

# CHELAN

September  
2022

PLEASE CALL 509-888-4440 TO RESERVE MEALS  
24 HOURS IN ADVANCE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p>			<p>1 Chicken Fried Steak Mashed Potatoes/Gravy Buttered Corn Garden Salad Peaches WW Roll Dessert</p>	<p>2 Baked Fish Pesto Pasta Green Beans Carrot Raisin Salad Tropical Fruit WW Roll Dessert</p>
<p>5 CLOSED</p>	<p>6 Sloppy Joe's Jo Jo's Watermelon Salad Waldorf Salad Dessert</p>	<p>7 Chicken Parmesan Garlic Pasta Caesar Salad WW Roll Fruit Ambrosia</p>	<p>8 Supreme Style Pizza Garden Salad Apple Wedges Garlic Bread Dessert</p>	<p>9 Chili Green Salad Spiced Salad Pears Cornbread Dessert</p>
<p>12 Hot Turkey Sandwich Mashed Potatoes Green Beans Peaches Oatmeal Cookies</p>	<p>13 Beef Stew Spinach Salad Mixed Fruit Biscuits Dessert</p>	<p>14 Chinese Almond Chicken Steamed Rice Asian Coleslaw Garlic Bread Dessert</p>	<p>15 Ham Sandwich Corn Chowder Pea Salad Waldorf Salad Dessert</p>	<p>16 Fish &amp; Chips Coleslaw Garlic Bread Berries over Ice Cream</p>
<p>19 Mac &amp; Cheese with Bacon Peas &amp; Carrots Green Salad Tropical Fruit Dessert</p>	<p>20 Fall Medley Veggie Soup Cottage Cheese Sliced Tomatoes Assorted Melons WW Roll Dessert</p>	<p>21 Wieners &amp; Sauerkraut Roasted Red Potatoes Spring Salad Apple Celery Salad Dessert</p>	<p>22 French Dip Potato Salad Green Salad Peaches Dessert</p>	<p>23 Teriyaki Beef on Rice Oriental Vegetables Asian Coleslaw Pineapple Egg Roll Dessert</p>
<p>26 Chicken Pot Pie Cottage Cheese Garden Salad Fruit Tray Dessert</p>	<p>27 Cheeseburger Deluxe Potato Salad Pickled Beets Orange Quarters Dessert</p>	<p>28 Cordon Bleu Casserole Pasta Key West Veggies Greek Salad Mixed Melons WW Roll Dessert</p>	<p>29 Sweet &amp; Sour Meatballs Garden Rice Oriental Veggies Asian Style Slaw Pineapple WW Roll Dessert</p>	<p>30 Salmon with Dill Sauce Rosemary Potatoes Pea Salad Tropical Fruit Garlic Bread Lemon Bar</p>

For information about Home Delivered Meals call 509-826-7979.

You can visit our website at [www.octn.org](http://www.octn.org) and follow us on Facebook!



Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840



# ENTIAT

September  
2022

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24 HOURS IN ADVANCE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p> </div>			<p>1 Chicken Fried Steak Mashed Potatoes/Gravy Buttered Corn Garden Salad Peaches WW Roll Dessert</p>	<p>2</p>
<p>5 CLOSED</p>	<p>6</p>	<p>7</p>	<p>8 Supreme Style Pizza Garden Salad Apple Wedges Garlic Bread Dessert</p>	<p>9</p>
<p>12 Hot Turkey Sandwich Mashed Potatoes Green Beans Peaches Oatmeal Cookies</p>	<p>13</p>	<p>14</p>	<p>15 Ham Sandwich Corn Chowder Pea Salad Waldorf Salad Dessert</p>	<p>16</p>
<p>19 Mac &amp; Cheese with Bacon Peas &amp; Carrots Green Salad Tropical Fruit Dessert</p>	<p>20</p>	<p>21</p>	<p>22 French Dip Potato Salad Green Salad Peaches Dessert</p>	<p>23</p>
<p>26 Chicken Pot Pie Cottage Cheese Garden Salad Fruit Tray Dessert</p>	<p>27</p>	<p>28</p>	<p>29 Sweet &amp; Sour Meatballs Garden Rice Oriental Veggies Asian Style Slaw Pineapple WW Roll Dessert</p>	<p>30</p>

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# LEAVENWORTH/CASHMERE HOME DELIVERED

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Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00			1	2 Baked Fish Pesto Pasta Green Beans Carrot Raisin Salad Tropical Fruit WW Roll Dessert
5 CLOSED 	6	7 Chicken Parmesan Garlic Pasta Caesar Salad WW Roll Fruit Ambrosia	8	9 Chili Green Salad Spiced Salad Pears Cornbread Dessert
12 Hot Turkey Sandwich Mashed Potatoes Green Beans Peaches Oatmeal Cookies	13	14 Chinese Almond Chicken Steamed Rice Asian Coleslaw Garlic Bread Dessert	15	16 Fish & Chips Coleslaw Garlic Bread Berries over Ice Cream
19 Mac & Cheese with Bacon Peas & Carrots Green Salad Tropical Fruit Dessert	20	21 Wieners & Sauerkraut Roasted Red Potatoes Spring Salad Apple Celery Salad Dessert	22	23 Teriyaki Beef on Rice Oriental Vegetables Asian Coleslaw Pineapple Egg Roll Dessert
26 Chicken Pot Pie Cottage Cheese Garden Salad Fruit Tray Dessert	27	28 Cordon Bleu Casserole Pasta Key West Veggies Greek Salad Mixed Melons WW Roll Dessert	29	30 Salmon with Dill Sauce Rosemary Potatoes Pea Salad Tropical Fruit Garlic Bread Lemon Bar

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Established 1975