



BREWSTER - BRIDGEPORT—PATEROS

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Scrambled Eggs with Ham Hash Brown Potatoes V-8 Juice Fresh Fruit Pancake Muffin	2	3 Cabbage Patch Stew Tossed Salad Apple Slices Cornbread Dessert
Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00				
6	7 Chicken Fettuccini Alfredo Zucchini/Tomato Bake Caesar Salad Apple Slices Dessert	8 Lemon Baked Fish Garlic Pasta Glazed Carrots Spring Salad Peaches Dessert	9	10 Tater Tot Casserole Greek Salad Chilled Peaches WW Roll Dessert
13	14 Yankee Pot Roast & Gravy Roasted Potatoes & Carrots Green Beans Mixed Fruit WW Roll Cereal Bars	15 Chicken Florentine Penne Pasta Caesar Salad Cherries & Pineapple Dessert	16	17 Meatloaf Mashed Potatoes & Gravy Green Beans WW Roll Peach Crisp
20	21 Pork Roast & Gravy Stuffing Roasted Fall Veggies Spinach Salad Applesauce Dessert	22 Beef Stroganoff Steamed Carrots Tossed Green Salad Mixed Berries Dessert	23	24 Quiche Bacon, Mushroom, Swiss Steamed Broccoli V-8 or Fruit Juice Chilled Pears Muffin
27	28 Hearty Vegetable Beef Soup Cottage Cheese Tossed Green Salad Apple Wedges WW Roll Oatmeal Cookies	29 Cheeseburger Deluxe (Lettuce, Tomato, & Onion) Jo Jo's Coleslaw Sliced Pears Oatmeal Cookies	30	31 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert

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OKANOGAN / OMAK

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

OKANOGAN

OMAK

OKANOGAN

OKANOGAN 9am

OMAK

Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00		1 Pork Chops Scalloped Potatoes Spinach Salad Applesauce WW Roll Dessert	2 Breakfast Sandwich Ham, Egg & Cheese Potatoes O'Brien Juice Strawberry Tart	3 Tuna Noodle Casserole Peas & Carrots Tossed Salad Oregon Berries Ice Cream
6 Meatloaf Mashed Potatoes / Gravy Green Beans WW Roll Pear Crisp	7 Hawaiian Chicken Steamed Rice Asian Vegetables Broccoli Salad Tropical Fruit Egg Roll Dessert	8 Tuna Salad Sandwich on a Croissant Clam Chowder Fruit Tray Dessert	9 Biscuits & Gravy Scrambled Eggs Country Potatoes Juice Blueberry Parfait	10 Fish & Chips Coleslaw Grapes Rice Krispies Treats
13 Beef Stroganoff Steamed Carrots Tossed Green Salad Chilled Peaches Dessert	14 Honey Mustard Chicken Wild Rice Key West Veggies Mixed Greens Salad Tropical Fruit Dessert	15 Pulled Pork Sandwich Potato Salad Coleslaw Banana Dessert	16 Ham, Bacon and Sausage Quiche Potatoes O'Brien Juice Banana Pie	17 Garden Chili Pea Salad Cinnamon Pears Mozzarella Breadsticks Dessert
20 Broccoli Chicken Bake Garden Salad Waldorf Salad WW Roll Dessert	21 Cheeseburger Deluxe Jo Jo's Coleslaw Sliced Pears Dessert	22 Yankee Pot Roast Roast Carrots & Potatoes Green Beans Mixed Fruit WW Roll Cereal Bars	23 Cheesy Scrambled Eggs Bacon Country Potatoes Juice Fruit French Toast	24 Lemon Baked Fish Garlic Pasta Spring Salad Peaches Dessert
27 Sweet & Sour Pork Served over Noodles Stir Fry Veggies Asian Style Slaw Pineapple Dessert	28 Chicken Fried Steak Mashed Potatoes / Gravy Buttered Corn Lettuce & Tomato Salad Cherry Crisp	29 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert	30 Chicken Fried Steak Eggs Saratoga Hash Browns Juice & Fruit Waffles Pumpkin Muffin	31 Tater Tot Casserole Greek Salad Chilled Peaches WW Roll Dessert

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OROVILLE

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TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	CLOSED	THURSDAY	FRIDAY
Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00		1	2 Cabbage Patch Stew Spiced Salad Apple Slices Cornbread Dessert	3 Lemon Baked Fish Garlic Pasta Glazed Carrots Spring Salad Peaches Dessert
6 Crunchy Chicken Salad Sandwich Minestrone Soup Grapes WW Bread or Croissant Dessert	7 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert	8	9 Sweet & Sour Meatballs Rice Pilaf Oriental Vegetables Asian Coleslaw Tropical Fruit Dessert	10 Tuna Noodle Casserole Peas & Carrots Tossed Salad Oregon Berries Dessert
13 Tuna Salad on Croissant (Lettuce & Tomato) Clam Chowder Three Bean Salad Fruit Tray Dessert	14 Broccoli Chicken Bake Garden Salad Waldorf Salad WW Roll Dessert	15	16 Honey Mustard Chicken Wild Rice Key West Veggies Mixed Greens Salad Tropical Fruit WW Roll Dessert	17 Fish & Chips Coleslaw Grapes Rice Krispy Treats
20 Yankee Pot Roast & Gravy Roasted Potatoes & Carrots Green Beans Mixed Fruit WW Roll Cereal Bars	21 Pork Chops Scalloped Potatoes Green Salad Applesauce WW Roll Dessert	22	23 Cheese Ravioli w/ Meat Sauce Italian Vegetables Spiced Pears Breadsticks Dessert	24 Cheeseburger Deluxe (Lettuce, Tomato, & Onion) Jo Jo's Coleslaw Banana Oatmeal Cookies
27 Hearty Vegetable Beef Soup Tossed Green Salad Apple Wedges WW Roll Oatmeal Cookies	28 Hot Turkey Sandwich Mashed Potatoes & Gravy Nantucket Veggies Chilled Peaches Pumpkin Pie	29	30 Vegetarian Chili w/ Cheese Tossed Salad Fruit Salad Cornbread Cereal Bar	31 Chicken Florentine Penne Pasta Caesar Salad Cherries & Pineapple Dessert

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TONASKET

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TO CHANGE OR CANCEL MEALS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY—CLOSED

Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00		1 Chicken Fried Steak Mashed Potatoes / Gravy Buttered Corn Lettuce & Tomato Salad Cherry Crisp	2 Shrimp Fettuccine Alfredo Zucchini Tomato Bake Caesar Salad Apple Slices Dessert	3
6 Bacon, Mushroom and Swiss Cheese Quiche Steamed Broccoli Tossed Salad Apricots Muffin	7 Hot Turkey Sandwich Mashed Potatoes / Gravy Nantucket Veggies Chilled Peaches Pumpkin Pie	8 Stuffed Pepper Casserole Mixed Greens Salad Pears Bread Stick Dessert	9 Pulled Pork Sandwich Potato Salad Coleslaw Banana Dessert	10
13 Ham & Cheese Sandwich Broccoli Soup Pea Salad Chilled Apricots Dessert	14 Personal size Omelets or Frittatas Potatoes O'Brien Juice Banana Waffle	15 Yankee Pot Roast Potatoes & Carrots Green Beans Mixed Fruit WW Roll Cereal Bars	16 Cheeseburger Deluxe Jo Jo's Coleslaw Sliced Pears Oatmeal Cookies	17
20 Tater Tot Casserole Greek Salad Chilled Peaches WW Roll Dessert	21 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert	22 Wild Rice & Ham Casserole Green Beans Spinach Salad Orange Quarters WW Roll Dessert	23 Crunchy Chicken Salad Sandwich Minestrone Soup Grapes Dessert	24
27 Sweet & Sour Meatballs Rice Pilaf Oriental Veggies Asian Coleslaw Tropical Fruit Dessert	28 Beef Stew Tossed Salad Orange Quarters Biscuit Dessert	29 Vegetarian Chili w/Cheese Spinach Salad Fruit Salad Cornbread Cereal Bar	30 Lemon Baked Fish Garlic Pasta Glazed Carrots Spring Salad Peaches Dessert	31

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TWISP

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Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00		1	2 Pork Roast Stuffing & Gravy Roasted Fall Veggies Spinach Salad Applesauce Dessert	3 Baked Honey Mustard Chicken w/ Wild Rice Key West Veggies Mixed Greens Salad Tropical Fruit WW Roll Dessert
6 Meatloaf Mashed Potatoes & Gravy Green Beans WW Roll Pear Crisp	7	8	9 Chicken Fried Steak Mashed Potatoes & Gravy Corn Lettuce & Tomato Salad Cherry Crisp	10 Tuna Salad on Croissant w/Lettuce & Tomato Clam Chowder Three Bean Salad Fruit Tray Dessert
13 Hawaiian Chicken w/ Rice Asian Vegetables Coleslaw Tropical Fruit WW Roll Dessert	14	15	16 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert	17 Crunchy Chicken Salad Sandwich Minestrone Soup Grapes Dessert
20 Cheeseburger Deluxe Jo Jo's Coleslaw Sliced Pears Oatmeal Cookies	21	22	23 Chicken Fettuccini Alfredo Zucchini/ Tomato Bake Caesar Salad Apple Slices Dessert	24 Lemon Baked Fish Garlic Pasta Glazed Carrots Spring Salad Peaches Dessert
27 Pulled Pork Sandwich Potato Salad Coleslaw Banana Dessert	28	29	30 Cabbage Patch Stew Spiced Salad Apple Slices Cornbread Dessert	31 Yankee Pot Roast & Gravy Roasted Potatoes & Carrots Green Beans Mixed Fruit WW Roll Cereal Bars

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