



**2022**

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

# CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS

24 HOURS IN ADVANCE



<p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p>				<p>1</p> <p>Bacon, Broccoli &amp; Swiss Cheese Quiche Spinach Salad Fruit Tray Muffin</p>
<p>4</p> <p>Oven Fried Chicken Twice Bake Style Potatoes Chuck Wagon Corn Cuke &amp; Tomato Salad Grapes Biscuit Dessert</p>	<p>5</p> <p>Pizza Casserole Tossed Salad Spiced Pears Bread Sticks Dessert</p>	<p>6</p> <p>Meatloaf Potatoes &amp; Gravy Green Beans Spinach Salad Chilled Peaches Biscuit Dessert</p>	<p>7</p> <p>Fish &amp; Chips Coleslaw Fruit Tray Cheesy Garlic Toast Oatmeal Cookies</p>	<p>8</p> <p>Broccoli Chicken Bake Herbed Noodles Garden Salad Waldorf Salad Focaccia Bread Dessert</p>
<p>11</p> <p>White Bean Chicken Chili Corn Chips Spinach Salad Peaches WW Roll Dessert</p>	<p>12</p> <p>Cheese Omelet Potatoes O'Brien Stewed Tomatoes Fruit Juice Banana Bread Rice Krispy Treats</p>	<p>13</p> <p>Pork Roast Mashed Potatoes/Gravy Glazed Carrots Greek Salad Applesauce WW Roll Dessert</p>	<p>14</p> <p>Honey Mustard Chicken Rice Pilaf Key West Veggies Coleslaw Tropical Fruit WW Roll Dessert</p>	<p>15</p> <p>Italian Rice &amp; Beef Caesar Salad Waldorf Salad WW Roll Dessert</p>
<p>18</p> <p>Beef Stew 7 Layer Salad Peaches Biscuit Cereal Bars</p>	<p>19</p> <p>Corn Chowder 1/2 Ham &amp; Cheese Sandwich Cucumber Salad Apple Crisp</p>	<p>20</p> <p>Tater Tot Casserole Cottage Cheese Mixed Greens Salad Apricots WW Roll Dessert</p>	<p>21</p> <p>Beef Stroganoff Green Beans Tossed Green Salad Strawberries &amp; Bananas Dessert</p>	<p>22</p> <p>California Chicken Casserole Spinach Salad Mandarin Oranges Cheesy Biscuit Dessert</p>
<p>25</p> <p>Spaghetti &amp; Meat Sauce Caesar Salad Apricots Garlic Bread Dessert</p>	<p>26</p> <p>Lemon Baked Fish Rice Pilaf Chalet Vegetables Coleslaw Peaches WW Roll Dessert</p>	<p>27</p> <p>Chicken, Bacon &amp; Swiss Cheese Sandwich Potato Salad Orange Quarters Oatmeal Cookie</p>	<p>28</p> <p>Pasta Primavera with Ham Tossed Green Salad Fresh Fruit Tray Dessert</p>	<p>29</p> <p>Yankee Pot Roast Mixed Greens Salad Strawberries &amp; Bananas WW Roll Rice Krispy Treats</p>

For information about Home Delivered Meals call 509-470-0522.

You can visit our website at [www.octn.org](http://www.octn.org) and follow us on Facebook!

Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840





ENTIAT



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<p>11 White Bean Chicken Chili Corn Chips Spinach Salad Peaches WW Roll Dessert</p>	12	13	<p>14 Honey Mustard Chicken Rice Pilaf Key West Veggies Coleslaw Tropical Fruit WW Roll Dessert</p>	15
<p>18 Beef Stew 7 Layer Salad Peaches Biscuit Cereal Bars</p>	19	20	<p>21 Beef Stroganoff Green Beans Tossed Green Salad Strawberries &amp; Bananas Dessert</p>	22
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For information about Home Delivered Meals call 844-826-7979.

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# LEAVENWORTH/CASHMERE HOME DELIVERED

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