



# BREWSTER - BRIDGEPORT—PATEROS

PLEASE CALL 509-689-2815 TO RESERVE MEALS

24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Baked Fish Fillet Pesto Pasta Caribbean Veggies Spinach Salad Pudding/Berry Parfait	2	3 Ham Au Gratin Potatoes Green Beans Pineapple WW Roll Apple Crisp
6	7 Cheese Stuffed Shells with Marinara Sauce Peas Spinach Salad Tropical Fruit Breadstick Dessert	8 Ham & Au Gratin Potato Casserole Glazed Carrots Spiced Salad Waldorf Sala WW Roll Dessert	9	10 CLOSED  
13	14 Shepherd's Pie Caesar Salad Pineapple WW Roll Dessert	15 BBQ Chicken Macaroni Salad Buttered Peas Greek Salad Mixed Fresh Fruit Dessert	16	17 Swedish Meatballs Egg Noodles Glazed Carrots Spring Salad Cherries & Pineapple Dessert
20	21 Biscuits & Gravy Oven Brown Potatoes V-8 Juice Orange Quarters Dessert	22 Roast Turkey Mashed Potatoes Green Bean Casserole Green Salad Stuffing & Gravy Cranberry Salad Pumpkin Pie	23 CLOSED  	24 CLOSED
27	28 Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail WW Roll Dessert	29 Meatloaf Mashed Potatoes/Gravy Country Vegetables Spinach Salad Chilled Pears WW Roll Dessert	30	<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>

For information about Home Delivered Meals call 509-826-7979.

You can visit our website at [www.octn.org](http://www.octn.org) and follow us on Facebook!

Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840





# OKANOGAN / OMAK

PLEASE CALL 422-6776 OR 826-4741

TO RESERVE MEALS 24 HOURS IN ADVANCE




OKANOGAN

OMAK

OKANOGAN

OKANOGAN—9am

OMAK

	<p><b>Note: Home delivery is not available for Thursday breakfast.</b></p>	<p>1 Shepherds' Pie Caesar Salad Pineapple Roll Dessert</p>	<p>2 Ham Steak Waffles Oven Brown Potatoes Strawberries Juice</p> <p><i>No Home Delivery</i></p>	<p>3 Meatloaf Mashed Potatoes &amp; Gravy Country Trio Vegetables Spinach Salad Chilled Pears Roll Dessert</p>
<p>6 Biscuits &amp; Country Gravy Scrambled Eggs Oven Browned Potatoes V-8 Juice Orange Quarters Dessert</p>	<p>7 Beef Tacos Southwest Salad Waldorf Salad Dessert</p>	<p>8 Salisbury Steak/ Mushroom Gravy Mashed Potatoes Green Beans Chilled Pears WW Bread or Roll Oatmeal Cookie</p>	<p>9 Bacon, Spinach, Swiss Cheese Quiche Hash Browns Fresh Fruit Tray Juice Blueberry Muffin</p> <p><i>No home delivery</i></p>	<p>10 CLOSED</p> 
<p>13 Chicken Cordon Bleu Cass. Normandy Veggies Tossed Green Salad Fruit Cocktail WW Roll Dessert</p>	<p>14 Parmesan Chicken Pasta Marinara CA Blend Vegetables Caesar Salad Mandarin Oranges Dessert</p>	<p>15 Navy Bean &amp; Ham Soup Turkey Sandwich Veggie Tray Pineapple Tidbits Dessert</p>	<p>16 Biscuits &amp; Sausage Gravy Hash Browns Fresh Fruit Juice Bagel</p> <p><i>No home delivery</i></p>	<p>17 Baked Fish Fillet Wild Rice Caribbean Veggies Spinach Salad WW Bread or Roll Pudding/Berry Parfait</p>
<p>20 Bacon &amp; Swiss Quiche Steamed Broccoli Garden Salad Fresh Fruit Tray Muffin</p>	<p>21 Roast Turkey Mashed Potatoes &amp; Gravy Stuffing Green Bean Casserole Green Salad Cranberry Salad Pumpkin Pie</p>	<p>22 Veggie Lasagna Caesar Salad Apricots Cheesy Garlic Bread Dessert</p>	<p>23 CLOSED</p> 	<p>24 CLOSED</p>
<p>27 Beef &amp; Broccoli Stir Fry Rice Asian Style Slaw Mandarin Oranges Egg Roll Dessert</p>	<p>28 Sloppy Joe Sandwich Jo Jo's Coleslaw Fruit Salad Dessert</p>	<p>29 Ham Au Gratin Potatoes Green Beans Waldorf Salad WW Bread or Roll Oatmeal Cookies</p>	<p>30 Scrambled Eggs Bacon Hash Browns Fresh Fruit Juice Cinnamon Roll</p> <p><i>No home delivery</i></p>	<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>

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# OROVILLE

PLEASE CALL 476-2412

TO RESERVE MEALS 24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2 Shepherd's Pie Caesar Salad Pineapple WW Roll Dessert	3 Pepper Steak Rice Tossed Salad Mandarin Oranges WW Roll Dessert
6 Deluxe Ham Sandwich Potato Soup Pea Salad Fresh Fruit Tray Mozzarella Breadsticks Dessert	7 Tune & Rice Bake California Blend Veggies Greek Salad Peaches Garlic Bread Dessert	8	9 Pot Roast with Potatoes and Carrots Chuck Wagon Corn Mixed Greens Salad Waldorf Salad WW Roll Dessert	10 CLOSED 
13 Ham & Au Gratin Casserole Glazed Carrots Spiced Salad Waldorf Salad WW Roll Dessert	14 Sloppy Joe Sandwich Jo Jo's Coleslaw Fruit Salad Dessert	15	16 Salisbury Steak with Mushroom Gravy Mashed Potatoes Green Beans WW Roll Berry Crisp	17 Turkey Sandwich Deluxe Split Pea & Ham Soup Tossed Salad Pineapple Dessert
20 Chicken & Wild Rice Soup Cottage Cheese Tossed Salad Cucumber Salad Tropical Fruit WW Roll Dessert	21 Roast Turkey & Gravy Mashed Potatoes Stuffing Asparagus Green Salad Cranberry Salad Pumpkin Pie	22	23 CLOSED	24 CLOSED 
27 Baked Fish Fillet Wild Rice Caribbean Veggies Spinach Salad WW Roll Berry & Pudding Parfait	28 Swedish Meatballs Egg Noodles Glazed Carrots Caesar Salad Cherries & Pineapple Dessert	29	30 Parmesan Chicken Pasta Marinara California Vegetables Green Salad Mandarin Oranges Dessert	<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>

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# TONASKET

PLEASE CALL 486-2483

TO RESERVE MEALS 24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Split Pea & Ham Soup Turkey Sandwich Lettuce & Tomato Salad Pineapple Dessert	2 Veggie Lasagna Caesar Salad Apricots Cheesy Garlic Bread Dessert	3 Baked Fish Fillet Pesto Pasta Caribbean Vegetables Spinach Salad Berry/Pudding Parfait
6 Stuffed Pepper Soup Spiced Salad Grapes Mozzarella Breadsticks Dessert	7 BBQ Chicken Macaroni Salad Buttered Peas Greek Salad Mixed Fruit Biscuit Dessert	8 Meatloaf Mashed Potatoes/Gravy Country Trio Veggies Tossed Salad Chilled Pears WW Roll Dessert	9 Ham Au Gratin Potatoes Green Beans Pineapple WW Bread or Roll Cereal Bar	10 Salmon with Dill Sauce Garlic / Parmesan Noodles California Vegetables Spinach Salad Cherry Crisp
13 Chicken Tacos Southwest Salad Apple Wedges Dessert	14 Swedish Meatballs Egg Noodles Glazed Carrots Spring Salad Cherries & Pineapple Dessert	15 Deli Style Ham Sandwich Vegetable Soup Tossed Salad Mixed Berries Dessert	16 Biscuits & Gravy Scrambled Eggs Oven Brown Potatoes V-8 Juice Orange Quarters Dessert	17 Chili Stuffed Potato Chuck Wagon Corn Mixed Greens Salad Chilled Pears Tortilla Chips Dessert
20 Shepherd's Pie Tossed Salad Pineapple WW Roll Dessert	21 Cheese Stuffed Shells with Marinara Sauce Peas Caesar Salad Waldorf Salad Breadstick Dessert	22 Roast Turkey Mashed Potatoes Stuffing Green Bean Casserole Green Salad Cranberry Salad Pumpkin Pie		
27 Country Fried Steak Mashed Potatoes/Gravy Buttered Corn Garden Salad Chilled Peaches WW Roll Dessert	28 Bacon & Swiss Quiche Steamed Broccoli V-8 Juice Fresh Fruit Tray Muffin	29 Chicken & Wild Rice Bake Tossed Salad Cucumber Salad Tropical Fruit Cheesy Garlic Toast Dessert	30 Hot Turkey Sandwich Mashed Potatoes / Gravy Nantucket Veggies Chilled Pears WW Roll Dessert	Suggested donation for seniors over age 60 is \$4.00  FEE for persons under age 60 is \$10.00

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# TWISP

PLEASE CALL 509-997-7722 TO RESERVE MEALS  
24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2 Parmesan Chicken Pasta Marinara Key West Veggies Green Salad Mandarin Oranges Dessert	3 Tuna & Rice Bake CA Blend Veggies Greek Salad Peaches Garlic Bread Dessert
6 Deluxe Ham Sandwich Potato Soup Pea Salad Fresh Fruit Tray Mozzarella Breadstick Dessert	7	8	9 Chili Stuffed Baked Potato Chuck Wagon Corn Mixed Greens Salad Tortilla Chips Dessert	10 CLOSED 
13 Pot Roast Roast Potatoes & Carrots Mixed Greens Salad Waldorf Salad WW Roll Rice Krispies Treats	14	15	16 Split Pea & Ham Soup Turkey Sandwich Lettuce & Tomato Salad Pineapple Tidbits Dessert	17 Biscuits & Gravy Scrambled Eggs Oven Browned Potatoes V-8 Juice Orange Quarters Dessert
20 Roasted Turkey Mashed Potatoes & Gravy Green Bean Casserole Broccoli Salad Cranberry Sauce Dinner Roll Pumpkin Pie	21	22	23 	24 CLOSED
27 BBQ Chicken Macaroni Salad Buttered Peas Greek Salad Mixed Fresh Fruit Biscuit Dessert	28	29	30 Hamburger Steak Mashed Potatoes & Gravy Buttered Corn Garden Salad WW Roll Apple Crisp	<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>

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