



Chelan Senior Meals

April 2020



Monday	Tuesday	Wednesday	Thursday	Friday-Manson
Seniors Age 60 & over— suggested donation \$4.00 Under age 60—\$8.50 FEE Please call 509-888-4440 for more information about the Home De- livered Meal program.		1 Chicken Florentine Garden Salad Fresh Fruit Garlic Bread Dessert	2 Meatloaf & Gravy Mashed Potatoes Peas Spinach Salad Chilled Pears WW Roll Dessert	3 Quiche Caesar Salad Fruit Tray Blueberry Muffin
6 Egg Salad Sandwich Minestrone Soup Pea Salad Oregon Berries Angel Food Cake 	7 Ham Scalloped Potatoes Asparagus Green Salad Fruit Salad Biscuit Dessert	8 California Chicken Casserole Spinach Salad Apple Celery Salad Cheesy Garlic Toast Dessert	9 Cheese Ravioli with Meat Sauce Italian Vegetables Caesar Salad Spiced Pears Bread Sticks Dessert	10 Tater Tot Casserole Cottage Cheese Garden Salad WW Roll Apple Crisp 
13 Chicken Fried Steak Potatoes & Gravy Trio Vegetables Tossed Green Salad WW Roll Cherry Cobbler	14 Pork Roast Stuffing & Gravy Glazed Carrots Greek Salad Waldorf Salad Dessert	15 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert 	16 Lemon Baked Fish Garden Rice Buttered Peas Coleslaw Peaches Cornbread Dessert	17 Italian Rice & Beef Mixed Greens Salad Cinnamon Pears WW Roll Dessert
20 Chicken Fettuccine Peas Spinach Salad Mixed Berries Garlic Bread Dessert	21 Beef Stew Green Salad Peaches Biscuit Cereal Bars 	22 Sweet & Sour Meatballs Oriental Vegetables Egg Roll Coleslaw Orange Quarters WW Roll Dessert	23 Honey Mustard Chicken Rice Pilaf Mixed Vegetables Spiced Salad Tropical Fruit WW Roll Dessert	24 Chicken Pot Pie Green Salad Apricots French Bread Dessert
27 Beef Stroganoff Green Beans Tossed Green Salad Strawberries & Bananas WW Roll Dessert	28 Oven Fried Chicken Twice Bake Potatoes Trio Vegetables Cuke & Tomato Salad Grapes Biscuit Dessert	29 Pasta Primavera with Ham Caesar Salad Fresh Fruit Tray Garlic Bread Dessert 	30 Lentil Veggie Soup Cottage Cheese 7 Layer Salad Citrus Salad Cornbread Dessert	



Entiat Senior Meals

April 2020



PLEASE CALL 24 HOURS IN ADVANCE TO RESERVE OR

Monday	Tuesday	Wednesday	Thursday	Friday
		1 	2 Meatloaf & Gravy Mashed Potatoes Peas Spinach Salad Chilled Pears WW Roll	3
6 Egg Salad Sandwich Minestrone Soup Pea Salad Oregon Berries Angel Food Cake	7	8	9 Cheese Ravioli with Meat Sauce Italian Vegetables Caesar Salad Spiced Pears Bread Sticks Dessert	10 
13 Chicken Fried Steak Potatoes & Gravy Trio Vegetables Tossed Green Salad WW Roll Cherry Cobbler	14 	15	16 Lemon Baked Fish Garden Rice Buttered Peas Coleslaw Peaches Cornbread Dessert	17
20 Chicken Fettuccine Peas Spinach Salad Mixed Berries Garlic Bread Dessert	21	22	23 Honey Mustard Chicken Rice Pilaf Mixed Vegetables Spiced Salad Tropical Fruit WW Roll Dessert	24 
27 Beef Stroganoff Green Beans Tossed Green Salad Strawberries & Bananas WW Roll Dessert	28 	29	30 Lentil Veggie Soup Cottage Cheese 7 Layer Salad Citrus Salad Cornbread Dessert	



Seniors Age 60 & over—suggested donation
\$4.00

Under age 60—\$8.50 FEE

Please call 509-888-4440 for more information about the Home Delivered Meal program.

It is very costly to the senior meal program when you do not cancel your reservations. If you know you can't make it—Please call and cancel!
For Chelan 888-4440 between 8am & 2 pm
For Entiat 509-421-1593



Manson Senior Meals

April 2020



Monday

Tuesday

Wednesday

Thursday

Friday-Manson

Seniors Age 60 & over—suggested donation \$4.00 Under age 60—\$8.50 FEE Please call 509-888-4440 for more information about the Home Delivered Meal program.		1 Chicken Florentine Garden Salad Fresh Fruit Garlic Bread Dessert	2 Meatloaf & Gravy Mashed Potatoes Peas Spinach Salad Chilled Pears WW Roll Dessert	3 Quiche Caesar Salad Fruit Tray Blueberry Muffin
6 Egg Salad Sandwich Minestrone Soup Pea Salad Oregon Berries Angel Food Cake 	7 Ham Scalloped Potatoes Asparagus Green Salad Fruit Salad Biscuit Dessert	8 California Chicken Casserole Spinach Salad Apple Celery Salad Cheesy Garlic Toast Dessert 	9 Cheese Ravioli with Meat Sauce Italian Vegetables Caesar Salad Spiced Pears Bread Sticks Dessert	10 Tater Tot Casserole Cottage Cheese Garden Salad WW Roll Apple Crisp 
13 Chicken Fried Steak Potatoes & Gravy Trio Vegetables Tossed Green Salad WW Roll Cherry Cobbler	14 Pork Roast Stuffing & Gravy Glazed Carrots Greek Salad Waldorf Salad Dessert	15 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert	16 Lemon Baked Fish Garden Rice Buttered Peas Coleslaw Peaches Cornbread Dessert	17 Italian Rice & Beef Mixed Greens Salad Cinnamon Pears WW Roll Dessert
20 Chicken Fettuccine Peas Spinach Salad Mixed Berries Garlic Bread Dessert	21 Beef Stew Green Salad Peaches Biscuit Cereal Bars	22 Sweet & Sour Meatballs Oriental Vegetables Egg Roll Coleslaw Orange Quarters WW Roll Dessert	23 Honey Mustard Chicken Rice Pilaf Mixed Vegetables Spiced Salad Tropical Fruit WW Roll Dessert	24 Chicken Pot Pie Green Salad Apricots French Bread Dessert
27 Beef Stroganoff Green Beans Tossed Green Salad Strawberries & Bananas WW Roll Dessert	28 Oven Fried Chicken Twice Bake Potatoes Trio Vegetables Cuke & Tomato Salad Grapes Biscuit Dessert	29 Pasta Primavera with Ham Caesar Salad Fresh Fruit Tray Garlic Bread Dessert	30 Lentil Veggie Soup Cottage Cheese 7 Layer Salad Citrus Salad Cornbread Dessert	

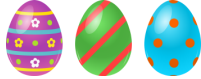




Leavenworth Senior Meals

April 2020



Monday	Tuesday	Wednesday	Thursday	Friday
Seniors Age 60 & over—suggested donation \$4.00 Under age 60—\$8.50 FEE Please call 509-548-6666 for more information about the Home Delivered Meal program.		1 Chicken Fried Steak Potatoes & Gravy] Trio Vegetables Tossed Green Salad WW Roll Apricot Crisp	2 Oven Fried Chicken Macaroni Salad Green Beans Cuke Tomato Salad Grapes Biscuit Dessert	3 Bacon, Broccoli & Swiss Cheese Quiche Spinach Salad Fruit Tray Blueberry Muffin
6 Hearty Turkey Noodle Soup Tossed Veggie Salad Fresh Fruit WW Roll Dessert 	7 Chili with Cheese 1/2 Baked Potato Fresh Vegetable Tray Peaches Cornbread Dessert	8 Ham Scalloped Potatoes Asparagus Green Salad Fruit Salad Biscuit Dessert	9 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert 	10 Egg Salad Sandwich Minestrone Soup Tossed Salad Oregon Berries Dessert 
13 Beef Stew Green Salad Peaches Biscuit Cereal Bars	14 Lemon Baked Fish Garden Rice Glazed Carrots Coleslaw Citrus Salad Cornbread Dessert 	15 Broccoli Chicken Bake Red Potatoes Garden Salad Waldorf Salad Focaccia Bread Oatmeal Cookies	16 Pasta Primavera With Ham Spiced Salad Fresh Fruit Tray WW Roll Dessert	17 Italian Rice & Beef Caesar Salad Cinnamon Pears Garlic Bread Dessert
20 Scrambled Eggs & Ham O'Brien Potatoes Stewed Tomatoes Orange Sauced Peaches Waffle Muffin 	21 Stuffed Green Pepper Casserole Chopped 49'er Salad Apricots WW Roll Dessert	22 Pork Roast Stuffing & Gravy Glazed Carrots Greek Salad Applesauce Dessert	23 Tuna Casserole Peas & Carrots Garden Salad Blueberries WW Roll Dessert	24 Honey Mustard Chicken Rice Pilaf Mixed Vegetables Coleslaw Tropical Fruit WW Roll Dessert
27 Sweet & Sour Meatballs Garden Rice Oriental Vegetables Broccoli Salad Mandarin Oranges Egg Roll Dessert	28 White Bean Chicken Chili Spinach Salad Peaches Tortilla Chips Corn Bread Dessert	29 Fish & Chips Coleslaw Fruit Tray Cheesy Garlic Toast Oatmeal Cookies	30 Meatloaf Potatoes & Gravy Peas Garden Salad Chilled Pears WW Roll Dessert	

