




BREWSTER - BRIDGEPORT—PATEROS

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>				<p>1</p> <p>Salmon with Dill Sauce Pesto Pasta Chalet Vegetable Blend Garden Salad Waldorf Salad Dessert</p>
4	<p>5</p> <p>Scalloped Potato and Ham Casserole Buttered Peas Pineapple WW Roll Oatmeal Cookie</p>	<p>6</p> <p>Chicken Cordon Bleu Rice Pilaf Venetian Veggies Greek Salad Fruit Salad WW Roll Dessert</p>	7	<p>8</p> <p>Tater Tot Casserole Cuke & Tomato Salad Apricots WW Roll Rice Krispies Treats</p>
11	<p>12</p> <p>Scrambled Eggs Sausage Patty Potatoes O'Brien Peaches Juice Muffin</p>	<p>13</p> <p>Stuffed Pepper Casserole Green Beans Orange Quarters WW Roll Dessert</p>	14	<p>15</p> <p>Corned Beef & Cabbage Potatoes & Carrots Tossed Salad Tropical Fruit WW Roll Pistachio Pudding</p>
18	<p>19</p> <p>Tuna Noodle Casserole Peas & Carrots Spiced Salad Waldorf Salad Dessert</p>	<p>2</p> <p>Hawaiian Chicken Wild Rice Key West Veggies Garden Salad Pineapple WW Roll Dessert</p>	21	<p>22</p> <p>Baked Fish Pesto Pasta Normandy Veggies Tossed Salad Tropical Fruit Dessert</p>
25	<p>26</p> <p>Broccoli, Bacon & Swiss Cheese Quiche Crunchy Pea Salad Grapes Blueberry Muffin</p>	<p>27</p> <p>Chili with Cheese 1/2 Baked Potato Green Salad Peaches Corn Chips Dessert</p>	28	<p>29</p> <p>Country Fried Steak Mashed Potatoes/Gravy Chuck Wagon Corn Tossed Green Salad Apple Crisp</p>

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Donations may be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

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CASHMERE / LEAVENWORTH HOME DELIVERY

PLEASE CALL 509-888-4440 TO RESERVE MEALS

509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>				<p>1</p> <p>Bacon, Broccoli and Swiss Cheese Quiche Crunchy Pea Salad Grapes Blueberry Muffin</p>
<p>4</p> <p>Tuna Noodle Casserole Peas & Carrots Tossed Salad Waldorf Salad Dessert</p>	<p>5</p>	<p>6</p> <p>Chicken Enchiladas Spanish Rice Baja Veggie Blend Mexican Style Slaw Mandarin Oranges Dessert</p>	<p>7</p>	<p>8</p> <p>Tater Tot Casserole Cuke & Tomato Salad Apricots WW Roll Rice Krispies Treats</p>
<p>11</p> <p>California Chicken Casserole Lettuce & Tomato Salad Orange Quarters Dessert</p>	<p>12</p>	<p>13</p> <p>Country Fried Steak Mashed Potatoes/Gravy Chuck Wagon Corn Tossed Green Salad WW Roll Apple Crisp</p>	<p>14</p>	<p>15</p> <p>Rueben Sandwich Jo Jo's Spiced Salad Mandarin Oranges Dessert</p>
<p>18</p> <p>Cheeseburger Pie Pea Salad Fruit Tray Dessert</p>	<p>19</p>	<p>20</p> <p>Veggie Lasagna Caesar Salad Orange Quarters Dessert</p>	<p>21</p>	<p>22</p> <p>Chicken Florentine over Egg Noodles Spring Salad Peaches Dessert</p>
<p>25</p> <p>Sweet & Sour Chicken Rice Spinach Salad Mandarin Oranges Garlic Bread Dessert</p>	<p>26</p>	<p>27</p> <p>Chili with Cheese 1/2 Baked Potato Corn Chips Green Salad Chilled Pears Cornbread Dessert</p>	<p>28</p>	<p>29</p> <p>Stuffed Pepper Casserole Green Beans Orange Quarters WW Roll Dessert</p>

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Call 509-470-0522 for information on Meals on Wheels





CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS

509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>				<p>1</p> <p>Bacon, Broccoli and Swiss Cheese Quiche Crunchy Pea Salad Grapes Blueberry Muffin</p>
<p>4</p> <p>Tuna Noodle Casserole Peas & Carrots Tossed Salad Waldorf Salad Dessert</p>	<p>5</p> <p>French Dip Sandwich Jo Jo's Pickled Beets Banana Dessert</p>	<p>6</p> <p>Chicken Enchiladas Spanish Rice Baja Veggie Blend Mexican Style Slaw Mandarin Oranges Dessert</p>	<p>7</p> <p>Pulled Pork Sandwich Sweet Potato Fries Coleslaw Mixed Fruit Dessert</p>	<p>8</p> <p>Tater Tot Casserole Cuke & Tomato Salad Apricots WW Roll Rice Krispies Treats</p>
<p>11</p> <p>California Chicken Casserole Lettuce & Tomato Salad Orange Quarters Dessert</p>	<p>12</p> <p>Scrambled Eggs Sausage Patty Potatoes O'Brien Juice Peaches Muffin</p>	<p>13</p> <p>Country Fried Steak Mashed Potatoes/Gravy Chuck Wagon Corn Tossed Green Salad WW Roll Apple Crisp</p>	<p>14</p> <p>Scalloped Potato and Ham Casserole Buttered Peas Pineapple WW Roll Oatmeal Cookies</p>	<p>15</p> <p>Rueben Sandwich Jo Jo's Spiced Salad Mandarin Oranges Dessert</p>
<p>18</p> <p>Cheeseburger Pie Pea Salad Fruit Tray Dessert</p>	<p>19</p> <p>Baked Fish Rice Pilaf Normandy Veggies Tossed Salad Apple Celery Salad Garlic Bread Dessert</p>	<p>20</p> <p>Veggie Lasagna Caesar Salad Orange Quarters Dessert</p>	<p>21</p> <p>Salisbury Steak with Mushroom Gravy Mashed Potatoes Buttered Carrots Pears WW Roll Cereal Bar</p>	<p>22</p> <p>Chicken Florentine over Egg Noodles Spring Salad Peaches Dessert</p>
<p>25</p> <p>Sweet & Sour Chicken Rice Spinach Salad Mandarin Oranges Garlic Bread Dessert</p>	<p>26</p> <p>Salmon with Dill Sauce Pesto Pasta Chalet Vegetables Spring Salad Waldorf Salad Dessert</p>	<p>27</p> <p>Chili with Cheese 1/2 Baked Potato Corn Chips Green Salad Chilled Pears Cornbread Dessert</p>	<p>28</p> <p>Baked Chicken Rosemary Potatoes Three Bean Salad Peaches Bread Pudding</p>	<p>29</p> <p>Stuffed Pepper Casserole Green Beans Orange Quarters WW Roll Dessert</p>

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DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>				1
4	5 Pulled Pork Sandwich Sweet Potato Fries Coleslaw Mixed Fruit Dessert	6 Salmon with Dill Sauce Pesto Pasta Chalet Veggie Blend Garden Salad Waldorf Salad Dessert	7 Chicken Cordon Bleu Rice Pilaf Venetian Vegetables Greek Salad Fruit Salad WW Roll Dessert	8
11	12 Broccoli, Bacon and Swiss Cheese Quiche Crunchy Pea Salad Grapes Blueberry Muffin	13 Sweet & Sour Pork Steamed Rice Spinach Salad Mandarin Oranges Garlic Bread Dessert	14 Corned Beef & Cabbage Carrots & Potatoes Tossed Salad Tropical Fruit WW Roll Pistachio Pudding	15
18	19 Roast Beef Mashed Potatoes & Gravy Trio Veggies Broccoli Salad Mixed Berries WW Roll Dessert	20 Hawaiian Chicken Wild Rice Key West Veggies Garden Salad Pineapple WW Roll Dessert	21 Chili with Cheese 1/2 Baked Potato Green Salad Peaches Corn Chips Dessert	22
25	26 Baked Fish Rice Pilaf Asian Vegetables Spinach Salad Grapes WW Roll Dessert	27 Ham Sandwich Split Pea Soup Cucumber Salad Tropical Fruit Dessert	28 Lasagna with Meat Sauce Green Beans Tossed Salad Pears Bread Stick Dessert	29

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ENTIAT

PLEASE CALL 509-888-4440 TO RESERVE MEALS
509-470-0522 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</div>				1
4 Tuna Noodle Casserole Peas & Carrots Tossed Salad Waldorf Salad Dessert	5	6	7 Pulled Pork Sandwich Sweet Potato Fries Coleslaw Mixed Fruit Dessert	8
11 California Chicken Casse- role Lettuce & Tomato Salad Orange Quarters Dessert	12	13	14 Scalloped Potato and Ham Casserole Buttered Peas Pineapple WW Roll Oatmeal Cookies	15
18 Cheeseburger Pie Pea Salad Fruit Tray Dessert	19	20	21 Salisbury Steak with Mushroom Gravy Mashed Potatoes Buttered Carrots Pears WW Roll Cereal Bar	22
25 Sweet & Sour Chicken Rice Spinach Salad Mandarin Oranges Garlic Bread Dessert	26	27	28 Baked Chicken Rosemary Potatoes Three Bean Salad Peaches Bread Pudding	29

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ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS
509-826-7979 FOR HOME DELIVERED MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>				1
4 Tater Tot Casserole Cuke & Tomato Salad Apricots WW Roll Rice Krispies Treats	5	6 Breakfast Casserole Potatoes O'Brien Juice Peaches Muffin	7 Chicken Enchiladas Spanish Rice Baja Veggie Blend Mexican Slaw Mandarin Oranges Dessert	8
11 Pulled Pork Sandwich Steak Fries Coleslaw Mixed Fruit Dessert	12	13 Scalloped Potato and Ham Casserole Buttered Peas Pineapple WW Roll Oatmeal Cookies	14 Corned Beef & Cabbage Potatoes & Carrots Tropical Fruit WW Roll Pistachio Pudding	15
18 Rueben Sandwich Jo Jo's Spiced Salad Fruit Juice Dessert	19	20 California Chicken Casserole Lettuce & Tomato Salad Orange Quarters Dessert	21 Sweet & Sour Pork Steamed Rice Asian Vegetables Spinach Salad Mandarin Oranges Dessert	22
25 Cheeseburger Casserole Garlic Fries Pea Salad Fruit Tray Dessert	26	27 Pork Chops Mashed Potatoes / Gravy Roasted Brussels Sprouts Garden Salad Applesauce Dessert	28 Salmon with Dill Sauce Pesto Pasta Chalet Vegetable Blend Garden Salad Waldorf Salad Dessert	29

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OKANOGAN / OMAK

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

OKANOGAN	OMAK	OKANOGAN	OKANOGAN 9am	OMAK
<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>				<p>1</p> <p>French Dip Sandwich Jo Jo's Pickled Beets Banana Dessert</p>
<p>4</p> <p>Veggie Lasagna Caesar Salad Cinnamon Pears Dessert</p>	<p>5</p> <p>Baked Chicken Wild Rice Roasted Squash Three Bean Salad Peaches Bread Pudding</p>	<p>6</p> <p>Pulled Pork Sandwich Sweet Potato Fries Coleslaw Mixed Fruit Dessert</p>	<p>7</p> <p>Veggie Loaded Breakfast Bake Casserole Juice Waffle Berries & Yogurt</p> <p>No Home Delivery</p>	<p>8</p> <p>Baked Fish Fillet Rosemary Potatoes Spinach Salad Grapes WW Roll Oatmeal Cookies</p>
<p>11</p> <p>Country Fried Steak Mashed Potatoes/Gravy Chuck Wagon Corn Tossed Green Salad Apple Crisp</p>	<p>12</p> <p>Sweet & Sour Pork Steamed Rice Asian Style Slaw Mandarin Oranges Egg Roll Dessert</p>	<p>13</p> <p>Chili with Cheese 1/2 Baked Potato Cucumber Salad Peaches Corn Chips Dessert</p>	<p>14</p> <p>Eggs Florentine Juice Orange Quarters English Muffin Pastry</p> <p>No Home Delivery</p>	<p>15</p> <p>Corned Beef & Cabbage Potatoes & Carrots Tossed Salad Tropical Fruit WW Roll Pistachio Pudding</p>
<p>18</p> <p>Cheeseburger Pie Pea Salad Fruit Tray Dessert</p>	<p>19</p> <p>Chicken Cordon Bleu Rice Pilaf Venetian Vegetables Greek Salad Fruit Salad WW Roll Dessert</p>	<p>20</p> <p>Rueben Sandwich Jo Jo's Spiced Salad Mandarin Oranges Dessert</p>	<p>21</p> <p>Scrambled Eggs Sausage Link Potatoes O'Brien Juice Melon Wedge Pancakes</p> <p>No Home Delivery</p>	<p>22</p> <p>Scalloped Potatoes and Ham Casserole Buttered Peas Pineapple WW Roll Rice Krispies Treats</p>
<p>25</p> <p>Chicken Florentine over Noodles Tossed Salad Peaches Dessert</p>	<p>26</p> <p>Teriyaki Beef Rice Stir Fry Vegetables Cucumber Salad Tropical Fruit Egg Roll Dessert</p>	<p>27</p> <p>Pork Roast w/Applesauce Mashed Potatoes/Gravy Spinach Salad WW Roll Apple Crisp</p>	<p>28</p> <p>Breakfast Sandwich On a Croissant Hash Browns Juice Diced Peaches Muffin</p> <p>No Home Delivery</p>	<p>29</p> <p>BBQ Country Style Ribs Green Beans Cabbage & Apple Slaw Orange Quarters Corn Bread Cereal Bar</p>

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OROVILLE

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	CLOSED	THURSDAY	FRIDAY
<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>				<p>1</p> <p>Salmon with Dill Sauce Pesto Pasta Chalet Blend Veggies Garden Salad Waldorf Salad Dessert</p>
<p>4</p> <p>Ham Sandwich Split Pea Soup Cucumber Salad Tropical Fruit Dessert</p>	<p>5</p> <p>Salisbury Steak with Mushroom Gravy Egg Noodles Buttered Carrots Tossed Salad Pears Dessert</p>	<p>6</p>	<p>7</p> <p>Stuffed Pepper Casserole Green Beans Orange Quarters WW Roll Dessert</p>	<p>8</p> <p>Baked Fish Wild Rice Key West Veggies Spring Salad Mixed Berries Garlic Bread Dessert</p>
<p>11</p> <p>Biscuits & Gravy Hash Browns Juice Fresh Fruit Blueberry Muffin</p>	<p>12</p> <p>Teriyaki Beef Rice Stir Fry Veggies Asian Coleslaw Tropical Fruit Egg Roll Dessert</p>	<p>13</p>	<p>14</p> <p>Tuna Noodle Casserole Peas & Carrots Spiced Salad Waldorf Salad Dessert</p>	<p>15</p> <p>Rueben Sandwich Jo Jo's Coleslaw Coleslaw Pistachio Pudding</p> 
<p>18</p> <p>Lasagna with Meat Sauce Green Beans Tossed Salad Bread Stick Dessert</p>	<p>19</p> <p>Tater Tot Casserole Cuke & Tomato Salad Apricots WW Roll Rice Krispies Treats</p>	<p>20</p>	<p>21</p> <p>Pulled Pork Sandwich Sweet Potato Fries Coleslaw Mixed Fruit Dessert</p>	<p>22</p> <p>Bacon, Broccoli and Swiss Cheese Quiche Crunchy Pea Salad Grapes Blueberry Muffin</p>
<p>25</p> <p>French Dip Sandwich Jo Jo's Pickled Beets Banana Dessert</p>	<p>26</p> <p>Chicken Florentine Served over Noodles Tossed Salad Peaches Dessert</p>	<p>27</p>	<p>28</p> <p>Scalloped Potatoes and Ham Casserole Buttered Peas WW Roll Apple Crisp</p>	<p>29</p> <p>Pork Roast Mashed Potatoes / Gravy Spinach Salad Orange Quarters WW Roll Rise Krispies Treats</p>

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TONASKET

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>				<p>1</p> <p>Beef Taco's Spanish Rice Fresh Salsa Mandarin Oranges Dessert</p>
<p>4</p> <p>Biscuits & Gravy Hash Brown Potatoes Juice Fresh Fruit Pancake</p>	<p>5</p> <p>Chicken Enchiladas Baja Veggie Blend Mexican Slaw Mandarin Oranges Dessert</p>	<p>6</p> <p>Salmon with Dill Sauce Pesto Pasta Chalet Veggie Blend Garden Salad Fruit Cocktail Dessert</p>	<p>7</p> <p>Tater Tot Casserole Cuke & Tomato Salad Apricots WW Roll Rice Krispies Treats</p>	<p>8</p> <p>Broccoli, Bacon and Swiss Cheese Quiche Crunchy Pea Salad Grapes Blueberry Muffin</p>
<p>11</p> <p>Vegetable Lasagna Caesar Salad Cinnamon Pears Garlic Bread Dessert</p>	<p>12</p> <p>Country Fried Steak Mashed Potatoes/Gravy Chuck Wagon Corn Tossed Green Salad Apple Crisp</p>	<p>13</p> <p>Sweet & Sour Pork Rice Spinach Salad Mandarin Oranges Garlic Bread Dessert</p>	<p>14</p> <p>Baked Chicken Couscous Roasted Squash Three Bean Salad Fruit Ambrosia Bread Stick Dessert</p>	<p>15</p> <p>Stuffed Pepper Casserole Green Beans Orange Quarters WW Roll Dessert</p>
<p>18</p> <p>Corned Beef & Cabbage Potatoes & Carrots Tossed Salad Tropical Fruit WW Roll Pistachio Pudding</p>	<p>19</p> <p>Chicken Fettuccine Carrots Spinach Salad Peaches Dessert</p>	<p>20</p> <p>Ham & Cheese Sandwich Split Pea Soup Cucumber Salad Applesauce Dessert</p>	<p>21</p> <p>Teriyaki Beef Rice Stir Fry Vegetables Asian Coleslaw Tropical Fruit Egg Roll Dessert</p>	<p>22</p> <p>Rueben Sandwich Jo Jo's Spiced Salad Mandarin Oranges Dessert</p>
<p>25</p> <p>Cheeseburger Pie Pea Salad Fruit Tray Dessert</p>	<p>26</p> <p>Pulled Pork Sandwich Sweet Potato Fries Coleslaw Mixed Fruit Dessert</p>	<p>27</p> <p>Broccoli/Cheese Soup Turkey Roll Up Crunchy Pea Salad Grapes Muffin</p>	<p>28</p> <p>BBQ Country Style Ribs Green Beans Potato Salad Diced Apples Corn Bread Dessert</p>	<p>29</p> <p>Meatball Sub Sandwich Jo Jo's Pea Salad Mixed Fruit Dessert</p>
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TWISP

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>				<p>1</p> <p>Salmon with Dill Sauce Pesto Pasta Chalet Vegetables Garden Salad Waldorf Salad Dessert</p>
<p>4</p> <p>Baked Chicken Wild Rice Roasted Squash Three Bean Salad Peaches Break Pudding</p>	<p>5</p>	<p>6</p>	<p>7</p> <p>Quiche: Bacon, Broccoli and Swiss Cheese Crunchy Pea Salad Grapes Blueberry Muffin</p>	<p>8</p> <p>Pork Roast Mashed Potatoes & Gravy Spinach Salad Orange Quarters WW Roll Rice Krispies Treats</p>
<p>11</p> <p>Scalloped Potatoes and Ham Casserole Buttered Peas Pineapple WW Roll Oatmeal Cookies</p>	<p>12</p>	<p>13</p>	<p>14</p> <p>Hawaiian Chicken Wild Rice Key West Veggies Garden Salad Pineapple WW Roll Dessert</p>	<p>15</p> <p>Corned Beef & Cabbage Carrots & Potatoes Tossed Salad Tropical Fruit WW Roll Pistachio Pudding</p>
<p>18</p> <p>Chicken Cordon Bleu Rice Pilaf Venetian Veggies Greek Salad Fruit Salad WW Roll Dessert</p>	<p>19</p>	<p>20</p>	<p>21</p> <p>Rueben Sandwich Jo Jo's Spiced Salad Mandarin Oranges Dessert</p>	<p>22</p> <p>Baked Fish Rice Pilaf Normandy Veggies Tossed Salad Apple Celery Salad Garlic Bread Dessert</p>
<p>25</p> <p>Pulled Pork Sandwich Sweet Potato Fries Coleslaw Mixed Fruit Dessert</p>	<p>26</p>	<p>27</p>	<p>28</p> <p>Biscuits & Gravy Hash Brown Potatoes Fresh Fruit Juice Blueberry Muffin</p>	<p>29</p> <p>Roast Beef Mashed Potatoes Trio Veggies Broccoli Salad Mixed Berries WW Roll Dessert</p>

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WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS
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MONDAY

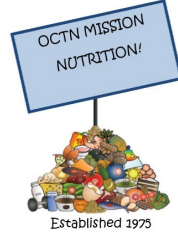
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Suggested donation for seniors over age 60 is \$5.00
FEE for persons under age 60 is \$12.00



1
Pulled Pork Sandwich
Sweet Potato Fries
Coleslaw
Mixed Fruit
Dessert

4

5
Chicken Cordon Bleu
Rice Pilaf
Venetian Vegetables
Greek Salad
Fruit Salad
WW Roll
Dessert

6
Salmon w/Dill Sauce
Pesto Pasta
Chalet Vegetable Blend
Garden Salad
Waldorf Salad
Dessert

7
Salisbury Steak with
Mushroom Gravy
Egg Noodles
Buttered Carrots
Spiced Salad
Pears
Dessert

8
Scalloped Potato and Ham
Casserole
Buttered Peas
Pineapple
WW Roll
Oatmeal Cookies

11

12
Chili with Cheese
1/2 Baked Potato
Green Salad
Peaches
Corn Chips
Dessert

13
Sweet & Sour Pork
Rice
Spinach Salad
Mandarin Oranges
Garlic Bread
Dessert

14
Tuna Noodle Casserole
Peas & Carrots
Spiced Salad
Waldorf Salad
Dessert

15
Corned Beef & Cabbage
Potatoes & Carrots
Tossed Salad
Tropical Fruit
WW Roll
Pistachio Pudding

18

19
Biscuits & Gravy
Hash Brown Potatoes
Juice
Fresh Fruit
Blueberry Muffin

20
Beef Tacos
Spanish Rice
Fresh Salsa
Mandarin Oranges
Dessert

21
Baked Chicken
Wild Rice
Roasted Squash
Three Bean Salad
Orange Quarters
WW Roll
Dessert

22
Veggie Lasagna
Caesar Salad
Cinnamon Pears
Garlic Bread
Dessert

25

26
French Dip Sandwich
Jo Jo's
Pickled Beets
Banana
Dessert

27
Baked Fish
Rice Pilaf
Asian Vegetables
Spinach Salad
Grapes
WW Roll
Dessert

28
Stuffed Pepper Casserole
Green Beans
Waldorf Salad
WW Roll
Dessert

29
BBQ Country Style Ribs
Mac & Cheese
Peas
Cabbage / Apple Slaw
Fruit Cocktail
Dessert

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