



BREWSTER - BRIDGEPORT—PATEROS

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p>		<p>1 BBQ Meatballs Rice Pilaf Peas & Carrots Broccoli Salad Orange Quarters Cornbread Dessert</p>	<p>2</p>	<p>3 Chicken Fettuccine Alfredo Asparagus Spinach Salad Mixed Berries Ice Cream</p>
<p>6</p>	<p>7 Ham & Cheese Sandwich Corn Chowder Chilled Pears Dessert</p>	<p>8 Beef Taco Casserole Served w/ Lettuce & Tomato Cucumber Slices Corn Chips Tropical Fruit Dessert</p>	<p>9</p>	<p>10 Lemon Baked Fish Wild Rice Chalet Vegetables Coleslaw Mixed Fruit Garlic Bread Dessert</p>
<p>13</p>	<p>14 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert</p>	<p>15 Scrambled Eggs & Ham Hash Brown Potatoes V-8 Juice Fresh Fruit Pancake Muffin</p>	<p>16</p>	<p>17 Pork Roast Mashed Potatoes & Gravy Roasted Carrots Applesauce WW Roll Oatmeal Cookie</p>
<p>20</p>	<p>21 Cheeseburger Deluxe Garlic Fries Pea Salad Mixed Fruit Dessert</p>	<p>22 Teriyaki Chicken on Rice Oriental Vegetables Asian Style Slaw Pineapple Egg Roll Dessert</p>	<p>23</p>	<p>24 Chili with Cheese Cucumber Slices Tossed Green Salad Sliced Pears Cornbread Dessert</p>
<p>27</p>	<p>28 Beef Stroganoff Green Beans Tossed Green Salad Apple Wedges Dessert</p>	<p>29 Chicken Caesar Salad Sliced Tomatoes Fresh Fruit Garlic Bread Dessert</p>	<p>30</p>	

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Established 1975



OKANOGAN / OMAK

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

OKANOGAN	OMAK	OKANOGAN	OKANOGAN 9am	OMAK
<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p> </div>		<p>1 Meatloaf Mashed Potatoes/Gravy Green Beans Tossed Salad Biscuit Dessert</p>	<p>2 Denver Egg Bake with Ham & Bell Pepper Country Potatoes French Toast Juice Mandarin Oranges</p>	<p>3 Pork Roast Mashed Potatoes/Gravy Roasted Carrots Applesauce WW Roll Oatmeal Cookie</p>
<p>6 Egg Salad Sandwich Minestrone Soup Pea Salad Oregon Berries Angel Food Cake</p>	<p>7 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert</p>	<p>8 Honey Mustard Chicken Rice Pilaf Asparagus Three Bean Salad Tropical Fruit WW Roll Dessert</p>	<p>9 Biscuits & Gravy Scrambled Eggs Potatoes O'Brien Juice Grapes</p>	<p>10 Beef Stroganoff Green Beans Tossed Green Salad Apple Wedges Dessert</p>
<p>13 Oven Fried Chicken Stuffing & Gravy Green Beans Cuke & Tomato Salad Grapes Dessert</p>	<p>14 Shepherd's Pie Tossed Salad Peaches WW Roll Rice Krispies Treats</p>	<p>15 Supreme Style Pizza Caesar Salad Spiced Pears Dessert</p>	<p>16 Scrambled Eggs Sausage Links Country Potatoes Pancake Juice Fresh Fruit</p>	<p>17 Chicken Caesar Salad Sliced Tomatoes Fresh Fruit Focaccia Bread Dessert</p>
<p>20 Chili Cucumber Slices Tossed Salad Sliced Pears Cornbread Dessert</p>	<p>21 Baked Ham Scalloped Potatoes Carrot Raisin Salad Peaches WW Roll Rice Krispies Treats</p>	<p>22 Teriyaki Chicken on Rice Oriental Veggies Asian Slaw Pineapple Egg Roll Dessert</p>	<p>23 Cheesy Scrambled Eggs Bacon Potatoes O'Brien Danish Pastry Juice Banana</p>	<p>24 Fish & Chips Coleslaw Fruit Tray Garlic Bread Dessert</p>
<p>27 Tater Tot Casserole Tossed Salad Apricots WW Roll Monster Cookie Bars</p>	<p>28 Cheese Tortellini with Marinara Sauce Venetian Veggies Cesar Salad Apple Wedges Dessert</p>	<p>29 Shrimp Fettuccine Green Beans Spinach Salad Oregon Berries Dessert</p>	<p>30 Hamburger Steak with Grilled Onions Eggs Saratoga Fried Potatoes Juice Fruit Waffle</p>	

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OROVILLE

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	CLOSED	THURSDAY	FRIDAY
<p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p> <p>No Home Delivered Meals on Monday</p>		1	2 BBQ Meatballs Rice Pilaf Peas & Carrots Broccoli Salad Orange Quarters Cornbread Dessert	3 Yankee Pot Roast Carrots & Potatoes Mixed Greens Salad Strawberries & Bananas WW Roll Oatmeal Cookie
6 Tater Tot Casserole Tossed Salad Apricots WW Roll Monster Cookie Bar	7 Honey Mustard Chicken Rice Pilaf Asparagus Three Bean Salad Tropical Fruit WW Roll Dessert	8	9 Chili with Cheese Cucumber Slices Tossed Green Salad Sliced Pears Cornbread Dessert	10 Split Pea & Ham Soup Turkey Sandwich Deluxe Peaches Dessert
13 Egg Salad Sandwich Minestrone Soup Pea Salad Oregon Berries Angel Food Cake	14 Chicken Fettuccine Alfredo Asparagus Spinach Salad Apple Slices Dessert	15	16 Cheeseburger Deluxe Garlic Fries Cucumber / Tomato Salad Apricots Dessert	17 Lemon Baked Fish Fillet Wild Rice Chalet Vegetables Coleslaw Tropical Fruit Garlic Bread Dessert
20 California Chicken Casserole Spinach Salad Mandarin Oranges Dessert	21 Ham & Cheese Sandwich Corn Chowder Chilled Pears Dessert	22	23 Fish & Chips Coleslaw Fruit Tray Garlic Bread Dessert	24 Beef Stroganoff Green Beans Tossed Green Salad Apple Wedges Dessert
27 Chicken Caesar Salad Sliced Tomatoes Fresh Fruit Focaccia Bread Dessert	28 Cheese Tortellini with Marinara Sauce Venetian Veggies Tossed Salad Apple Wedges Dessert	29	30 Teriyaki Chicken on Rice Oriental Veggies Asian Style Slaw Pineapple Egg Roll Dessert	

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TONASKET

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TO CHANGE OR CANCEL MEALS

MONDAY

TUESDAY

WEDNESDAY

THURSDAY


FRIDAY—CLOSED

<p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p>		<p>1 Beef Liver & Onions Steamed Rice & Gravy Broccoli Cucumber Slices Orange Quarters Cornbread Dessert</p>	<p>2 Chicken Caesar Salad Sliced Tomatoes Fresh Fruit Focaccia Bread Dessert</p>	<p>3</p>
<p>6 Baked Ham Scalloped Potatoes Carrot Raisin Salad Chilled Pears Rice Krispies Treats</p>	<p>7</p>	<p>8 Shrimp Fettuccine Alfredo Venetian Veggies Spinach Salad Oregon Berries Angel Food Cake</p>	<p>9 Broccoli Chicken Bake Wild Rice Garden Salad Waldorf Salad Focaccia Bread Dessert</p>	<p>10</p>
<p>13 Cheeseburger Deluxe Garlic Fries Pea Salad Apricots Dessert</p>	<p>14</p>	<p>15 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert</p>	<p>16 Scrambled Eggs & Ham Potatoes O'Brien V-8 or Fruit Juice Fresh Fruit Pancake Muffin</p>	<p>17</p>
<p>20 Pasta Primavera w/Ham Caesar Salad Fresh Fruit Tray Dessert</p>	<p>21</p>	<p>22 Tater Tot Casserole Tossed Salad Apricots WW Roll Monster Cookie Bars</p>	<p>23 Lemon Baked Fish Wild Rice Chalet Vegetables Coleslaw Tropical Fruit Garlic Bread Dessert</p>	<p>24</p>
<p>27 Oven Fried Chicken Stuffing & Gravy Green Beans Cuke / Tomato Salad Grapes Dessert</p>	<p>28</p>	<p>29 Pork Roast Mashed Potatoes / Gravy Roasted Carrots Applesauce WW Roll Oatmeal Cookies</p>	<p>30 Chili with Cheese Cucumber Slices Tossed Green Salad Sliced Pears Cornbread Dessert</p>	

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TWISP

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TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p>		1	2 California Chicken Casserole Spinach Salad Mandarin Oranges Dessert	3 Baked Ham Scalloped Potatoes Carrot Raisin Salad Chilled Pears WW Roll Rice Krispies Treats
6 Beef Stew Green Salad Peaches Biscuit Cereal Bars	7	8	9 Cheeseburger Deluxe Garlic Fries Broccoli Salad Apricots Dessert	10 Fish & Chips Coleslaw Fruit Tray Garlic Bread Dessert
13 Pork Roast Mashed Potatoes & Gravy Roasted Carrots Applesauce WW Roll Oatmeal Cookie	14	15	16 Spaghetti & Meat Sauce Spinach Salad Peaches Garlic Bread Dessert	17 Chicken Caesar Salad Sliced Tomatoes Fresh Fruit Focaccia Bread Dessert
20 Meatloaf Mashed Potatoes & Gravy Green Beans Tossed Salad Biscuit Dessert	21	22	23 Oven Fried Chicken Stuffing & Gravy Green Beans Cuke & Tomato Salad Grapes Dessert	24 Lemon Baked Fish Fillet Wild Rice Chalet Vegetables Coleslaw Tropical Fruit Garlic Bread Dessert
27 Ham & Bean Soup Spinach Salad Cottage Cheese & Peaches Orange Quarters Cornbread Dessert	28	29	30 Yankee Pot Roast Roast Carrots & Potatoes Mixed Greens Salad Strawberries & Bananas WW Roll Oatmeal Cookies	

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