



# Chelan Senior Meals

## May 2019



PLEASE CALL 24 HOURS IN ADVANCE TO RESERVE OR CANCEL

Monday	Tuesday	Wednesday	Thursday	Friday/Manson
		1 Baked Fish Amandine Garden Rice Asparagus Coleslaw WW Roll Peach Cobbler	2 Swiss Steak Shell Pasta California Blend Veggies Spiced Salad French Bread Dessert	3 Roast Beef Sandwich Vegetable Soup Carrot/Raisin Salad Fruit Cocktail Dessert 
6 Chicken Cordon Bleu Parsley Potatoes Normandy Vegetables Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert	7 Sloppy Joe Sandwich Baja Vegetables Coleslaw Peaches Dessert 	8 Country Fried Steak Potatoes & Gravy Green Beans Garden Salad Apricots Bran Muffin Dessert	9 CLOSED FOR STAFF TRAINING 	10 Hawaiian Chicken Wild Rice Blend Mixed Vegetables Asian Style Slaw Tropical Fruit WW Roll Dessert
13 Veggie Lasagna Caesar Salad Apricots Garlic Bread Dessert	14 Italian Rice & Beef Greek Salad Cinnamon Pears WW Roll Dessert	15 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Cherries & Pineapple WW Bread or roll Dessert	16 Beef Taco's Spanish Rice Mexican Style Slaw Fruit Cup Dessert	17 Shepherd's Pie Cottage Cheese Caesar Salad Mandarin Oranges WW Roll Dessert
20 Bratwurst & Sauerkraut Herbed Potato Bake Capri Vegetables Waldorf Salad WW Bun or Roll Dessert	21 Beef & Tomato Pasta Casserole Spinach Salad Chilled Peaches WW Roll Dessert	22 Ham Au Gratin Potatoes Peas & Carrots Green Salad Spiced Apples Bread Pudding	23 Chicken Burger Deluxe Sweet Potato Fries Chilled Pears Dessert	24 Hot Turkey Sandwich Potatoes & Gravy Green Beans Mixed Greens Salad Chilled Peaches WW Bread or Roll Dessert
	28 BBQ Chicken Macaroni Salad Crunchy Pea Salad Spring Salad Strawberry Shortcake	29 Hamburger Steak with Grilled Onions & Gravy Mashed Potatoes Trio Vegetables Garden Salad WW Bread or Roll Fruited Jell-O	30 Biscuits & Sausage Gravy O'Brien Potatoes V-8 Juice Orange Quarters Dessert	31 Meatloaf Potatoes & Gravy Broccoli Cuts Garden Salad WW Bread or Roll Fruited Jell-O

**Seniors Age 60 & over—suggested donation \$4.00**  
**Under age 60—\$8.50 FEE**

Please call 509-888-4440 for more information about the Home  
 Delivered Meal program.

It is very costly to the senior meal program when you do not  
 cancel your reservations.

If you know you can't make it—Please call and cancel!  
 Chelan 888-4440  
 Manson 687-3377



# Entiat Senior Meals

## May 2019



PLEASE CALL 24 HOURS IN ADVANCE TO RESERVE OR CANCEL

Monday	Tuesday	Wednesday	Thursday	Friday
		1 	2 Swiss Steak Shell Pasta California Blend Veggies Spiced Salad French Bread Dessert	3
6 Chicken Cordon Bleu Parsley Potatoes Normandy Vegetables Tossed Green Salad Fruit Salad French Bread Dessert 	7	8	9 CLOSED FOR STAFF TRAINING 	10
13 Veggie Lasagna Caesar Salad Apricots Garlic Bread Dessert	14 	15	16 Beef Taco's Spanish Rice Mexican Style Slaw Fruit Cup Dessert	17
20 Bratwurst & Sauerkraut Herbed Potato Bake Capri Vegetables Waldorf Salad WW Bun or Roll Dessert	21	22	23 Chicken Burger Deluxe Sweet Potato Fries Chilled Pears Dessert	24
27 	28	29	30 Biscuits & Gravy O'Brien Potatoes V-8 Juice Orange Quarters Dessert	31 

**Seniors Age 60 & over—suggested donation**  
**\$4.00**

**Under age 60—\$8.50 FEE**

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It is very costly to the senior meal program when you do not cancel your reservations. If you know you can't make it—Please call and cancel!  
For Chelan 888-4440 between 8am & 2 pm  
For Entiat 509-421-1593



# Manson Senior Meals

## May 2019



PLEASE CALL 24 HOURS IN ADVANCE TO RESERVE OR CANCEL

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday \*\***

		<p>1 Baked Fish Amantine Garden Rice Asparagus Coleslaw WW Roll Peach Cobbler</p>	<p>2 Swiss Steak Shell Pasta California Blend Vegetables Spiced Salad French Bread Dessert</p>	<p>3 Roast Beef Sandwich Vegetable Soup Carrot/Raisin Salad Fruit Cocktail Dessert</p>
<p>6 Chicken Cordon Bleu Parsley Potatoes Normandy Vegetables Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert</p>	<p>7 Sloppy Joe Sandwich Baja Vegetables Coleslaw Peaches Dessert</p> 	<p>8 Country Fried Steak Potatoes &amp; Gravy Green Beans Garden Salad Apricots Bran Muffin</p>	<p>9 CLOSED FOR STAFF TRAINING</p> 	<p>10 Hawaiian Chicken Wild Rice Blend Mixed Vegetables Asian Style Slaw Tropical Fruit WW Roll</p>
<p>13 Veggie Lasagna Caesar Salad Apricots Garlic Bread Dessert</p>	<p>14 Italian Rice &amp; Beef Greek Salad Cinnamon Pears WW Roll Dessert</p>	<p>15 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Cherries &amp; Pineapple WW Bread or roll Dessert</p>	<p>16 Beef Taco's Spanish Rice Mexican Style Slaw Fruit Cup Dessert</p> 	<p>17 Shepherd's Pie Cottage Cheese Caesar Salad Mandarin Oranges WW Roll Dessert</p>
<p>20 Bratwurst &amp; Sauerkraut Herbed Potato Bake Capri Vegetables Waldorf Salad WW Bun or Roll Dessert</p>	<p>21 Beef &amp; Tomato Pasta Casserole Spinach Salad Chilled Peaches WW Roll Dessert</p>	<p>22 Ham Au Gratin Potatoes Peas &amp; Carrots Green Salad Spiced Apples Bread Pudding</p>	<p>23 Biscuits &amp; Gravy O'Brien Potatoes V-8 Juice Orange Quarters Dessert</p>	<p>24 Hot Turkey Sandwich Potatoes &amp; Gravy Green Beans Mixed Greens Salad Chilled Peaches WW Bread or Roll Dessert</p>
<p>27</p> 	<p>28 BBQ Chicken Macaroni Salad Crunchy Pea Salad Spring Salad Strawberry Shortcake</p>	<p>29 Hamburger Steak with Grilled Onions &amp; Gravy Mashed Potatoes Trio Vegetables Garden Salad WW Bread or Roll Fruited Jell-O</p>	<p>30 Chicken Burger Deluxe Sweet Potato Fries Chilled Pears Dessert</p> 	<p>31 Meatloaf Potatoes &amp; Gravy Broccoli Cuts Garden Salad WW Bread or Roll Fruited Jell-O</p>

**Seniors Age 60 & over—suggested donation \$4.00**  
**Under age 60—\$8.50 FEE**

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If you know you can't make it—Please call and cancel!

For Chelan 888-4440 between 8am & 2 pm

For Manson 687-3377








# Leavenworth Senior Meals

## May 2019



PLEASE CALL 24 HOURS IN ADVANCE TO RESERVE OR CANCEL

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Sloppy Joe Sandwich Baja Vegetables Coleslaw Peaches Dessert	2 BBQ Chicken Macaroni Salad Crunchy Pea Salad Spring Salad Strawberry Shortcake	3 Meat & Spinach Wrap Corn Chips Garden Salad Waldorf Salad Dessert
6 Swiss Steak Shell Pasta California Veggies Spiced Salad Banana French Bread Dessert 	7 Chicken or Tuna Salad On Croissant Cottage Cheese Tossed Green Salad Broccoli Salad Grapes Dessert	8 Ham Au Gratin Potatoes Peas & Carrots Spinach Salad Spiced Apples WW Bread or Roll Custard	9 CLOSED FOR STAFF TRAINING	10 Orange Glazed Chicken Garden Rice Oriental Vegetables Asian Style Slaw Chilled Pineapple Muffin Fortune Cookies
13 Baked Fish Amandine Basil & Garlic Pasta Asparagus Coleslaw WW Roll Peach Cobbler	14 Chicken Cordon Bleu Parsley Potatoes Normandy Vegetables Tossed Green Salad Fruit Cocktail Focaccia Bread Dessert	15 Ham & Cheese Quiche Garden Salad Crunchy Pea Salad Fresh Fruit Tray Blueberry Muffin 	16 Beef Taco's Spanish Rice Mexican Style Slaw Fruit cup Dessert	17 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Cherries & Pineapple WW Bread or roll Dessert
20 Chicken Fettuccine Italian Vegetables Caesar Salad Mandarin Oranges Bread Sticks Dessert	21 Hamburger Steak with Grilled Onions Potatoes & Gravy Trio Vegetables Garden Salad WW Bread or roll Fruit Crisp 	22 Roast Beef Sandwich With Lettuce & Tomato Vegetable Soup Carrot Raisin Salad Fruit cocktail Dessert	23 Hot Turkey Sandwich (Open Face) Potatoes & Gravy Green Beans Mixed Greens Salad Chilled Peaches WW Bread or Roll Dessert	24 Chili over Baked Potato with cheese Baked Potato Beets Garden Salad Strawberry Shortcake
27 	28 Biscuits & Gravy O'Brien Potatoes V-8 Juice Orange Quarters Dessert	29 Beef Stir Fry Rice Greek Salad Tropical Fruit Salad Garlic Bread Dessert	30 Chicken Cacciatore Wild Rice Blend Italian Vegetables Grapes WW Roll Dessert	31 Meatloaf Potatoes & Gravy Broccoli Cuts Garden Salad WW Bread or Roll Fruited Jell-O

**Seniors Age 60 & over—suggested donation \$4.00**  
**Under age 60—\$8.50 FEE**  
 Please call 509-548-6666 for more information about the Home Delivered Meal program.

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