



DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS

24 HOURS IN ADVANCE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		<p>1 Biscuits & Gravy Scrambled Eggs Oven Browned Potatoes V-8 Juice Orange Quarters Dessert</p>	<p>2 Cordon Bleu Casserole Egg Noodles Normandy Vegetables Tossed Green Salad Fruit Cocktail WW Roll Dessert</p>	<p>3</p>
<p>6</p>	<p>7 Meatloaf Mashed Potatoes / Gravy Country Trio Veggies Spinach Salad Chilled Pears WW Roll Dessert</p>	<p>8 Stuffed Shells with Marinara Sauce Peas Caesar Salad Waldorf Salad Breadstick Dessert</p>	<p>9 Bacon & Swiss Quiche Steamed Broccoli Garden Salad Fresh Fruit Tray Muffin</p>	<p>10</p>
<p>13</p>	<p>14 Chicken Quesadillas Spanish Rice Fresh Salsa Mandarin Oranges Dessert</p>	<p>15 Turkey Sandwich Tomato Basil Soup Cucumber Salad Apple Slices Dessert</p>	<p>16 Baked Fish Fillet Pesto Pasta Caribbean Veggies Spinach Salad Pudding / Berry Parfait</p>	<p>17</p>
<p>20</p>	<p>21 Swiss Steak w/Tomato Sauce Garlic & Red Pepper Penne California Blend Veggies Caesar Salad Fresh Fruit Dessert</p>	<p>22 Roast Turkey & Gravy Mashed Potatoes Stuffing Brussels Sprouts Green Salad Cranberry Salad Pumpkin Pie</p>	<p>23 CLOSED</p>	<p>24 CLOSED</p>
<p>27</p>	<p>28 Fish & Chips Coleslaw Peaches Garlic Bread Rice Krispies Treats</p>	<p>29 Salisbury Steak with Mush- room Gravy Mashed Potatoes Green Beans WW Roll Berry Crisp</p>	<p>30 Veggie Lasagna Caesar Salad Apricots Cheesy Garlic Bread Dessert</p>	<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>

For information about Home Delivered Meals call 509-826-7979.

You can visit our website at www.octn.org and follow us on Facebook!



Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840







ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS

24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 BBQ Chicken Macaroni Salad Buttered Peas Greek Salad Fresh Fruit Biscuit Dessert	2 Baked Fish Fillet Pesto Pasta Caribbean Vegetables Spinach Salad Berry Parfait	3
6 Baked Ham Au Gratin Potatoes Green Beans Pineapple WW Roll Apple Crisp	7	8 Parmesan Chicken Pasta Marinara California Vegetables Green Salad Mandarin Oranges Dessert	9 Country Fried Steak Mashed Potatoes / Gravy Trio Vegetables Garden Salad Chilled Peaches WW Roll Dessert	10 
13 Split Pea & Ham Soup Turkey Sandwich Lettuce & Tomato Salad Pineapple Dessert	14	15 Hamburger Steak Mashed Potatoes / Gravy Buttered Corn Garden Salad WW Roll Apple Crisp	16 Chicken Cordon Bleu Casserole Egg Noodles Normandy Vegetables Tossed Salad Fruit Cocktail WW Roll Dessert	17
20 Taco Salad Spanish Rice Tortilla Chips Salsa Apple Slices Dessert	21	22 Roast Turkey & Gravy Mashed Potatoes Glazed Carrots Spinach Salad Waldorf Salad Stuffing Pumpkin Pie	23 	24 CLOSED
27 Grilled Ham & Cheese Tomato Soup Veggie Tray Applesauce Dessert	28	29 Pepper Steak Rice Tossed Salad Mandarin Oranges WW Roll Dessert	30 Baked Potato Bar Chili Mixed Greens Salad Apricots Corn Bread Dessert	<div style="border: 2px solid black; padding: 5px;"> Suggested donation for seniors over age 60 is \$4.00 FEE for persons un- der age 60 is \$10.00 </div>

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WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS
24 HOURS IN ADVANCE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		<p>1 Hot Turkey Sandwich Mashed Potatoes/Gravy Nantucket Veggies Chilled Peaches WW Roll Dessert</p>	<p>2 BBQ Chicken Macaroni Salad Buttered Peas Greek Salad Mixed Fresh Fruit Biscuit Dessert</p>	<p>3 Baked Fish Fillet Pesto Pasta Caribbean Veggies Spinach Salad Pudding/Berry Parfait</p>
<p>6</p>	<p>7 Swiss Steak with Tomato Sauce Garlic & Pepper Penne' California Veggies Caesar Salad Fresh Fruit Dessert</p>	<p>8 Baked Ham Au Gratin Potatoes Green Beans Pineapple WW Roll Apple Crisp</p>	<p>9 Chili Stuffed Baked Potato Roasted Corn & Peppers Mixed Greens Salad Chilled Pears Tortilla Chips Dessert</p>	<p>10 CLOSED</p>
<p>13</p>	<p>14 Salisbury Steak with Mushroom Gravy Mashed Potatoes Green Beans WW Roll Berry Crisp</p>	<p>15 Bacon & Swiss Quiche Steamed Broccoli Garden Salad Fresh Fruit Tray Muffin</p>	<p>16 Sloppy Joe Sandwich Jo Jo's Coleslaw Fruit Salad Dessert</p>	<p>17 Swedish Meatballs Egg Noodles Glazed Carrots Caesar Salad Dessert</p>
<p>20</p>	<p>21 Roast Turkey & Gravy Mashed Potatoes Stuffing Green Bean Casserole Green Salad Cranberry Salad Pumpkin Pie</p>	<p>22 Biscuits & Gravy Scrambled Eggs Oven Browned Potatoes V-8 Juice Orange Quarters Muffin</p>	<p>23 CLOSED</p>	<p>24 CLOSED</p>
<p>27</p>	<p>28 Country Fried Steak Mashed Potatoes/Gravy Buttered Corn Garden Salad Chilled Peaches WW Roll Dessert</p>	<p>29 Bacon & Egg Salad Sandwich on a Croissant Tomato Basil Soup Spinach Salad Apple Wedges Dessert</p>	<p>30 Beef & Broccoli Stir Fry Rice Asian Coleslaw Mandarin Oranges Egg Roll Dessert</p>	<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>

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