

CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS 24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 BBQ Chicken Mac & Cheese Broccoli Normandy Spiced Salad Apple Crisp	2 Teriyaki Beef on Rice Oriental Vegetables Spinach Salad Mandarin Oranges Garlic Bread Dessert	3 Stuffed Pepper Soup Cottage Cheese Mixed Greens Salad Fruit Cocktail Cornbread Dessert	4 Chicken & Dumplings Spring Salad Fruit Salad WW Roll Dessert	5
8 Honey Dijon Chicken Garden Rice Cauliflower & Chives Mixed Greens Salad Citrus Salad WW Bread or Roll Dessert	9 Country Fried Steak Potatoes & Gravy Chuck Wagon Corn Garden Salad Chilled Pears WW Roll Dessert	10 Chicken Salad on a Croissant Vegetable Soup Grapes Dessert	11 Hamburger Steak with Grilled Onions Twice Bake Potatoes Four Way Veggie Blend Garden Veggie Salad WW Bread or Roll Berry Crisp	12
15 CLOSED	16 Swedish Meatballs Egg Noodles Glazed Carrots Spiced Salad Peaches WW Roll Dessert	17 Cabbage Roll Casserole Green Salad Strawberries & Bananas WW Roll Dessert	18 Hot Turkey Sandwich Mashed Potatoes Green Beans Tossed Salad Cranberry Salad Dessert	19
22 Meatloaf & Gravy Mashed Potatoes Green Beans Tossed Salad Apple Celery Salad WW Bread or Roll Dessert	23 Bacon & Egg Salad Sand- wich on Croissant Homemade Veggie Soup Carrot Raisin Salad Mandarin Oranges Dessert	24 Ham Steak Scalloped Potatoes Spinach Salad Pineapple WW Bread or roll Tapioca Pudding	25 Beef Stroganoff Key West Veggies Tossed Green Salad Apricots French Bread Dessert	26





For information about Home Delivered Meals call 844-826-7979.

You can visit our website at www.octn.org and follow us on Facebook!

Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840



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1 BBQ Chicken Mac & Cheese Broccoli Normandy Spiced Salad Apple Crisp	2 OCTN MISSION NUTRITION!	3	4 Chicken & Dumplings Spring Salad Fruit Salad WW Roll Dessert	5			
8 Honey Dijon Chicken Garden Rice Cauliflower & Chives Mixed Greens Salad Citrus Salad WW Bread or Roll Dessert	9 Established 1975	10	11 Hamburger Steak with Grilled Onions Twice Bake Potatoes Four Way Veggie Blend Garden Veggie Salad WW Bread or Roll Berry Crisp	12			
15 CLOSED	16	17	18 Hot Turkey Sandwich Mashed Potatoes Green Beans Tossed Salad Cranberry Salad Dessert	19			
22 Meatloaf & Gravy Mashed Potatoes Green Beans Tossed Salad Apple Celery Salad WW Bread or Roll Dessert	23	24	25 Beef Stroganoff Key West Veggies Tossed Green Salad Apricots French Bread Dessert	26			
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LEAVENWORTH PLEASE CALL 509-548-6666 TO RESERVE MEALS

24 HOURS IN ADVANCE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 BBQ Chicken Mac & Cheese Broccoli Normandy Spiced Salad Apple Crisp	2	3 Stuffed Pepper Soup Cottage Cheese Mixed Greens Salad Fruit Cocktail Cornbread Dessert	4	5 Fish & Chips Cabbage Apple Slaw Tropical Fruit Cereal Bars
8 Honey Dijon Chicken Garden Rice Cauliflower & Chives Mixed Greens Salad Citrus Salad WW Bread or Roll Dessert	9	10 Chicken Salad on a Croissant Vegetable Soup Grapes Dessert	11	12 White Bean Chicken Chili Corn Chips Spinach Salad Peaches WW Roll Dessert
15 CLOSED PRESIDENTS DAY * * * *	16	17 Cabbage Roll Casserole Green Salad Strawberries & Bananas WW Roll Dessert	18	19 Beef Stew Spinach Salad Banana Biscuit Cereal Bars
22 Meatloaf & Gravy Mashed Potatoes Green Beans Tossed Salad Apple Celery Salad WW Bread or Roll Dessert	23	24 Ham Steak Scalloped Potatoes Spinach Salad Pineapple WW Bread or roll Tapioca Pudding	25	26 Chicken Burger Deluxe Sweet Potato Fries Coleslaw Waldorf Salad Dessert

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