





BREWSTER - BRIDGEPORT—PATEROS

PLEASE CALL 509-689-2815 TO RESERVE MEALS

24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Baked Fish Fillet Pesto Pasta Caribbean Veggies Spinach Salad Pudding/Berry Parfait	2	3 Ham Au Gratin Potatoes Green Beans Pineapple WW Roll Apple Crisp
6	7 Cheese Stuffed Shells with Marinara Sauce Peas Spinach Salad Tropical Fruit Breadstick Dessert	8 Ham & Au Gratin Potato Casserole Glazed Carrots Spiced Salad Waldorf Sala WW Roll Dessert	9	10 CLOSED 
13	14 Shepherd's Pie Caesar Salad Pineapple WW Roll Dessert	15 BBQ Chicken Macaroni Salad Buttered Peas Greek Salad Mixed Fresh Fruit Dessert	16	17 Swedish Meatballs Egg Noodles Glazed Carrots Spring Salad Cherries & Pineapple Dessert
20	21 Biscuits & Gravy Scrambled Eggs Oven Brown Potatoes V-8 Juice Orange Quarters Dessert	22 Roast Turkey Mashed Potatoes Green Bean Casserole Green Salad Stuffing & Gravy Cranberry Salad Pumpkin Pie	23 CLOSED 	24 CLOSED
27	28 Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail WW Roll Dessert	29 Meatloaf Mashed Potatoes/Gravy Country Vegetables Spinach Salad Chilled Pears WW Roll Dessert	30	<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>

For information about Home Delivered Meals call 509-826-7979.

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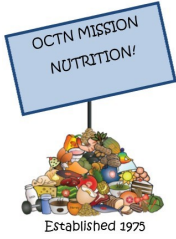

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CHELAN

PLEASE CALL 509-888-4440 TO RESERVE MEALS
24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 BBQ Chicken Macaroni Salad Buttered Peas Mixed Fresh Fruit Biscuit Dessert	2 Sloppy Joe Sandwich Jo Jo's Coleslaw Orange Quarters Dessert	3 Chicken & Wild Rice Soup Cottage Cheese Tossed Salad Cucumber Salad Tropical Fruit WW Roll Dessert
6 Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Dessert	7 Shepherd's Pie Caesar Salad Pineapple WW Roll Dessert	8 Ham Au Gratin Potatoes Green Beans WW Roll Apple Crisp	9 Pepper Steak Rice Tossed Veggie Salad Mandarin Oranges Egg Roll Dessert	10 CLOSED 
13 Veggie Lasagna Caesar Salad Apricots Cheesy Garlic Bread Dessert	14 Bacon & Swiss Quiche Steamed Broccoli Garden Salad Fresh Fruit Tray Muffin	15 Salisbury Steak with Mushroom Gravy Mashed Potatoes Green Beans WW Roll Berry Crisp	16 Oven Fried Chicken Mashed Potatoes/Gravy Buttered Corn Cucumber Salad Grapes Biscuit Dessert	17 Baked Fish Fillet Pesto Pasta Caribbean Veggies Spinach Salad Pudding/Berry Parfait
20 Meatloaf Mashed Potatoes / Gravy Country Vegetables Spinach Salad Chilled Pears WW Roll Dessert	21 Chili Stuffed Baked Potato Roasted Corn & Peppers Mixed Greens Salad Chilled Pears Tortilla Chips Dessert	22 Roast Turkey & Gravy Mashed Potatoes Glazed Carrots Green Salad Cranberry Salad Stuffing Pumpkin Pie		
27 Cheese Stuffed Shells with Marinara Sauce Buttered Peas Caesar Salad Waldorf Salad Breadstick Dessert	28 Beef Taco's Southwest Salad Mandarin Oranges Dessert	29 Swedish Meatballs Egg Noodles Glazed Carrots Tossed Salad Cherries & Pineapple Dessert	30 Bacon & Egg Salad served on a Croissant Tomato Basil Soup Spinach Salad Apple Wedges Dessert	Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00

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DAVENPORT

PLEASE CALL 509-725-7055 TO RESERVE MEALS

24 HOURS IN ADVANCE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		<p>1 Biscuits & Gravy Scrambled Eggs Oven Browned Potatoes V-8 Juice Orange Quarters Dessert</p>	<p>2 Cordon Bleu Casserole Egg Noodles Normandy Vegetables Tossed Green Salad Fruit Cocktail WW Roll Dessert</p>	<p>3</p>
<p>6</p>	<p>7 Meatloaf Mashed Potatoes / Gravy Country Trio Veggies Spinach Salad Chilled Pears WW Roll Dessert</p>	<p>8 Stuffed Shells with Marinara Sauce Peas Caesar Salad Waldorf Salad Breadstick Dessert</p>	<p>9 Bacon & Swiss Quiche Steamed Broccoli Garden Salad Fresh Fruit Tray Muffin</p>	<p>10</p>
<p>13</p>	<p>14 Chicken Quesadillas Spanish Rice Fresh Salsa Mandarin Oranges Dessert</p>	<p>15 Turkey Sandwich Tomato Basil Soup Cucumber Salad Apple Slices Dessert</p>	<p>16 Baked Fish Fillet Pesto Pasta Caribbean Veggies Spinach Salad Pudding / Berry Parfait</p>	<p>17</p>
<p>20</p>	<p>21 Swiss Steak w/Tomato Sauce Garlic & Red Pepper Penne California Blend Veggies Caesar Salad Fresh Fruit Dessert</p>	<p>22 Roast Turkey & Gravy Mashed Potatoes Stuffing Brussels Sprouts Green Salad Cranberry Salad Pumpkin Pie</p>	<p>23 CLOSED</p>	<p>24 CLOSED</p>
<p>27</p>	<p>28 Fish & Chips Coleslaw Peaches Garlic Bread Rice Krispies Treats</p>	<p>29 Salisbury Steak with Mush- room Gravy Mashed Potatoes Green Beans WW Roll Berry Crisp</p>	<p>30 Veggie Lasagna Caesar Salad Apricots Cheesy Garlic Bread Dessert</p>	<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>

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ENTIAT

PLEASE CALL 509-888-4440 TO RESERVE MEALS
24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2 Sloppy Joe Sandwich Jo Jo's Coleslaw Orange Quarters Dessert	3
6 Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Dessert	7	8	9 Pepper Steak Rice Tossed Veggie Salad Mandarin Oranges Egg Roll Dessert	10 CLOSED 
13 Veggie Lasagna Caesar Salad Apricots Cheesy Garlic Bread Dessert	14	15	16 Oven Fried Chicken Mashed Potatoes/Gravy Buttered Corn Cucumber Salad Grapes Biscuit Dessert	17
20 Meatloaf Mashed Potatoes / Gravy Country Vegetables Spinach Salad Chilled Pears WW Roll Dessert	21	22	23 	24 CLOSED
27 Cheese Stuffed Shells with Marinara Sauce Buttered Peas Caesar Salad Waldorf Salad Breadstick Dessert	28	29	30 Bacon & Egg Salad served on a Croissant Tomato Basil Soup Spinach Salad Apple Wedges Dessert	<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>

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LEAVENWORTH/CASHMERE HOME DELIVERED

PLEASE CALL 509-888-4440 TO RESERVE MEALS

24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 BBQ Chicken Macaroni Salad Buttered Peas Mixed Fresh Fruit Biscuit Dessert	2	3 Chicken & Wild Rice Soup Cottage Cheese Tossed Salad Cucumber Salad Tropical Fruit WW Roll Dessert
6 Cordon Bleu Casserole Normandy Vegetables Tossed Green Salad Fruit Cocktail Dessert	7	8 Ham Au Gratin Potatoes Green Beans WW Roll Apple Crisp	9	10 CLOSED 
13 Veggie Lasagna Caesar Salad Apricots Cheesy Garlic Bread Dessert	14	15 Salisbury Steak with Mushroom Gravy Mashed Potatoes Green Beans WW Roll Berry Crisp	16	17 Baked Fish Fillet Pesto Pasta Caribbean Veggies Spinach Salad Pudding/Berry Parfait
20 Meatloaf Mashed Potatoes / Gravy Country Vegetables Spinach Salad Chilled Pears WW Roll Dessert	21	22 Roast Turkey & Gravy Mashed Potatoes Glazed Carrots Green Salad Cranberry Salad Stuffing Pumpkin Pie	23 	24
27 Cheese Stuffed Shells with Marinara Sauce Buttered Peas Caesar Salad Waldorf Salad Breadstick Dessert	28	29 Swedish Meatballs Egg Noodles Glazed Carrots Tossed Salad Cherries & Pineapple Dessert	30	<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>

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ODESSA

PLEASE CALL 509-982-2654 TO RESERVE MEALS

24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 BBQ Chicken Macaroni Salad Buttered Peas Greek Salad Fresh Fruit Biscuit Dessert	2 Baked Fish Fillet Pesto Pasta Caribbean Vegetables Spinach Salad Berry Parfait	3
6 Baked Ham Au Gratin Potatoes Green Beans Pineapple WW Roll Apple Crisp	7	8 Parmesan Chicken Pasta Marinara California Vegetables Green Salad Mandarin Oranges Dessert	9 Country Fried Steak Mashed Potatoes / Gravy Trio Vegetables Garden Salad Chilled Peaches WW Roll Dessert	
13 Split Pea & Ham Soup Turkey Sandwich Lettuce & Tomato Salad Pineapple Dessert	14	15 Hamburger Steak Mashed Potatoes / Gravy Buttered Corn Garden Salad WW Roll Apple Crisp	16 Chicken Cordon Bleu Casserole Egg Noodles Normandy Vegetables Tossed Salad Fruit Cocktail WW Roll Dessert	17
20 Taco Salad Spanish Rice Tortilla Chips Salsa Apple Slices Dessert	21	22 Roast Turkey & Gravy Mashed Potatoes Glazed Carrots Spinach Salad Waldorf Salad Stuffing Pumpkin Pie		
27 Grilled Ham & Cheese Tomato Soup Veggie Tray Applesauce Dessert	28	29 Pepper Steak Rice Tossed Salad Mandarin Oranges WW Roll Dessert	30 Baked Potato Bar Chili Mixed Greens Salad Apricots Corn Bread Dessert	Suggested donation for seniors over age 60 is \$4.00 FEE for persons un- der age 60 is \$10.00

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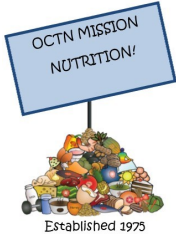


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OKANOGAN / OMAK

PLEASE CALL 422-6776 OR 826-4741
TO RESERVE MEALS 24 HOURS IN ADVANCE

OKANOGAN	OMAK	OKANOGAN	OKANOGAN—9am	OMAK
		1 Shepherds' Pie Caesar Salad Pineapple Roll Dessert	2 Ham Steak Waffles Oven Brown Potatoes Strawberries Juice	3 Meatloaf Mashed Potatoes & Gravy Country Trio Vegetables Spinach Salad Chilled Pears Roll Dessert
6 Biscuits & Country Gravy Scrambled Eggs Oven Browned Potatoes V-8 Juice Orange Quarters Dessert	7 Beef Tacos Southwest Salad Waldorf Salad Dessert	8 Salisbury Steak/ Mushroom Gravy Mashed Potatoes Green Beans Chilled Pears WW Bread or Roll Oatmeal Cookie	9 Bacon, Spinach, Swiss Cheese Quiche Hash Browns Fresh Fruit Tray Juice Blueberry Muffin	10 CLOSED 
13 Chicken Cordon Bleu Cass. Normandy Veggies Tossed Green Salad Fruit Cocktail WW Roll Dessert	14 Parmesan Chicken Pasta Marinara CA Blend Vegetables Caesar Salad Mandarin Oranges Dessert	15 Navy Bean & Ham Soup Turkey Sandwich Veggie Tray Pineapple Tidbits Dessert	16 Biscuits & Sausage Gravy Hash Browns Fresh Fruit Juice Bagel	17 Baked Fish Fillet Wild Rice Caribbean Veggies Spinach Salad WW Bread or Roll Pudding/Berry Parfait
20 Bacon & Swiss Quiche Steamed Broccoli Garden Salad Fresh Fruit Tray Muffin	21 Roast Turkey Mashed Potatoes & Gravy Stuffing Green Bean Casserole Green Salad Cranberry Salad Pumpkin Pie	22 Veggie Lasagna Caesar Salad Apricots Cheesy Garlic Bread Dessert	23 CLOSED 	24 CLOSED
27 Beef & Broccoli Stir Fry Rice Asian Style Slaw Mandarin Oranges Egg Roll Dessert	28 Sloppy Joe Sandwich Jo Jo's Coleslaw Fruit Salad Dessert	29 Ham Au Gratin Potatoes Green Beans Waldorf Salad WW Bread or Roll Oatmeal Cookies	30 Scrambled Eggs Bacon Hash Browns Fresh Fruit Juice Cinnamon Roll	<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>

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OROVILLE

PLEASE CALL 476-2412

TO RESERVE MEALS 24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2 Shepherd's Pie Caesar Salad Pineapple WW Roll Dessert	3 Pepper Steak Rice Tossed Salad Mandarin Oranges WW Roll Dessert
6 Deluxe Ham Sandwich Potato Soup Pea Salad Fresh Fruit Tray Mozzarella Breadsticks Dessert	7 Tune & Rice Bake California Blend Veggies Greek Salad Peaches Garlic Bread Dessert	8	9 Pot Roast with Potatoes and Carrots Chuck Wagon Corn Mixed Greens Salad Waldorf Salad WW Roll Dessert	10 CLOSED 
13 Ham & Au Gratin Casserole Glazed Carrots Spiced Salad Waldorf Salad WW Roll Dessert	14 Sloppy Joe Sandwich Jo Jo's Coleslaw Fruit Salad Dessert	15	16 Salisbury Steak with Mushroom Gravy Mashed Potatoes Green Beans WW Roll Berry Crisp	17 Turkey Sandwich Deluxe Split Pea & Ham Soup Tossed Salad Pineapple Dessert
20 Chicken & Wild Rice Soup Cottage Cheese Tossed Salad Cucumber Salad Tropical Fruit WW Roll Dessert	21 Roast Turkey & Gravy Mashed Potatoes Stuffing Asparagus Green Salad Cranberry Salad Pumpkin Pie	22	23 CLOSED	24 CLOSED 
27 Baked Fish Fillet Wild Rice Caribbean Veggies Spinach Salad WW Roll Berry & Pudding Parfait	28 Swedish Meatballs Egg Noodles Glazed Carrots Caesar Salad Cherries & Pineapple Dessert	29	30 Parmesan Chicken Pasta Marinara California Vegetables Green Salad Mandarin Oranges Dessert	<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>

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TONASKET

PLEASE CALL 486-2483

TO RESERVE MEALS 24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Split Pea & Ham Soup Turkey Sandwich Lettuce & Tomato Salad Pineapple Dessert	2 Veggie Lasagna Caesar Salad Apricots Cheesy Garlic Bread Dessert	3 Baked Fish Fillet Pesto Pasta Caribbean Vegetables Spinach Salad Berry/Pudding Parfait
6 Stuffed Pepper Soup Spiced Salad Grapes Mozzarella Breadsticks Dessert	7 BBQ Chicken Macaroni Salad Buttered Peas Greek Salad Mixed Fruit Biscuit Dessert	8 Meatloaf Mashed Potatoes/Gravy Country Trio Veggies Tossed Salad Chilled Pears WW Roll Dessert	9 Ham Au Gratin Potatoes Green Beans Pineapple WW Bread or Roll Cereal Bar	10 Salmon with Dill Sauce Garlic / Parmesan Noodles California Vegetables Spinach Salad Cherry Crisp
13 Chicken Tacos Southwest Salad Apple Wedges Dessert	14 Swedish Meatballs Egg Noodles Glazed Carrots Spring Salad Cherries & Pineapple Dessert	15 Deli Style Ham Sandwich Vegetable Soup Tossed Salad Mixed Berries Dessert	16 Biscuits & Gravy Scrambled Eggs Oven Brown Potatoes V-8 Juice Orange Quarters Dessert	17 Chili Stuffed Potato Chuck Wagon Corn Mixed Greens Salad Chilled Pears Tortilla Chips Dessert
20 Shepherd's Pie Tossed Salad Pineapple WW Roll Dessert	21 Cheese Stuffed Shells with Marinara Sauce Peas Caesar Salad Waldorf Salad Breadstick Dessert	22 Roast Turkey Mashed Potatoes Stuffing Green Bean Casserole Green Salad Cranberry Salad Pumpkin Pie		
27 Country Fried Steak Mashed Potatoes/Gravy Buttered Corn Garden Salad Chilled Peaches WW Roll Dessert	28 Bacon & Swiss Quiche Steamed Broccoli V-8 Juice Fresh Fruit Tray Muffin	29 Chicken & Wild Rice Bake Tossed Salad Cucumber Salad Tropical Fruit Cheesy Garlic Toast Dessert	30 Hot Turkey Sandwich Mashed Potatoes / Gravy Nantucket Veggies Chilled Pears WW Roll Dessert	Suggested donation for seniors over age 60 is \$4.00 FEE for persons under age 60 is \$10.00

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TWISP

PLEASE CALL 509-997-7722 TO RESERVE MEALS
24 HOURS IN ADVANCE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2 Parmesan Chicken Pasta Marinara Key West Veggies Green Salad Mandarin Oranges Dessert	3 Tuna & Rice Bake CA Blend Veggies Greek Salad Peaches Garlic Bread Dessert
6 Deluxe Ham Sandwich Potato Soup Pea Salad Fresh Fruit Tray Mozzarella Breadstick Dessert	7	8	9 Chili Stuffed Baked Potato Chuck Wagon Corn Mixed Greens Salad Tortilla Chips Dessert	10 CLOSED 
13 Pot Roast Roast Potatoes & Carrots Mixed Greens Salad Waldorf Salad WW Roll Rice Krispies Treats	14	15	16 Split Pea & Ham Soup Turkey Sandwich Lettuce & Tomato Salad Pineapple Tidbits Dessert	17 Biscuits & Gravy Scrambled Eggs Oven Browned Potatoes V-8 Juice Orange Quarters Dessert
20 Roasted Turkey Mashed Potatoes & Gravy Green Bean Casserole Broccoli Salad Cranberry Sauce Dinner Roll Pumpkin Pie	21	22	23 	24 CLOSED
27 BBQ Chicken Macaroni Salad Buttered Peas Greek Salad Mixed Fresh Fruit Biscuit Dessert	28	29	30 Hamburger Steak Mashed Potatoes & Gravy Buttered Corn Garden Salad WW Roll Apple Crisp	<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>

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WILBUR

PLEASE CALL 509-647-5503 TO RESERVE MEALS
24 HOURS IN ADVANCE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

		<p>1 Hot Turkey Sandwich Mashed Potatoes/Gravy Nantucket Veggies Chilled Peaches WW Roll Dessert</p>	<p>2 BBQ Chicken Macaroni Salad Buttered Peas Greek Salad Mixed Fresh Fruit Biscuit Dessert</p>	<p>3 Baked Fish Fillet Pesto Pasta Caribbean Veggies Spinach Salad Pudding/Berry Parfait</p>
<p>6</p>	<p>7 Swiss Steak with Tomato Sauce Garlic & Pepper Penne' California Veggies Caesar Salad Fresh Fruit Dessert</p>	<p>8 Baked Ham Au Gratin Potatoes Green Beans Pineapple WW Roll Apple Crisp</p>	<p>9 Chili Stuffed Baked Potato Roasted Corn & Peppers Mixed Greens Salad Chilled Pears Tortilla Chips Dessert</p>	<p>10 CLOSED</p>
<p>13</p>	<p>14 Salisbury Steak with Mushroom Gravy Mashed Potatoes Green Beans WW Roll Berry Crisp</p>	<p>15 Bacon & Swiss Quiche Steamed Broccoli Garden Salad Fresh Fruit Tray Muffin</p>	<p>16 Sloppy Joe Sandwich Jo Jo's Coleslaw Fruit Salad Dessert</p>	<p>17 Swedish Meatballs Egg Noodles Glazed Carrots Caesar Salad Dessert</p>
<p>20</p>	<p>21 Roast Turkey & Gravy Mashed Potatoes Stuffing Green Bean Casserole Green Salad Cranberry Salad Pumpkin Pie</p>	<p>22 Biscuits & Gravy Scrambled Eggs Oven Browned Potatoes V-8 Juice Orange Quarters Muffin</p>	<p>23 CLOSED</p>	<p>24 CLOSED</p>
<p>27</p>	<p>28 Country Fried Steak Mashed Potatoes/Gravy Buttered Corn Garden Salad Chilled Peaches WW Roll Dessert</p>	<p>29 Bacon & Egg Salad Sandwich on a Croissant Tomato Basil Soup Spinach Salad Apple Wedges Dessert</p>	<p>30 Beef & Broccoli Stir Fry Rice Asian Coleslaw Mandarin Oranges Egg Roll Dessert</p>	<div style="border: 2px solid black; padding: 5px;"> <p>Suggested donation for seniors over age 60 is \$4.00</p> <p>FEE for persons under age 60 is \$10.00</p> </div>

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