

DECEMBER 2022

CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS
24 HOURS IN ADVANCE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Suggested donation for seniors over age 60 is \$4.00

FEE for persons under age 60 is \$10.00



1
Beef Enchiladas
Spanish Rice
Baja Vegetable Blend
Fresh Salsa
Mandarin Oranges
Dessert

2
Stuffed Cabbage Rolls
7 Layer Salad
WW Roll
Apricot Crisp

5
Chicken Cacciatore
Shell Pasta
Italian Vegetables
Grapes
Bread Stick
Dessert

6
French Dip
Vegetable Tray
Garden Salad
Peaches
Dessert

7
Mac & Cheese with Ham
Peas & Carrots
Tossed Green Salad
Mixed Berries
Angel Food Cake

8
Garden Chili
Cottage Cheese
Tortilla Chips
Cucumber Salad
Apple Crisp

9
Orange Glazed Chicken
Garden Rice
Stir Fry Veggies
Asian Style Slaw
Chilled Pineapple
WW Roll
Dessert

12
Lasagna with Meat Sauce
Mixed Vegetables
Caesar Salad
Pears
Garlic Bread
Dessert

13
Chef's Salad
Potato Soup
Cinnamon Applesauce
WW Roll
Cereal Bars

14
BBQ Meatballs
Rice Pilaf
Italian Vegetables
Tossed Salad
WW Roll
Dessert

15
Chicken Fettuccine
Venetian Vegetables
Spinach Salad
Mandarin Oranges
Dessert

16
Lemon Pepper Fish
Roasted Red Potatoes
Trio Vegetables
Coleslaw
Garlic Bread
Dessert

19
Taco Soup
Tortilla Chips
Tossed Green Salad
Peaches
Cornbread
Dessert

20
Baked Chicken
Wild Rice
Glazed Carrots
Broccoli Salad
Fruit Cocktail
WW Roll
Dessert

21
Meatloaf
Mashed Potatoes/Gravy
Green Beans
Garden Salad
WW Roll
Fruited Jell-O

22
Baked Ham
Scalloped Potatoes
49'er Chopped Salad
Pineapple & Cherries
WW Roll
Rice Krispy Treats

23 C LOSED



26 CLOSED

*Merry
Christmas*

27
Harvest Stew
Cottage Cheese
Coleslaw
Peaches
Cornbread
Dessert

28
Farmer's Casserole
Tomato & Cuke Salad
V-8 or Fruit Juice
Pancakes
Dessert

29
Chicken Burger Deluxe
Potato Salad
Chilled Pears
Dessert

30

*Special
Meal*

For information about Home Delivered Meals call 509-826-7979.

You can visit our website at www.octn.org and follow us on Facebook!

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<div>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</div>			1 Beef Enchiladas Spanish Rice Baja Vegetable Blend Fresh Salsa Mandarin Oranges Dessert	2
5 Chicken Cacciatore Shell Pasta Italian Vegetables Grapes Bread Stick Dessert	6	7	8 Garden Chili Cottage Cheese Tortilla Chips Cucumber Salad Apple Crisp	9
12 Lasagna with Meat Sauce Mixed Vegetables Caesar Salad Pears Garlic Bread Dessert	13	14	15 Chicken Fettuccine Venetian Vegetables Spinach Salad Mandarin Oranges Dessert	16
19 Taco Soup Tortilla Chips Tossed Green Salad Peaches Cornbread Dessert	20	21	22 Baked Ham Scalloped Potatoes 49'er Chopped Salad Pineapple & Cherries WW Roll Rice Krispy Treats	23
26 	27	28	29 Chicken Burger Deluxe Potato Salad Chilled Pears Dessert	30

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LEAVENWORTH/CASHMERE HOME DELIVERED

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</div>			1	2 Stuffed Cabbage Rolls 7 Layer Salad WW Roll Apricot Crisp
5 Chicken Cacciatore Shell Pasta Italian Vegetables Grapes Bread Stick Dessert	6	7 Mac & Cheese with Ham Peas & Carrots Tossed Green Salad Mixed Berries Angel Food Cake	8	9 Orange Glazed Chicken Garden Rice Stir Fry Veggies Asian Style Slaw Chilled Pineapple WW Roll Dessert
12 Lasagna with Meat Sauce Mixed Vegetables Caesar Salad Pears Garlic Bread Dessert	13	14 BBQ Meatballs Rice Pilaf Italian Vegetables Tossed Salad WW Roll Dessert	15	16 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Garlic Bread Dessert
19 Taco Soup Tortilla Chips Tossed Green Salad Peaches Cornbread Dessert	20	21 Meatloaf Mashed Potatoes/Gravy Green Beans Garden Salad WW Roll Fruited Jell-O	22	23 CLOSED 
26 CLOSED 	27	28 Farmer's Casserole Tomato & Cuke Salad V-8 or Fruit Juice Pancakes Dessert	29	30 

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