









Chelan Senior Meals

July 2020







Monday	Tuesday	Wednesday	Thursday	Friday-Manson
<p>Seniors Age 60 & over— suggested donation \$4.00</p> <p>Under age 60—\$8.50 FEE</p> <p>Please call 509-470-0522 for more information about the Home Delivered Meal program.</p>		<p>1</p> <p>Veggie Lasagna Garden Salad Waldorf Salad WW Roll Dessert</p> 	<p>2</p> <p>Chili 1/2 Baked Potato Vegetable Tray Strawberries & Bananas Cornbread Dessert</p>	<p>3</p> 
<p>6</p> <p>Baked Ham Scalloped Potatoes Trio Vegetables Tossed Veggie Salad Pineapple WW Roll Dessert</p>	<p>7</p> <p>Fish & Chips Coleslaw Waldorf Salad Garlic Toast Dessert</p> 	<p>8</p> <p>Chicken Enchiladas Spanish Rice Pico de Gallo Cuke/Watermelon Salad Mandarin Oranges Dessert</p>	<p>9</p> <p>Tater Tot Casserole Cottage Cheese Garden Salad WW Roll Dessert</p>	<p>10</p> <p>BLT Sandwich Cottage Cheese Vegetable Soup Fresh Fruit Tray Dessert</p>
<p>13</p> <p>Spaghetti with Meat Sauce Caesar Salad Apricots Garlic Bread Dessert</p>	<p>14</p> <p>Pork Roast Stuffing & Gravy Glazed Carrots Tossed Green Salad Waldorf Salad Dessert</p>	<p>15</p> <p>Sweet & Sour Meatballs Garden Rice Mixed Vegetables Cucumber Salad Tropical Fruit Mix WW Roll Dessert</p>	<p>16</p> <p>Deli Turkey Sandwich Potato Salad Watermelon Salad Pumpkin Pie</p> 	<p>17</p> <p>Chicken Stir Fry Steamed Rice Oriental Vegetables Tossed Veggie Salad Mandarin Oranges Egg Roll Dessert</p>
<p>20</p> <p>Supreme Pizza Caesar Salad Pears Garlic Knots Dessert</p> 	<p>21</p> <p>Breakfast Scrambler Hash Browns Juice Strawberries & Bananas Muffin Dessert</p>	<p>22</p> <p>Burger Dip Sandwich Crunchy Pea Salad Pickled Beets Fruit Salad Dessert</p> 	<p>23</p> <p>Chicken Fettuccine Steamed Broccoli Spring Salad Fresh Fruit Garlic Bread Dessert</p>	<p>24</p> <p>Tacos Refried Beans Spanish Rice Southwest Salad Cinnamon Pears Dessert</p>
<p>27</p> <p>Chef's Salad Mixed Melons WW Roll Cereal Bars</p>	<p>28</p> <p>Chicken & Dumplings Spinach Salad Mixed Berries Dessert</p>	<p>29</p> <p>Pepper Steak Garden Rice Sour Cream & Cukes Grapes WW Roll Dessert</p>	<p>30</p> <p>Baked Fish Herbed Fettuccine Carrots Cabbage / Apple Slaw Mixed Berries Garlic Bread Dessert</p>	<p>31</p> <p>Quiche Lorraine Spinach Salad Pea Salad Pineapple & Cherries Dessert</p>



Entiat Senior Meals July 2020



Monday	Tuesday	Wednesday	Thursday	Friday
Seniors Age 60 & over—suggested donation \$4.00 Under age 60—\$8.50 FEE Please call 509-470-0522 for more information about the Home Delivered Meal program.		1	2 Chili 1/2 Baked Potato Vegetable Tray Strawberries & Bananas Cornbread Dessert	3 
6 Baked Ham Scalloped Potatoes Trio Vegetables Tossed Veggie Salad Pineapple WW Roll Dessert	7 	8	9 Tater Tot Casserole Cottage Cheese Garden Salad WW Roll Dessert	10
13 Spaghetti with Meat Sauce Caesar Salad Apricots Garlic Bread Dessert	14	15	16 Deli Turkey Sandwich Potato Salad Watermelon Salad Pumpkin Pie	17 
20 Supreme Pizza Caesar Salad Pears Garlic Knots Dessert	21 	22	23 Chicken Fettuccine Steamed Broccoli Spring Salad Fresh Fruit Garlic Bread Dessert	24
27 Chef's Salad Mixed Melons WW Roll Cereal Bars	28	29	30 Baked Fish Herbed Fettuccine Carrots Cabbage / Apple Slaw Mixed Berries Garlic Bread Dessert	31

24 HOURS IN ADVANCE TO RESERVE OR CANCEL

WE  LOVE
OUR VOLUNTEERS







It is very costly to the senior meal program when you do not cancel your reservations. If you know you can't make it—Please call and cancel!
For Chelan 888-4440 between 8am & 2 pm
For Entiat 509-421-1593



Leavenworth Senior Meals

July 2020



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Chicken Fettuccine Steamed Broccoli Spring Salad Fresh Fruit Garlic Bread Dessert	2 Deluxe Cheeseburger Potato Salad Melon Dessert 	3 
6 Pizza Caesar Salad Pears Garlic Knots Dessert	7 Biscuits & Gravy Oven Brown Potatoes Sliced Tomatoes Orange Quarters Dessert	8 Baked Ham Scalloped Potatoes Trio Vegetables Carrot Raisin Salad Pineapple WW Roll Dessert	9 Veggie Lasagna Garden Salad Waldorf Salad Garlic Bread Dessert	10 Country Fried Steak Potatoes & Gravy Corn Tossed Salad Peaches WW Roll Dessert
13 Chili 1/2 Baked Potato Vegetable Tray Bananas & Strawberries Cornbread Dessert	14 Turkey Sandwich Potato Salad Watermelon Salad Pumpkin Pie 	15 Chicken Stir Fry Steamed Rice Asian Style Salad Mandarin Oranges Egg Roll Fortune Cookies	16 Hot Dog Baked Beans Pea Salad Garden Salad Strawberry/Rhubarb Crisp	17 Fish & Chips Coleslaw Peaches Garlic Toast Dessert
20 Tacos Refried Beans Spanish Rice Southwest Salad Cinnamon Pears Dessert	21 Chef's Salad Mixed Melons WW Roll Cereal Bars 	22 Hamburger Steak Sauteed Onions Mashed Potatoes Green Beans Tossed Green Salad WW Roll Cherry Crisp	23 Chicken & Dumplings Spinach Salad Mixed Berries Dessert	24 Breakfast Scrambler Hash Browns Juice Strawberries & Bananas English Muffin
27 Fish Fillet Sandwich Sweet Potato Fries Coleslaw Watermelon Dessert	28 Beef Stew Garden Salad Peaches Biscuits Dessert	29 Almond Chicken Steamed Rice Asian Slaw Egg Roll Berry Shortcake	30 BLT Sandwich Cottage Cheese Vegetable Soup Fresh Fruit Tray Dessert	31 Spaghetti and Meat Sauce Caesar Salad Peaches Garlic Bread Dessert

Seniors Age 60 & over—suggested donation \$4.00







Under age 60—\$8.50 FEE

Please call 509-548-6666 for more information about the Home Delivered Meal program.



Manson Senior Meals July 2020



Monday	Tuesday	Wednesday	Thursday	Friday-Manson
Seniors Age 60 & over—suggested donation \$4.00 Under age 60—\$8.50 FEE Please call 509-470-0522 for more information about the Home Delivered Meal program.		1	2	3 CLOSED 
6	7 	8 	9	10
13	14	15	16 	17
20	21	22 	23	24
27	28 	29	30	31