



# CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS  
24 HOURS IN ADVANCE





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		1 Ham Steak Scalloped Potatoes Pea Salad Pineapple WW Roll Dessert	2 White Bean Chicken Chili Corn Chips Spinach Salad Peaches Dessert	3 Pepper Steak Steamed Rice Garden Salad Cinnamon Pears Egg Roll Dessert
6 Cheese Ravioli with Meat Sauce Venetian Blend Veggies Caesar Salad Apricots Dessert	7 Roast Beef Baked Potato 4 Way Veggie Blend Tossed Salad Cherry Crisp	8 Chicken Fajitas Southwest Salad Tropical Fruit Dessert	9 Teriyaki Chicken Steamed Rice Oriental Vegetables Spinach Salad Mandarin Oranges Garlic Bread Dessert	10 BBQ Chicken Mac & Cheese Broccoli Normandy Spiced Salad Apple Crisp
13 Stuffed Cabbage Rolls Green Salad Strawberries & Bananas WW Roll Dessert	14 Supreme Style Pizza Caesar Salad Fruit Salad Dessert 	15 Hot Turkey Sandwich Mashed Potatoes/Gravy Green Beans Tossed Salad Cranberry Salad Dessert	16 Beef Taco Pie Baja Veggie Blend Mexi Style Slaw Spiced Applesauce Dessert	17 Lemon Baked Fish Pesto Pasta Steamed Broccoli Pea Salad Orange Quarters Dessert
20 CLOSED 	21 Beef Stew Spinach Salad Banana Biscuit Cereal Bars	22 Honey Dijon Chicken Garden Rice Cauliflower & Chives Mixed Greens Salad Pineapple WW Roll Dessert	23 Beef Stroganoff Green Beans Tossed Green Salad Apricots French Bread Dessert	24 Bacon & Egg Salad on a Croissant Vegetable Soup Carrot Raisin Salad Orange Quarters Dessert
27 Swedish Meatballs Egg Noodles Buttered Carrots Spiced Salad Peaches Dessert	28 Chicken Burger Deluxe Sweet Potato Fries Coleslaw Waldorf Salad Dessert	 Established 1975	Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00	

For information about Home Delivered Meals call 509-470-0522.

You can visit our website at [www.octn.org](http://www.octn.org) and follow us on Facebook!






# ENTIAT

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24 HOURS IN ADVANCE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2 White Bean Chicken Chili Corn Chips Spinach Salad Peaches Dessert	3
6 Cheese Ravioli with Meat Sauce Venetian Blend Veggies Caesar Salad Apricots Dessert	7	8	9 Teriyaki Chicken Steamed Rice Oriental Vegetables Spinach Salad Mandarin Oranges Garlic Bread Dessert	10
13 Stuffed Cabbage Rolls Green Salad Strawberries & Bananas WW Roll Dessert 	14	15	16 Beef Taco Pie Baja Veggie Blend Mexi Style Slaw Spiced Applesauce Dessert	17
20 CLOSED 	21	22	23 Beef Stroganoff Green Beans Tossed Green Salad Apricots French Bread Dessert	24
27 Swedish Meatballs Egg Noodles Buttered Carrots Spiced Salad Peaches Dessert	28	 Established 1975	Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00	

For information about Home Delivered Meals call 844-826-7979.

You can visit our website at [www.octn.org](http://www.octn.org) and follow us on Facebook!

Donations can be mailed to: OCTN P.O. Box 471 Okanogan, WA 98840





# LEAVENWORTH/CASHMERE HOME DELIVERED

PLEASE CALL 509-888-4440 TO RESERVE





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		1 Ham Steak Scalloped Potatoes Pea Salad Pineapple WW Roll Dessert	2	3 Pepper Steak Steamed Rice Garden Salad Cinnamon Pears Egg Roll Dessert
6 Cheese Ravioli with Meat Sauce Venetian Blend Veggies Caesar Salad Apricots Dessert	7	8 Chicken Fajitas Southwest Salad Tropical Fruit Dessert	9	10 BBQ Chicken Mac & Cheese Broccoli Normandy Spiced Salad Apple Crisp
13 Stuffed Cabbage Rolls Green Salad Strawberries & Bananas WW Roll Dessert	14 	15 Hot Turkey Sandwich Mashed Potatoes/Gravy Green Beans Tossed Salad Cranberry Salad Dessert	16	17 Lemon Baked Fish Pesto Pasta Steamed Broccoli Pea Salad Orange Quarters Dessert
20 CLOSED 	21	22 Honey Dijon Chicken Garden Rice Cauliflower & Chives Mixed Greens Salad Pineapple WW Roll Dessert	23	24 Bacon & Egg Salad on a Croissant Vegetable Soup Carrot Raisin Salad Orange Quarters Dessert
27 Swedish Meatballs Egg Noodles Buttered Carrots Spiced Salad Peaches Dessert	28	 Established 1975	Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00	

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