

2024

DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS 509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED	2 French Dip Sandwich Jo Jo's Pickled Beets Waldorf Salad Dessert	3 Pork Roast Stuffing & Gravy Toasted Brussels Sprouts Garden Salad Applesauce Dessert	4 Oven Fried Chicken Twice Bake Style Potatoes Buttered Corn Spiced Salad Orange Quarters WW Roll Dessert	5
8	9 Chicken Burger Deluxe Jo Jo's Coleslaw Mandarin Oranges Dessert	10 Kielbasa with Peppers and Onions Roasted Potatoes Cucumber Salad Waldorf Salad Biscuit Cereal Bar	11 Ham Sandwich Minestrone Soup Caesar Salad Pears Dessert	12
15 CLOSED MARTIN LUTHER KING DAY shutterstock - 356091257	16 Chicken Cordon Bleu Casserole over Rice Steamed Carrots Broccoli Salad Strawberries & Bananas WW Roll Dessert	17 BBQ Country Ribs Mac & Cheese Green Beans Carrot Raisin Salad Mandarin Oranges Dessert	18 Salisbury Steak Mashed Potatoes/Gravy Broccoli Normandy Mixed Greens Salad WW Roll Peach Cobbler	19
22	23 Chili Dog with Cheese Green Beans Cucumber Salad Pineapple & Cherries Dessert	24 Baked Fish Fillet Wild Rice Key West Veggie Coleslaw Orange Quarters WW Roll Dessert	25 Chicken Fettuccine Zucchini Tomato Bake Caesar Salad Berry Crisp	26
29	30 Clam Chowder Tuna Salad Sandwich Tossed Green Salad Tropical Fruit Dessert	31 Philly Steak Sandwich Jo Jo's Cucumber Slices Waldorf Salad Dessert	Suggested donation for sen \$5.00 FEE for persons under age 0	

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Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840





Call 509-826-7979 for information on Meals on Wheels



2024

ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS 509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED	2	3 Meatloaf Mashed Potatoes & Gravy Buttered Corn Green Salad Peaches WW Roll Dessert	4 Chicken & Wild Rice Bake Coleslaw Tropical Fruit WW Roll Dessert	5
8 Corn Chowder BLT Sandwich Spinach Salad Oranges Mozzarella Breadstick Dessert	9	10 Kielbasa with Peppers and Onions Roasted Potatoes Cucumber Salad Waldorf Salad Biscuit Cereal Bar	11 Lasagna Tossed Salad Fruit Cocktail Dessert	12
15 CLOSED MARTIN LUTHER KING DAY shutterstock · 356091257	16	17 Chili with Cheese 1/2 Baked Potato Chuck Wagon Corn Tossed Green Salad Apricots Cornbread Dessert	18 Chicken Fettuccine Zucchini Tomato Bake Caesar Salad Berry Crisp	19
22 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert	23	24 Pork Roast Stuffing & Gravy Roasted Brussels Sprouts Garden Salad Applesauce Dessert	25 Oven Fried Chicken Twice Baked Style Potatoes Buttered Corn Spiced Salad Orange Quarters WW Roll Dessert	26
29 Biscuits & Gravy Hash Brown Potatoes Stewed Tomatoes Fresh Fruit Muffin	30	31 Tuna Noodle Casserole Peas & Carrots Mixed Greens Salad Fruit Salad Dessert	Suggested donation for sen	

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2024

WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS 509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CLOSED	2 Clam Chowder Egg Salad Sandwich Tossed Green Salad Tropical Fruit Dessert	3 French Dip Sandwich Jo Jo's Pickled Beets Waldorf Salad Dessert	4 Baked Fish Wild Rice Key West Veggies Coleslaw Orange Quarters WW Roll Dessert	5 Meatloaf Mashed Potatoes/Gravy Buttered Corn Green Salad Peaches WW Roll Dessert
8	9 Chili with Cheese 1/2 Baked Potato Chuck Wagon Corn Tossed Green Salad Apricots Cornbread Dessert	10 Pork Chops Stuffing & Gravy Roasted Brussels Sprouts Garden Salad Applesauce Dessert	11 Cheeseburger Deluxe Sweet Potato Fries Coleslaw Orange Quarters Dessert	12 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert
15 CLOSED MARTIN LUTHER KING DAY shutterstock · 356091257	16 Baked Ham Potatoes Au Gratin Trio Vegetables Garden Salad Applesauce WW Roll Dessert	17 Cabbage Patch Stew Whole Grain Crackers Tossed Salad Chilled Pears WW Roll Dessert	18 Biscuits & Gravy Hash Brown Potatoes Stewed Tomatoes Fresh Fruit Muffin	19 Country Fried Steak Mashed Potatoes/Gravy Four Way Veggies Carrot Raisin Salad Orange Quarters Biscuit Dessert
22	23 Chicken Burger Deluxe Jo Jo's Coleslaw Mandarin Oranges Dessert	24 Beef Taco's Spanish Rice Fresh Salsa Pineapple Tidbits Dessert	25 Tuna Noodle Casserole Peas & Carrots Mixed Greens Salad Fruit Salad Dessert	26 Salisbury Steak Mashed Potatoes/Gravy Steamed Carrots Mixed Greens Salad WW Roll Peach Cobbler
29	30 Chicken Fettuccine Zucchini Tomato Bake Caesar Salad Berry Parfait	31 Corn Chowder BLT Sandwich Spinach Salad Apple Wedges Dessert	Suggested donation for FEE for persons under a	seniors over age 60 is \$5.00 ge 60 is \$12.00

For information about Home Delivered Meals call 509-826-7979.

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