



DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Ham & Bean Soup Chopped Salad Orange Quarters Cornbread Dessert	3 Yankee Pot Roast Carrots & Potatoes Mixed Greens Salad Banana WW Roll Oatmeal Cookies	4 Baked Fish with Lemon Wild Rice Key West Veggies Coleslaw Peaches Garlic Bread Dessert	5
8	9 Scrambled Eggs & Ham Potatoes O'Brien V-8 Juice Pancake Fresh Fruit Muffin	10 Honey Mustard Chicken Rice Pilaf Tossed Salad Grapes WW Roll Dessert	11 Sweet & Sour Pork over Rice Oriental Veggies Asian Style Slaw Tropical Fruit Egg Roll Dessert	12
15	16 Chicken Fettuccine Asparagus Spinach Salad Mixed Berries Dessert	17 Meatloaf Mashed Potatoes & Gravy Green Beans Tossed Salad Chilled Pears Biscuit Dessert	18 BBQ Meatballs Rice Pilaf Peas & Carrots Coleslaw Orange Quarters Cornbread Dessert	19
22	23 Fish & Chips Coleslaw Fruit Tray Cheesy Garlic Toast Dessert	24 Bacon, Broccoli and Swiss Cheese Quiche Spinach Salad Fresh Fruit Muffin	25 Oven Fried Chicken Twice Bake Style Potatoes Chuck Wagon Corn Cuke & Tomato Salad Grapes WW Roll Dessert	26
29	30 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert	<div style="border: 2px solid black; padding: 10px; width: fit-content; margin: 0 auto;"> <p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p> </div>		

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Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

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ODESSA


PLEASE CALL 509-982-2654 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Egg Salad Sandwich Minestrone Soup Tossed Salad Oregon Berries Dessert	2	3 Yankee Pot Roast Potatoes & Carrots Mixed Greens Salad Banana WW Roll Oatmeal Cookies	4 California Chicken Casserole Spinach Salad Mandarin Oranges Dessert	5
8 Chili with Cheese Veggie Tray Peaches Cornbread Dessert	9	10 Oven Fried Chicken Potato Casserole Chuck Wagon Corn Cuke & Tomato Salad Grapes WW Roll Dessert	11 Pork Roast Mac & Cheese Roasted Carrots Greek Salad Applesauce Dessert	12
15 Hearty Turkey Noodle Soup Cottage Cheese Tossed Salad Fresh Fruit Cornbread Dessert	16	17 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert	18 Baked Ham Scalloped Potatoes Carrot Raisin Salad WW Roll Fruited Jell-O	19
22 Split Pea & Ham Soup Deluxe Turkey Sandwich Garden Salad Peaches Dessert	23	24 BBQ Meatballs Rice Pilaf Peas & Carrots Coleslaw Orange Quarters Dessert	25 Baked Fish with Lemon Garlic Parmesan Pasta Chalet Vegetables Caesar Salad Pears Dessert	26
29 Ham & Cheese Sandwich Corn Chowder Pea Salad Berry & Pudding Parfait	30	<div style="border: 2px solid black; padding: 5px; display: inline-block;"> <p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p> </div>		

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WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Beef Stew Green Salad Peaches Biscuit Cereal Bar	3 Chicken Fettuccine Asparagus Spinach Salad Mixed Berries Dessert	4 BBQ Meatballs Rice Pilaf Peas & Carrots Three Bean Salad Orange Quarters Cornbread Dessert	5 Lemon Baked Fish Wild Rice Chalet Vegetables Coleslaw Peaches Garlic Bread Dessert
8	9 Baked Ham Scalloped Potatoes Carrot Raisin Salad Chilled Pears WW Roll Cereal Bar	10 Spaghetti & Meat Sauce Caesar Salad Garlic Bread Dessert	11 Split Pea & Ham Soup Turkey Sandwich Garden Salad Peaches Dessert	12 Oven Fried Chicken Twice Bake Style Potatoes Chuck Wagon Corn Cuke & Tomato Salad Grapes WW Roll Dessert
15	16 Ham & Cheese Sandwich Corn Chowder Pea Salad Berry & Pudding Parfait	17 Meatloaf Mashed Potatoes/Gravy Green Beans Tossed Salad Chilled Pears Biscuit Dessert	18 Fish & Chips Coleslaw Fruit Tray Cheesy Garlic Toast Dessert	19 Chicken Caesar Salad Sliced Tomatoes Fresh Fruit Focaccia Bread Dessert
22	23 Sweet & Sour Pork Steamed Rice Oriental Veggies Asian Style Slaw Tropical Fruit Egg Roll Dessert	24 Seafood Fettuccine Key West Veggies Spinach Salad Oregon Berries Angel Food Cake	25 Pork Roast Mac & Cheese Roasted Carrots Tossed Salad Applesauce Dessert	26 Beef Gyro's (Yee-Roh's) Garlic Fries Greek Romaine Salad Apricots Dessert
29	30 Teriyaki Chicken Steamed Rice Asian Style Slaw Apple Wedges Egg Roll Dessert	<div style="border: 2px solid black; padding: 5px; display: inline-block;"> <p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p> </div>		

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