



# CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS  
24 HOURS IN ADVANCE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	2 Pork Roast Herbed Potato Bake Tomato & Lettuce Salad Pineapple WW Roll Oatmeal Cookie	3 Sloppy Joe Sandwich Jo Jo's Coleslaw Peaches Dessert	4 BBQ Chicken Rice Pilaf Broccoli Normandy Spring Salad Strawberry Shortcake	5 Meatloaf Mashed Potatoes/Gravy Peas & Carrots Fruit Salad WW Roll Rice Krispy Treats
8 Cabbage Patch Stew Macaroni Salad Cucumber Salad Tropical Fruit WW Roll Dessert	9 Swedish Meatballs Egg Noodles Glazed Carrots Tossed Green Salad Cherries & Pineapple WW Roll Dessert	10 Ham & Cheese Quiche Garden Salad Crunchy Pea Salad Fresh Fruit Tray Blueberry Muffin	11 Salmon & Dill Sauce Basil/Garlic Pasta Venetian Veggie Blend Spinach Salad Citrus Salad Dessert	12 Pepper Steak Steamed Rice Caesar Salad Cinnamon Pears WW Roll Dessert
15 Veggie Lasagna Caesar Salad Apricots Garlic Bread Dessert	16 Chili Stuffed Potato Green Salad Corn Bread Strawberry Shortcake	17 Country Fried Steak Mashed Potatoes/Gravy Green Beans WW Roll Cherry Crisp	18 Orange Glazed Chicken Steamed Rice Asian Vegetables Coleslaw Chilled Pineapple Egg Roll Dessert	19 Supreme Style Pizza Garden Salad Waldorf Salad Dessert
22 Bratwurst & Sauerkraut Roasted Potato Wedges Pea Salad Apple Slices Dessert	23 Bacon & Egg Salad Sand- wich on Croissant Spinach Salad Orange Quarters Dessert	24 Pasta Primavera w/Ham Spiced Salad Fruit Salad Garlic Bread Dessert	25 Chicken Salad Croissant Broccoli Salad Grapes Dessert	26 Hamburger Steak with Grilled Onions Mashed Potatoes/Gravy Green Beans WW Bread or Roll Berry Crisp
29    CLOSED 	30 Taco Salad Spanish Rice Fresh Salsa Tortilla Chips Fruit Cup Dessert	31 Shepherd's Pie Cottage Cheese Caesar Salad Apricots WW Roll Cereal Bar	<div> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>	

For information about Home Delivered Meals call 509-470-0522.

You can visit our website at [www.octn.org](http://www.octn.org) and follow us on Facebook!

Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840





# ENTIA

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24 HOURS IN ADVANCE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	2	3	4 BBQ Chicken Rice Pilaf Broccoli Normandy Spring Salad Strawberry Shortcake	5
8 Cabbage Patch Stew Macaroni Salad Cucumber Salad Tropical Fruit WW Roll Dessert	9	10	11 Salmon & Dill Sauce Basil/Garlic Pasta Venetian Veggie Blend Spinach Salad Citrus Salad Dessert	12
15 Veggie Lasagna Caesar Salad Apricots Garlic Bread Dessert	16	17	18 Orange Glazed Chicken Steamed Rice Asian Vegetables Coleslaw Chilled Pineapple Egg Roll Dessert	19
22 Bratwurst & Sauerkraut Roasted Potato Wedges Pea Salad Apple Slices Dessert	23	24	25 Chicken Salad Croissant Broccoli Salad Grapes Dessert	26
29 CLOSED 	30	31	<div> Suggested donation for seniors over age 60 is \$4.00  FEE for persons under age 60 is \$10.00 </div>	

For information about Home Delivered Meals call 509-826-7979.

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# LEAVENWORTH/CASHMERE HOME DELIVERED

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24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	2	3 Sloppy Joe Sandwich Jo Jo's Coleslaw Peaches Dessert	4	5 Meatloaf Mashed Potatoes/Gravy Peas & Carrots Fruit Salad WW Roll Rice Krispy Treats
8 Cabbage Patch Stew Macaroni Salad Cucumber Salad Tropical Fruit WW Roll Dessert	9	10 Ham & Cheese Quiche Garden Salad Crunchy Pea Salad Fresh Fruit Tray Blueberry Muffin	11	12 Pepper Steak Steamed Rice Caesar Salad Cinnamon Pears WW Roll Dessert
15 Veggie Lasagna Caesar Salad Apricots Garlic Bread Dessert	16	17 Country Fried Steak Mashed Potatoes/Gravy Green Beans WW Roll Cherry Crisp	18 	19 Supreme Style Pizza Garden Salad Waldorf Salad Dessert
22 Bratwurst & Sauerkraut Roasted Potato Wedges Pea Salad Apple Slices Dessert	23	24 Pasta Primavera w/Ham Spiced Salad Fruit Salad Garlic Bread Dessert	25	26 Hamburger Steak with Grilled Onions Mashed Potatoes/Gravy Green Beans WW Bread or Roll Berry Crisp
29 CLOSED 	30	31 Shepherd's Pie Cottage Cheese Caesar Salad Apricots WW Roll Cereal Bar	<div> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>	

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