessert	4	5 Mac & Cheese w/ Bacon Peas & Carrots Green Salad Tropical Fruit Dessert
8	9 Hawaiian Chicken Steamed Rice Normandy Veggies Coleslaw Mandarin Oranges Garlic Bread Dessert	10 French Dip w/ Swiss Cheese Potato Salad Tossed Salad Peaches Dessert	11	12 Chicken Pot Pie Cottage Cheese Garden Salad Fruit Tray WW Roll Dessert
15	16 Hot Turkey Sandwich Mashed Potatoes & Gravy Green Beans Peaches Oatmeal Cookies	17 Tortellini Soup w/ Zucchini Cucumber Salad Orange Quarters Garlic Cheese Bread Dessert	18	19 Sloppy Joe's on Garlic Bread Jo Jo's Cuke/ Watermelon Salad Waldorf Salad Dessert
22	23 Fall Vegetable Medley Soup Sliced Tomatoes Assorted Melons Mozzarella Breadstick Dessert	24 Hamburger Steak w/ Grilled Onions Mashed Potatoes & Gravy Buttered Corn Mixed Greens Salad Mandarin Oranges Dessert	25	26 Baked Fish Pesto Pasta Green Beans Spinach Salad Tropical Fruit Dessert
29	30 Tuna Casserole w/ Cheese Peas & Carrots Tossed Salad Watermelon Dessert	<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>		

Visit our website at [www.octn.org](http://www.octn.org) . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

Call 509-826-7979 for information on Meals on Wheels





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# CASHMERE / LEAVENWORTH

PLEASE CALL 509-888-4440 TO RESERVE MEALS

509-470-0522 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED  	2	3 Teriyaki Beef w/ Rice Oriental Vegetables Broccoli Slaw Mandarin Oranges Garlic Bread Dessert	4	5 Chicken Parmesan Garlic Pasta Italian Blend Veggies Fruit Ambrosia
8 Meatloaf Potatoes Au Gratin Spring Salad Buttered Corn Apple Crisp	9	10 Chicken Fried Steak Mashed Potatoes & Country Gravy Garden Salad Buttered Corn Peaches Dessert	11	12 Salmon w/ Dill Sauce Rosemary Potatoes Peas & Carrots Tropical Fruit Garlic Bread Dessert
15 Chicken Pot Pie Cottage Cheese Garden Salad Fruit Tray WW Roll Dessert	16	17 Sloppy Jo's Jo Jo's Cuke/ Watermelon Salad Waldorf Salad Dessert	18	19 Baked Fish Pesto Pasta Green Beans Spinach Salad Tropical Fruit Dessert
22 Spaghetti w/ Meat Sauce Caesar Salad Fresh Fruit Tray Garlic Bread Dessert	23	24 Hot Turkey Sandwich Mashed Potatoes & Gravy Green Beans Peaches Oatmeal Cookies	25	26 Mac & Cheese w/ Bacon Peas & Carrots Green Salad Tropical Fruit Dessert
29 Sweet & Sour Meatballs Wild Rice Oriental Veggies Asian Slaw Pineapple Roll Dessert	30	<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>		

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# CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS  
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED  	2 French Dip w/ Swiss Cheese Potato Salad Tossed Salad Peaches Dessert	3 Teriyaki Beef w/ Rice Oriental Vegetables Broccoli Slaw Mandarin Oranges Garlic Bread Dessert	4 Deluxe Fish Sandwich Three Bean Salad Coleslaw Fruit Tray Dessert	5 Chicken Parmesan Garlic Pasta Italian Blend Veggies Fruit Ambrosia
8 Meatloaf Potatoes Au Gratin Spring Salad Buttered Corn Apple Crisp	9 Pizza Casserole Caesar Salad Apple Wedges Dessert	10 Chicken Fried Steak Mashed Potatoes & Country Gravy Garden Salad Buttered Corn Peaches Dessert	11 Hamburger Steak w/ Grilled Onions Mashed Potatoes & Gravy Mixed Greens Salad Buttered Corn WW Roll Dessert	12 Salmon w/ Dill Sauce Rosemary Potatoes Peas & Carrots Tropical Fruit Garlic Bread Dessert
15 Chicken Pot Pie Cottage Cheese Garden Salad Fruit Tray WW Roll Dessert	16 Crunchy Chicken Salad Veggie Pasta Salad Mixed Greens Mixed Melons WW Roll Dessert	17 Sloppy Jo's Jo Jo's Cuke/ Watermelon Salad Waldorf Salad Dessert	18 BBQ Chicken Tomato & Zucchini Bake Macaroni Salad Pea Salad Pineapple Rings Dessert	19 Baked Fish Pesto Pasta Green Beans Spinach Salad Tropical Fruit Dessert
22 Spaghetti w/ Meat Sauce Caesar Salad Fresh Fruit Tray Garlic Bread Dessert	23 Chili Green Salad Corn & Tomato Salad Pears Cornbread Dessert	24 Hot Turkey Sandwich Mashed Potatoes & Gravy Green Beans Peaches Oatmeal Cookies	25 Wieners & Sauerkraut Roasted Red Potatoes Spring Salad Apple Celery Salad Dessert	26 Mac & Cheese w/ Bacon Peas & Carrots Green Salad Tropical Fruit Dessert
29 Sweet & Sour Meatballs Wild Rice Oriental Veggies Asian Slaw Pineapple Roll Dessert	30 Corn Chowder Ham Sandwich V-8 Juice Waldorf Salad Dessert	<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>		

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# COULEE CITY

PLEASE CALL OR TEXT 509-632-8701 TO RESERVE MEALS  
24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED  	2 Sweet & Sour Meatballs Wild Rice Oriental Veggies Asian Slaw Pineapple WW Roll Dessert	3 Salmon w/ Dill Sauce Rosemary Potatoes Peas & Carrots Tropical Fruit Garlic Bread Dessert	4 Chicken Cordon Bleu Rice Pilaf Key West Veggies Greek Salad Mixed Melons WW Roll Dessert	5 French Dip w/ Swiss Cheese Potato Salad Tossed Salad Peaches Dessert
8	9 Chicken Fried Steak Mashed Potatoes & Gravy Buttered Corn Garden Salad Peaches Dessert	10 Clam Chowder BLT Sandwich V-8 Juice Pea Salad Fresh Fruit Dessert	11 Sloppy Joe's Jo Jo's Cuke/ Watermelon Salad Waldorf Salad Dessert	12 Chili w/ Cheese & Onions Green Salad Corn & Tomato Salad Pears Dessert
15	16 Hamburger Steak w/ Grilled Onions Mashed Potatoes & Gravy Buttered Corn Mixed Greens Salad Mandarin Oranges WW Roll Dessert	17 Mac & Cheese w/ Bacon Peas & Carrots Green Salad Tropical Fruit Dessert	18 Fish & Chips Coleslaw Garlic Bread Berries Over Pound Cake	19 Tortellini Soup w/ Zucchini Cucumber Salad Orange Quarters Focaccia Dessert
22	23 Corn Chowder Ham Sandwich V-8 or Fruit Juice Waldorf Salad Dessert	24 Chef's Salad Fresh Fruit Tray WW Roll Cereal Bar	25 Hot Turkey Sandwich Mashed Potatoes & Gravy Green Beans Peaches Oatmeal Cookies	26 Beef Stew Spinach Salad Mixed Fruit Biscuits Dessert
29	30 Chili w/ Cheese & Onions Corn & Tomato Salad Green Salad Pears Cornbread Dessert	<div>           Suggested donation for seniors over age 60 is \$5.00            FEE for persons under age 60 is \$10.00         </div>		

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# DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS  
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED  	2 Salmon w/ Dill Sauce Rosemary Potatoes Peas & Carrots Tropical Fruit Dessert	3 Beef Stew Spinach Salad Mixed Fruit Biscuits Dessert	4 Teriyaki Beef w/ Rice Oriental Vegetables Asian Coleslaw Mandarin Oranges Garlic Bread Dessert	5
8	9 Chicken Fried Steak Mashed Potatoes & Gravy Garden Salad Buttered Corn Peaches Dessert	10 Deluxe Fish Sandwich Three Bean Salad Coleslaw Fruit Tray Dessert	11 Chicken Florentine (Spinach & Mushrooms) Tossed Green Salad Fresh Fruit Dessert	12
15	16 Clam Chowder BLT Sandwich V-8 Juice Green Salad Dessert	17 Sweet & Sour Pork Rice Oriental Vegetables Asian Style Slaw Tropical Fruit Blend Egg Roll Dessert	18 Hamburger Steak w/ Grilled Onions Mashed Potatoes & Gravy Buttered Corn Mixed Greens Salad Mandarin Oranges WW Roll Dessert	19
22	23 Roast Beef Mashed Potatoes & Gravy Buttered Corn Spring Salad Apple Crisp	24 Fish & Chips Coleslaw Garlic Bread Berries over Ice cream	25 BBQ Chicken Tomato and Zucchini Bake Macaroni Salad Spinach Salad Pineapple Rings Dessert	26
29	30 Wieners & Sauerkraut Roasted Red Potatoes Spring Salad Apple Celery Salad Dessert	<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</div>		

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Established 1975



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# ENTIAT

PLEASE CALL 509-888-4440 TO RESERVE MEALS  
509-470-0522 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED  	2	3	4 Deluxe Fish Sandwich Three Bean Salad Coleslaw Fruit Tray Dessert	5
8 Meatloaf Potatoes Au Gratin Spring Salad Buttered Corn Apple Crisp	9	10	11 Hamburger Steak w/ Grilled Onions Mashed Potatoes & Gravy Mixed Greens Salad Buttered Corn WW Roll Dessert	12
15 Chicken Pot Pie Cottage Cheese Garden Salad Fruit Tray WW Roll Dessert	16	17	18 BBQ Chicken Tomato & Zucchini Bake Macaroni Salad Pea Salad Pineapple Rings Dessert	19
22 Spaghetti w/ Meat Sauce Caesar Salad Fresh Fruit Tray Garlic Bread Dessert	23	24	25 Wieners & Sauerkraut Roasted Red Potatoes Spring Salad Apple Celery Salad Dessert	26
29 Sweet & Sour Meatballs Wild Rice Oriental Veggies Asian Slaw Pineapple Roll Dessert	30	<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</div>		

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# GRAND COULEE

PLEASE CALL 509-633-2321 BY NOON TO RESERVE MEALS

509-826-7979 FOR HOME DELIVERED MEALS

MONDAY 8-10am

TUESDAY 5pm

WEDNESDAY 5pm

THURSDAY 5pm

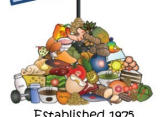
FRIDAY 8-10am

<p>1 CLOSED</p> 	<p>2</p> <p>Chicken Pot Pie Cottage Cheese Mixed Vegetables Garden Salad Fruit Tray WW Roll Dessert</p>	<p>3</p> <p>Teriyaki Beef w/ Rice Oriental Vegetables Asian Coleslaw Mandarin Oranges Garlic Bread Dessert</p>	<p>4</p> <p>Chili Corn &amp; Tomato Salad Green Salad Pears Dessert</p>	<p>5</p> <p>Breakfast Sandwich German Sausage, Egg, &amp; Cheese Hash Browns Juice Fruit</p>
<p>8</p> <p>Cheese Omelet Sausage Links Country Potatoes Juice Fruit Bowl Toast</p>	<p>9</p> <p>Crunchy Chicken Salad on Mixed Greens Veggie Pasta Salad Mixed Melons WW Roll Dessert</p>	<p>10</p> <p>Salmon w/ Dill Sauce Rosemary Potatoes Broccoli Tropical Fruit Garlic Bread Dessert</p>	<p>11</p> <p>Sloppy Joe's Jo Jo's Cuke/ Watermelon Salad Waldorf Salad Dessert</p>	<p>12</p> <p>Bacon &amp; Eggs Eggs Your Way Potatoes O'Brien Juice Fruit Bowl Toast</p>
<p>15</p> <p>Scrambled Mess Juice Toast Fruit bowl</p>	<p>16</p> <p>Chicken Fried Steak Mashed Potatoes/Gravy Buttered Corn Garden Salad Peaches WW Roll Birthday Cake</p> 	<p>17</p> <p>Mac &amp; Cheese w/ Bacon Peas &amp; Carrots Green Salad Tropical Fruit Dessert</p>	<p>18</p> <p>French Dip w/ Swiss Cheese Potato Salad Tossed Salad Peaches Dessert</p>	<p>19</p> <p>Biscuits &amp; Gravy Scrambled Eggs Hash Browns Juice Fruit Bowl</p>
<p>22</p> <p>Ham Scrambler w/ Cheese Potatoes O'Brien Juice Fruit Bowl Biscuit</p>	<p>23</p> <p>Hawaiian Chicken Steamed Rice Broccoli Normandy Coleslaw Mandarin Oranges Garlic Bread Dessert</p>	<p>24</p> <p>Hamburger Steak W/ Grilled Onions Mashed Potatoes Mixed Greens Salad Mandarin Oranges Buttered Corn WW Roll Dessert</p>	<p>25</p> <p>Clam Chowder BLT Sandwich Green Salad V-8 Juice Fresh Fruit Dessert</p>	<p>26</p> <p>Scrambled Eggs Sausage Links Fried Potatoes Juice Fresh Fruit Pancakes</p>
<p>29</p> <p>Scrambled Eggs Ham Steak Hash Browns Juice Fruit Bowl French Toast</p>	<p>30</p> <p>Sausage &amp; Sauerkraut Roasted Red Potatoes Spring Salad Apple Celery Salad Dessert</p>			<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>

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# ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS  
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED  	2	3 Crunchy Chicken Salad on Mixed Greens Veggie Pasta Salad Fruit Tray WW Roll Dessert	4 Deluxe Fish Sandwich Three Bean Salad Coleslaw Fruit Juice Dessert	5
8 Chili Baked Potato Green Salad Pears Cornbread Dessert	9	10 Chicken Pot Pie Cottage Cheese Garden Salad Fruit Tray WW Roll Dessert	11 Hot Turkey Sandwich Mashed Potatoes & Gravy Green Beans Peaches Oatmeal Cookies	12
15 French Dip w/ Swiss Cheese Potato Salad Veggie Tray Peaches Dessert	16	17 Hawaiian Chicken Steamed Rice Mixed Vegetables Coleslaw Mandarin Oranges Garlic Bread Dessert	18 Chef Salad Fresh Fruit Tray WW Roll Cereal Bar	19
22 Fall Vegetable Medley Soup Sliced Tomatoes Fruit Juice Mozzarella Breadstick Dessert	23	24 Beef Stew Spinach Salad Mixed Fruit Biscuits Dessert	25 Chicken Parmesan Garlic Pasta Italian Blend Veggies Caesar Salad Fruit Ambrosia	26
29 Corn Chowder Ham Sandwich V-8 Juice Waldorf Salad Dessert	30	<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>		

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# OKANOGAN / OMAK

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

OKANOGAN	OMAK	OKANOGAN	OKANOGAN 9am	OMAK
<b>1</b> CLOSED  	<b>2</b> Chicken Cordon Bleu Wild Rice Key West Veggies Greek Salad Mixed Melons WW Roll Dessert	<b>3</b> Clam Chowder BLT Sandwich Green Salad V-8 Juice Fresh Fruit Dessert	<b>4</b> <i>No Home Delivery</i> Cheesy Eggs Ham Hash Browns Strawberry Parfait Banana Muffin	<b>5</b> Spaghetti w/ Meat Sauce Caesar Salad Fresh Fruit Tray Garlic Bread Dessert
<b>8</b> BBQ Chicken Tomato & Zucchini Bake Spinach Salad Macaroni Salad Pineapple Rings Dessert	<b>9</b> Wieners & Sauerkraut Roasted Red Potatoes Spring Salad Apple Celery Salad Dessert	<b>10</b> Chili w/ Cheese & Onions Green Salad Corn & Tomato Salad Pears Cornbread Dessert	<b>11</b> <i>No Home Delivery</i> Biscuits & Gravy Scrambled Eggs Diced Potatoes Juice Orange Wedges Berry Tart	<b>12</b> Deluxe Fish Sandwich Three Bean Salad Coleslaw Fruit Tray Dessert
<b>15</b> Chicken Fried Steak w/ Country Gravy Mashed Potatoes Buttered Corn Garden Salad Peaches Dessert	<b>16</b> Mac & Cheese w/ Bacon Peas & Carrots Green Salad Watermelon Dessert	<b>17</b> Sloppy Joe's Jo Jo's Cuke/ Watermelon Salad Waldorf Salad Dessert	<b>18</b> <i>No Home Delivery</i> Scrambled Eggs Sausage Links Oatmeal with Fruits Juice Cinnamon Bread	<b>19</b> Salmon w/ Dill Sauce Rosemary Potatoes Green Beans Tropical Fruit Garlic Bread Dessert
<b>22</b> Roast Beef Mashed Potatoes & Gravy Buttered Corn Spring Salad Apple Crisp	<b>23</b> Hawaiian Chicken Steamed Rice Venetian Veggies Spinach Salad Pineapple Garlic Bread Dessert	<b>24</b> Fish & Chips Coleslaw Berries over Ice cream	<b>25</b> <i>No Home Delivery</i> French Toast Bake w/ Apples Blueberry Syrup Bacon Diced Potatoes	<b>26</b> Corn Chowder Ham Sandwich V-8 Juice Waldorf Salad Dessert
<b>29</b> Crunchy Chicken Salad w/ Mixed Greens Veggie Pasta Salad Mixed Melons WW Roll Dessert	<b>30</b> Hamburger Steak w/ Grilled Onions Mashed Potatoes & Gravy Buttered Corn Mixed Greens Salad Mandarin Oranges WW Roll Dessert	<div style="border: 2px solid black; padding: 10px; text-align: center;"> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>		

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# OROVILLE

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	CLOSED	THURSDAY	FRIDAY
1 CLOSED  	2 Crunchy Chicken Salad on Mixed Greens Veggie Pasta Salad Mixed Melons WW Roll Dessert	3	4 Sweet & Sour Meatballs Wild Rice Oriental Veggies Spinach Salad Pineapple WW Roll Dessert	5 Deluxe Fish Sandwich Three Bean Salad Coleslaw Fruit Tray Dessert
8 Chicken Cordon Bleu Wild Rice Key West Veggies Greek Salad Mixed Melons WW Roll Dessert	9 Chili w/ Cheese & Onions Green Salad Corn & Tomato Salad Pears Oatmeal Cookies	10	11 Beef Stew Tossed Salad Mixed Fruit Biscuits Dessert	12 Salmon w/ Dill Sauce Rosemary Potatoes Peas & Carrots Tropical Fruit Garlic Bread Dessert
15 Spaghetti w/ Meat Sauce Caesar Salad Fresh Fruit Tray Garlic Bread Dessert	16 Hawaiian Chicken Steamed Rice Venetian Veggies Coleslaw Mandarin Oranges Garlic Bread Dessert	17	18 Chicken Florentine Tossed Green Salad Fresh Fruit Dessert	19 Fall Vegetable Medley Soup Sliced Tomatoes Assorted Melons Mozzarella Breadstick Dessert
22 French Dip w/ Swiss Cheese Potato Salad Tossed Salad Peaches Dessert	23 Mac & Cheese with Bacon Peas and Carrots Lettuce & Tomato Salad Tropical Fruit Dessert	24	25 Sloppy Joe's Jo Jo's Cuke & Watermelon Salad Waldorf Salad Dessert	26 Clam Chowder BLT Sandwich Green Salad V-8 Juice Fresh Fruit Dessert
29 Wieners & Sauerkraut Roasted Red Potatoes Spring Salad Apple Celery Salad Dessert	30 BBQ Chicken Sweet Potato Waffle Fries Pea Salad Macaroni Salad Pineapple Rings Dessert	<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>		

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# TONASKET

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY—CLOSED

1 CLOSED  	2 Sweet & Sour Meatballs Rice Pilaf Oriental Vegetables Asian Style Slaw Pineapple WW Roll Dessert	3 Salmon & Dill Sauce Rosemary Potatoes Peas & Carrots Tropical Fruit Garlic Bread Lemon Bar	4 Sloppy Joe's Jo Jo's Cuke/Watermelon Salad Waldorf Salad Dessert	5
8 Egg Scrambler with Ham and Cheese Hash Brown Potatoes Fresh Fruit Tray Juice Biscuit	9 Tortellini Veggie Soup Cucumber Salad Orange Quarters Focaccia Bread Dessert	10 Chicken Fiesta Salad on a Bed of Greens Tortilla Chips Watermelon Dessert	11 Fish Sandwich Deluxe Three Bean Salad Coleslaw Fruit Tray Dessert	12
15 Chicken Cordon Bleu Wild Rice Key West Veggies Greek Salad Mixed Melons WW Roll Dessert	16 Mac & Cheese w/Bacon Peas Carrots Green Salad Tropical Fruit Dessert	17 Sausage & Sauerkraut Roasted Potatoes Spring Salad Apple Celery Salad Dessert	18 Roast Beef Mashed Potatoes / Gravy Buttered Corn Tossed Salad Apple Crisp	19
22 Chef's Salad Fresh Fruit Tray WW Roll Cereal Bar	23 Pizza Casserole Caesar Salad Apple Wedges Dessert	24 Hamburger Steak with Grilled Onions Mashed Potatoes / Gravy Mixed Greens Salad Mandarin Oranges WW Roll Dessert	25 Fish & Chips Coleslaw Garlic Bread Berries over Ice Cream	26
29 Chicken Florentine over Pasta Tossed Green Salad Fresh Fruit Dessert	30 Hot Turkey Sandwich Mashed Potatoes / Gravy Green Beans Peaches Oatmeal Cookies	<div style="border: 2px solid black; padding: 10px; text-align: center;"> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>		

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# TWISP

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED  	2	3	4 Chili Green Salad Corn & Tomato Salad Pears Cornbread Dessert	5 Chicken Cordon Bleu Wild Rice Key West Veggies Greek Salad Mixed Melons WW Roll Dessert
8 Mac & Cheese w/ Bacon Peas & Carrots Green Salad Peaches Dessert	9	10	11 Hamburger Steak w/ Grilled Onions Mashed Potatoes & Gravy Buttered Corn Mixed Greens Salad Mandarin Oranges WW Roll Dessert	12 Salmon w/ Dill Sauce Rosemary Potatoes Broccoli Tropical Fruit Garlic Bread Dessert
15 Crunchy Chicken Salad Mixed Greens Veggie Pasta Salad Mixed Melons WW Roll Dessert	16	17	18 Spaghetti w/ Meat Sauce Caesar Salad Fresh Fruit Tray Garlic Bread Dessert	19 BBQ Chicken Macaroni Salad Tomato & Zucchini Bake Spinach Salad Pineapple Rings Dessert
22 Chicken Fettuccine Alfredo Carrots Spring Salad Fresh Fruit Dessert	23	24	25 Sloppy Joe's Jo Jo's Cuke/ Watermelon Salad Waldorf Salad Dessert	26 Baked Fish Pesto Pasta Green Beans Spinach Salad Tropical Fruit Dessert
29 Deluxe Cheeseburger Potato Salad Three Bean Salad Watermelon Dessert	30	<div data-bbox="803 1619 1398 1747" data-label="Text"> <p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p> </div>		

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# WILBUR

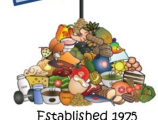
PLEASE CALL 509-647-5503 TO RESERVE MEALS  
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED  	2 Sweet & Sour Meatballs Wild Rice Oriental Veggies Asian Slaw Pineapple WW Roll Dessert	3 Salmon w/ Dill Sauce Rosemary Potatoes Peas & Carrots Tropical Fruit Garlic Bread Dessert	4 Chicken Cordon Bleu Rice Pilaf Key West Veggies Greek Salad Mixed Melons WW Roll Dessert	5 French Dip w/ Swiss Cheese Potato Salad Tossed Salad Peaches Dessert
8	9 Chicken Fried Steak Mashed Potatoes & Gravy Buttered Corn Garden Salad Peaches Dessert	10 Clam Chowder BLT Sandwich V-8 Juice Pea Salad Fresh Fruit Dessert	11 Sloppy Joe's Jo Jo's Cuke/ Watermelon Salad Waldorf Salad Dessert	12 Chili w/ Cheese & Onions Green Salad Corn & Tomato Salad Pears Dessert
15	16 Hamburger Steak w/ Grilled Onions Mashed Potatoes & Gravy Buttered Corn Mixed Greens Salad Mandarin Oranges WW Roll Dessert	17 Mac & Cheese w/ Bacon Peas & Carrots Green Salad Tropical Fruit Dessert	18 Fish & Chips Coleslaw Garlic Bread Berries Over Pound Cake	19 Tortellini Soup w/ Zucchini Cucumber Salad Orange Quarters Focaccia Dessert
22	23 Corn Chowder Ham Sandwich V-8 or Fruit Juice Waldorf Salad Dessert	24 Chef's Salad Fresh Fruit Tray WW Roll Cereal Bar	25 Hot Turkey Sandwich Mashed Potatoes & Gravy Green Beans Peaches Oatmeal Cookies	26 Beef Stew Spinach Salad Mixed Fruit Biscuits Dessert
29	30 Chili w/ Cheese & Onions Corn & Tomato Salad Green Salad Pears Cornbread Dessert	<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>		

For information about Home Delivered Meals call 509-826-7979.

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