



CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	CLOSED
<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p> </div>				1
4 Meatloaf Mashed Potatoes & Gravy Broccoli Normandy WW Roll Fruited Jell-O	5 TACO BAR All The Fixin's Spanish Rice Fresh Salsa Cinnamon Pears Dessert	6 Orange Glazed Chicken Steamed Rice Asian Vegetables Broccoli Salad Egg Roll Fortune Cookie	7 Bratwurst & Sauerkraut Roasted Potato Wedges Pea Salad Apple Slices	8
11 Italian Beef & Rice Tossed Salad Fruit Salad Dessert	12 Lemony Tortellini and Bacon Salad Cantaloupe Focaccia Bread	13 Veggie Lasagna Caesar Salad Apricots Garlic Bread	14 Salmon with Dill Sauce Rice Pilaf Venetian Veggie Blend Spinach Salad Fruit Salad Dessert	15
18 Cheese Manicotti & Sauce Key West Veggies Spinach Salad Orange Quarters Dessert	19 Bacon, Broccoli and Swiss Cheese Quiche Garden Salad Fresh Fruit Tray	20 Taco Salad Fresh Salsa Tortilla Chips Tropical Fruit Dessert	21 Chicken Cordon Blue Casserole on Noodles Garlic Green Beans Fresh Fruit Dessert	22
25 CLOSED FOR MEMORIAL DAY HOLIDAY	26 Hamburger Steak with Grilled Onions Mashed Potatoes & Gravy Chilled Pears WW Roll Dessert	27 Baked Ham Au Gratin Potatoes Tossed Salad Applesauce WW Bread	28 Swedish Meatballs Egg Noodles Cherries & Pineapple Dessert	29

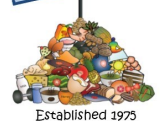
Visit our website at www.octn.org . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

Call 509-470-0522 for information on Meals on Wheels



OCTN MISSION
NUTRITION!





ENTIAT

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509-470-0522 FOR HOME DELIVERED MEALS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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<p>25 CLOSED FOR MEMORIAL DAY HOLIDAY</p>	<p>26</p>	<p>27</p>	<p>28 Swedish Meatballs Egg Noodles Cherries & Pineapple Dessert</p>	<p>29</p>

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CASHMERE/LEAVENWORTH

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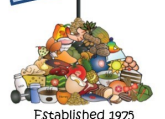
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Established 1975