



ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS
24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Split Pea & Ham Soup 1/2 Turkey Sandwich Lettuce & Tomato Salad Pineapple WW Crackers Dessert	2	3 Beef Stew Mixed Greens Salad Pears WW Roll Dessert	4 BBQ Chicken Macaroni Salad Cauliflower & Chives Greek Salad Mixed Fresh Fruit Biscuit Dessert	5
8 Chicken Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail WW Roll Dessert	9	10 Meatloaf & Gravy Mashed Potatoes Country Vegetables Spinach Salad Applesauce WW Roll Dessert	11 CLOSED 	12
15 Sloppy Joe Sandwich Jo Jo's Coleslaw Fruit Salad Dessert	16	17 Tuna & Rice Bake California Vegetables Greek Salad Peaches Dessert	18 Parmesan Chicken Garlic Noodles Mixed Vegetables Green Salad Dessert	19
22 Pork Roast Roasted Potatoes & Carrots Spinach Salad Pears WW Roll Oatmeal Cookie	23	24 Roast Turkey Mashed Potatoes Green Bean Casserole Cranberry Salad WW Roll Pumpkin Pie	25 CLOSED 	26 CLOSED
29 Biscuits & Country Gravy Scrambled Egg & Potatoes Casserole V-8 Juice Orange Quarters	30	<div style="border: 2px solid black; padding: 10px; margin: 10px auto; width: fit-content;"> <p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p> </div>		

For information about Home Delivered Meals call 844-826-7979.

You can visit our website at www.octn.org and follow us on Facebook!

Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840



Established 1975



WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS
24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Hot Turkey Sandwich Mashed Potatoes / Gravy Buttered Peas Chilled Peaches WW Roll Pineapple Upside Down Cake	3 Baked Fish Garden Rice Caribbean Veggies Spinach Salad Pear Crisp	4 BBQ Chicken Macaroni Salad Cauliflower & Chives Greek Salad Mixed Fresh Fruit Biscuit Dessert	5
8	9 Chicken Cordon Bleu Cas- serole Normandy Vegetables Tossed Green Salad Fruit Cocktail WW Roll Dessert	10 Salisbury Steak with Mushroom Gravy 1/2 Baked Potato Green Beans WW Roll Fruit Cobbler	11 CLOSED 	12
15	16 Sloppy Joe Sandwich Jo Jo's Coleslaw Fruit Salad Dessert	Biscuits & Country Gravy Scrambled Eggs Oven Brown Potatoes V-8 Juice Orange Quarters Dessert	18 Country Fried Steak Mashed Potatoes Trio Vegetables Garden Salad Chilled Peaches Dessert	19
22	23 Deli Style Beef & Cheese Sandwich Deluxe Vegetable Soup Tossed Salad Mixed Berries Dessert	24 Roast Turkey Mashed Potatoes Green Bean Casserole Broccoli Salad Cranberry Sauce Roll Pumpkin Pie	25 CLOSED 	26 CLOSED
29	30 Ham & Au Gratin Potato Casserole Glazed Carrots Spiced Salad Waldorf Salad WW Roll Dessert	<div style="border: 2px solid black; padding: 5px; display: inline-block;"> <p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p> </div>		

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