

# DECEMBER 2023

## DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS  
24 HOURS IN ADVANCE

| MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY   |
|---|--|--|--|--|
|   |  |   |  | 1  |
| <div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00<br/>FEE for persons under age 60 is \$10.00</p> </div> |  |  |  |  |
| 4   | 5<br>Chicken Enchiladas<br>Spanish Rice<br>Baja Veggie Blend<br>Fresh Salsa<br>Mandarin Oranges<br>Dessert | 6<br>Stuffed Cabbage Rolls<br>7 Layer Salad<br>Apricots<br>Mozzarella Breadsticks<br>Dessert                                       | 7<br>Baked Ham<br>Scalloped Potatoes<br>Chopped Salad<br>Pineapple & Cherries<br>WW Roll<br>Rice Krispies Treats         | 8  |
| 11  | 12<br>Mac & Cheese with Bacon<br>Peas & Carrots<br>Tossed Green Salad<br>Mixed Berries<br>Angel Food Cake  | 13<br>Harvest Stew<br>Coleslaw<br>Peaches<br>Mozzarella Breadstick<br>Monster Cookies  | 14<br>Lemon Pepper Fish<br>Roasted Red Potatoes<br>Trio Vegetables<br>Cucumber Salad<br>Tropical Fruit<br>Dessert        | 15   |
| 18  | 19<br>Ham & Cheese Quiche<br>Steamed Broccoli<br>7 Layer Salad<br>Orange Quarters<br>Blueberry Muffin      | 20<br>Pork Chow Mein<br>Stir Fry Vegetables<br>Asian Slaw<br>Mandarin Oranges<br>Egg Roll<br>Dessert                               | 21<br>Roast Beef<br>Baked Potato<br>Green Bean Casserole<br>Garden Salad<br>Fruit Ambrosia<br>WW Roll<br>Special Dessert | 22 CLOSED<br> |
| 25 CLOSED<br>   | 26<br>Clam Chowder<br>Turkey Sandwich<br>Cucumber Salad<br>Tropical Fruit<br>Dessert                       | 27<br>Country Fried Steak<br>Mashed Potatoes / Gravy<br>Green Beans<br>Tossed Veggie Salad<br>Fruit Cocktail<br>WW Roll<br>Dessert | 28<br>Spaghetti & Meat Sauce<br>Caesar Salad<br>Sliced Peaches<br>Garlic Bread<br>Dessert                                | 29   |

For information about Home Delivered Meals call 509-826-7979.

You can visit our website at [www.octn.org](http://www.octn.org) and follow us on Facebook!

Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840



# DECEMBER 2023

ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS

| MONDAY  | TUESDAY | WEDNESDAY   | THURSDAY  | FRIDAY   |
|---|---------|---|---|--|
| <div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00<br/>FEE for persons under age 60 is \$10.00</p> </div> |         |                      |   | 1  |
| 4<br>Harvest Stew<br>Coleslaw<br>Peaches<br>Mozzarella Breadsticks<br>Oatmeal Cookies   | 5       | 6<br>Pork Chops<br>Roasted Potatoes and Carrots<br>Garden Salad<br>Corn Bread<br>Pear Crisp           | 7<br>Chef's Salad<br>Potato Soup<br>Cinnamon Applesauce<br>WW Roll<br>Cereal Bars   | 8  |
| 11<br>Mac & Cheese with Ham<br>Peas & Carrots<br>Tossed Green Salad<br>Mixed Berries<br>Dessert   | 12      | 13<br>Chicken Lo Mein<br>Asian Style Slaw<br>Mandarin Oranges<br>Egg Roll<br>Dessert                  | 14<br>Swiss Steak<br>Mashed Potatoes & Gravy<br>California Vegetables<br>Chopped Salad<br>Fruit Salad<br>Biscuit<br>Dessert | 15   |
| 18<br>Clam Chowder<br>Turkey Sandwich<br>Cucumber Salad<br>Plums<br>Dessert   | 19      | 20<br>Chicken & Rice Bake<br>California Veggies<br>Greek Salad<br>Apricots<br>Garlic Bread<br>Dessert | 21<br>Baked Ham<br>Potato Casserole<br>Green Bean Casserole<br>Cranberry Salad<br>WW Roll<br>Special Dessert                | 22 CLOSED<br> |
| 25 CLOSED<br>   | 26      | 27<br>Roast Beef<br>Baked Potato<br>Beets<br>Tossed Salad<br>Banana<br>WW Roll<br>Dessert             | 28<br>Chicken Burger Deluxe with Swiss Cheese & Bacon<br>Potato Salad<br>Three Bean Salad<br>Peaches<br>Dessert             | 29   |

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# DECEMBER 2023

## WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS  
24 HOURS IN ADVANCE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

|   |  |  |  |   |
|---|--|--|--|---|
| <p>Suggested donation for seniors over age 60 is \$4.00<br/>FEE for persons under age 60 is \$10.00</p> |  |   |  | <p>1<br/>Stuffed Cabbage Rolls<br/>7 Layer Salad<br/>Mozzarella Breadsticks<br/>Apricot Crisp</p>   |
| <p>4</p>  | <p>5<br/>Mac &amp; Cheese with Ham<br/>Peas &amp; Carrots<br/>Tossed Green Salad<br/>Mixed Berries<br/>Angel Food Cake</p> | <p>6<br/>Clam Chowder<br/>Turkey Sandwich Deluxe<br/>Cucumber Salad<br/>Tropical Fruit<br/>Dessert</p>                             | <p>7<br/>Salisbury Steak<br/>Mashed Potatoes / Gravy<br/>Trio Vegetables<br/>Carrot Raisin Salad<br/>WW Roll<br/>Fruit Cobbler</p> | <p>8<br/>Chicken Cordon Bleu<br/>Rice Pilaf<br/>Venetian Veggies<br/>Spinach Salad<br/>Cherries &amp; Pineapple<br/>WW Roll<br/>Dessert</p> |
| <p>11</p>   | <p>12<br/>Pork Chow Mein<br/>Stir Fry Vegetables<br/>Asian Style Slaw<br/>Mandarin Oranges<br/>Egg Roll<br/>Dessert</p>    | <p>13<br/>Roast Turkey<br/>Stuffing &amp; Gravy<br/>Green Bean Casserole<br/>Cranberry Salad<br/>Waldorf Salad<br/>Pumpkin Pie</p> | <p>14<br/>Chef's Salad<br/>Potato Soup<br/>Cinnamon Applesauce<br/>WW Roll<br/>Cereal Bar</p>                                      | <p>15<br/>Country Fried Steak<br/>Mashed Potatoes/Gravy<br/>Green Beans<br/>Tossed Salad<br/>Fruit Cocktail<br/>WW Roll<br/>Dessert</p>     |
| <p>18</p>   | <p>19<br/>Hearty Turkey Noodle Soup<br/>Mozzarella Bread Sticks<br/>Tossed Salad<br/>Fresh Fruit Tray<br/>Dessert</p>      | <p>20<br/>BBQ Meatballs<br/>Mac &amp; Cheese<br/>Italian Vegetables<br/>Caesar Salad<br/>Fruit Cocktail<br/>Dessert</p>            | <p>21<br/>Baked Ham<br/>Scalloped Potatoes<br/>Chopped Salad<br/>WW Roll<br/>Special Dessert</p>                                   | <p>22 CLOSED</p>                                       |
| <p>25 CLOSED</p>      | <p>26<br/>Meatloaf<br/>Mashed Potatoes / Gravy<br/>Green Beans<br/>Garden Salad<br/>WW Roll<br/>Fruited Jell-O</p>         | <p>27<br/>Chicken Burger Deluxe<br/>Potato Salad<br/>Three Bean Salad<br/>Chilled Peaches<br/>Dessert</p>                          | <p>28<br/>Spaghetti &amp; Meat Sauce<br/>Caesar Salad<br/>Sliced Pears<br/>Garlic Bread<br/>Dessert</p>                            | <p>29<br/>French Dip Sandwich<br/>Jo Jo's<br/>Garden Salad<br/>Apple Slices<br/>Dessert</p>   |

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