



CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS
24 HOURS IN ADVANCE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CLOSED 	3 Pork Roast Stuffing & Gravy Broccoli Garden Salad Applesauce Dessert	4 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert	5 Cabbage Patch Stew Greek Salad Chilled Pears WW Roll Dessert	6 Cordon Bleu Casserole Rice Pilaf Peas & Carrots Broccoli Salad Strawberries & Bananas WW Roll Dessert
9 Kielbasa with Peppers and Onions Roasted Potatoes Cucumber Salad Waldorf Salad Biscuit Cereal Bars	10 Chicken Paprika Egg Noodles Roasted Squash Spring Salad Pineapple & Cherries Dessert	11 Beef Tacos Spanish Rice Fresh Salsa Pineapple Tidbits Dessert	12 Chicken & Wild Rice Bake Coleslaw Tropical Fruit WW Roll Dessert	13 Chili Stuffed Potato Chuck Wagon Corn Tossed Green Salad Apricots Cornbread Dessert
16 CLOSED 	17 Pot Roast with Potatoes and Carrots Tossed Green Salad Peaches WW Roll Oatmeal Cookies	18 Oven Fried Chicken Scalloped Potatoes Buttered Corn Spiced Salad Orange Quarters WW Roll Dessert	19 Meatballs in Marinara Sauce over Pasta Caesar Salad Fruit Cocktail Garlic Bread Dessert	20 Baked Fish Fillet Wild Rice Caribbean Veggies Coleslaw Apple Slices WW Roll Dessert
23 Salisbury Steak Mashed Potatoes / Gravy Caribbean Veggies Mixed Greens Salad WW Roll Peach Cobbler	24 Deluxe Ham Sandwich Minestrone Soup Tossed Salad Pears Dessert	25 Veggie Lasagna Caesar Salad Fruit Cocktail Dessert	26 Cheeseburger Deluxe Sweet Potato Fries Coleslaw Orange Quarters Dessert	27 Country Fried Steak Mashed Potatoes/Gravy 4 Way Veggie Blend Carrot Raisin Salad Tropical Fruit Biscuit Dessert
30 Meatloaf Mashed Potatoes & Gravy Buttered Corn Green Salad Peaches WW Roll Dessert	31 Pizza Casserole Tossed Salad Waldorf Salad WW Roll Dessert		<div> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>	

For information about Home Delivered Meals call 509-470-0522.

You can visit our website at www.octn.org and follow us on Facebook!

Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840





JANUARY

2023

ENTIAT

PLEASE CALL 509-888-4440 TO RESERVE MEALS



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CLOSED 	3	4	5 Cabbage Patch Stew Greek Salad Chilled Pears WW Roll Dessert	6
9 Kielbasa with Peppers and Onions Roasted Potatoes Cucumber Salad Waldorf Salad Biscuit Cereal Bars	10	11	12 Chicken & Wild Rice Bake Coleslaw Tropical Fruit WW Roll Dessert	13
16 CLOSED 	17	18	19 Meatballs in Marinara Sauce over Pasta Caesar Salad Fruit Cocktail Garlic Bread Dessert	20
23 Salisbury Steak Mashed Potatoes / Gravy Caribbean Veggies Mixed Greens Salad WW Roll Peach Cobbler	24	25	26 Cheeseburger Deluxe Sweet Potato Fries Coleslaw Orange Quarters Dessert	27
30 Meatloaf Mashed Potatoes & Gravy Buttered Corn Green Salad Peaches WW Roll Dessert	31		<div> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>	

For information about Home Delivered Meals call 844-826-7979.

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LEAVENWORTH/CASHMERE HOME DELIVERED

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CLOSED 	3	4 Spaghetti & Meat Sauce Caesar Salad Peaches Garlic Bread Dessert	5	6 Cordon Bleu Casserole Rice Pilaf Peas & Carrots Broccoli Salad Strawberries & Bananas WW Roll Dessert
9 Kielbasa with Peppers and Onions Roasted Potatoes Cucumber Salad Waldorf Salad Biscuit Cereal Bars	10	11 Beef Tacos Spanish Rice Fresh Salsa Pineapple Tidbits Dessert	12	13 Chili Stuffed Potato Chuck Wagon Corn Tossed Green Salad Apricots Cornbread Dessert
16 CLOSED  <small>shutterstock · 356091257</small>	17	18 Oven Fried Chicken Scalloped Potatoes Buttered Corn Spiced Salad Orange Quarters WW Roll Dessert	19	20 Baked Fish Fillet Wild Rice Caribbean Veggies Coleslaw Apple Slices WW Roll Dessert
23 Salisbury Steak Mashed Potatoes / Gravy Caribbean Veggies Mixed Greens Salad WW Roll Peach Cobbler	24	25 Veggie Lasagna Caesar Salad Fruit Cocktail Dessert	26	27 Country Fried Steak Mashed Potatoes/Gravy 4 Way Veggie Blend Carrot Raisin Salad Tropical Fruit Biscuit Dessert
30 Meatloaf Mashed Potatoes & Gravy Buttered Corn Green Salad Peaches WW Roll Dessert	31		<div> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div> 	

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