

# March 2022

## ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS  
24 HOURS IN ADVANCE



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

	1	2 Country Style Ribs Baked Beans Au Gratin Potatoes Coleslaw Apple Slices WW Roll Lemon Bars	3 Tater Tot Casserole Cottage Cheese Pickled Beets Pears WW Roll Dessert	4
7 Chicken Salad Sandwich Vegetable Soup Sweet Potato Fries Mixed Fruit Dessert	8	9 Roast Beef Mashed Potatoes/Gravy Broccoli Cuts Tossed Veggie Salad Peaches WW Roll Dessert	12 Salmon w/Dill Sauce Pesto Pasta Mediterranean Veggies Garden Salad Waldorf Salad WW Roll Dessert	11
14 California Chicken Casserole Cucumber Salad Orange Quarters Cheesy Biscuit Dessert	15	16 Pork Chops Stuffing & Gravy Broccoli Bake Garden Salad Bananas Dessert	17 Corned Beef & Cabbage Boiled Potatoes Carrots Tropical Fruit WW Roll Pistachio Pudding 	18
21 Sweet & Sour Chicken Steamed Rice Spinach Salad Pineapple Tidbits Garlic Bread Dessert	21	23 Beef Taco's Spanish Rice Spiced Salad Mandarin Oranges Dessert	24 Biscuits & Sausage Gravy Stewed Tomatoes Hash Brown Potatoes Fresh Fruit Muffin	25
28 French Dip Sandwich Tater Tots Pea Salad Tropical Fruit Dessert	29	30 Chicken Strips Pasta Carrots Three Bean Salad Plums Dessert	31 Tuna Casserole Peas & Carrots Spiced Salad Waldorf Salad Dessert	<div data-bbox="1263 1581 1552 1841" style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>

For information about Home Delivered Meals call 844-826-7979.

You can visit our website at [www.octn.org](http://www.octn.org) and follow us on Facebook!

Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840





# March 2022

## WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS  
24 HOURS IN ADVANCE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Hamburger Steak with Grilled Onions Egg Noodles Green Bean Casserole Spiced Salad Pears WW Roll Dessert	2 Chicken Cordon Bleu Rice Pilaf Venetian Vegetables Greek Salad Fruit Salad WW Roll Dessert	3 Salmon with Dill Sauce Pesto Pasta Broccoli Normandy Garden Salad Waldorf Salad WW Roll Dessert	4
7	8 French Dip Sandwich Jo Jo's Pea Salad Tropical Fruit Dessert	9 Lasagna w/ Meat Sauce Green Beans Tossed Salad Pears Bread Sticks Dessert	12 Country Fried Steak Potatoes & Gravy Chuck Wagon Corn Carrot / Raisin Salad WW Roll Apple Crisp	11
14	15 Split Pea Soup 1/2 Ham Sandwich Potato Salad Tropical Fruit Dessert	16 Biscuits & Sausage Gravy Hash Brown Potatoes Stewed Tomatoes Fresh Fruit Muffin	17 Corned Beef & Cabbage Boiled Potatoes Carrots Peaches WW Roll Pistachio Pudding 	18
21	21 Beef Enchiladas Spanish Rice Baja Vegetable Blend Mexican Style Slaw Mixed Fruit Dessert	23 Baked Fish Rice Pilaf Chalet Vegetables Tossed Salad Apple Celery Salad Garlic Bread Dessert	24 Chili with Cheese Corn Chips Green Salad Peaches Cornbread Berry & Pudding Parfait	25
28	29 Beef Yakisoba Stir Fry Veggies Coleslaw Mandarin Oranges Egg Roll Dessert	30 Sweet & Sour Pork Rice Spinach Salad Pineapple Garlic Bread Dessert	31 Lentil Veggie Soup Cottage Cheese 7 Layer Salad Citrus Salad Cornbread Dessert	<div> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>

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