



# BREWSTER - BRIDGEPORT—PATEROS

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Suggested donation for seniors over age 60 is \$5.00  
 FEE for persons under age 60 is \$12.00

				1 Tuna Salad on Croissant Three Bean Salad Veggie Tray Grapes
4	5 Swiss Steak & Tomato Sauce Mashed Potatoes Green Beans Tossed Salad French Bread	6 Chicken Burger Deluxe with Swiss Cheese Tater Tots Watermelon	7	8 Stuffed Shells with Pesto Spinach Salad Orange Quarters Dessert
11	12 Sloppy Joe Sandwich Tater Tots Peaches Dessert	13 Kielbasa with Peppers & Onions Cucumber Salad Apple Slices Cornbread	14	15 Veggie Lasagna Caesar Salad Apricots Garlic Bread
18	19 Chicken Cordon Bleu Casserole over Noodles Garlic Green Beans Fresh Fruit	20 Meatloaf Mashed Potatoes / Gravy Broccoli Normandy WW Roll Fruited Jell-O	21	22 Country Fried Steak Mashed Potatoes Green Beans WW Roll Apple Oat Bars
25	26 Baked Ham Au Gratin Potatoes Tossed Salad Applesauce WW Bread	27 Bacon & Egg Salad Sandwich Spiced Salad Orange Quarters	28	29 Spaghetti & Meat Sauce Caesar Salad Garlic Bread Dessert

Visit our website at [www.octn.org](http://www.octn.org) . Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

Call 509-826-7979 for information on Meals on Wheels



Established 1975



# OKANOGAN / OMAK

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TO CHANGE OR CANCEL MEALS

OKANOGAN	OMAK	OKANOGAN	OKANOGAN 9am	OMAK
<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$5.00            FEE for persons under age 60 is \$12.00</p> </div>				1 Sloppy Joe Sandwich Jo Jo's Peaches Dessert
4 Chicken Cordon Bleu Casserole on Noodles Garlic Green Beans Fresh Fruit Dessert	5 Swedish Meatballs Egg Noodles Steamed Carrots Pineapple & Cherries	6 Tuna Salad on Croissant Three Bean Salad Grapes Dessert	7 Biscuits & Gravy Scrambled Eggs Potatoes O'Brien Applesauce	8 Country Fried Steak Mashed Potatoes & Gravy Green Beans WW Roll Dessert
11 Spaghetti & Meat Sauce Caesar Salad Garlic Bread	12 Chicken Stir Fry Steamed Rice Asian Slaw Mandarin Oranges Egg Roll Dessert	13 Brats & Sauerkraut Roasted Potato Wedges Apple Slices Dessert	14 Chicken Fried Steak Eggs Saratoga Hash Browns Orange Quarters	15 Taco Salad Tortilla Chips Fresh Salsa Tropical Fruit Cookie
18 Meatloaf Mashed Potatoes / Gravy Broccoli Normandy WW Roll Fruited Jell-O	19 Chicken Burger Deluxe Jo Jo's Watermelon	20 Baked Ham Au Gratin Potatoes Tossed Salad Applesauce WW Roll	21 Cheesy Scrambled Eggs Bacon Potatoes O'Brien Juice Orange Wedges	22 Pepper Steak on Rice Asian Slaw Banana Bread Muffin
25  CLOSED FOR MEMORIAL DAY HOLIDAY	26 Shepherd's Pie Garden Salad Fresh Fruit WW Roll Cereal Bar	27 BBQ Chicken Cucumber Salad Spring Salad Strawberry Shortcake	28 Breakfast Sandwich Egg, cheese & Sausage Juice Grapes	29 Chicken Taco Soup Tortilla Chips Mexican Coleslaw Watermelon

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# OROVILLE

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TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	CLOSED	THURSDAY	FRIDAY
<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$5.00            FEE for persons under age 60 is \$12.00</p> </div> <p>No Home Delivered Meals on Monday</p>				1 Salmon with Dill Sauce Wild Rice Venetian Veggies Fruit Salad Dessert
4 Kielbasa with Peppers and Onions Cucumber Salad Apple Slices Cornbread	5 Chicken Burger Deluxe Jo Jo's Watermelon Dessert	6	7 BBQ Chicken Potato Salad Spring Salad Strawberry Shortcake	8 Taco Salad Tortilla Chips Fresh Salsa Tropical Fruit
11 Tuna Salad on Croissant Three Bean Salad Grapes	12 Pork Roast Scalloped Potatoes Lettuce & Tomato Salad Applesauce WW Roll Oatmeal Cookie	13	14 Sloppy Joe Sandwich Jo Jo's Peaches Dessert	15 Orange Glazed Chicken Steamed Rice Asian Vegetables Egg Roll Dessert
18 Garden Chili Tossed Salad Corn Bread Berry / Pudding Parfait	19 Spaghetti & Meat Sauce Caesar Salad Garlic Bread	20	21 Hamburger Steak with Grilled Onions Mashed Potatoes / Gravy Chilled Pears	22 Chicken Stir Fry Steamed Rice Asian Slaw Mandarin Oranges Egg Roll Dessert
25 CLOSED FOR MEMORIAL DAY HOLIDAY	26 Biscuits & Gravy Scrambled Eggs Potatoes O'Brien Chilled Pears	27	28 Swedish Meatballs Egg Noodles Steamed Carrots Spiced Salad Cherries & Pineapple Dessert	29 Brats & Sauerkraut Roasted Potato Wedges Pea Salad Apple Slices

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# TONASKET

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TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY—CLOSED
<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$5.00            FEE for persons under age 60 is \$12.00</p> </div>				1
4 Tuna Salad Croissant Three Bean Salad Veggie Tray Grapes	5	6 Bacon, Broccoli & Swiss Cheese Quiche Garden Salad Fresh Fruit Tray	7 Chicken Burger Deluxe Jo Jo's Watermelon Dessert	8
11 Taco Salad Fresh Salsa Tropical Fruit Tortilla Chips Dessert	12	13 Sloppy Joe Sandwich Jo Jo's Peaches Dessert	14 Chicken Taco Soup Mexican Coleslaw Watermelon Tortilla Chips	15
18 Cabbage Patch Stew Cucumber Slices Tropical Fruit WW Roll Dessert	19	20 Bacon & Egg Salad Sandwich Spiced Salad Orange Quarters Dessert	21 Salmon with Dill Sauce Rice Pilaf Venetian Veggie Blend Spinach Salad Fruit Salad Dessert	22
25  CLOSED FOR MEMORIAL DAY HOLIDAY	26	27 Bratwurst & Sauerkraut Roasted Potato Wedges Apple Slices Dessert	28 Veggie Lasagna Caesar Salad Apricots Garlic Bread Dessert	29

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# TWISP

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<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>				<p>1 Tuna Salad on Croissant Three Bean Salad Grapes</p>
<p>4 Pork Stir Fry Steamed Rice Asian Slaw Mandarin Oranges Egg Roll Dessert</p>	<p>5</p>	<p>6</p>	<p>7 Hamburger Steak with Grilled Onions Mashed Potatoes Chilled Pears Dessert</p>	<p>8 Veggie Lasagna Caesar Salad Apricots Garlic Bread</p>
<p>11 Orange Glazed Chicken Rice Asian Veggies Egg Roll Dessert</p>	<p>12</p>	<p>13</p>	<p>14 Sloppy Joe Sandwich Jo Jo's Peaches Dessert</p>	<p>15 Salmon with Dill Sauce Rice Pilaf Venetian Veggie Blend Spinach Salad Fruit Salad Dessert</p>
<p>18 Pork Roast Scalloped Potatoes Tomato Lettuce Salad Applesauce WW Roll Oatmeal Cookie</p>	<p>19</p>	<p>20</p>	<p>21 Spaghetti &amp; Meat Sauce Caesar Salad Garlic Bread</p>	<p>22 Cabbage Patch Stew Cucumber Salad Tropical Fruit WW Roll Dessert</p>
<p>25  CLOSED FOR MEMORIAL DAY HOLIDAY</p>	<p>26</p>	<p>27</p>	<p>28 Meatloaf Mashed Potatoes &amp; Gravy Broccoli Normandy WW Roll Fruited Jell-O</p>	<p>29 BBQ Chicken Cucumber Slices Spring Salad WW Roll Strawberry Shortcake</p>

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