






Davenport Senior Meals

June 2020



Monday	Tuesday	Wednesday	Thursday	Friday
1	2 Country Fried Steak Potatoes & Gravy Green Beans Garden Salad Chilled Peaches Onion Bread Dessert	3	4 Chicken Enchiladas Refried Beans Spanish Rice Mexi Corn Tossed Salad Pears Dessert	5 Baked ham Au Gratin Potatoes Glazed Carrots Three Bean Salad Tropical Fruit Bread Pudding
8	9 Lasagna Green Beans Almondine Caesar Salad Tropical Fruit Garlic Bread Dessert	10	11 Salisbury Steak & Gravy Mashed Potatoes Trio Vegetables Carrot Raisin Salad WW Roll Cherry Cobbler	12 BBQ Chicken Macaroni Salad Broccoli Cuts Crunchy Pea Salad Fruit Tray Herb Bread Dessert
15 	16 Mac & Cheese with Bacon Black Eyed Peas Tossed Green Salad Mixed Berries WW Roll Dessert	17	18 Deluxe Chicken Burger Potato Salad Chilled Pears Dessert	19 Pork Chow Mein Chow Mein Noodles Asian Coleslaw Mandarin Oranges WW Roll Dessert
22	23 Chicken Cordon Bleu Oven Roasted Potatoes Peas & Carrots Tossed Green Salad Sliced Pears Herb Bread Dessert		25 Lemon Pepper Cod Garden Rice Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert	26 Clam Chowder 1/2 Tuna Salad Broccoli Salad Pineapple Rice Krispy Bar
29	30 French Dip Oven Fries Garden Salad Fresh Fruit Dessert	 <h1>Happy Father's Day!</h1>		



Seniors Age 60 & over—suggested donation
\$4.00

Under age 60—\$8.50 FEE





Please call the Nutrition Director for more information about the Home Delivered Meal program toll-free 844-826-7979

volunteer
do good, feel good



Harrington Senior Meals June 2020



Monday	Tuesday	Wednesday	Thursday	Friday
1	2 Country Fried Steak Potatoes & Gravy Green Beans Garden Salad Chilled Peaches Onion Bread Dessert	3	4 Chicken Enchiladas Refried Beans Spanish Rice Mexi Corn Tossed Salad Pears Dessert	5 Baked ham Au Gratin Potatoes Glazed Carrots Three Bean Salad Tropical Fruit Bread Pudding
8	9 Lasagna Green Beans Almondine Caesar Salad Tropical Fruit Garlic Bread Dessert	10 	11 Salisbury Steak & Gravy Mashed Potatoes Trio Vegetables Carrot Raisin Salad WW Roll Cherry Cobbler	12 BBQ Chicken Macaroni Salad Broccoli Cuts Crunchy Pea Salad Fruit Tray Herb Bread Dessert
15 	16 Mac & Cheese with Bacon Black Eyed Peas Tossed Green Salad Mixed Berries WW Roll Dessert	17	18 Deluxe Chicken Burger Potato Salad Chilled Pears Dessert	19 Pork Chow Mein Chow Mein Noodles Asian Coleslaw Mandarin Oranges WW Roll Dessert
22	23 Chicken Cordon Bleu Oven Roasted Potatoes Peas & Carrots Tossed Green Salad Sliced Pears Herb Bread Dessert	24 	25 Lemon Pepper Cod Garden Rice Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert	26 Clam Chowder 1/2 Tuna Salad Broccoli Salad Pineapple Rice Krispy Bar
29	30 French Dip Oven Fries Garden Salad Fresh Fruit Dessert	 <h2>Happy Father's Day!</h2>		

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Under age 60—\$8.50 FEE



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Odessa Senior Meals June 2020



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Tuna Casserole Peas & Carrots Garden Salad Tropical Fruit WW Roll Dessert</p>	<p>2</p>	<p>3 Chicken Enchiladas Refried Beans Spanish Rice Mexi Corn Lettuce tomato Salad Pears Dessert</p>	<p>4 Deluxe Cheeseburger Coleslaw Apple Celery Salad Dessert</p>	<p>5</p> 
<p>8 Mac & Cheese with Bacon Peas Tossed Green Salad Mixed Berries Muffin Dessert</p>	<p>9</p> 	<p>10 Crunchy Chicken Salad Jo Jo's Three Bean Salad Veggie Pasta Salad WW Roll Strawberry Shortcake</p>	<p>11 Stuffed Pepper Casserole California Vegetables 7 Layer Salad WW Roll Cherry Crisp</p>	<p>12</p>
<p>15 Scrambled Eggs & Ham O'Brien Potatoes Stewed Tomatoes Juice Peaches Banana Nut Muffin</p>	<p>16</p>	<p>17 Teriyaki Beef Rice Broccoli Asian Slaw Pineapple Tidbits Egg Roll Fortune Cookies</p>	<p>18 BBQ Chicken Potato Salad Pea Salad Fruit Tray Trio Vegetables WW Roll Dessert</p>	<p>19</p> 
<p>22 Roast Beef Potatoes & Gravy Mixed Vegetables Tossed Veggie Salad WW roll Fruited Jell-O</p>	<p>23</p> 	<p>24 Sweet & Sour Pork Steamed Rice Oriental Vegetables Green Salad & Tomatoes Mandarin Oranges Egg Roll Dessert</p>	<p>25 Baked Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert</p>	<p>26</p>
<p>29 Clam Chowder 1/2 Tuna Sandwich Garden Salad Vegetable Tray Pineapple Whole Grain Crackers Rice Krispy Bars</p>	<p>30</p>	<div data-bbox="594 1625 1430 1843" style="border: 1px solid black; padding: 10px;"> <p>Seniors Age 60 & over—suggested donation \$4.00 Under age 60—\$8.50 FEE</p> <p>Please call the Nutrition Director for more information about the Home Delivered Meal program toll-free 844-826-7979</p> </div>		








Wilbur Senior Meals

June 2020



Monday	Tuesday	Wednesday	Thursday	Friday
1	2 Chicken & Cheese Enchiladas Refried Beans Spanish Rice Mexi Corn Lettuce Tomato Salad Pears Dessert	3 Tuna Casserole Peas & Carrots Garden Salad Tropical Fruit WW Roll Dessert	4 Baked ham Au Gratin Potatoes Glazed Carrots Chopped Kale Salad Tropical Fruit Bread Pudding	5
8	9 Country Fried Steak Potatoes & Gravy Green Beans Garden Salad Chilled Peaches WW Roll Dessert	10 Hot Dog Baked Beans Potato Salad Carrot Raisin Salad Fruit Salad Dessert	11 Pork Chop Suey Steamed Rice Stir Fry Vegetables Coleslaw Mandarin Oranges Whole Wheat Roll Dessert	12
15 	16 Salisbury Steak & Gravy Mashed Potatoes Trio Vegetables Carrot Raisin Salad WW Roll Berries over Ice Cream	17 Chef Salad Melons Whole Wheat Roll Dessert	18 BBQ Chicken Macaroni Salad Pea Salad Broccoli Fruit Tray WW Roll Dessert	19
22	23 Baked Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert	24 Sweet & Sour Pork Rice Pilaf Oriental Vegetables Green Salad & Tomatoes Mandarin Oranges Biscuit Dessert	25 Cheeseburger Deluxe Potato Salad Apple Celery Salad Dessert	26 
29	30 Spaghetti with Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert	 <h1>Happy Father's Day!</h1>		



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