



BREWSTER - BRIDGEPORT—PATEROS

HOME DELIVERED CLIENTS: 509-826-7979

TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Shepherd's Pie Tossed Salad Peaches WW Roll Rice Krispies Treats	3 Oven Fried Chicken Twice Bake Style Potatoes Chuck Wagon Corn Cuke / Tomato Salad Grapes WW Roll Dessert	4	5 Lemon Baked Fish Wild Rice Chalet Vegetables Coleslaw Mandarin Oranges Garlic Bread Dessert
8	9 Teriyaki Chicken on Rice Asian Style Slaw Apple Wedges Egg Roll Dessert	10 Hearty Turkey Noodle Soup Cottage or String Cheese Tossed Salad Fresh Fruit Cornbread Dessert	11	12 Yankee Pot Roast Carrots & Potatoes Mixed Greens Salad Strawberries & Bananas WW Roll Oatmeal Cookies
15	16 Chicken Fettuccine Asparagus Spinach Salad Mixed Berries Dessert	17 Chili with Cheese Cucumber Slices Peaches Caesar Salad Cornbread Dessert	18	19 Scrambled Eggs & Ham Potatoes O'Brien Pancake V-8 Juice Fresh Fruit Muffin
22	23 Tater Tot Casserole Tossed Salad Apricots WW Roll Apple Oatmeal Bars	24 BBQ Meatballs Rice Pilaf Peas & Carrots Spiced Salad Orange Quarters Cornbread Dessert	25	26 Fish & Chips Coleslaw Fruit Tray Cheesy Garlic Toast Dessert
29	30 Meatloaf Mashed Potatoes Green Beans Chilled Pears Biscuit Dessert	<div style="border: 2px solid black; padding: 5px; width: fit-content; margin: auto;"> <p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p> </div>		

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OKANOGAN / OMAK

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TO CHANGE OR CANCEL MEALS

OKANOGAN	OMAK	OKANOGAN	OKANOGAN 9am	OMAK
<p>1 Shepherd's Pie Spinach Salad Peaches WW Roll Rice Krispies Treats</p>	<p>2 Hearty Turkey Noodle Soup Cottage Cheese Tossed Salad Fresh Fruit Cornbread Dessert</p>	<p>3 Baked Ham Scalloped Potatoes Carrot Raisin Salad Pineapple WW Roll Cereal Bar</p>	<p>4 Scrambled Eggs & Ham Hash Brown Potatoes Fresh Fruit Juice French Toast Sticks No Home Delivery</p>	<p>5 Fish & Chips Coleslaw Fruit Tray Cheesy Garlic Toast Dessert</p>
<p>8 Honey Mustard Chicken Rice Pilaf Sunshine Mix Carrots Tossed Salad Grapes WW Roll Dessert</p>	<p>9 Tex-Mex Beef Stew Cucumber Salad Mandarin Oranges Cornbread Dessert</p>	<p>10 Sweet & Sour Pork Steamed Rice Oriental Veggies Asian Style Slaw Pineapple Egg Roll Dessert</p>	<p>11 Biscuits & Gravy Scrambled Eggs Hash Browns Fruit Juice No Home Delivery</p>	<p>12 Shrimp Fettuccine Key West Veggies Spinach Salad Oregon Berries over Angel Food Cake</p>
<p>15 Yankee Pot Roast Carrots & Potatoes Mixed Greens Salad Strawberries & Bananas WW Roll Oatmeal Cookies</p>	<p>16 Teriyaki Chicken on Rice Oriental Veggies Asian Style Slaw Apple Wedges Egg Roll Dessert</p>	<p>17 Tater Tot Casserole Tossed Salad Apricots WW Roll Apple Oatmeal Bars</p>	<p>18 Breakfast Burrito with Egg, Sausage, Cheese and Potato Fresh Salsa Fresh Fruit Pastry No Home Delivery</p>	<p>19 Pasta Primavera w/Ham Caesar Salad Fresh Fruit Tray Dessert</p>
<p>22 Meatloaf Mac & Cheese Green Beans Tossed Salad Chilled Pears Dessert</p>	<p>23 Chicken Caesar Salad Sliced Tomatoes Fresh Fruit Focaccia Bread Dessert</p>	<p>24 Country Fried Steak Mashed Potatoes/Gravy Buttered Corn Spring Salad WW Roll Berry/Pudding Parfait</p>	<p>25 Quiche—Bacon, Spinach, and Cheese Hash Brown Potatoes Juice Fresh Fruit Muffin No Home Delivery</p>	<p>26 Lemon Baked Fish Wild Rice Chalet Vegetables Coleslaw Peaches Garlic Bread Dessert</p>
<p>29 Beef Gyro's (Yee-Roh's) Garlic Fries Greek Romaine Salad Apricots Dessert</p>	<p>30 Spaghetti & Meat Sauce Caesar Salad Pears Garlic Bread Dessert</p>	<div style="border: 2px solid black; padding: 5px; width: fit-content; margin: 0 auto;"> <p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p> </div>		

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OROVILLE

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TO CHANGE OR CANCEL MEALS

MONDAY	TUESDAY	CLOSED	THURSDAY	FRIDAY
<p>1 California Chicken Casserole Caesar Salad Mandarin Oranges Cheesy Biscuit Dessert</p>	<p>2 Country Fried Steak Mashed Potatoes/Gravy Buttered Corn Tossed Green Salad Apple Crisp</p>	<p>3</p>	<p>4 Beef Gyro's (Yee-Roh's) Garlic Fries Greek Romaine Salad Apricots Dessert</p>	<p>5 Seafood Fettuccine Key West Veggies Spinach Salad Oregon Berries Angel Food Cake</p>
<p>8 Scrambled Eggs & Ham Potatoes O'Brien V-8 Juice Fresh Fruit Pancakes</p>	<p>9 Baked Ziti with Meat Sauce Caesar Salad Apricots Garlic Bread Dessert</p>	<p>10</p>	<p>11 Beef Stew Green Salad Peaches Biscuit Cereal Bars</p>	<p>12 Fish & Chips Coleslaw Fruit Tray Cheesy Garlic Toast Dessert</p>
<p>15 Yankee Pot Roast Roasted Potatoes & Carrots Mixed Greens Salad Strawberries & Bananas WW Roll Oatmeal Cookies</p>	<p>16 Chicken Caesar Salad Sliced Tomatoes Fresh Fruit Focaccia Bread Dessert</p>	<p>17</p>	<p>18 Ham & Cheese Sandwich Corn Chowder Pea Salad Berry & Pudding Parfait</p>	<p>19 Meatloaf Mashed Potatoes / Gravy Green Beans Tossed Salad Chilled Pears Biscuit Dessert</p>
<p>22 Oven Fried Chicken Twice Bake Style Potatoes Chuck Wagon Corn Cuke & Tomato Salad Grapes WW Roll Dessert</p>	<p>23 Pasta Primavera w/Ham Caesar Salad Fresh Fruit Tray Dessert</p>	<p>24</p>	<p>25 Beef Stroganoff Green Beans Tossed Green Salad Apple Wedges Dessert</p>	<p>26 Lemon Baked Salmon Wild Rice Chalet Vegetables Coleslaw Peaches Garlic Bread Dessert</p>
<p>29 Egg Salad Sandwich Minestrone Soup Tossed Salad Oregon Berries Angel Food Cake</p>	<p>30 BBQ Meatballs Rice Pilaf Peas & Carrots Coleslaw Orange Quarters Cornbread Dessert</p>	<div style="border: 2px solid black; padding: 10px; width: fit-content; margin: 0 auto;"> <p>Suggested donation for seniors over age 60 is \$5.00 FEE for persons under age 60 is \$12.00</p> </div>		

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TONASKET

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chili with Cheese Cucumber Slices Tossed Green Salad Peaches Cornbread Dessert	2 Scrambled Eggs & Ham Potatoes O'Brien V-8 Juice Fresh Fruit Pancakes	3 Cheese Tortellini with Pesto Sauce Venetian Veggies Caesar Salad Apple Wedges Dessert	4 Pork Roast Mac & Cheese Roasted Carrots Greek Salad Applesauce Dessert	5 Chicken Fettuccine Asparagus Spinach Salad Mixed Berries Dessert
8 BBQ Meatballs Rice Pilaf Peas & Carrots Coleslaw Orange Quarters Cornbread Dessert	9 Salmon with Dill Sauce Garlic Parmesan Pasta Venetian Veggie Blend Spinach Salad Citrus Salad Dessert	10 Tater Tot Casserole Tossed Salad Apricots WW Roll Apple Oatmeal Bars	11 Country Fried Steak Mashed Potatoes Buttered Corn Spring Salad Cherry Crisp	12 Sweet & Sour Chicken Steamed Rice Oriental Veggies Asian Style Slaw Tropical Fruit Egg Roll Dessert
15 7 Can Chicken Taco Soup Mexican Coleslaw Watermelon Corn Chips Dessert	16 Yankee Pot Roast Roasted Carrots & Potatoes Mixed Greens Salad Strawberries & Bananas WW Roll Oatmeal Cookies	17 Seafood Fettuccine Key West Veggies Spinach Salad Oregon Berries Dessert	18 Broccoli Chicken Bake Rice Pilaf Garden Salad Waldorf Salad WW Roll Dessert	19 Tex-Mex Beef Stew Cucumber Salad Mandarin Oranges Cornbread Dessert
22 Ham & Bean Soup Chopped Salad Orange Quarters Cornbread Dessert	23 Pizza Casserole Tossed Salad Spiced Pears Dessert	24 Beef Gyro's (Yee-Roh's) Garlic Fries Greek Romaine Salad Apricots Dessert	25 Turkey Noodle Soup Cottage Cheese Tossed Salad Fresh Fruit Biscuit Dessert	26 Honey Mustard Chicken Rice Pilaf Key West Veggies Coleslaw Tropical Fruit WW Roll Dessert
29 Fish & Chips Coleslaw Fruit Tray Cheesy Garlic Toast Dessert	30 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert			

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TWISP

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Sweet & Sour Pork Steamed Rice Oriental Veggies Asian Style Slaw Tropical Fruit Egg Roll Dessert	2	3	4 Meatloaf Mashed Potatoes & Gravy Green Beans Tossed Salad Chilled Pears Biscuit Dessert	5 Lemon Baked Fish Wild Rice Chalet Vegetables Coleslaw Peaches Garlic Bread Dessert
8 Bacon, Broccoli and Swiss Cheese Quiche Spinach Salad Fresh Fruit Muffin	9	10	11 Beef Gyro's (Yee-Roh's) Garlic Fries Greek Romaine Salad Apricots Dessert	12 Oven Fried Chicken Twice Bake Style Potatoes Chuck Wagon Corn Cuke Tomato Salad Grapes WW Roll Dessert
15 Baked Ham Scalloped Potatoes Carrot / Raisin Salad Chilled Pears WW Roll Cereal Bar	16	17	18 Chicken Fettuccine Asparagus Spinach Salad Mixed Berries Dessert	19 Beef Stew Green Salad Biscuit Peach Crisp
22 Split Pea & Ham Soup Turkey Sandwich Deluxe Garden Salad Peaches Dessert	23	24	25 Chicken Caesar Salad Sliced Tomatoes Fresh Fruit Focaccia Bread Dessert	26 Fish & Chips Coleslaw Fruit Tray Cheesy Garlic Toast Dessert
29 Spaghetti & Meat Sauce Caesar Salad Apricots Garlic Bread Dessert	30	<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$5.00</p> <p>FEE for persons under age 60 is \$12.00</p> </div>		

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