

CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS 24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	CLOSED
			1 Chili Stuffed Baked Potato with Cheese Fresh Veggie Tray Peaches Cornbread Dessert	2
5 BBQ Meatballs Rice Pilaf Peas & Carrots Coleslaw Orange Quarters Cornbread Dessert	6 Sweet & Sour Pork served over Noodles Oriental Veggies Tossed Green Salad Tropical Fruit Egg Roll Dessert	7 Oven Fried Chicken Twice Bake Potatoes Chuck Wagon Corn Cuke & Tomato Salad Grapes Biscuit Dessert	8 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert	9
12 Beef Stroganoff Green Beans Tossed Green Salad Strawberries & Bananas WW Roll Dessert	13 White Bean Chicken Chili Spinach Salad Peaches Corn Chips WW Roll Dessert	14 Chicken Fried Steak Mashed Potatoes Trio Vegetables Tossed Green Salad WW Roll Apricot Crisp	15 Lemon Baked Fish Garden Rice Chalet Blend Veggies Coleslaw Mandarin Oranges Garlic Bread Dessert	16
19 Baked Ham Scalloped Potatoes Asparagus Green Salad Mandarin Oranges Cheesy Biscuit Dessert	20 Chicken, Bacon & Swiss Cheese Sandwich Potato Salad Apricots Oatmeal Cookie	21 Beef Stew Green Salad Peaches Biscuit Cereal Bars	22 Pork Roast Potatoes & Gravy Glazed Carrots Greek Salad Applesauce WW Roll Dessert	23
26 Pasta Primavera with Ham Caesar Salad Fresh Fruit Tray WW Roll Dessert	27 Hearty Turkey Noodle Soup Tossed Veggie Salad Fresh Fruit Cornbread Dessert	28 Meatloaf Potatoes & Gravy Green Beans Spinach Salad Chilled Pears Biscuit Dessert	29 Tuna Noodle Casserole Peas & Carrots Garden Salad Blueberries WW Roll Angel Food Cake	OCTN MISSION NUTRITION!

For information about Home Delivered Meals call 509-470-0522.

You can visit our website at www.octn.org and follow us on Facebook!

Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840







Established 1975



MONDAY

TUESDAY

ENTIAT

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24 HOURS IN ADVANCE

THURSDAY

CLOSED

2 Chili Stuffed Baked Potato with Cheese Fresh Veggie Tray **Peaches** Cornbread Dessert **BBQ** Meatballs Spaghetti & Meat Sauce Rice Pilaf Caesar Salad Peas & Carrots **Apricots** Coleslaw **Garlic Bread Orange Quarters** Dessert Cornbread Dessert 12 13 14 15 16 **Beef Stroganoff** Lemon Baked Fish **Green Beans** Garden Rice **Tossed Green Salad Chalet Blend Veggies** Strawberries & Bananas Coleslaw WW Roll **Mandarin Oranges**

21

28

WEDNESDAY

Fresh Fruit Tray

Pasta Primavera with Ham

WW Roll Dessert

Caesar Salad

Dessert

Baked Ham

Asparagus

Dessert

26

Green Salad

Cheesy Biscuit

Scalloped Potatoes

Mandarin Oranges

19

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20

27

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Garlic Bread Dessert

Pork Roast Potatoes & Gravy

Glazed Carrots

Tuna Noodle Casserole

Peas & Carrots Garden Salad

Angel Food Cake

Blueberries WW Roll

Greek Salad

Applesauce

WW Roll Dessert

29

22



23

30



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LEAVENWORTH / CASHMERE

PLEASE CALL 509-888-4440 TO RESERVE MEALS

2027

24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2 Pizza Casserole Tossed Salad Spiced Pears Bread sticks Dessert
5 BBQ Meatballs Rice Pilaf Peas & Carrots Coleslaw Orange Quarters Cornbread Dessert	6	7 Oven Fried Chicken Twice Bake Potatoes Chuck Wagon Corn Cuke & Tomato Salad Grapes Biscuit Dessert	8	9 Yankee Pot Roast Roasted Carrots & Potatoes Mixed Greens Salad Strawberries & Bananas WW Bread or Roll Oatmeal Cookies
12 Beef Stroganoff Green Beans Tossed Green Salad Strawberries & Bananas WW Roll Dessert	13	14 Chicken Fried Steak Mashed Potatoes Trio Vegetables Tossed Green Salad WW Roll Apricot Crisp	15	16 Broccoli Chicken Bake Herbed Noodles Garden Salad Waldorf Salad Focaccia Bread Dessert
19 Baked Ham Scalloped Potatoes Asparagus Green Salad Mandarin Oranges Cheesy Biscuit Dessert	20	21 Beef Stew Green Salad Peaches Biscuit Cereal Bars	22	23 Italian Rice & Beef Caesar Salad Waldorf Salad WW Roll Dessert
26 Pasta Primavera with Ham Caesar Salad Fresh Fruit Tray WW Roll Dessert	27	28 Meatloaf Potatoes & Gravy Green Beans Spinach Salad Chilled Pears Biscuit Dessert	29	30 Beef Yakisoba (Noodles) Stir Fry Veggies Coleslaw Mandarin Oranges WW Roll Dessert

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