

DECEMBER 2023

BREWSTER - BRIDGEPORT—PATEROS

PLEASE CALL 509-689-2815 TO RESERVE MEALS

24 HOURS IN ADVANCE

MONDAY

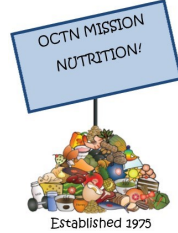
TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Suggested donation for seniors over age 60 is \$4.00
FEE for persons under age 60 is \$10.00



1
Lemon Pepper Fish
Roasted Red Potatoes
Country Trio Veggies
Coleslaw
Peaches
Garlic Bread
Dessert

4
Hearty Turkey Noodle Soup
Tossed Salad
Fresh Fruit Tray
Mozzarella Bread Stick
Dessert

6
Lasagna
Key West Veggies
Caesar Salad
Pears
Garlic Bread
Dessert

7
8
Chicken Paprika
Broccoli
Mixed Greens Salad
Chilled Peaches
Dessert

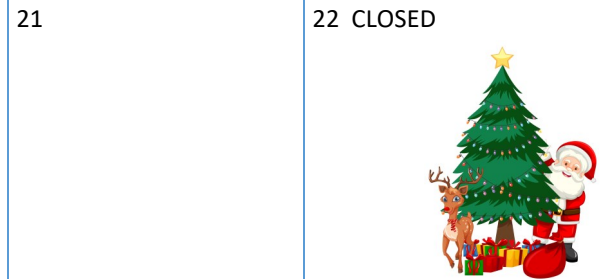
11
12
Baked Chicken
Wild Rice
Glazed Carrots
Broccoli Salad
Fruit Cocktail
WW Roll
Dessert

13
Harvest Stew
Coleslaw
Peaches
Mozzarella Breadstick
Monster Cookies

14
15
Country Fried Steak
Mashed Potatoes/Gravy
Green Beans
Tossed Salad
Fruit Cocktail
WW Roll
Dessert

18
19
BBQ Meatballs
Mac & Cheese
Italian Vegetables
Caesar Salad
Chilled Pears
Dessert

20
Roast Beef
Baked Potato & Trimmings
Green Bean Casserole
7 Layer Salad
Fruit Ambrosia
WW Roll
Special Dessert

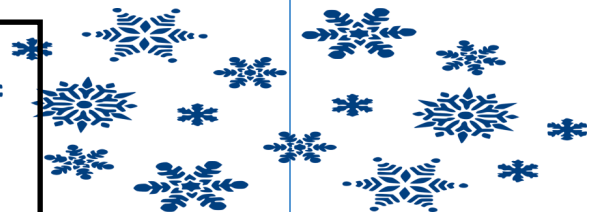


25 CLOSED
Merry Christmas
26
Tuna Noodle Casserole
Peas & Carrots
Garden Salad
Tropical Fruit
Dessert

27
Garden Chili
String Cheese
Cucumber Salad
Tortilla Chips
Cheesy Biscuit
Apple Crisp

28
29

For information about Home Delivered Meals call 509-826-7979.
You can visit our website at www.octn.org and follow us on Facebook!
Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840

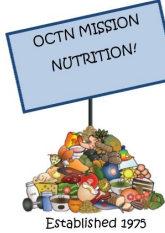




DECEMBER 2023

OKANOGAN / OMAK

PLEASE CALL 422-6776 OR 826-4741

TO RESERVE MEALS 24 HOURS IN ADVANCE

| OKANOGAN | OMAK | OKANOGAN | OKANOGAN—9am | OMAK |
|--|---|--|--|--|
| <p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p> | |  | | <p>1 Clam Chowder Turkey Sandwich Cucumber Salad Tropical Fruit Blend Dessert</p> |
| <p>4 Chicken Enchiladas Spanish Rice Baja Vegetable Blend Fresh Salsa Mandarin Oranges Dessert</p> | <p>5 Meatloaf Mashed Potatoes/Gravy Green Beans Garden Salad WW Roll Fruited Jell-o</p> | <p>6 Salmon with Dill Sauce Spinach Pie (Spanikopita) Cuke / Tomato Salad Grapes French Bread Dessert</p> | <p>7 Breakfast Sandwich (Egg, Ham & Cheese) Oven Brown Potatoes Fresh Fruit Juice</p> <p style="text-align: center;">No Home Delivery</p> | <p>8 Pork Lo Mein Asian Style Slaw Mandarin Oranges Egg Roll Fortune Cookie</p> |
| <p>11 Stuffed Cabbage Rolls 7 Layer Salad Mozzarella Breadsticks Apricot Crisp</p> | <p>12 Baked Ham Scalloped Potatoes Chopped Salad Pineapple & Cherries WW Roll Rice Krispy Treats</p> | <p>13 Beef Stroganoff Key West Veggies Caesar Salad Pears Garlic Bread Dessert</p> | <p>14 Scrambled Eggs Bacon Hash Browns Juice Fresh Fruit Blueberry Muffin</p> <p style="text-align: center;">No Home Delivery</p> | <p>15 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert</p> |
| <p>18 Macaroni & Cheese / Bacon Peas & Carrots Tossed Green Salad Mixed Berries Dessert</p> | <p>19 Roast Beef Baked Potato Green Bean Casserole 7 Layer Salad Fruit Ambrosia WW Roll Special Dessert</p> | <p>20 Chicken Cordon Bleu Rice Pilaf Venetian Veggies Spinach Salad Cherries & Pineapple WW Roll Dessert</p> | <p>21 Breakfast Casserole Hash Browns Strawberries & Bananas Juice Muffin</p> <p style="text-align: center;">No Home Delivery</p> | <p>22 CLOSED</p>  |
| <p>25 CLOSED</p>  | <p>26 French Dip Sandwich Jo Jo's Garden Salad Peaches Dessert</p> | <p>27 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert</p> | <p>28 Biscuits & Sausage Gravy Oven Brown Potatoes Stewed Tomatoes Orange Quarters Muffin</p> <p style="text-align: center;">No Home Delivery</p> | <p>29 Roast Turkey / Gravy Stuffing Green Bean Casserole Cranberry Salad Waldorf Salad Dessert</p> |

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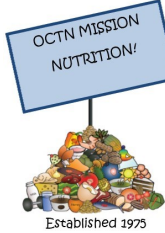




DECEMBER 2023

OROVILLE

PLEASE CALL 476-2412

TO RESERVE MEALS 24 HOURS IN ADVANCE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|---|
| <div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p> </div> | |  | | <p>1 Harvest Stew Coleslaw Peaches Mozzarella Breadstick Monster Cookies</p> |
| <p>4 Lasagna Key West Veggies Caesar Salad Pears Garlic Bread Dessert</p> | <p>5 Pork Chow Mein Stir Fry Vegetables Asian Slaw Mandarin Oranges Egg Roll Dessert</p> | <p>6</p> | <p>7 Salisbury Steak Mashed Potatoes / Gravy Trio Vegetables Carrot Raisin Salad WW Roll Fruit Cobbler</p> | <p>8 Clam Chowder Turkey Sandwich Cucumber Salad Tropical Fruit Dessert</p> |
| <p>11 Ham & Cheese Quiche Steamed Broccoli Garden Salad Orange Quarters Blueberry Muffin</p> | <p>12 Pork Chops Mashed Potatoes & Gravy Roasted Carrots Spinach Salad Applesauce Corn Bread Dessert</p> | <p>13</p> | <p>14 Turkey & Cheese Sandwich Corn Chowder Tossed Salad Fresh Fruit Tray Dessert</p> | <p>15 Lemon Pepper Fish Wild Rice Oriental Vegetables Coleslaw Chilled Peaches Garlic Bread Dessert</p> |
| <p>18 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert</p> | <p>19 Chef's Salad Potato Soup Cinnamon Applesauce WW Roll Cereal Bar</p> | <p>20</p> | <p>21 Roast Beef Baked Potato Green Bean Casserole 7 Layer Salad Fruit Ambrosia WW Roll Special Dessert</p> | <p>22 CLOSED</p>  |
| <p>25 CLOSED</p>  | <p>26 Sloppy Joe Sandwich Potato Wedges Coleslaw Apricots Dessert</p> | <p>27</p> | <p>28 Chicken & Rice Bake California Veggies Greek Salad Applesauce Garlic Bread Dessert</p> | <p>29 Meatloaf Mashed Potatoes/Gravy Green Beans Garden Salad WW Roll Peach Crisp</p> |

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DECEMBER 2023

TONASKET

PLEASE CALL 486-2483

TO RESERVE MEALS 24 HOURS IN ADVANCE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|---|---|
| <div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p> </div> | |  | | <p>1 Lemon Pepper Fish Roasted Red Potatoes Trio Vegetables Coleslaw Peaches Garlic Bread Dessert</p> |
| <p>4 Taco Soup Tortilla Chips Tossed Green Salad Apple Wedges Mozzarella Breadsticks Dessert</p> | <p>5 Pork Chow Mein Stir Fry Vegetables Asian Slaw Mandarin Oranges Egg Roll Dessert</p> | <p>6 Chicken Cacciatore Shell Pasta Italian Vegetables Grapes Bread Stick Dessert</p> | <p>7 Breakfast Casserole Mixed Greens Salad Juice Pancakes Muffin</p> | <p>8 Bacon Swiss Cheeseburger Sweet Potato Waffle Fries Three Bean Salad Sliced Pears Dessert</p> |
| <p>11 Baked Chicken Wild Rice Glazed Carrots Broccoli Salad Fruit Cocktail WW Roll Dessert</p> | <p>12 Hearty Turkey Noodle Soup Tossed Salad Fresh Fruit Tray Mozzarella Bread Stick Dessert</p> | <p>13 Spaghetti & Meat Sauce Caesar Sala Sliced Peaches Garlic Bread Dessert</p> | <p>14 Beef Taco Pie Spanish Rice Garden Salad Spiced Apples Dessert</p> | <p>15 Roast Beef Baked Potato Green Bean Casserole 7 Layer Salad Fruit Ambrosia WW Roll Dessert</p> |
| <p>18 French Dip Sandwich Jo Jo's Garden Salad Peaches Dessert</p> | <p>19 Chef's Salad Potato Soup Cinnamon Applesauce WW Roll Cereal Bars</p> | <p>20 Orange Glazed Chicken Rice Stir Fry Vegetables Asian Style Slaw Chilled Pineapple Egg Roll Dessert</p> | <p>21 Roast Turkey Stuffing & Gravy Green Bean Casserole Cranberry Salad Waldorf Salad Pumpkin Pie</p> | <p>22 CLOSED</p>  |
| <p>25 CLOSED</p>  | <p>26 Pork Chops Mashed Potatoes / Gravy Roasted Carrots Garden Salad Applesauce Corn Bread Dessert</p> | <p>27 Baked Ham Scalloped Potatoes Chopped Salad Pineapple & Cherries WW Roll Rice Krispies Treats</p> | <p>28 Salisbury Steak Mashed Potatoes / Gravy Trop Vegetables Carrot Raisin Salad WW Roll Fruit Cobbler</p> | <p>29 Clam Chowder Turkey Sandwich Cucumber Salad Tropical Fruit Dessert</p> |

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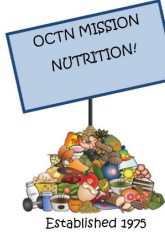


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DECEMBER 2023

TWISP

PLEASE CALL 509-997-7722 TO RESERVE MEALS
24 HOURS IN ADVANCE

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|-----------|---|---|---|
| <div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00</p> </div> | |  | | <p>1 Baked Fish Roasted Potatoes Trio Veggies Coleslaw Chilled Peaches Garlic Bread Dessert</p> |
| <p>4 Ham & Cheese Sandwich Corn Chowder Fresh Fruit Tray Dessert</p> | <p>5</p> | <p>6</p> | <p>7 Meatloaf & Gravy Mashed Potatoes Green Beans Garden Salad WW Bread or Roll Fruited Jell-O</p> | <p>8 Chef's Salad Potato Soup Cinnamon Applesauce WW Roll Cereal Bars</p> |
| <p>11 Chicken Cordon Bleu Rice Pilaf Venetian Veggies Spinach Salad Cherries & Pineapple WW Bread or Roll Dessert</p> | <p>12</p> | <p>13</p> | <p>14 Sloppy Joe Sandwich Potato Wedges Coleslaw Apricots Dessert</p> | <p>15 Baked Chicken Wild Rice Glazed Carrots Broccoli Salad Fruit Cocktail WW Roll Dessert</p> |
| <p>18 Mac & Cheese with Bacon Peas & Carrots Tossed Green Salad Mixed Berries Dessert</p> | <p>19</p> | <p>20</p> | <p>21 Roast Beef Baked Potato Green Bean Casserole 7 Layer Salad Fruit Ambrosia Dinner Roll Special Dessert</p> | <p>22 CLOSED</p>  |
| <p>25 CLOSED</p>  | <p>26</p> | <p>27</p> | <p>28 Spaghetti & Meat Sauce Caesar Salad Sliced Peaches Garlic Bread Dessert</p> | <p>29 Chicken Enchiladas Spanish Rice Cucumber Salad Grapes Dessert</p> |

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