

BREWSTER - BRIDGEPORT—PATEROS

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 Ham Au Gratin Potatoes Tossed Salad Pineapple WW Roll Oatmeal Cookie	4 Deluxe Turkey Sandwich Vegetable Soup Tossed Salad Mixed Berries Dessert	5	6 Oven Fried Chicken Mashed Potatoes Green Beans Grapes WW Roll Dessert
9	10 Bacon & Egg Salad Sandwich on a Croissant Tomato Basil Soup Spinach Salad Apple Wedges	11 CLOSED FOR VETERAN'S DAY HOLIDAY	12	13 Roast Turkey Mashed Potatoes Glazed Carrots Fruit Ambrosia Stuffing & Gravy Pumpkin Pie
16	17	18	19	20
23	24	25	26 CLOSED FOR THANKSGIVING HOLIDAY	27 CLOSED FOR FAMILY DAY
30				

CLOSED FOR REPAIRS AND REMODELING

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Suggested donation for seniors over age 60 is $5.00

FEE for persons under age 60 is $12.00

Visit our website **at www.octn.org .** Follow us on Facebook!

Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

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OKANOGAN / OMAK

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

OKANOGAN	OMAK	OKANOGAN	OKANOGAN 9am	OMAK
2 Chicken Cordon Bleu Rosemary Potatoes Broccoli Salad Tropical Fruit WW Roll Dessert	3 Pepper Steak Steamed Rice Tossed Salad Mandarin Oranges Egg Roll Dessert	4 Veggie Lasagna Caesar Salad Apricots Garlic bread Dessert	5 Biscuits & Gravy Scrambled Eggs Oven Brown Potatoes Juice Orange Quarters	6 Fish Sandwich Potato Wedges Coleslaw Chilled Pears Dessert
9 Oven Fried Chicken Mashed Potatoes Green Beans Grapes WW Roll Dessert	10 Shrimp Fettuccine Buttered Peas Caesar Salad Chilled Peaches	11 CLOSED FOR VETERAN'S DAY HOLIDAY	12 Breakfast Burrito Hash Browns Fresh Fruit Danish	13 Chicken & Wild Rice Soup Tossed Salad Cucumber Slices Tropical Fruit WW Roll Dessert
16 Parmesan Chicken Pasta Marinara Green Salad Fruit Cocktail Dessert	17 Bacon & Egg Salad Sandwich Tomato Basil Soup Spinach Salad Apple Wedges	18 Sloppy Joe Sandwich Jo Jo's Coleslaw Fruit Salad Dessert	19 Cheesy Eggs Bacon Potatoes O'Brien Juice & Fruit Biscuit	20 Cheese Stuffed Shells Venetian Veggies Spinach Salad Waldorf Salad Dessert
23 Shepherd's Pie Caesar Salad Cinnamon Pears WW Roll Dessert	24 Split Pea & Ham Soup Turkey Sandwich Deluxe Orange Quarters Dessert	25 Roast Turkey Mashed Potatoes Green Bean Casserole Cranberry Salad Stuffing Pumpkin Pie	26 CLOSED FOR THANKSGIVING HOLIDAY	27 CLOSED FOR FAMILY DAY
30 Meatloaf Mashed Potatoes / Gravy Trio Vegetables Chilled Pears WW Roll Dessert				

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OROVILLE

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TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	CLOSED	THURSDAY	FRIDAY
2 BBQ Riblets Mac & Cheese Italian Veggies Caesar Salad Fruit Cocktail Dessert	3 Sweet & Sour Meatballs Rice Pilaf Oriental Vegetables Asian Coleslaw Tropical Fruit Dessert	4	5 Broccoli Chicken Bake Garden Salad Apple Wedges Dessert	6 Sloppy Joe Sandwich Jo Jo's Coleslaw Grapes Dessert
9 Shrimp Fettuccine Buttered Peas Tossed Salad Tropical Fruit Dessert	10 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert	11 CLOSED FOR VETERAN'S DAY HOLIDAY	12 BBQ Chicken Macaroni Salad Green Beans Tossed Salad Dessert	13 Meatloaf Mashed Potatoes Trio Veggies Spiced Salad Chilled Pears Dessert
16 Split Pea & Ham Soup Turkey Sandwich Deluxe Orange Quarters Dessert	17 Swedish Meatballs Egg Noodles Glazed Carrots Caesar Salad Cherries & Pineapple Dessert	18	19 Fish & Chips Coleslaw Grapes Rice Krispies Treats	20 Pepper Steak Steamed Rice Tossed Salad Mandarin Oranges Egg Roll Dessert
23 Cheeseburger Deluxe Jo Jo's Coleslaw Sliced Pears Oatmeal Cookie	24 Tuna & Rice Bake California Vegetables Greek Salad Peaches Dessert	25	26 CLOSED FOR THANKSGIVING HOLIDAY	27 CLOSED FOR FAMILY DAY
30 Beef & Broccoli Stir Fry Steamed Rice Asian Coleslaw Tropical Fruit Egg Roll Dessert				

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TONASKET

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TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY—CLOSED
2 Chicken & Wild Rice Soup Tossed Salad Cucumber Slices Tropical Fruit Mozzarella Breadstick Dessert	3	4 Shepherd's Pie Caesar Salad Cinnamon Pears Dessert	5 Bacon Cheeseburger Deluxe Jo Jo's Coleslaw Apple Wedges	6
9 Veggie Lasagna Caesar Salad Peaches Dessert	10	11 CLOSED FOR VETERAN'S DAY HOLIDAY	12 Turkey Sandwich Deluxe Vegetable Soup Tossed Salad Mixed Berries Dessert	13
16 Meatloaf Mashed Potatoes / Gravy Trio Veggies Chilled Pears WW Roll Dessert	17	18 Swedish Meatballs Egg Noodles Glazed Carrots Caesar Salad Cherries & Pineapple	19 Chicken Parmesan Pasta Marinara California Vegetables Green Salad Fruit Cocktail Dessert	20
23 Baked Fish Fillet Wild Rice Caribbean Veggies Spinach Salad Berry Parfait	24	25 Roast Turkey Mashed Potatoes Green Bean Casserole Tossed Salad Cranberry Salad Stuffing Pumpkin Pie	26 CLOSED FOR THANKSGIVING HOLIDAY	27 CLOSED FOR FAMILY DAY
30 Chicken Cordon Bleu Rosemary Potatoes Broccoli Salad Tropical Fruit WW Roll Dessert				

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TWISP

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Chicken Cordon Bleu Rosemary Potatoes Broccoli Salad Tropical Fruit WW Roll Dessert	3	4	5 Veggie Lasagna Caesar Salad Peaches Dessert	6 Sloppy Joe Sandwich Jo Jo's Coleslaw Fruit Salad
9 Oven Fried Chicken Mashed Potatoes Green Beans Grapes WW Roll Dessert	10	11 CLOSED FOR VETERAN'S DAY HOLIDAY	12 Ham Sandwich Deluxe Potato Soup Cucumber Salad Fresh Fruit Tray Dessert	13 Baked Fish Fillet Wild Rice Caribbean Veggies Spinach Salad Yogurt / Berry Parfait
16 Meatloaf Mashed Potatoes / Gravy Trio Veggies Chilled Pears WW Roll Dessert	17	18	19 Hamburger Steak Mashed Potatoes / Gravy Buttered Corn Garden Salad Apple Crisp	20 Split Pea & Ham Soup Turkey Sandwich Deluxe Orange Quarters Dessert
23 Roast Turkey Mashed Potatoes / Gravy Green Beans Broccoli Salad Cranberry Salad Pumpkin Pie	24	25	26 CLOSED FOR THANKSGIVING HOLIDAY	27 CLOSED FOR FAMILY DAY
30 Pot Roast Potatoes & Carrots Mixed Greens Salad Waldorf Salad WW Roll				

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